BBC itv 4 5 NETFLIX prime BBC iPlayer NOW Disney+ sky Virgin media

TV Times

Britain's best-loved TV magazine

6 - 12 November 2021

Hot news!

Why **WORZEL GUMMIDGE** is back for a bonfire special

NEW

THE TOWER

Inside a crime drama that asks big questions

NEW

SITTING ON A FORTUNE

Gary Lineker on his game-show debut

NEW

LOVE TO COOK

'Everyone can have a go!'

VISIT…

LANZAROTE
Caliente.COM

Advertisement

Model Image

An online review of Dida said;

Amazing product... incredible results!

I was misdiagnosed for years by my GP who told me I had IBS. I did some research after years of suffering digestive problems and realised I have had Candida in varying degrees since my teens.

I was shocked as I had many symptoms but rarely all at the same time. I purchased Dida™ and after taking just ONE supplement, the trapped wind disappeared (it was severe) and the acid reflux and bloatedness completely vanished after the second supplement on the very first day!

I have never looked back, nor have I suffered from the symptoms of Candida since. I lost all the fluid retention and after a week had lost 7lbs in weight after eating 3 meals a day on a normal diet which I haven't been able to do for years. I literally lived on fluids!

After a month I weighed myself out of curiosity and lost over 14lbs in weight. I wasn't trying to diet. It was fluid retention.

I am in the best state of health in years, eating normally again. I was always slim and never dieted so this has been an amazing journey back to health after years of misdiagnosis!

Thank you Dida for this miracle...I love the flavour and will forever be grateful to you for restoring my life and health...what a joy to be able to go out for meals with friends and family again and not be in agony afterwards or have to skimp on food!

dida™
Gastrointestinal comfort
A cinnamon based tablet with natural herbal extracts and nutrients
Food supplement • 90 tablets
MANUFACTURED IN DENMARK
NEW NORDIC

BEAT THE BLOAT!

Fed up having an upset stomach and the symptoms that come with it? With Dida™ you can start feeling better, today.

Did you know that bloating, digestive pains, irritability and flatulence can be caused by an overgrowth of yeast in your digestive system? All of us have yeast in our bodies, but too much can lead to unwanted symptoms and yeast infections – more than 90 per cent of which are caused by a type of fungal. However, research has shown that high concentrations of certain plant extracts may have a positive effect on lowering yeast levels.

Natural Warriors

The unique bioactive nutrient, herb and spice oil recipe contained in Dida™ contribute to the maintenance and function of your gastrointestinal tract and its mucous membrane lining. The tablet which is manufactured in Denmark, contains carminative oils from cinnamon, fennel, and mint plus a combination of several extracts. Niacin also contributes to the maintenance of normal mucous membranes.

Where to buy Dida™

You can find Dida™ in Holland & Barrett and Leading Independent Health Stores. For an information leaflet call **0800 389 1255** or purchase online at **www.newnordic.co.uk**

HOME DELIVERY

Order Dida™ today and get it delivered straight to your door.

Go to newnordic.co.uk
hollandandbarrett.com
or online health stores

OR CALL NOW 0800 389 1255

NEW NORDIC
www.newnordic.co.uk
Online Store

Holland & Barrett

– INDEPENDENT –
Health Food Stores

ADVICE & QUESTIONS

You are always welcome to contact our New Nordic helpline at
0800 389 1255

This Week in TV Times with Editor ROBERT HILEY

DON'T MISS OUT!
SUBSCRIBE *TV Times* direct to your door...
Or SIGN UP for our digital issue at...
magazinesdirect.com/TVT21

DRAMA

Worzel Gummidge

SATURDAY / BBC1

NEW As a big fan of what Mackenzie Crook has done with Worzel (though his rooty beard does make me feel a bit funny) I'm looking forward to this Bonfire Night special, and seeing the always excellent Toby Jones take on six different roles. See **page 4**

GAME SHOW

Sitting on a Fortune

SUNDAY / ITV

NEW The title doesn't give us any clues to the excitement that awaits – to be honest, I expected antiques to be involved – but Gary Lineker's game-show presenting debut has a potentially life-changing cash prize of £100,000. Gary tells us more about the quiz on **page 10**

DRAMA

The Tower

MON-WED / ITV

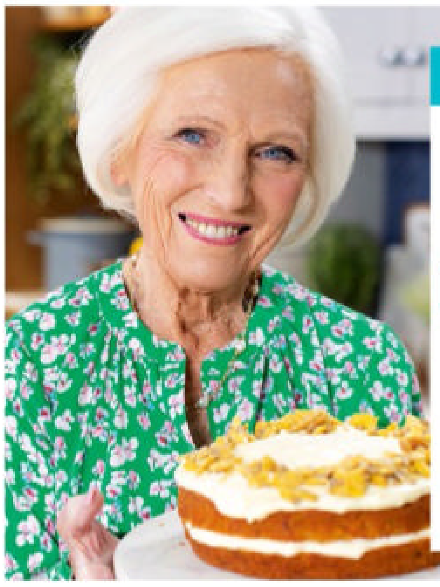
NEW Gemma Whelan is one of our best and most discerning actors, and I was happy to read in our interview that this thriller is not just 'Wham bam, someone was murdered, let's find the killer'. For more from Gemma on what makes it different, see **page 6**

FACTUAL

Gino's Italian Family Adventure

MONDAY / ITV

NEW 'The D'Acampos hate activities!' Gino reveals ahead of his travelogue, which sees the TV chef visiting his homeland and trying to get his family to do things, including herding sheep... He explains why on **page 12**



COOKERY

Love to Cook

THURSDAY / BBC2

NEW Dame Mary Berry tells us that her latest tour of the nation takes in foraging in Wales, pies in Liverpool and the hitherto unexplored land of vegan pulled pork, with 'lovely and achievable' recipes along the way. See **page 16**

CONTENTS

— *6-12 November 2021* —

COVER STORY

TV Times
Hot news!
Why WORZEL GUMMIDGE is back for a bonfire special
NEW THE TOWER
NEW SITTING ON A FORTUNE
NEW LOVE TO COOK

4 The return of *Worzel Gummidge*

STARS & STORIES

6 *The Tower*
9 *Close to Me*
10 *Sitting on a Fortune*
11 *The Tournament*
12 *Gino's Italian Family Adventure*
15 Pixie Lott on *Who Do You Think You Are?*
16 *Love to Cook*
17 *MasterChef: The Professionals*
18 *Nadiya's Fast Flavours*
21 *Inside the Care Crisis*
22 *Lioness: The Nicola Adams Story*

SOAPS

24 *Coronation Street*
26 *Emmerdale, Hollyoaks* and *Doctors*
28 *EastEnders, Neighbours* and *Home & Away*

FILMS

31 Four-page guide with reviews and ratings

REGULARS

96 Prize crossword
97 What You're Watching, horoscopes
98 Next week in *TV Times*
98 On the cover in... 1975

TV GUIDE

36-91 Eight pages of listings every day including a daily highlights spread

PHOTOS: BBC, ITV

COVER PHOTOS: BBC, BBC/LEOPARD FILMS/JACK BARNES, ITV

WHAT ARE YOU WATCHING?

What would you like Dame Mary Berry to cook for you?

Email us at tvtimes_letters@futurenet.com – you might win a prize! **See page 97**

GET SIX ISSUES FOR £1!
Subscribe at www.magazinesdirect.com/tvsubsaver
or call 0330 333 1113 Quote code BP33

Lines open Mon-Fri, 9am-5pm (UK time). For full terms and conditions, visit magazinesdirect.com/terms. Offer closes 31 December 2021.

HOT NEWS!

Mackenzie Crook on how his beloved scarecrow finds himself in danger on Bonfire Night…

WORZEL GUMMIDGE

NEW SATURDAY / BBC1 / 5.45PM / DRAMA

Prong turn: Guy Forks and Worzel clash

There's an exciting new face at Scatterbrook Farm as BBC1's popular comedy drama *Worzel Gummidge* returns for a special episode to mark Bonfire Night.

As walking, talking scarecrow Worzel (Mackenzie Crook) and his friends begin the preparations for the big event, Worzel's cousin Guy Forks (*Vera* and *After Life* star Paul Kaye) takes his place at the top of the bonfire.

However, when the pair get into an argument about their jobs, Worzel finds himself taking Guy's place – but unfortunately he doesn't have his relative's magical ability to rise from the ashes year after year.

Can Worzel's young pals John (Thierry Wickens) and Susan (India Brown), along with Aunt Sally (Vicki Pepperdine), rescue him before it's too late?

This episode also reunites actor and writer Mackenzie – who brought Barbara Euphan Todd's iconic character back to our screens in 2019 – with his *Detectorists* co-star Toby Jones, who plays six different characters including the local butcher, baker and mayor!

TV Times caught up with Mackenzie, 50, who also directs the series, to find out more…

Rescue: John and Susan have to help Worzel

What appealed to you about doing an episode inspired by Bonfire Night?

I had this idea of Worzel finding himself on top of a bonfire stack and the jeopardy therein.

In the world of Worzel Gummidge all effigies can come alive and Guy Fawkes is a famous old effigy, so I thought, 'What if Worzel and Guy had a fight and swapped places, which would lead Worzel to realise how foolish he'd been?'

Also, I can't remember seeing a Bonfire Night special of anything before, and I thought it would be really nice to have one of those films you could go back to on that very specific date.

Does Guy Forks feature in the books?

No, he's my invention. He's got a papier-mâché face and garden forks for hands, which is where the name comes in. I really hope people don't just think I've misspelt it – it's a pun!

He's a bit of a show-off, but he's charming. Paul Kaye is a great actor and he's brilliant as Guy.

This story also features your acting pal Toby Jones – was it lovely working together again?

It was a joy! In the episode there's a Bonfire Night committee and the idea was that there were these middle-aged blokes in charge of everything and they all looked very similar. Our executive producer, Kristian Smith, came up with the idea of the same actor playing all of them and I was kicking myself for not having the idea myself!

It seems a very Ealing comedy idea, like how Peter Sellers or Alec Guinness used to play multiple characters in those films. And I think partly because of that Toby jumped at the idea.

Was it difficult to film Toby playing six different characters?

It was tricky. There were a couple of times where all of those characters were in the same scene, which meant they took a long time to film. Toby kept making suggestions of putting a couple of his characters into other scenes as well, but I don't think he realised every time his characters were on screen it would mean spending more money and another half a day of filming! I just had to be firm with him!

> **“WORZEL FINDS HIMSELF ON TOP OF A BONFIRE STACK…”**

Are you a fan of Bonfire Night?

I think I am. It was quite a big part of my childhood. I grew up in suburbia, in a village outside Dartford in Kent, and I do remember it being quite an important event and going to bonfires; it was exciting.

We didn't celebrate Halloween like we do now – I don't really remember ever celebrating it. Bonfire Night was definitely the thing for me!

As well as this *Guy Forks* episode, you have also filmed two more adventures, *Twitchers* and *Calliope Jane*, which are set to air at Christmas. How did you find filming them?

It was a nine-week shoot and it was hard work, but I love working in the countryside.

It's such a magical production to be involved in and quite a wholesome thing to be working on in these troubled times.

We were battling the weather a bit this year, though – it rained an awful lot. But we got through it and we had a happy summer making the films; I hope some of that comes across on screen because I'm really pleased with the finished episodes.

How do you find wearing the prosthetics needed to transform you into Worzel?

It feels like someone has wrapped your entire head in Sellotape! It's literally glued to my entire face and it's really uncomfortable.

It takes about two hours to put on, which is not too bad, and I actually quite enjoy watching the transformation in the mirror and slowly getting into character.

I love playing Worzel, but there were 12 days of this shoot where I didn't have to wear make-up because I was just directing, which was enjoyable in a different way.

Six pack: Toby Jones plays every member of the bonfire committee

Worzel likes eating raw onions – did you have to do that for real?

I did! The art department tried to disguise a Granny Smith apple in an onion skin, but I thought, 'I can do this!'

I had to do it twice. The first one was quite mild, but the other one nearly blew my head off! Biting into an onion also takes quite a bit of effort!

MICHAEL DARLING

***WORZEL GUMMIDGE* is previewed on pages 36-37**

PHOTOS: BBC

'Do small things have huge consequences?'

Gemma Whelan on how a new drama asks important questions about policing in contemporary London

Detective work: Steve and Sarah at the scene

THE TOWER

NEW MON-WED / ITV / 9PM / EPS 1-3 of 3 / DRAMA

A veteran beat cop and a teenage Muslim girl plunge to their deaths from the top of a tower block in south-east London. Left alive on the roof are a rookie police officer and a five-year-old boy wearing a bear suit. But what chain of events led four people here – and why did two of them die?

That is the complex mystery that strait-laced DS Sarah Collins (played by *Gentleman Jack* star Gemma Whelan) must unravel in ITV's brand-new contemporary crime thriller *The Tower*, which airs over three consecutive nights this week.

Here, Gemma, 40, tells *TV Times* more...

How would you describe Sarah?
What I like is that her moral compass is exactly north-south; it's so direct. As a police officer, she's very by-the-book, which makes things interesting because this whole show is about the minutiae of policing and how, perhaps, protocol is broken to save a life.

Sarah is black-and-white, but she's surrounded by people who are much more flexible.

Mystery: PC Adama with the boy

What's the dynamic like between Sarah and her partner in crime-solving, DC Steve Bradshaw, played by Jimmy Akingbola?
Sarah and Steve have worked together a long time, so they know each other's rhythms and the way each other works.

Randomly, three or four weeks before we started shooting, Jimmy and I were at a read-through for another show, and Jimmy came over and said, 'I think I've just been cast as your Steve.' Our chemistry and connection were immediate.

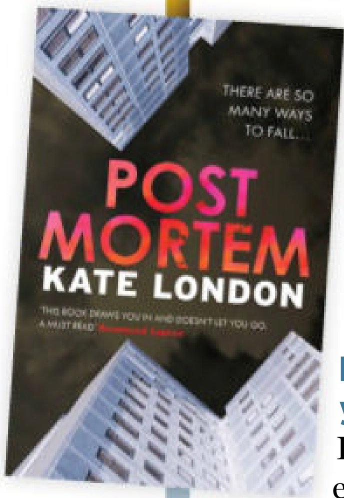
What are Sarah's impressions of PC Lizzie Adama (Tahirah Sharif), the young cop on the roof who goes missing just hours after the two deaths?
Lizzie's green and impressionable, not things that Sarah, who is more experienced, has much space for.

For Sarah, a lie is a lie, a cover-up is a cover-up, and these things are not OK. There are enormous moral compass areas in *The Tower* and we address people's acceptability rates as Sarah ends up on the hunt for Lizzie.

How does *The Tower* differ from other crime dramas?
There's this terrible incident that has occurred but it really addresses the zeitgeist of how, as a society, we are not allowed to say things any more, even small things that might be dismissed as throwaway.

The Tower isn't just, 'Wham bam, someone was murdered, let's find the killer'. It's more nuanced than that and addresses issues in the workplace concerning women, sexuality and race and, ultimately, whether small things have huge consequences...

The drama is inspired by *Post Mortem*, the first in former police officer Kate London's Metropolitan series of novels. Did you talk to Kate to help you prepare for the role?
Yes, if I wasn't an actor, I would love to be a detective! I'm fascinated and in awe of the people who do that job, and I chewed the ears off the real cops we had on set.



Kate was helpful in terms of how she saw Sarah, explaining what it's like working in day-to-day policing, how wearing it can be to cross the line sometimes because you have to, and those snap decisions police have to make that may bend the rules.

What appeals to you about the idea of being a cop?
It's a bit morbid but, since I was very young, I've read books on true crime. I'm fascinated by the psychology of it, reading about people who've done that job, how their cases developed and how people were charged.

I hope I'm not unusual – maybe *The Tower* is where we find out if I'm a weirdo!

I've always loved detective dramas, too. As a child I enjoyed *Murder, She Wrote* and *Columbo*, so to be part of one is magical!

You've enjoyed roles in acclaimed dramas including *Game of Thrones*, *The Moorside*, *Gentleman Jack* and *White House Farm*. Do you get recognised much, and how do you feel about your first lead role?
I don't get recognised an enormous amount – people tend to think they went to school with me! I'm not distinctive, but that means I can play lots of different characters.

If I'd been given this lead role five years ago, I'd have been frightened. But I've had nice, meaty roles in that time and, as you grow and develop, you hope to move up, so it felt right and I felt ready.

VICTORIA WILSON

***THE TOWER* is previewed on pages 52-53**

PHOTOS: ATLANTIC BOOKS, ITV

DS Sarah Collins

GEMMA WHELAN

'Sarah is very, very good at her job, and very, very dedicated to her moral compass, which is absolutely dead straight,' says Gemma. 'She is an everyday detective. Nothing like this has happened on her watch before, so this is a shock to her.'

ALSO IN *THE TOWER*

PC Lizzie Adama

TAHIRAH SHARIF

'Lizzie's a rookie cop who's very eager, as this job is something she's always wanted to do,' says Tahirah, whose previous credits include *The Haunting of Bly Manor*. 'She comes from a military background and has a strong moral code, until it's put to the test. Lizzie's naïve but what she goes through makes her tough.'

DC Steve Bradshaw

JIMMY AKINGBOLA

'For Steve, work comes first and being able to blend in with his community is his gift,' reveals *Kate & Koji* star Jimmy. '*The Tower* explores where we are now with conversations around diversity and inclusion. I talked to black police officers to understand what it's like for someone who's been in the service for 15 years. This show struck a chord because it's got so many trigger points.'

DI Kieran Shaw

EMMETT J SCANLAN

'Is Kieran a good cop or bad cop? It's not that black and white,' says Emmett, who starred in *The Fall* and *The Deceived*. 'He's not a fan of Sarah, she asks too many questions. His job is to catch the bad guy – he flirts with legalities, and that's not the only thing he flirts with!'

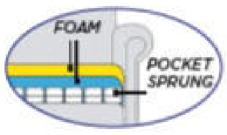
THE MOBILITY FURNITURE COMPANY

SALE!

TRULY MADE-TO-MEASURE RISE & RECLINE CHAIRS AND ADJUSTABLE BEDS

Rise & Recline Chairs

Ultra comfort pocket sprung AERO-seat option


FOAM
POCKET SPRUNG

CHOICE OF BACK HEIGHT
CHOICE OF SEAT HEIGHT
CHOICE OF SEAT DEPTH
CHOICE OF SEAT WIDTH

Choose from our extensive range of chairs and selection of 400 fabrics & upholsteries

TWO SEATER SOFA BEDS

The Cheshire sofa bed

BOTH SEATS RISE & RECLINE

Kent two-seater single motor rise and recline settee (one size only)

Super-high leg lift

£300 Part exchange for your old furniture **OFF THE 1ST ITEM**

+

50% OFF THE 2ND ITEM*

✓ CHOICE OF **WIDTH** ✓ CHOICE OF **DEPTH** ✓ CHOICE OF **HEIGHT**

Adjustable Beds

CHOICE OF HEIGHT
CHOICE OF LENGTH
CHOICE OF WIDTH

DRAWERS FOR EXTRA STORAGE

5 YEAR WARRANTY INCLUDED FREE WITH EVERY MECHANISED ITEM

Flexible finance packages available

- **FREE** home demonstration
- **FREE** home delivery and set up
- **FREE** nation wide service
- **NO** cold calling
- **FREE** removal of old furniture

“Key benefits of elevating the legs include less swelling, enhanced healing, improved mobility… better quality of life”

Dr Rob Hicks

BHTA British Healthcare Trades Association

tsi APPROVED CODE TRADINGSTANDARDS.UK

Call FREE today for a FREE brochure & home demonstration

0800 810 8769

www.mobilityfurniturecompany.co.uk

*The 50% offer is taken from the least expensive item and must be ordered at the same time.

HANDCRAFTED IN GREAT BRITAIN

Precious memories

Christopher Eccleston and **Connie Nielsen** on their drama in which the past is a mystery...

Pain: Rob feels he has to look after Jo

CLOSE TO ME

NEW SUNDAY / C4 / 9PM / EP 1 of 6 / DRAMA

What would you do if, after being knocked unconscious, you came round to find an entire year had vanished from your memory?

That's the daunting scenario faced by a middle-aged career woman in C4's six-part thriller *Close to Me* as Jo (played by Connie Nielsen) struggles to reconnect with her life and identity.

In this week's opening episode, Jo begins piecing together the events that led to her accident with the help of her husband Rob (*The A Word* star Christopher Eccleston), friends and family.

But as fragments of her old life start to return, Jo can't escape the feeling someone has been lying about what happened on that fateful night.

Here, Christopher, 57, and Connie, 56, give us their take...

What can you tell us about Jo and Rob?

CONNIE Jo is a woman who has everything. She's independently wealthy, stimulated by her work as a translator, in a stable relationship with her husband, and her kids have just moved out of the house.

She's a woman in the blossom of her life, but then she has a fall. When she wakes up, she has lost just over a year of her memory.

CHRISTOPHER Rob is an estate agent in late middle age who has been married to Jo for a considerable amount of time. He realises his role is to try and aid his life partner in a physical and emotional recovery, but also support her going through the menopause.

What's their relationship like?

CONNIE Rob seems nice, but you get the feeling he's relishing her enormous dependence on him and his ability to exert control over her life. He's really enjoying being the saviour!

CHRISTOPHER Rob is very romantic about his marriage. He's ready for the kids to go, or at least that's what he's telling himself. He's written as being very in love with his partner, possibly more in love with her than she is with him.

> **“JO'S LIKE A DETECTIVE IN HER OWN LIFE!”**

How do things between them change after the accident?

CHRISTOPHER Rob's at odds with his son and daughter about caring for his wife. His argument is he's on site all the time and knew her before they did. There's tension there and I hope some gallows humour as well – this isn't a solemn, sombre drama.

CONNIE As Jo struggles to regain her memory, she has this gnawing feeling that there's something that she needs to know, that her friends, her kids, her husband, are withholding information from her.

Now she must find out the truth, while suffering from her brain injury, and she's not sure what or who she should trust. So she's like a detective in her own life!

Recovery: Jo and friend Cathy (Susan Lynch)

Christopher, how did you approach this from Rob's perspective?

CHRISTOPHER The director, Michael Samuels, spoke about how male angst and existential concerns are secondary to the female.

Every moment we tried to move away from the character as a cypher. We enjoyed serving the female narrative as we're both bored with male angst!

Connie, as an executive producer on this, how important was it to preserve the themes of the source material, Amanda Reynolds' novel?

CONNIE This kind of long-form storytelling allows you to go deeper into the life of a middle-aged woman. When the series came out in Denmark, it started a lot of conversations about intimacy in middle-aged people and the sex scenes we depict in the show.

As an actor, you're always trying to seek out where it hurts, where the wound is that's badly healed, so you can open it up and clean it out.

SEAN MARLAND

- **All six episodes will be on All 4 after the first episode airs**

***CLOSE TO ME* is previewed on pages 44-45**

PHOTOS: C4

'We're making dreams come true!'

Gary Lineker on hosting a game show inspired by penalty shoot-outs

Hot seat: Gary's guests compete for a place in the Money Chair

SITTING ON A FORTUNE

NEW SUNDAY / ITV / 7PM / EP 1 of 6 / GAME SHOW

After more than 20 years at the helm of BBC football flagship *Match of the Day*, Gary Lineker is one of TV's most experienced sports broadcasters.

But the former England striker is always keen to step out of his comfort zone and this week he's thrilled to host his first game show – ITV's fast-paced six-part quiz *Sitting On A Fortune*.

Faced with a line of chairs, six contestants must be on the ball as they position themselves, because where they sit means everything in this game. Only the player in the front seat – The Money Chair – can answer questions in the hope of winning up to £100,000. But a wrong answer results in relegation to the back of the queue, where there's a danger of being sent off!

Here, Gary, 60, tells *TV Times* more about the 'drama, joy and despair' to come…

How does it feel to present your own quiz show?

It never crossed my mind to think about hosting this kind of show before. I've always said I was born to be in the box, not on the box!

But then, when *Sitting On A Fortune* came along, I thought, 'It's different, there's jeopardy and sometimes contestants will win lots of money'.

It's satisfied that urge to have another challenge before I'm too old! I've enjoyed it more than I thought I would.

Where did the idea come from?

Glenn Hugill [the executive producer and Banker] from *Deal or No Deal* invented the show. He had the idea while watching the World Cup. He thought, 'How do I get the drama, joy and despair of a penalty shoot-out into a game show?'

It's about being in the right place at the right time. There's a moment of magic when people win, but jeopardy that they'll end up empty-handed!

Does it get very competitive?

Yes! It's life-changing money. There's competitiveness and a tactical side, but also camaraderie among contestants. Even when people have missed out themselves, they're overjoyed that someone else has won the big prize. That was surprising. It's an interesting contrast of emotions, which goes back to the penalty shoot-out idea.

What were the contestants hoping to spend the potential prize money on?

We've had some lovely ideas. There was a young girl who wanted to go to clown school in Paris! One contestant wanted to win enough to put towards a house for their mother. Others wanted to go travelling the world. Happily, we've managed to make some of those dreams come true.

Have your sons, George, Harry, Tobias and Angus, had a chance to see the show?

They've seen one episode and said they loved it, which I was chuffed about. I think they meant it!

One or two of my dad jokes got a frown, but they said they weren't embarrassed by me. That's the main thing for any parent!

Is there anything for you that compares to scoring a goal?

No, there's nothing like it. I've had this conversation with Alan Shearer, Michael Owen and Ian Wright. Yes, you get a buzz on live television and, in many ways, it comes close to replacing it. But nothing compares to that explosion of emotion when scoring a goal or winning a big game. It's hard to describe. It's magical.

Did you ever imagine you'd have such a varied career?

[Laughing] No, I didn't – I thought I'd have a lifetime of flogging crisps [Gary has advertised Walkers since 1995]!

Growing up, I hoped I'd be a footballer, but I thought there was more chance I'd be a cricketer.

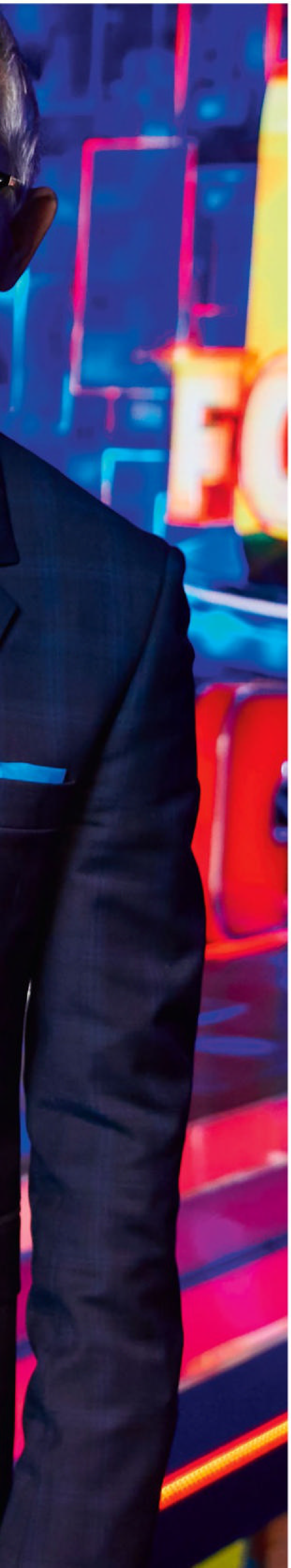
My footballing career surprised me immeasurably. I never envisaged that I'd have the success that I did on the field. And I didn't think I'd have the success off the field that I've had. Sometimes I pinch myself and say, 'Why have I been so fortunate?'

Being on the box took a lot of work. It was really hard for a long time. I certainly didn't make it look easy in the early days!

ELAINE REILLY

***SITTING ON A FORTUNE* is previewed on pages 44-45**

PHOTOS: BBC, ITV



GAME ON!

Alex Scott on how her quiz has all the tension of a top sporting showdown

THE TOURNAMENT

NEW MONDAY-FRIDAY / BBC1 / TIMES VARY / EPS 1-5 of 25 / GAME SHOW

Mix the excitement of a quickfire quiz with the skills and tactics needed in a sporting competition, and the result is BBC1's new daytime game show *The Tournament*! And who better to host it than former England footballer turned TV presenter Alex Scott?

TV Times caught up with Alex, 37, to find out more...

How does *The Tournament* work?

It has a simple format – just as in sport, it's a knockout competition.

If you're higher on the leaderboard, you're the one that's in control and you get to choose your category, and who you play against in a head-to-head.

You're against the clock, and whoever wins that round knocks that person out and you progress to the semi-final. If you get into a final, then you try to win the money.

Were the contestants very competitive?

Yes, I love that we have 'battle cries', which make it fun. For example, we have a gardener saying, 'I'm going to weed out the competition'!

You can see everyone being cheeky with each other and having a lot of fun. It's weird, because it's a knockout game, but there's a real togetherness on the show.

Even if they didn't win, everyone went away saying they had such a good time doing it.

What sets this apart from other quiz shows?

We do a pre-tournament assessment, so you pick an opponent but then when you get to go head-to-head with them, we might reveal that who you're up against is actually the favourite in that particular category!

Many quiz shows film several episodes in a day, so was it a hectic schedule for you? How did you cope with the workload?

I was coming off the back of filming the BBC's Olympics coverage, then I went straight into filming four episodes a day of *The Tournament*, which was intense!

But every time I did an episode, the buzz and the atmosphere gave me so much life, so it didn't feel gruelling. Well, not until the night-time – I'd finish filming and get to the hotel around 9pm, and I'd just be watching an episode of *Love Island* and thinking to myself, 'Oh my gosh, I'm so tired!'

What were some of your favourite game shows while you were growing up?

I watched *Bullseye*, and I used to love *Big Break* and all the classics like *Catchphrase*, *The Generation Game* and *Play Your Cards Right*.

I remember watching *The Krypton Factor*, and there was an army assault-course round and I'd be like, 'I want to do that!'

Did you look to any other quiz hosts for inspiration when you were asked to host *The Tournament*?

No, I didn't want to be standing up there thinking, 'This is how so-and-so hosts a quiz,' and the BBC were saying to me they just wanted me to bring my own personality to the show and really own it.

I think that's what I really jumped at – I'm not taking over something from someone else; this is me launching *The Tournament* and bringing my own element to it. I hope everyone falls in love with it just as much as I did!

STEVEN PERKINS

***THE TOURNAMENT* is previewed on pages 52-53**

'The D'Acampos hate activities!'

Gino D'Acampo on exploring his beloved Italy with his family – just don't mention kayaking or sheep-herding!

GINO'S ITALIAN FAMILY ADVENTURE

NEW MON / ITV / 8PM (TIMES VARY) / EP 1 of 7 / FACTUAL

Gino D'Acampo can often be seen exploring the world with his culinary mates Gordon Ramsay and Fred Sirieix for their ITV road trips. But for his latest tour, the popular chef has some new travelling companions – his wife, Jessica, and their three children, sons Luciano, 19, and Rocco, 16, and nine-year-old daughter Mia.

The seven-part series, *Gino's Italian Family Adventure*, which starts on ITV this week, follows the *Family Fortunes* host as he takes his family on a journey of discovery to his homeland, visiting the Mediterranean island of Sardinia, his birth city of Naples, the beautiful Cilento coast, rustic Calabria and sun-drenched Puglia.

Cheesemaking: Son Rocco learns a new skill

PHOTOS: ITV

Along the way, Gino hopes to teach his British born-and-bred bambinos more about their roots and show them where his passion for food began.

TV Times caught up with Gino, 45, to find out more...

How did the idea of doing a show with your family come about?

I've been wanting to do it for two or three years, but I never had the guts to ask them. However, after the lockdown, I thought, 'They're gonna be desperate to go somewhere and to experience something different'.

Outdoor living: Gino cooks sausages and beans

So, as soon as the restrictions were lifted, I asked them, and they immediately said yes.

In this week's opening episode, you take them kayaking around the coastal limestone caves of Eastern Sardinia. Was it fun?

It was not fun at all! It's important for everyone to know the D'Acampos hate doing anything that requires our bodies to move – we enjoy cooking together but don't ask us to do any activities! Any kind of walking, exploring or camping – forget it! We are the worst family for that.

We made it look fun but, off-camera, my family were saying, 'When are we going to finish this?'!

Afterwards, you head inland to the mountainous area of Lodè, where you get to herd sheep...

That, again, is a typical thing you do for television. There's no way I'd ever ask my family in normal life, 'Shall we go and round up some sheep?'

I don't think we were even dressed appropriately. It proved to be a very bad idea!

Each episode focuses on a different family member. Was it nice having some one-to-one time with each of them?

That was the best thing ever because, when you're surrounded by my family, there's too many – three kids, the wife and my mother-in-law – so you kind of jump quickly from one person to another.

When I had three or four days with just Luciano, Rocco or Mia, it was special. It's something we don't do often enough.

Next week's episode sees you take Rocco to your home city of Naples, a place he says really captures your personality...

It was very important for us to go to Naples. I wanted my kids to understand the mentality of the

crazy Italian; why sometimes I'm loud or I don't follow the rules or I do things the other way round.

It's important for them to understand where I grew up. Naples tells you everything you need to know about anyone who's lived in the city for all the years I have. It's dysfunctionally beautiful.

It's a very emotional episode for you as well, isn't it?
It is. I went to see my dad's grave for the first time.

It was a good experience for me. I've wanted to go there for a long time; I just didn't want to go by myself. So I thought if Rocco was there, we should take the opportunity to do it.

Italian favourite: Gino serves up bruschetta

Do you have any other memorable moments?
Luciano and I went fishing in Calabria in the south of Italy. We spent the day on the boat with all the fishermen, who were very poor. It was good for me to talk to Luciano and remind him that, in life, you don't need lots of expensive clothes or holidays. Many of the fishermen didn't even have mobile phones.

Along the way, you cook lots of recipes with your family – what was your favourite?
Ooh, that's a difficult question. I'd be happy to tell you who's my favourite child, but it's difficult to tell you what's my favourite recipe!

I remember making swordfish in gremolata sauce [a green seasoning with parsley, garlic and lemon] with Luciano, after we'd just caught the fish.

With Mia, we made spaghetti with clams, in Porto Cervo in Sardinia. With Rocco, on the Bay of Torre del Greco, where I was born, we made a risotto with mussels, prawns and lemon zest. Then we visited Naples football stadium, where Maradona used to play, and made meatballs on the pitch.

And, with Jessica, I made chicken in Marsala and cream, her favourite dish, and a chocolate cheesecake.

All the family: Luciano, Rocco, Gino, Jessica and Mia

You and Jessica have been married nearly 20 years. What's your recipe for a lasting relationship?
The secret is very simple: you live a life together, and you have a separate life as well. You should spend 50% of the day together but the other 50% apart – otherwise you'd go mental!

I'm the least romantic person. I don't buy flowers, I don't buy chocolates, I don't write Valentine's cards, birthday cards or Christmas cards, but I do many other things. I always wash Jess' car at weekends, I always charge the electric toothbrush, and I always make the coffee in the morning. Is that romantic?

How did making this series compare to your travelogues with Gordon and Fred?
In a way, it's exactly the same, because you're having fun on the left and fun on the right. But with Gordon and Fred, I will have a different kind of fun – fun that usually starts at 10 o'clock at night and ends at 3 o'clock in the morning!

There's a cookbook to accompany this series. Will Gordon and Fred get a signed copy for Christmas?
Oh yes, for Christmas everybody's going to get a cookbook, signed by me, with a lovely message. You know how much I hate to do cards, but if it's the cookbook, I'll sign it happily!

VICTORIA WILSON

GINO'S ITALIAN FAMILY ADVENTURE **is previewed on pages 52-53**

Top up with your feet up
There's a smart idea

Prepay smart meters let you top up your gas and electricity online, so you can do it from the comfort of your own home.

Search 'get a smart meter' today.

smart meters
Join the energy revolution

Eligibility may vary by supplier and region. ALBERT EINSTEIN rights licensed by The H.U.J./Greenlight.

'Music's in my bones!'

Pixie Lott on the joy in finding ancestors who share her passion for performing

WHO DO YOU THINK YOU ARE?

TUE / BBC1 / 9PM (WALES, 10.35PM) / EP 5 of 7 / FACTUAL

Pixie Lott has adored music since she was a child. So the singer and songwriter, who is a coach on *The Voice Kids*, was thrilled to discover three generations of musicians when she explored her ancestry for this week's episode of BBC1's *Who Do You Think You Are?* Here, Pixie, 30, shares her findings...

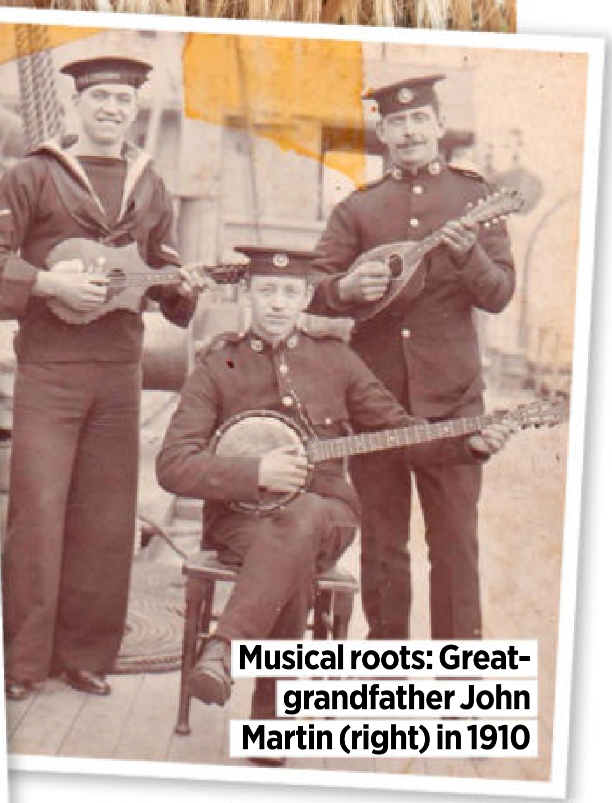
Why did you want to take part in the series?

I was excited to know what came before me. I'm an old soul and fascinated with finding out where I come from and seeing if it makes sense with what I do now.

I'm about to get married [to model Oliver Cheshire] and I would love a family, so that has got me interested in my past, even just to get inspiration for baby names!

You have a photo of your maternal great-grandfather John Martin holding a mandolin in the Royal Marines, and you learnt that his father and grandfather were musicians in the Army...

I love that we have a little band of musicians in the family! I always wanted to be a singer-songwriter. I love listening to music, writing it and being on stage. I didn't know where that came from, though; no one in my family now is in the music business. But I discovered that music's in my bones – it has passed down through the generations.



Musical roots: Great-grandfather John Martin (right) in 1910

You thought you had Italian roots through John's wife Mary Fleming, AKA Maria, your great-grandmother. But that wasn't the case, was it?

I'd heard we could be from Verona, which I thought was cool because that's where Romeo and Juliet were from! Mary was baptised in an Italian church in London [in 1889] but her family was Irish. I've been telling people for years I'm Italian, so I'll have to tell everyone I lied!

Mary lived in workhouses as a child, was orphaned by 13 and lost two siblings to tuberculosis. That must have been tough to hear...

She eventually got a job and met John so she turned out good. But I was shocked to hear how tragic her story was. It's not that far back, but her world was so different from mine.

It's all relative: Pixie's great-grandparents Joseph and Beatrice Lott

In World War One your paternal great-grandfather Joseph Lott was a prisoner of war. How did you feel about learning that?

Dad remembers him as a quiet man who liked listening to the radio. I learnt that he was eager to be in the Army, but his first battle sounded horrendous and then he was captured. I can't imagine how tough it was as a young boy to deal with the things he'd have witnessed.

What will you take away from having traced your ancestry?

It was an honour to learn about the Lotts and the Martins. It has made me think about my own life because they had incredible journeys and now they're gone, and one day I'll be gone. In years to come, our families will learn about our stories, so let's make them good ones!

CAREN CLARK

***WHO DO YOU THINK YOU ARE?* is previewed on pages 60-61**

PHOTOS: BBC

'I hope you'll be inspired...'

Dame Mary Berry on discovering 'unique ideas' on a culinary tour of the UK

MARY BERRY – LOVE TO COOK

NEW THURSDAY / BBC2 / 8PM / EP 1 of 6 / COOKERY

Dame Mary Berry's heart-warming new BBC2 show *Love to Cook* couldn't have a more fitting title.

The queen of the kitchen has been sharing her infectious passion for food with the nation for over 50 years. Now, in this six-part series, she travels around the country to meet some people who are just as devoted to tasty produce, including allotment owners, foragers, school chefs and farmers, while she also showcases her own delicious recipes.

Here, Dame Mary, 86, who recently received her damehood for services to broadcasting, the culinary arts and charity, tells *TV Times* all about her grand tour...

What appealed about this show?
Each episode has a different theme and it's lively! I love to cook and teach so it's the perfect series. We visit wonderful locations and it's about enjoying food with friends, family and neighbours, which is important after the year we've had.

Tell us about the people you met...
I loved meeting Terry Walton in the Rhondda Valley [in episode one]. He's had his allotment for years and grows absolutely everything and we cooked freshly harvested potatoes on the Welsh hillside. And I went to the Homebaked cafe [in episode three], which is near Liverpool's Anfield Stadium. It's run by a lovely lady, Sally-Anne, and supported by volunteers, and the profits go back into the community. They make delicious cakes and pies!

Did they inspire you to try a few new things?
Yes, everyone had unique ideas and I learnt something from all of them – you're never too old to learn! I explore new ways to cook and eat. The vegan pizzas [in episode two Dame Mary meets father and son Mike and Joe Hill, owners of One Planet Pizza] were a success. I hadn't tried them before and I tried vegan alternatives to scrambled egg and pulled pork!

Icing on the cake: Dame Mary and medal

In episode four, you go foraging in Wales with your daughter Annabel. Was that fun?
It was so nice, because we love learning what you can eat from the countryside. In Carmarthen Bay, we met foraging expert Craig Evans. I've always wanted to cook with samphire and I brought some back and am now growing it in my greenhouse and watering it with salt!

What do you hope viewers take away from the series?
I hope they'll be inspired to try the dishes at home and try growing things, too! I don't use a lot of ingredients; there's not a long list that you haven't got in your cupboard. The recipes are lovely and achievable. Everyone can have a go.

Why do you still love to cook?
It's my passion! And it's terribly rewarding, even more so during the recent difficult times. During lockdown, everyone was inside together and you had time to experiment and make different things, and time to sit and enjoy.

When did you first fall in love with cooking?
I wasn't clever at school but I did domestic science and my wonderful teacher, Miss Date, inspired me when I was about 13.

My mother was a good cook, too. She knew how to spin things out – with cottage pie, she'd add vegetables to make it go further.

What are your Christmas plans and do you have any culinary tips for the festive season?
We'll host this year, but the family will bring contributions. It'll be lovely to be together again. We always

PHOTOS: BBC, GETTY

Diggin' in: Dame Mary with Terry and wife Anthea on their allotment

play games and I'm asking everyone to do a poem or a piece of music!

It's great thinking about Christmas early to avoid feeling rushed, so find out who's coming, make lists, buy tinned things ahead, make mince pies now and freeze them, and make the cake and pudding, of course!

Finally, congratulations on your damehood! What was it like to collect the honour from Prince Charles at Windsor Castle last month?

It was such an incredible honour. What a day! I wore my favourite pink dress, it was a wonderful excuse to buy a new hat, and Prince Charles was charming.

I wish that my parents and brothers had been there to share my joy. I'm certain they were looking down and smiling.

CAREN CLARK

***MARY BERRY – LOVE TO COOK* is previewed on pages 76-77**

Judging panel: Marcus, Gregg and Monica

'It's been tough...'

Monica Galetti on the challenges of judging this year's competition

MASTERCHEF: THE PROFESSIONALS

NEW MON, THU & FRI / BBC1 / TIMES AND CHANNELS VARY / EPS 1-4 of 22 / COOKERY

The heat is back on as judges Monica Galetti, Marcus Wareing and Gregg Wallace return to the kitchen for the 14th series of TV's toughest culinary competition, BBC1's *MasterChef: The Professionals.*

Here, in an exclusive interview, Monica, 46, tells *TV Times* what we can expect...

This is your 13th series on *MasterChef: The Professionals* – what keeps you coming back?

It's the discovery of future UK talent. I get so much joy when chefs gain in confidence during the competition, and then when they go on to have great careers you just feel so proud of them!

Also, over the years, I've become very close to everyone who works on the show; they're like family.

How have you found judging this year's competitors?

It's been tough because a lot of the chefs weren't in work during the pandemic, so we've had to be more understanding of what they've been through.

However, once they were in the studio kitchen, it was like riding a bike, and they soon found their rhythm and their confidence again.

What do you find hardest about the judging process?

Sometimes you've got very strong chefs, and that can make for a very long judging process. When it's a three-way split between me, Gregg and Marcus it can take hours!

There have been many times they've had to turn off the cameras and just let us discuss until we reach a conclusion. It can be really hard.

Judging differences aside, how well do you, Gregg and Marcus get on behind the scenes?

Gregg is our leader – that's what Marcus and I call him and he absolutely hates it! We're teasing him because he's always made to stand at the front.

But really we're always just like three friends coming back together. We have a great laugh and it's always a joy working with people you get on with so well.

The infamous Skills Tests are as challenging as ever. How do you help the chefs relax?

The Skills Tests can throw people because they think we're trying to trick them. But it's not a trick, it's all about them showing off their skills, so it's disappointing if they fail to deliver something that you think they should be able to do.

But we do a lot to calm their nerves, which isn't shown on camera. At times we have to say to them, 'Just stop and breathe!'

Put to the test: The chefs get to work

Thinking ahead to the final, will viewers be in for a surprise?

Yes, absolutely! That's what makes this a really exciting competition. There can be somebody who's never quite nailing it and then all of a sudden they get some feedback and they come back and just blow everyone away!

You always stay so cool when things get heated. How do you unwind away from the cameras?

I work out with a group of friends in the gym. I do a lot of weights and a bit of boxing, too.

I think it's very important to have that time out and it's what sorts my head out.

I also walk my dogs, which is a real joy, and then, of course, Sunday is wine day!

HANNAH DAVIES

***MASTERCHEF: THE PROFESSIONALS* is previewed on pages 52-53**

‘THE JOY OF TASTY FOOD’

Nadiya Hussain on how lockdown inspired her to take familiar recipes to the next level

PHOTOS: ALAMY, BBC

NADIYA'S FAST FLAVOURS

NEW THU / BBC2 / 8.30PM / EP 1 of 6 / COOKERY

Full of flavour: The ice-cream cake

Nadiya Hussain has a confession to make. She may have won *The Great British Bake Off* in 2015, penned a selection of cookbooks, presented numerous culinary shows, and even baked a birthday cake for the Queen – but that doesn't mean she always eats like royalty.

'Give me a jacket potato and cheesy beans and I'm happy,' says Nadiya, 36, flashing her megawatt smile. 'Ditto a piece of toast. And I'm not gonna lie to you, *TV Times,* in lockdown I took a lot of comfort from family-sized bags of crisps!

'But the kitchen is my happiest place. Cooking, creating, inspiring others to eat, entertain, and share fantastic flavours – during lockdown that's what I realised I love doing most.'

Here, Nadiya reveals how the pandemic led to her latest BBC2 series…

> “I SHARE MY MUM'S SECRET FLAVOUR WEAPON…”

So was the idea for *Nadiya's Fast Flavours* born out of lockdown?

Like everyone else, I experienced life through this pandemic and the recipes in the show were what came naturally to me.

Yes, my house felt smaller as it became our solace, our workplace and school, but the kitchen was a good place to be.

Lockdown allowed us to stand still for a moment and enjoy being a bit more adventurous in the kitchen and create delicious flavours.

Then we started coming out of lockdown; people were going back to their old lives and I wanted to show we can do that – and keep doing what we loved during lockdown, such as cooking well. It just needs to be faster, so we can manage the family, work and home-life balance.

After so much home-cooking and the banana-bread frenzy, do you feel many people have gone back to the old standbys?

Ha – banana bread and sourdough have gone! Where is it talked about now?! Which probably means we're spending less time in the kitchen, but that doesn't mean every meal you cook can't taste good or has to be the same old staples.

Even if I cook fish fingers, chips and beans, it needs to fizz with flavour. And it doesn't mean hours in the kitchen; that's the point of this TV series and the cookbook I've written alongside it.

You can create fast flavours just by using ingredients really well. Be that toasting the spices for a minute, or cooking your onions until they're translucent and caramelised, so you get the best out of it. I hope people will rediscover the joy of creating tasty food again.

The opening episode on comfort food sent our taste buds into overdrive…

That's the plan! It's about creating injections of flavour, so in a classic like mac and cheese, I add unusual ingredients of evaporated milk and Marmite, so you get a sweet, salty depth of flavour.

And for a twist, I crunch cheesy-puff crisps into the cheese sauce and over the top. It's the best mac and cheese you'll ever taste, I promise.

We're in! What else do you cook?

My beef vindaloo recipe, where I share my mum's secret flavour weapon, which is fennel seeds – sorry, Mum!

Vibrant soup: Borscht

I also do a twist on classic French bread, an idea born when I had no eggs in the house. I thought, 'What is eggy bread? It's sugar, eggs and milk – custard ingredients – I've got custard powder!'

So I use that and add a flavour hit of vanilla-bean paste and a pistachio maple syrup on top. It's a hug on a plate.

Winner: Nadiya on *Bake Off* 2015

You're the queen of unusual flavour combinations. How do you manage to use fennel seeds in an ice-cream cake this week?

Here's the thing, I straddle two very different worlds – British and Bangladeshi. I grew up with Bangladeshi cooking, it's in my DNA, but those two worlds were always going to collide.

I used to get nervous about combining flavours I grew up with, with flavours that felt classically British – would they work?

Gradually, I realised the joy of being part of two worlds is being able to throw away the rule book. Why not add fennel, with its citrus hit, to a chocolate biscuit base? And combine it with blueberries, which become a sorbet flavour bomb once frozen in ice-cream cake?

Fruit and fennel is a classic Bangladeshi sweet combination. Adding flavours in a surprising way is what makes something special.

New look: Nadiya's French toast

Is that why you shine a spotlight each episode on other cooks who share your passion for mixing flavours?

Absolutely. So in the first episode, it's award-winning food writer Olia Hercules, who shares her recipe for borscht [beetroot soup], which brings back happy memories of her family life in Ukraine.

There are so many great cooks that are first or second generation British, whose cuisine now makes up the fabric of Britain. I want to celebrate that.

You have achieved so much over the past few years. Do you look back and feel it was a different Nadiya who won *Bake Off*?

I do feel some sort of morphing has gone on over the past six years. There was a time when I wore a lot of black, which represented how I was feeling, but the more I morph, the more familiar it feels.

Now I just love colour; it's uplifting and cheers me up. That's why I'm wearing a tie-dye T-shirt today, which everyone in my house hates but I love! And it's why I get so involved in my books and my TV kitchen details, from the colourful crockery to the napkins, plants, lights and jars of spices…

It's what I have at home, and I think that adds authenticity and makes me more comfortable in front of the camera. Colour is me now.

Finally, are you watching the current series of *Bake Off*?

For the first time ever, I'm not! I'm just so busy, but I'm recording it, so I definitely will at some point.

And I'm still baking, of course. I have amazing neighbours who eat everything I cook, including one who runs an Ironman triathlon every three months. I make a cake, take a few slices out for my kids and give him the whole thing. Within half an hour, the plate's back under the gate!

REBECCA FLETCHER

***NADIYA'S FAST FLAVOURS* is previewed on pages 76-77**

Oakhouse FOODS

Join the thousands who enjoy delicious, easy mealtimes every week

- ✓ Every dish is chosen for its quality and homemade taste
- ✓ Quick and easy to cook in the microwave or oven
- ✓ Flash-frozen to lock in goodness and flavour
- ✓ Easy ordering online or over the phone
- ✓ Delivered directly to your freezer by a local, friendly driver
- ✓ No subscriptions or contracts
- ✓ Over 30 million meals sold - try us today!

Trustpilot

Delicious meals delivered to your freezer

7 meals with FREE delivery £20 RRP ~~£31.48~~

1 x Cumberland Pie

Dinner for a week for only £20 with FREE delivery

INTRODUCTORY OFFER FOR **TV TIMES** READERS

1 x Roast Chicken Dinner

1 x Fish Pie

1 x Chicken & Mushroom Pie

1 x Sweet & Sour Chicken

1 x Cod, Chips & Peas

1 x Chicken Supreme

Call us today for this offer quoting code: TVT

☎ 0333 433 0410 LOCAL RATE

or visit **oakhousefoods.co.uk/tvt**

Or simply call us for a FREE brochure

Oakhouse FOODS
Frozen Meals with you in mind
Mouth-watering NEW dishes inside
Over 180 dishes
AUTUMN 2021

*Pack only available on 1st order with Oakhouse Foods. Offer ends 31/12/21. Visit our website for full ts&cs.

'I wasn't prepared for this'

Home work: Ed with St Cecilia's resident Phyllis

Ed Balls on how his mum inspired him to tackle the care-home crisis

INSIDE THE CARE CRISIS WITH ED BALLS

NEW MONDAY / BBC2 / 9PM / EP 1 of 2 / FACTUAL

Ed Balls is embarking on a deeply personal mission to help solve the crisis in social care for the elderly.

The former cabinet minister's mum, Carolyn, who has dementia, moved into a care home a few years ago, entering a system that was in trouble even before the coronavirus pandemic.

Now, for a two-part documentary on BBC2, Ed will live and work alongside the staff and residents of Saint Cecilia's Nursing Home and Saint Cecilia's Care Home in Scarborough, to see first hand the challenges they face and explore potential solutions.

Ed will then sit down with those in power, both in local government and Whitehall, to discuss his findings with the hope of making some positive changes.

'The crisis in social care is deepening, and we need to work together to sort it now,' says Ed, 54.

Here, he tells us more...

How would you describe this investigation?

It's not opinion-led on my part, but we wanted it to be immersive for viewers, so I was there all day, every day, for two weeks. We just wanted to let the residents and the carers of Saint Cecilia's tell their own story, so people get an idea of what their life is really like.

Did you have to do any preparation beforehand?

Yes, I had to do a lot of basic training before I could start work – as anyone else who got a job there would – but I hoped that, by spending so long there, the staff would think of me as part of the team and tell us how they really felt about the job.

And how did you find the work?

I was taken aback by how much of a learning curve it was. I visited care homes as an MP and had experience of them with my mum, so I went in thinking I knew what it was all about – but I soon realised I didn't.

It was so humbling. Performing 'personal care', which is doing things like brushing people's teeth and cleaning them, all while making sure the residents retained their dignity, was very challenging.

I wasn't prepared for how difficult it was going to be, but now I really appreciate what the people looking after my mum do.

Could you tell us about the staff you met at Saint Cecilia's?

I was so impressed with all of them. I worked with a woman called Steph, who is highly trained and highly committed, and does an amazing job every day.

She told me she hates it when people use the phrase 'just a carer', as though it's an easy job.

Did you work with anyone else?

Yes, a 19-year-old called Cameron, who was brilliant. He wants to be a paramedic one day, which would be a big loss to Saint Cecilia's. There was a moment when a resident called Kathleen rested her head on Cameron's shoulder and that brought home what a wonderful job he does.

How did your mother cope during lockdown?

Lots of residents lost their lives on her wing of the home, but luckily she was OK and my sister and I were able to visit her for the first time in 16 months while I was making this film. There was a great sense of relief when we saw her and she looked far healthier than I expected.

The loss of so many residents for care homes like hers and Saint Cecilia's is tragic, but those empty beds also mean they lose funding. If places like Saint Cecilia's close down, it won't just be a crisis – it will be a complete disaster.

SEAN MARLAND

INSIDE THE CARE CRISIS WITH ED BALLS **is previewed on pages 52-53**

PHOTOS: BBC

'Nothing is impossible!'

Proudest moment: Winning gold at the London 2012 Olympics

Double Olympic champion **Nicola Adams** on why she hopes her story will inspire the next generation

LIONESS: THE NICOLA ADAMS STORY

prime Available: *Friday 12 Nov* Run time: *90 mins* NEW DOCUMENTARY

Nicola Adams made history in 2012 when she became the first woman to win a gold medal for boxing at the Olympics.

Now, in Amazon Prime Video's new documentary, *Lioness: The Nicola Adams Story*, the Leeds-born star, who retained her Olympic flyweight title in 2016 before retiring from boxing in 2019, looks back at her inspirational life and the struggles, sexism and setbacks she contended with to achieve her dream.

Here, in an exclusive interview, Nicola, 39, tells *TV Times* more...

Why did you decide to make this documentary?

I wanted to inspire the next generation and make them believe in themselves. I came from a council estate in Leeds, from a single-parent household. I want to show kids they can achieve anything if they work hard and that nothing is impossible.

You only live once, so take that first step and go for it. Don't let anything hold you back.

How did you feel about opening up about your life on camera?

I thought it was going to be easy but then, when I started talking about everything, it brought up all the emotions and old memories I'd forgotten about. You're reliving everything you went through to get to where you are today. It was like going through therapy.

What were the most emotional moments to look back on?

Growing up with my family and also having my back injury [Nicola broke a vertebra in 2009 after falling down the stairs]. It was the hardest point in my career. I was bed-bound for three months. All you can do is lie there and that was hard, both physically and mentally.

How different would your life have been if you hadn't found boxing?

Boxing gave me the chance to travel the world, see different places and cultures. It opened my eyes and opened new doors. But things could have been really different, especially where I grew up. I could have been involved in crime.

I was happy when I found boxing but I feel I've got the determination and drive that whatever I'd done, I'd have wanted to be the very best. I'd still have succeeded. My mantra is, 'Tell me I can't, and that's why I will!'

What has been your proudest moment of your career?

The London 2012 Olympics. To win a gold medal and create history in your home country, that's something every athlete dreams about. It was unreal.

How did it feel when, following an eye injury, you had to retire?

It was sad; I wanted to keep boxing but didn't want to risk my health. I was happy I retired at the top of my game but it was scary. Boxing was my life. A bit of me thought, 'Maybe I should have one more fight.'

But once I got past that, I was excited. I was able to eat everything I wanted and go to the parties, christenings and weddings that I never got to go to before because I was in training or in competition.

New moves: Nicola with Katya on *Strictly*

Only believe: On location for her documentary, with kids in London

In the film, you say that boxing was your 'safe space'. What makes you feel secure now?

My partner Ella [Baig, a model] and my dog Brooklyn. I'm learning more about myself than I did before. When I was boxing and training, I didn't care about anything apart from winning. Now I'm evolving into a more all-rounded person.

What's next for you?

My acting career! I'm working on that now and having coaching. It was always one of my passions but when I won my Olympic gold medal, boxing took over. Now I've retired, I can focus on acting. I'm excited about the future and being able to push my boundaries and experience new things.

Which kind of acting roles would you like to tackle?

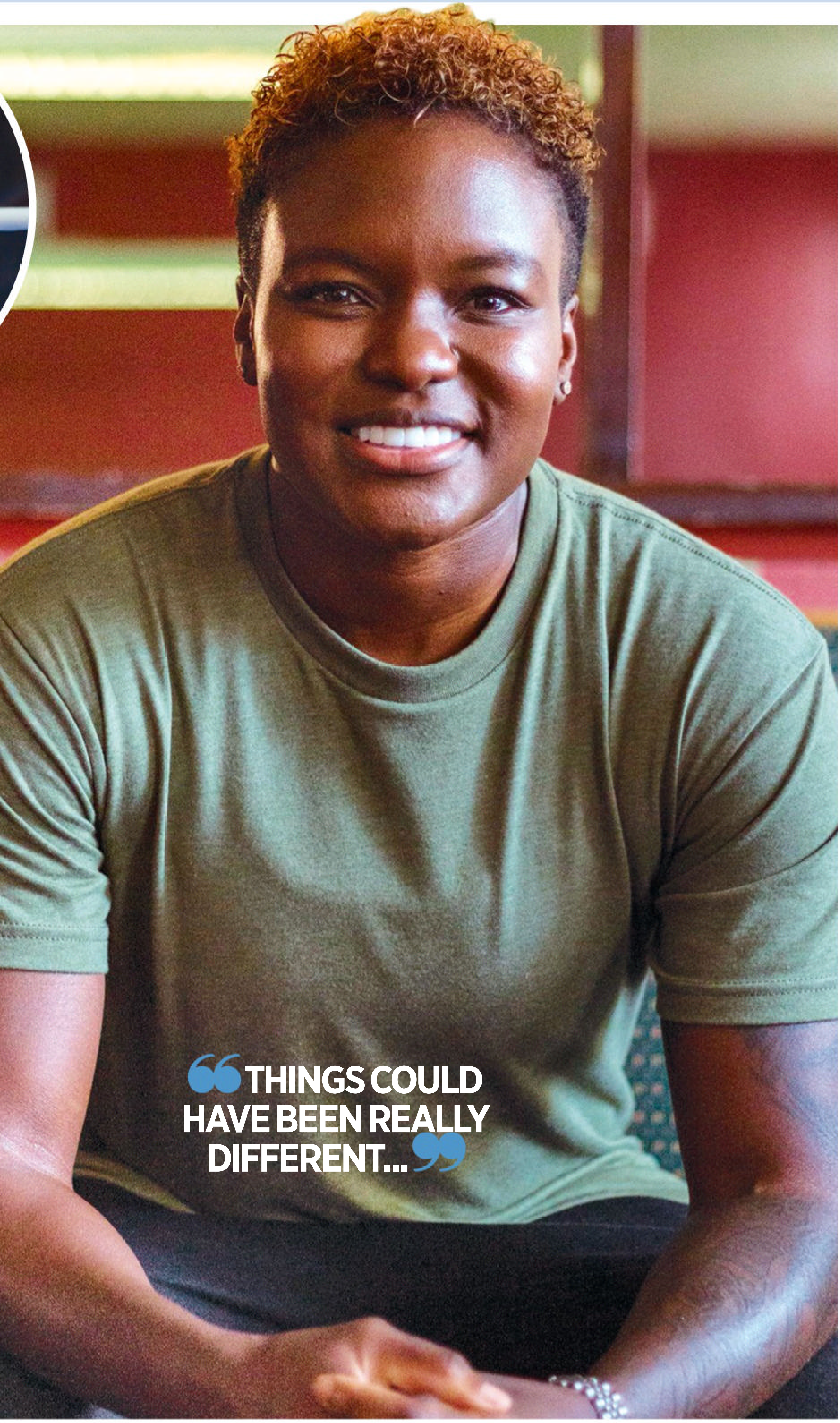
I'd love to be an action hero and do stunts! I love Marvel movies and I'd love to be in [Amazon Prime Video fantasy drama] *American Gods*. The characters look like normal human beings but they've got special powers. It's really cool and well done.

You sadly had to withdraw from *Strictly* last year after your pro dance partner, Katya Jones, tested positive for COVID-19. Are you watching this year's contest, and are you still dancing?

I haven't really kept up the dancing, I've been too busy! But I've watched a bit. Johannes Radebe and John Whaite were fantastic in their *Pirates of the Caribbean* dance!

TESS LAMACRAFT

***LIONESS: THE NICOLA ADAMS STORY* is previewed on pages 84-85**



> THINGS COULD HAVE BEEN REALLY DIFFERENT...

CATCH UP NOW...

More sports documentaries on BBC iPlayer and elsewhere...

Cristiano Ronaldo: Impossible to Ignore

The Portuguese footballing superstar's mesmerising drive and determination to win come to the fore in this fascinating profile.

Gods of Snooker

From the mercurial pizazz of Alex 'Hurricane' Higgins (above) to Steve Davis' effortless accuracy, this glorious three-parter celebrates the heroes of snooker's heyday.

Paul Merson: Football, Gambling and Me

The ex-England star opens up about his 35-year struggle with gambling as he tries to understand what caused his addiction.

Billy Monger: Changing Gear

As he samples a range of sports, the racing driver and double amputee's sprint with Paralympic star Jonnie Peacock is simply inspirational.

ADDITIONAL WORDS: CAREN CLARK. PHOTOS: AMAZON PRIME VIDEO, BBC, C4, GETTY, PA IMAGES

18+

WHAT IS
AVAXHOME?

AVAXHOME -

the biggest Internet portal, providing you various content: brand new books, trending movies, fresh magazines, hot games, recent software, latest music releases.

Unlimited satisfaction one low price
Cheap constant access to piping hot media
Protect your downloadings from Big brother
Safer, than torrent-trackers

18 years of seamless operation and our users' satisfaction

All languages
Brand new content
One site

AVXLIVE.ICU

AvaxHome - Your End Place

We have everything for all of your needs. Just open https://avxlive.icu

A new woman for Ty?

He's asked out by fellow parent Isla

Flirty: Isla likes what she sees

Protective dad: Tyrone puts Penny in her place

Now that Alina's popped off to Romania and Fiz has made it clear that her future lies with Phill, Tyrone is footloose and fancy free/on the scrapheap.

But not for much longer, perhaps, for this week he's asked out by Isla, one of the mums from Hope and Ruby's school.

The mechanic isn't looking for love (apart from with Fiz, of course), and the encounter happens as he's trying to focus on the girls. With Mr Perfect Phill on the scene, he's keen not to be overshadowed, and puts his foot down when the fella offers to help Hope build a model of the solar system for school, insisting he'll do it instead.

Phill's happy to take a back seat, and even gives Tyrone a kit he bought to make the model. It's foolproof, thankfully, and Ty laps up the praise when his efforts are admired.

Later, there's a bit of a kerfuffle when Phill returns from doing the school run and reveals that Ruby has been invited to a birthday party and Hope has not.

At the kids' do, an unimpressed Ty makes his feelings known to the parent concerned, Penny.

Isla (former *Emmerdale* star Gemma Oaten) praises his masterful words, and suggests they go for milkshakes with their respective kids.

As the girls slurp and giggle, Isla flutters her eyelashes and suggests to Ty that they meet for a drink sometime – as in a drink drink, not a choccy-woccy special with squirty cream.

Ty takes her up on the offer, and Fiz is annoyed when she finds out. Hmm, is there a touch of the green-eyed monster?

Silent Sam is struggling

Trauma: Sam at Natasha's funeral

Are there any kids on Corrie right now who *haven't* lost a parent?

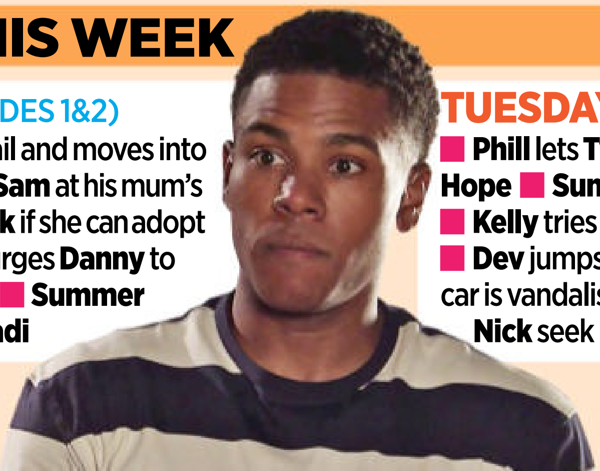
Little cutie Sam is the latest to join the unhappy club, and as mum Natasha is laid to rest this week, he's still too traumatised to talk and it's down to Nick to read out his son's heartbreaking eulogy.

Realising the poor mite needs professional help, Nick and Leanne reach out to Dr Gaddas, who refers the lad for some therapy sessions. But in the meantime, Sam continues to struggle, and locks himself in his bedroom.

Leanne talks to him through the door and, knowing all too well the pain of grief, she tells him she understands what he's going through, and that she wants to help. Will Sam finally open up?

PHOTOS: ALAMY, ITV

CORRIE THIS WEEK



MONDAY (EPISODES 1&2)
■ **Kelly** is freed from jail and moves into a hostel ■ **Nick** helps **Sam** at his mum's funeral ■ **Abi** asks **Jack** if she can adopt him ■ **James** (right) urges **Danny** to take the job in London ■ **Summer** paints on a smile for **Aadi**

TUESDAY (HOUR-LONG EPISODE)
■ **Phill** lets **Tyrone** shine in front of **Hope** ■ **Summer** has the hots for **Daniel** ■ **Kelly** tries to build bridges with **Nina** ■ **Dev** jumps to conclusions when his car is vandalised ■ **Leanne** and **Nick** seek help for **Sam**

WEDNESDAY (EPISODES 1&2)
■ **Tyrone** gets a new admirer ■ **Aadi** snaps over playing second fiddle to **Asha** ■ **Summer** (left) is gutted as **Daniel** has a date with **Daisy** ■ **Carla** books time off to grieve for **Johnny** ■ **Leanne** tries to coax **Sam** out of his locked room

There is no *Coronation Street* on Friday due to England's World Cup qualifier against Albania

Dark mood: Nina is unforgiving

Hurt: Kelly is rebuffed

Rough justice

Kelly gets a frosty reception as she's released from prison

Justice finally prevails for Kelly, as she's released from prison following her wrongful conviction for Seb's murder.

But the fragile teen soon realises that starting afresh is going to be easier said than done.

Nina is in no mood to build bridges. Kelly may not have killed Seb, but she slapped her across the face on that fateful night, and stoked up the hatred brewing in Corey and Eli.

As Kelly tries to reach out, the grieving goth makes it clear that she will never forgive her.

> “SHE WANTS TO LEARN TO STAND ON HER OWN TWO FEET”

Meanwhile, Kelly is stunned to learn that foster parents Imran and Toyah have split up, and feels terrible when Toyah admits that new charge Elsie may have to leave to make way for her return.

Making a sacrifice for the four-year-old, Kelly tells her support worker that she wants to live elsewhere, and is allocated a place in a hostel. Letting herself in, she's horrified to find the word 'murderer' spray-painted across the wall, but keeps Imran and Toyah in the dark.

'Kelly wants to learn to stand on her own two feet,' says Millie Gibson, who plays the troubled teenager. 'She wants to prove that she has that in her.'

The following day, Kelly tries again to reach out to Nina. Hearing that she has lost the ring Seb gave her, she buys a similar one on a trip to York with new friend Cole, who is also in the care system. She pretends she 'found' it, but Nina chucks it back at her.

Things then go from bad to worse when Dev's car is keyed, and he assumes Kelly is the culprit. Copper Craig is on the case, and Kelly begs him to believe that, due to her trip to York, she couldn't possibly be to blame.

Criminal intent: Cole's not a happy man

An unlikely friendship blossoms between her and Aadi when she allows him to crash on her sofa after a row with Dev. But as they approach her digs, a livid Cole collars her – it turns out he used their trip to pick up a consignment of stolen phones and, through her conversation with Craigy, she has inadvertently dobbed him in.

Will he demand payback?

THE CAST

Kelly	Millie Gibson
Toyah	Georgia Taylor
Imran	Charlie de Melo
Cole	Tyler Dobbs
Nina	Mollie Gallagher
Asha	Tanisha Gorey
Aadi	Adam Hussain
Dev	Jimmi Harkishin
Tyrone	Alan Halsall
Fiz	Jennie McAlpine
Phill	Jamie Kenna
Isla	Gemma Oaten
Leanne	Jane Danson
Nick	Ben Price
Sam	Jude Riordan
Daniel	Rob Mallard
Daisy	Charlotte Jordan
Summer	Harriet Bibby
James	Nathan Graham
Danny	Dylan Brady

WEATHERFIELD EXTRA

Jimmi Harkishin says he likes the fact that his character, Dev Alahan, is a single father, as it means he gets more interesting stories.

'If the twins had a mum, then a lot of their problems would go straight to her or they would come to Dev through their mum,' he tells us. 'Especially all the things that Asha went through like the skin lightening and the sexting, which was a difficult thing for a father to consider about his daughter and something Dev found really uncomfortable.

'But it is really nice to see the problems the children have through the prisms of a single dad, and how he deals with them.'

Will Nate CHEAT on Tracy?

He's chatted up on a lads' night out...

Blimey, what's that awful noise we can hear, like screeching tyres? Ah, yes, it's the sound of the *Emmerdale* scriptwriters slamming the brakes on Nate's devotion to Tracy by having him get cosy with some random woman in a bar.

It's all rather odd, given that Tracy's postnatal depression seemed to bring the young parents closer together. But 'a story of love and hope' promised by one of the show's producers now looks like it's been scrapped in favour of a tale about former love rat Nate abruptly reverting to type.

That doom and gloom is on the horizon is hinted at when Tracy earlier opens up to Faith that she and Nate haven't been 'close' since Frankie arrived. Well, of course they haven't. Sleepless nights, dirty nappies and the whiff of baby sick hardly gets one in the mood for hanky-panky.

The glamorous granny understands, and suggests Trace arranges a romantic date night to put the spice back.

'Tracy's been quite unlucky in love, and she wants a happy ever after,' says Amy Walsh, who plays the new mum. 'But you can never guarantee these things in soap!'

Too true, Ames. And on this occasion, as Tracy's preparing to knock Nate's socks off, her oblivious fiancé is heading into Hotten for a night out with Billy. Yes, Hotten, freewheeling epicentre of Yorkshire and the number-one destination when Emmerdale folk want to really let rip. This surely isn't going to end well.

Soon, Nate's in a bar, being hit on by a fittie called Fiona. Tracy's gutted when she learns he's gone out, and decides to send him a saucy pic to show him what he's missing.

Unfortunately, Nate breaks his phone and doesn't get the message. And, as Trace tries in vain to contact him, he chats on with flirty Fi.

We won't reveal how the night ends, but it's not looking good the next day, when Billy lies to Tracy to cover for his friend.

Has farmer Nate sowed his oats in someone else's field? And if so, will Tracy give him a second chance, or kick him to the kerb?

On her lonesome: Tracy bemoans her stalled love life

Playful: Fiona

EMMERDALE THIS WEEK

There is no *Emmerdale* on Friday due to England's World Cup qualifier against Albania

MONDAY

■ **Al** tries to take advantage of a rift between **Ellis** and **Priya** ■ **Paddy** and **Chas** kidnap **Kim**'s horse ■ **April** admits she's been struggling since her bullying ordeal

TUESDAY (HOUR-LONG EP)

■ A cornered **Kim** makes a shock announcement ■ **Jai** schemes to blame **Ben** for the bridge collapse ■ **Priya** has a therapy session ■ **Bernice** and **Will** (right) bond

WEDNESDAY

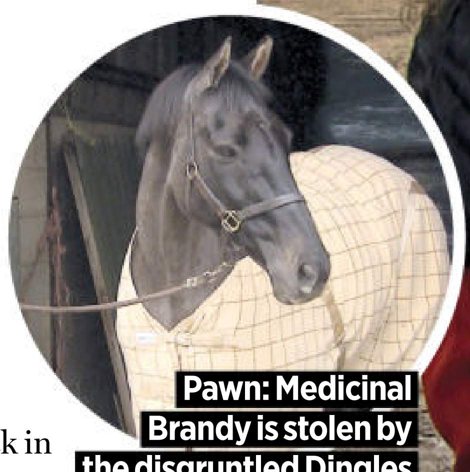
■ **Aaron** punches **Jai** ■ **Marlon** and **Paddy** get one over on **Al** (right), but the thrill is short-lived ■ **Billy** and **Nate** go on a night out

THURSDAY (EPS 1&2)

■ **Jai** suspends **Ben** from the HOP ■ **Nate** faces temptation ■ **Bernice** hopes **Gabby** has turned a corner ■ **Al** explains himself to **Chas** ■ **Liv** tries to talk to **Aaron**

Chas and Paddy teach Kim a lesson

Horse-nap!



Pawn: Medicinal Brandy is stolen by the disgruntled Dingles

Fed up of being at the mercy of Kim Tate over his horse-doping exploits, Paddy and his good lady wife, Chas, decide to put the rancid businesswoman back in her box. Knowing they must hit her where it hurts, they plot to kidnap her most prized possession – her new gee-gee, Medicinal Brandy.

'When Paddy doped Kim's horse, he thought he was doing it for the right reasons,' says Dominic Brunt, who plays the stressed-out vet. 'But he didn't think it through, and now I don't think he's sleeping very well.

'He is quite intimidated by Kim, but he's not a complete pushover.'

Soon, the pricey thoroughbred is swapping Home Farm stables for mucky Moira's barn. Quite how Paddy and Chas manage to pilfer the animal from under Kim's nose is a mystery, although anything seems possible in Emmerdale these days.

The horse is where they want it, but Kim isn't, and the next challenge is to get her to give in to their ransom demands.

Unsurprisingly, the village vixen refuses to be pushed around, and threatens to call the police unless her four-legged friend is returned. This doesn't go down well with Kim's lover, Will, who insists he can't be with her if she continues with her destructive behaviour.

Will's words strike a chord, and Paddy and Chas are stunned but delighted when Kim backs down. But Will is in for a shock, too, as Kim then makes a big announcement.

After turning most of the village against her – including her own son – has she decided to get a grip and change her ways?

Torn: Kim digests an ultimatum from Will

Passing the buck

Underhand: Jai spots a way to shift blame

Jai panics when a health-and-safety officer reveals that the HOP management will be held responsible if it's proved that the rope bridge that collapsed during the survival challenge was overloaded. The shady Sharma plots to pin the blame at Ben's door, and offers the instructor a buy-out in exchange for his resignation.

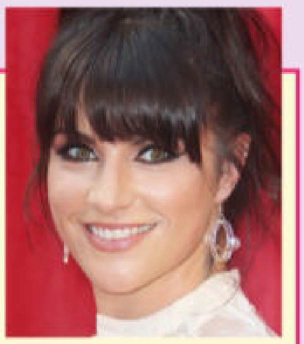
Ben realises he needs to lawyer up, but Aaron and Liv know he won't have Jai's budget, and Aaron makes things worse for his boyfriend by punching Jai. Will Ben become the fall guy?

WORDS: ALISON SLADE. PHOTOS: ALAMY, BBC, ITV, LIME PICTURES

THE CAST

Tracy	Amy Walsh
Nate	Jurell Carter
Faith	Sally Dexter
Fiona	Yemisi Oyinloye
Billy	Jay Kontzle
Chas	Lucy Pargeter
Paddy	Dominic Brunt
Kim	Claire King
Will	Dean Andrews
Jai	Chris Bisson
Ben	Simon Lennon
Aaron	Danny Miller
Priya	Fiona Wade
Rishi	Bhasker Patel
Ellis	Aaron Anthony
Al	Michael Wildman
Gabby	Rosie Bentham
Bernice	Samantha Giles
Marlon	Mark Charnock
April	Amelia Flanagan

DALES EXTRA



Laura Norton admits she was nervous about returning to the soap as Kerry Wyatt. The actor was off screen for 18 months before making a comeback last week. During her time away, she gave birth to a son, Jesse, with fiancé Mark Jordon, who played Daz Spencer.

'It was beautiful to see everybody, but it was scary,' says Laura, 38. 'I thought I'd forgotten how to act!'

In danger: Darren

HOLLYOAKS

Flash-forward scenes show Darren waking up in unfamiliar and dangerous surroundings. We then learn the events that led him there – after an argument with Nancy over his assumption that a discarded pregnancy test is Ella's, he heads to a jeweller's to buy her a gift.

Dazzle's fate lies in the hands of his captor, who tells him he has seen too much. Back at the Osbornes', Jack's worried about his AWOL son, but, persuaded that her partner is having another affair, Nancy calls off the search. Has she fed Darren to the lions?

Also, Fergus has surprise news for Warren, and Nate is intent on finding out what happened to his old flame...

Unconscious: Makeda

DOCTORS

Bear rows with Makeda when she reveals she's going to help out his sister with the proceeds of her house sale, but not him. He's convinced by Sid to try to patch things up, but when he returns to her house, he finds her unconscious on the floor.

As his mum is treated at St Phil's, Bear wills her to come round again. Meanwhile, Zara chases the hospital about the sigmoidoscopy – a test to check the colon – that Makeda was meant to have had. Will she and Bear get some answers?

Elsewhere, Karen has a breakthrough with Rob, and Jimmi is left traumatised when a chance decision has tragic consequences for a neighbour.

Alyssa's father REVEALED!

Martin and Zack get their DNA test results… and the tot's mum Jada pitches up

So, who has been left with a love child after a night of passion? Following the surprise arrival at Sharon's front door that is baby Alyssa, Martin and Zack get their DNA test results back. Who got Alyssa's mum up the duff? Or should that be 'duff-duff'?

Sharon has so far assumed that her brother Zack is the father – after all, he's had more sexual partners than he's had gym workouts. He, too, believes that Alyssa must be his, and has got stuck in with caring for the tot.

But Martin secretly suspects that Alyssa could be a mini Fowler, and has been riddled with guilt as his pal takes responsibility. He already has four kids – Hope, Lily, Arfur and Bex. Is he about to make it a quintet? And if so, when did he find the time for a fling?

As the week kicks off, Zack's at the market with Alyssa when the little mite drops her toy. He doesn't notice, but someone else does – a girl, who is watching on from afar.

The all-important DNA results then arrive, and the lads are nervous wrecks as they open their respective letters…

Things then get very interesting as Sharon and Zack see that Alyssa's missing toy has been dropped off. It would take someone close to Alyssa to know that the toy was hers, and to know where to return it – like her mother. Realising the significance, the pair scour the area and Zack eventually spots a girl.

'Zack and Sharon run after her, and demand answers,' our Walford mole tells us. 'The girl reveals that she is called Jada and admits that she is Alyssa's mother. She then reveals who Alyssa's father is, and Sharon and Zack are left utterly dumbstruck.'

Is the daddy someone neither of them was expecting? And if so, who is he? Alyssa is presumably connected to Sharon in some way – could Shazbang's father, Gavin Sullivan, have got Jada in the family way before he popped his clogs?

One thing's for sure, Jada is adamant that she can't look after her daughter, as Zack discovers when he gets her to open up.

Will Sharon have no choice but to play mum?

Shock: Will Sharon be left holding the baby?

Bombshell: Mum Jada

EASTENDERS THIS WEEK

MONDAY

- **Alyssa**'s mum **Jada** arrives with a shock revelation
- **Callum** feels insecure when he learns of **Ben**'s numerous former partners
- **Chelsea** tells **Denise** that she's engaged to **Gray**

TUESDAY

- **Zack** gets **Jada** to open up
- **Callum** is chatted up at The Albert
- **Nancy** (right) admits her feelings of jealousy to **Mick**
- **Kim** discovers that **Pearl** is super-bright

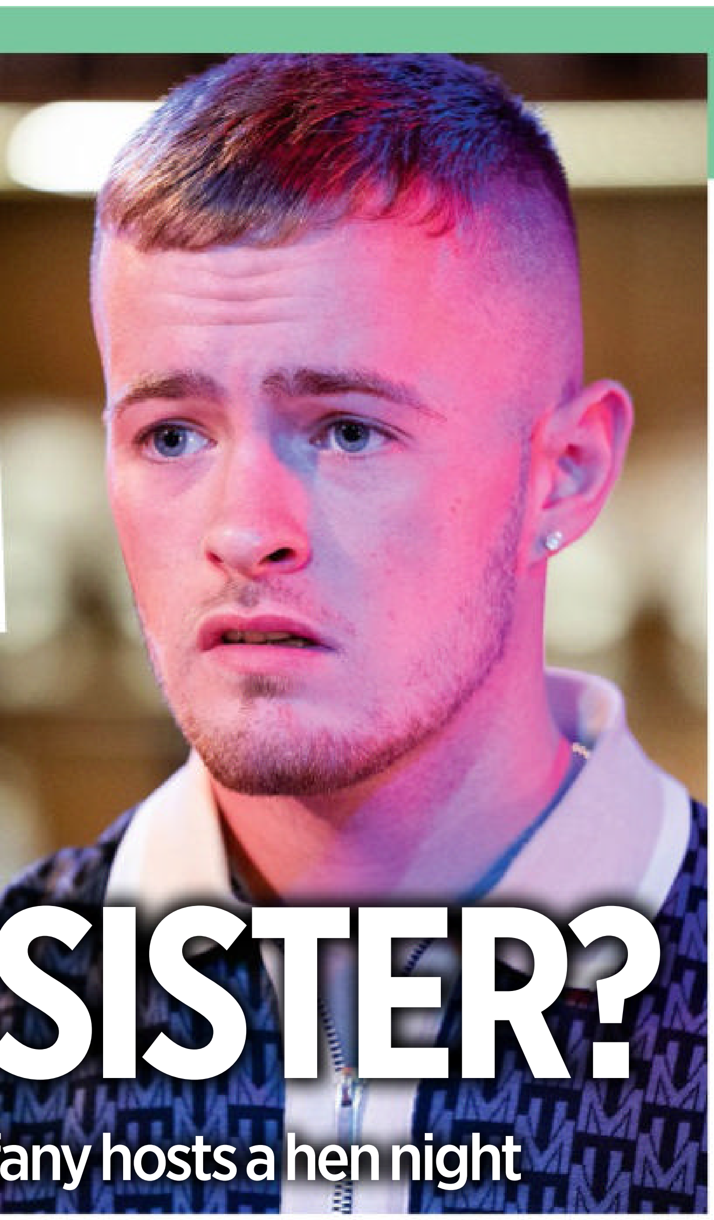
THURSDAY

- **Liam** considers betraying **Tiffany**
- **Kim** resolves to send **Pearl** to private school
- **Kat** tires of **Jean** and **Stacey** arguing about **Eve**
- **Ben** finds a phone number in **Callum**'s pocket

FRIDAY

- **Keegan** worries about **Tiffany** after overhearing **Liam** talking about money
- **Stacey** offers an olive branch to **Kat**
- **Patrick** tries to convince **Vi** to change her mind about finding her son **Christopher**

Blissfully ignorant: Tiffany with the hens



Will Liam betray his SISTER?

He spies an opportunity when Tiffany hosts a hen night

Desperate to make some fast cash, Liam has teamed up with his Auntie Janine for a racket that involves him stealing cars and her selling them at the car lot. He has no qualms about causing trouble for Jay, but will he be prepared to broaden their dodgy venture in a way that would involve his sister Tiffany, who's oblivious?

An opportunity presents itself when the Walford returnee is roped into helping his stressed-out sibling host a hen party at the club, and he spots a set of car keys in the coat pocket of one of the drunken hens.

Catching up with Janine, he puts her in the picture, and she suggests that stealing cars from his sister's party guests could be something they do on a permanent basis. Liam's torn – he needs the moolah, but Tiff's faaaarmily.

The following day, Tiffany gets a call from the girl whose car keys went 'missing'. Liam acts concerned, and Tiff has no reason to suspect anything untoward has gone on, especially as she has her mind on other things – like an upcoming date with Aaron.

Dotty insists that the lad is no match for Keegan, but Tiff thinks she's just jealous. When Keegs gives her encouragement with her business, however, she decides that perhaps Dotty is right, and she gives Aaron the brush-off.

Keegan is still carrying an almighty torch for his estranged wife and, catching up with Mitch in The Vic, he tells his dad of his plan to win her back. While there, he overhears shady Liam talking about money and going into partnership with Tiffany.

Fearing Tiff's about to come a cropper, he tells her what he overheard – but will her loyalties lie with him or her bruvva?

Football mad: Will he pay a penalty?

Trouble for Tommy?

Tensions in the Slater house have been at fever pitch as Stacey and Jean continue to row about Eve, but there's sign of a truce this week when Stace suggests she and her mum take the kids out for the day.

Kat, who's too busy working to join them, makes them promise that they won't let Tommy play footie as he's still recuperating from his injury.

But the pair take their eye off the ball – literally – and Tommy has a sneaky kick-about. Are his dreams of becoming the next Declan Rice set to take a dive?

WORDS: ALISON SLADE. PHOTOS: BBC, CHANNEL 5, GETTY

THE CAST

Sharon	Letitia Dean	**Vi**	Gwen Taylor
Zack	James Farrar	**Patrick**	Rudolph Walker
Martin	James Bye	**Tiffany**	Maisie Smith
Jada	Kelsey Calladine-Smith	**Keegan**	Zack Morris
Stacey	Lacey Turner	**Janine**	Charlie Brooks
Eve	Heather Peace	**Liam**	Alfie Deegan
Kat	Jessie Wallace	**Aaron**	Charlie Wernham
Jean	Gillian Wright	**Kim**	Tameka Empson
Tommy	Sonny Kendall	**Mick**	Danny Dyer
Kheerat	Jaz Deol	**Nancy**	Maddy Hill

WALFORD EXTRA

Heather Peace has opened up about how terrified she was when she began filming as new character Eve Unwin.

'I probably had two nights of no sleep; I was really, really nervous,' admits the 46-year-old actor. 'I've been doing this for 26 years, but the first day at school never gets any easier. Obviously, *EastEnders* is so well established, you just want to make a good impression.'

Hotting up: Hendrix and Mack

NEIGHBOURS

After a bumpy few months, Hendrix and Mackenzie look to be back on track and the young lovers decide it's time to take the next step. Not wanting to push his girlfriend into sleeping together, Hendrix is reassured by Mack that she's ready to get physical. So he organises an intimate night in, complete with fairy lights, food and candles – which accidentally start a fire! Mackenzie arrives and disaster is averted, but is the blaze a bad omen for the couple's future?

Meanwhile, Jane has an idea to resolve the tension over Isla, and Paul has a blast from the past at the Lassiters conference when he sees a familiar face.

Spliced: Tori and Christian

HOME & AWAY

It should be the happiest day of her life, but Tori starts to think her wedding is cursed when most of her family can't make it back to the Bay for the nuptials, and Justin still refuses to walk his sister down the aisle. After a heart-to-heart with the bride-to-be, Justin eventually relents and Tori and Christian are married in an intimate outdoor ceremony. The newly-weds then bid an emotional goodbye as they leave for London, but not before the bride's bouquet has been caught by Cash! Does this mean he and Jasmine could be next to tie the knot?

Elsewhere, Mackenzie accuses Felicity of stalking her, and Ryder is suspicious of Chloe and Theo.

SAVE £5.00! FRESH NEW-SEASON STOCK!

5 ROSE BUSHES
JUST
£24.99
+P&P
SAVE £5.00!

in association with
TV Times

"5 Premium-Quality, Highly Fragrant 'Hybrid Tea' Roses… Flowering For 6 Months Each Year! SAVE £5.00!"

Your "Best Ever" Rose Collection - Freshly lifted, brand-new stock… Delivered at the perfect time to plant!

Simply stunning! As the name suggests, our "Best Ever Collection - comprising 5 professional-grower-quality, repeat-flowering rose bushes – 1 each of red, pink, white, peach and yellow – carefully selected for proven performance in British gardens, incredible flowers and of course, sumptuous fragrance!

They're all perfect for borders or pots – not to mention cut flowers to brighten your home – totally winter hardy, and each will already have 3-5 strong branches when delivered to you at the perfect time to plant! **Despatched from mid November.**

- Freshly lifted, brand new season's stock!
- Incredible fragrance & non-stop summer colour!
- Repeat flowering displays May-Oct every year!
- Disease resistant, easy to grow and proven garden performers!
- Grow to 60-90cm tall - perfect for beds, borders and patios!

"Best Ever" Rose Collection
5 Bare-Root Bushes • **JUST £24.99**
SAVE £5.00!

BUY NOW! This is the perfect time to plant! You get 1 each of pink, red, white, yellow & peach!

Platinum Trusted Service Award ★★★★★ 2021 feefo

TOTALLY WINTER HARDY

3 EASY WAYS TO ORDER NOW!

☎ **0844 502 0050** USE CODE TVT270
Calls cost 5p per min plus your network's access charge.

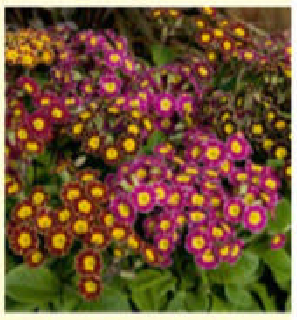
www.YouGarden.com/TVT270

or by post using coupon below to: Offer TVT270 YouGarden, PO Box 1468, Peterborough, PE1 9XL

HALF PRICE BONUS OFFER

Primula 'Victoriana' Mix

20 x Garden Ready



'Victoriana' are gorgeous, old fashioned style Primulas that feature a wonderful lacing effect outlining their flower petals. Grows to 20cm.

Item Code: 401132

JUST £8.99 SAVE £9.00!

Offer available while stocks last. © YouGarden Ltd 2021

PLEASE SEND TO: **Offer TVT270, YouGarden, PO Box 1468, Peterborough, PE1 9XL**

YOUR ORDER DETAILS

Item	Description	Price	Qty	Subtotal
530211	**'Best Ever' Rose Collection** - 5 Bare Root Bushes **JUST £24.99 SAVE £5.00!**	£24.99		
401132	**Primula 'Victoriana' Mix** - 20 Garden Ready Plants **SAVE £9.00! HALF PRICE!**	£8.99		
100047	**Organic Rose & Shrub Feed - 1.5Kg SAVE £3**	£8.99		
120033	**Two Pairs of ByPass Secateurs SAVE £3**	£14.98		
JOIN THE YOUGARDEN CLUB - Get £20.00 FREE vouchers & SAVE 10% on EVERY ITEM you order!				
820005	**Renewal Subscription Membership*: SAVE £15.00!**	£5.00		
820001	**1 Year Membership: SAVE £10.00!**	£10.00		
DON'T FORGET: Deduct 10% (10p in every £1) if you joined the YouGarden Club:				
		Add PP&I		£6.99
		TOTAL ORDER VALUE		

*We'll automatically renew your membership every year, so you can keep saving - AND the price will NEVER go up.. GUARANTEED! Full details at YouGarden.com/Club. Orders despatched from mid November. Delivery to UK only and a £6.00 surcharge will apply to the following postcode areas: AB, DD8-11, GY, HS, IM, IV, JE, KA27-28, KW, PA20-80, PH19-50, TR21-25 & ZE. Offer subject to availability and in the event that this offer is oversubscribed, we reserve the right to send suitable substitutes. Images show mature plants. Following Brexit there are a number of changes that prevent us from trading in N. Ireland. For further details please visit www.yougarden.com

YOUR PAYMENT DETAILS I enclose a cheque/Postal Order payable to YouGarden (name & address on back) for £ ________

Or charge my Visa / Mastercard / Maestro card:

Card No. ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐ Issue No. ☐☐

Start Date ☐☐☐☐ Exp Date ☐☐☐☐

DELIVERY DETAILS

Mr/Mrs/Ms/Miss Initial Surname

Address

Postcode

Email

Tel

My DOUBLE GUARANTEE to you!

1 If you're not totally happy with your order, return it within 30 days and we'll replace or refund in full.
2 Should any hardy plants fail to thrive thereafter, we'll replace free of charge. You just pay the P&P.

Peter McDermott, Head Gardener Peter

If you do not wish to receive catalogues & offers from us, please tick here [ ]. We think you'd enjoy some of the latest products and selected offers by post from other trusted retailers, charities, finance, travel, FMCG and utility companies. If you do not wish to receive these, please tick here [ ]. Full details at YouGarden.com/Privacy. © YouGarden 2021.

AD CODE TVT270

you garden

TV Times Films

With Film Editor Nigel Pizey

This week's films rated and reviewed

OUR PICKS OF THE WEEK

FROM WEDNESDAY

Out there: Pitt

Ad Astra

Amazon Prime Video ★★★★

PREMIERE SCI-FI▸ Writer-director James Gray sent Charlie Hunnam deep into the Amazon rainforest in 2016's beguiling *The Lost City of Z*, but he meets less success dispatching Brad Pitt into outer space in this ambitiously epic sci-fi adventure. Pitt is an astronaut travelling to the furthest reaches of the solar system to find his missing father (Tommy Lee Jones), a mission on which, it appears, the very survival of mankind hangs. Gray is reaching for transcendence, and along the way he delivers some stunning images and a handful of genuinely exciting episodes, with a searching philosophical script leaving you to ponder its ruminations. *Dir: James Gray 2019, 12, 123min*

SEX □□□ VIOLENCE ■■□ LANGUAGE ■□□

FROM FRIDAY

Shang-Chi and the Legend of the Ten Rings

Disney+ ★★★★

PREMIERE SUPERHERO▸ Destin Daniel Cretton's film – the first Marvel Cinematic Universe movie with an Asian-Canadian lead in the shape of the extremely affable Simu Liu, and also a majority Asian cast including a terrific Awkwafina – may not solve Marvel's diversity problem by itself, but it's certainly a major step in the right direction. It's a kick-ass blockbuster with stylistic links to Hong Kong cinema, seen especially in some early fight scenes that border on the balletic. Yes, it's overblown in places, but also continually enthralling and with a zest that firmly steers the MCU into previously uncharted territory. *Dir: Destin Daniel Cretton 2021, 12, 132min*

SEX □□□ VIOLENCE ■□□ LANGUAGE ■□□

Ring in the changes: Liu

FROM WEDNESDAY

In profile: Negga and Thompson

Passing

Netflix ★★★

PREMIERE PERIOD DRAMA▸ Actor-turned-writer-director Rebecca Hall resurrects the troubled 1920s in her delicate debut, which circles a reawakened New York friendship between two biracial women. Shy Tessa Thompson is astonished that childhood pal Ruth Negga is now recklessly 'passing' as a white woman in this handsome period melodrama with both actors on fine form. *Dir: Rebecca Hall 2021, 12, 98min*

SEX □□□ VIOLENCE ■□□ LANGUAGE ■□□

WEDNESDAY

Wide-eyed: Butterfield

Journey's End

BBC2 *11.15pm - 12.55am* ★★★★

WAR DRAMA▸ This gripping World War One drama doesn't need a surfeit of blood and guts to convince us of the horrors of war. Here the agony is all in the waiting, as a weary company of British soldiers in a frontline trench in France ready themselves for an imminent German attack. Sam Claflin is the shell-shocked captain, Paul Bettany his kindly, avuncular lieutenant, Toby Jones the dry, phlegmatic cook, and Asa Butterfield the fresh-faced new recruit. Stiff upper lips have rarely been so moving. *Dir: Saul Dibb 2017, 12*

SEX □□□ VIOLENCE ■□□ LANGUAGE ■□□

SATURDAY

Portrait of a Lady on Fire

BBC4 *9pm - 10.55pm* ★★★★★

PREMIERE PERIOD ROMANCE▸ In 18th-century France, a painter (Noémie Marlant) travels to a windswept island off Brittany for a wedding portrait. Her subject, Héloïse (Adèle Haenel), is a reluctant bride-to-be who refuses to be painted, so Marianne arrives in the guise of a companion and must work in secret… This gorgeously filmed and acted drama frames the women's developing relationship with exquisite skill. *Dir: Céline Sciamma 2019, 15*

SEX ■■□ VIOLENCE □□□ LANGUAGE □□□

Windswept: Haenel and Marlant

Saturday 6 NOVEMBER

STAR RATINGS
★★★★★ Fantastic
★★★★ Very good
★★★ Good
★★ Average
★ Poor

Tom Cruise in *Mission: Impossible – Fallout*

Tobey Maguire in *Pawn Sacrifice*

The Christmas Chalet

Channel 5 *12.50pm - 2.40pm* ★★

PREMIERE **ROMANCE▸** Divorced Erica Durance adores the Christmas period and books a chalet for the holiday, along with her daughter and mum. There she meets Robin Dunne, a writer who detests the festive season. They couldn't possibly get on, could they? Unexceptional stuff. *Dir: Jennifer Gibson 2019, PG*

SEX □□□ VIOLENCE □□□ LANGUAGE □□□

The Cruel Sea

BBC2 *2pm - 4.05pm* ★★★★

WAR DRAMA▸ A grimly realistic account of the Battle of the Atlantic and of a corvette's crew who found that their worst enemy was the sea. This brilliant adaptation of Nicholas Monsarrat's novel was the film that turned Jack Hawkins, Donald Sinden, Stanley Baker and Virginia McKenna into stars. *Dir: Charles Frend 1952, PG*

SEX □□□ VIOLENCE □□□ LANGUAGE □□□

If I Only Had Christmas

Channel 5 *2.40pm - 4.30pm* ★

PREMIERE **ROMCOM▸** Perky publicist Candace Cameron Bure joins up with cynical exec Warren Christie and his crack team to help out a charity. This TV movie is a confusing, freewheeling mess. *Dir: David Weaver 2020, PG*

SEX □□□ VIOLENCE □□□ LANGUAGE □□□

For Your Eyes Only

ITV *3.25pm - 6pm* ★★★

SPY ADVENTURE▸ With the James Bond movies having become more and more outlandish during the 1970s, this was an attempt to get back to basics with a more earthbound plotline than the preceding *Moonraker*. Unfortunately, Roger Moore is really beginning to show his age as he cavorts around the Mediterranean in search of a top secret device that has been lost somewhere in the waters off the coast of Greece. *Dir: John Glen 1981, PG*

SEX □□□ VIOLENCE □□□ LANGUAGE □□□

Cross Country Christmas

Channel 5 *4.30pm - 6.10pm* ★★

PREMIERE **ROMCOM▸** New York dwellers Rachael Leigh Cook and Greyston Holt are on a plane to get back to their small town for the holiday, and decide to travel together when the aircraft is grounded. They're chalk and cheese – this is heavy on the cheese. *Dir: Catherine Cyran 2020, PG*

SEX □□□ VIOLENCE □□□ LANGUAGE □□□

Mission: Impossible – Fallout

C4 *9.10pm - 12.05am* ★★★★

SPY ADVENTURE▸ Still throwing himself into insanely acrobatic shenanigans, Tom Cruise returns for his sixth adventure as spy Ethan Hunt. The plot is the usual hokum, but it serves well as a skeleton on which to hang a series of hair-raising, white-knuckle set pieces. Rebecca Ferguson and the usual gang are back and Henry Cavill, Angela Bassett and Vanessa Kirby are among the new faces. *Dir: Christopher McQuarrie 2018, 12*

SEX □□□ VIOLENCE ■□□ LANGUAGE ■□□

ABBA The Movie

Channel 5 *11.15pm - 1.05am* ★★★

MUSIC▸ Glorious 1970s nostalgia, this slick package is mostly made up of concert footage of the super-Swedes' tour Down Under, interspersed with a patchy plot about an Australian DJ trying to get an interview with them. Worth watching, if only to relive those carefree days of bopping away to hits like *Dancing Queen*, *Mamma Mia* and *SOS*. *Dir: Lasse Hallström 1977, U*

SEX □□□ VIOLENCE □□□ LANGUAGE □□□

Pawn Sacrifice

BBC1 (not Scotland)
12.15am - 2.05am ★★★★

BIOPIC▸ A riveting Tobey Maguire plumbs the depths of genius and madness in this enthralling biopic of American chess prodigy Bobby Fischer. The film revolves around Fischer's world championship contest against reigning Soviet champ Boris Spassky (Liev Schreiber) in Reykjavik in 1972, and the film does a fine job of capturing the Cold War insanity against which the game took place. *Dir: Edward Zwick 2014, 12*

SEX □□□ VIOLENCE □□□ LANGUAGE ■□□

Walk Like a Panther

C4 *12.55am - 2.45am* ★★

PREMIERE **COMEDY▸** A Yorkshire-set underdog story with a stellar British cast including Stephen Graham, Julian Sands, Sue Johnston and Lena Headey, this has all the makings of a cracking comedy, about a bunch of wrestling legends from the 1980s doing a one-off comeback show. Sadly, this poorly scripted tale is predictable to a tee, with a cast too large for anyone to push beyond caricature, and comedy that misses most of its marks. *Dir: Dan Cadan 2018, 12*

SEX □□□ VIOLENCE □□□ LANGUAGE □□□

BEST OF THE REST

The Emperor's New Clothes

Film4 *4.30pm - 6.35pm* ★★★

HISTORICAL▸ What if the Emperor Napoleon hadn't died in exile in St Helena in 1821 but, escaping, had been replaced by a double? It's an interesting idea, given moderate treatment here, with the occcasional inspired moment. However, Ian Holm is certainly a superb Napoleon, as he treks back to Paris in an attempt to regain his throne. *Dir: Alan Taylor 2001, PG*

SEX □□□ VIOLENCE □□□ LANGUAGE □□□

Portrait of a Lady on Fire

BBC2 *9pm - 10.55pm* ★★★★★

● **See Our Picks of the Week, p31**

Walking Out

AMC *9pm - 10.55pm* ★★★★

Satellite **ADVENTURE▸** Callow city teen Josh Wiggins joins his reclusive estranged father Matt Bomer for a hunting trip in the snowy wilds of Montana. However, what starts as a rite of passage turns into a grim ordeal when disaster strikes. This terrific outdoors yarn is an engaging combination of coming-of-age tale and rugged survival drama. *Dirs: Andrew J Smith, Alex Smith 2017, 15*

SEX □□□ VIOLENCE ■□□ LANGUAGE ■□□

Miami Vice

TCM *9pm - 11.50pm* ★★★

Satellite **CRIME THRILLER▸** This re-imagining by director Michael Mann of his slick 1980s TV series turns the whole *Miami Vice* concept into a hard-boiled police procedural thriller. It's recklessly paced, intricately plotted and brutally effective as undercover cops Crockett and Tubbs (Colin Farrell and Jamie Foxx) are seconded into the FBI for a sting operation against a Colombian drug baron. *Dir: Michael Mann 2006, 15*

SEX ■■□ VIOLENCE ■■□ LANGUAGE ■■□

Rosemary's Baby

GREAT! movies
11.05pm - 1.50pm ★★★★★

CHILLER▸ Roman Polanski's wonderful chiller sees witchcraft loose in New York, where pregnant Mia Farrow plunges into a nightmare world in her own swish apartment block. Polanski uses every trick in the book to scare you and, as her too-friendly neighbour, veteran Ruth Gordon won a Best Supporting Actress Oscar. *Dir: Roman Polanski 1968, 18*

SEX ■■□ VIOLENCE □□□ LANGUAGE □□□

● **See listings pages for full details of regional films**

Sunday 7 NOVEMBER

Helen McCrory in *Bill*

Anthony Hopkins in *Transformers: The Last Knight*

A Very Merry Toy Store

Channel 5 *1.55pm - 3.40pm* ★★

COMEDY DRAMA▶ This utterly routine festive tale sees rival toy shop owners Melissa Joan Hart and Mario Lopez join forces when a major toystore chain comes to their small town. If it wasn't for the stars' considerable charm, this would be even more unbearable. *Dir: Paula Hart 2017, U*

SEX ☐☐☐ **VIOLENCE** ☐☐☐ **LANGUAGE** ☐☐☐

Bill

BBC1 (not Wales)

2.10pm - 3.40pm ★★★

COMEDY▶Created by the people behind the hugely popular *Horrible Histories*, this irreverent slapstick comedy focuses on budding playwright William Shakespeare. Here, Bill (Mathew Baynton) is a hapless country bumpkin trying to make his way in London. Much panto-like foolery ensues as Bill finds himself dragged into a plot by King Philip of Spain to assassinate Queen Elizabeth (Helen McCrory)... There's much to enjoy. *Dir: Richard Bracewell 2015, PG*

SEX ☐☐☐ **VIOLENCE** ☐☐☐ **LANGUAGE** ■☐☐

Harry Potter and the Philosopher's Stone

ITV *2.40pm - 5.35pm* ★★★★

FANTASY▶ Just look how young Daniel Radcliffe, Emma Watson and Rupert Grint were in this inaugural *Harry Potter* adventure. Aided by its supporting cast of British A-listers (including Maggie Smith, Alan Rickman and Richard Harris), the film does full justice to JK Rowling's story. The dark undertones of the novel have been lightened considerably, so this can be enjoyed by the whole family, which can't be said for the later movies in the series. *Dir: Chris Columbus 2001, PG*

SEX ☐☐☐ **VIOLENCE** ☐☐☐ **LANGUAGE** ☐☐☐

Transformers: The Last Knight

C4 *3.40pm - 6.30pm* ★★

SCI-FI ACTION▶ Number five in the relentlessly daft sci-fi series is the most spectacularly stupid yet: a crashing, bashing, ludicrous farrago that lands the shape-changing robots into Arthurian legend and interplanetary quests. Mark Wahlberg's amateur inventor Cade Yeager, from episode four, is back, while Anthony Hopkins pops up as an English aristocrat. *Dir: Michael Bay 2017, 12*

SEX ☐☐☐ **VIOLENCE** ■☐☐ **LANGUAGE** ■☐☐

Puppy Love for Christmas

Channel 5 *3.40pm - 5.45pm* ★★

PREMIERE **ROMCOM**▶ A festive TV movie with an Australian cast and director, although you wouldn't know – it's set in Vermont and they all have American accents. Aid worder Georgia Flood has returned from Nepal to see her folks but also wants to foster a dog, so is forced to meet Ezekiel Simat, the local vet and her old childhood nemesis. You'll never guess what happens... *Dir: Tori Garrett 2021, PG*

SEX ☐☐☐ **VIOLENCE** ☐☐☐ **LANG** ☐☐☐

Charlie and the Chocolate Factory

Channel 5

5.45pm - 7.55pm ★★★★

FANTASY COMEDY▶ Director Tim Burton's adaptation of Roald Dahl's classic children's fantasy is considerably lighter in tone than the 1971 musical *Willy Wonka and the Chocolate Factory*, and turns out to be a rather tasty confection. As Wonka, Johnny Depp is less sinister than Gene Wilder, transforming the chocolatier into an eccentric recluse who thinks like a child but cannot truly appreciate childhood. *Dir: Tim Burton 2005, PG*

SEX ☐☐☐ **VIOLENCE** ☐☐☐ **LANGUAGE** ☐☐☐

BEST OF THE REST

Extinct

Sky Animation

5.10pm - 6.40pm ★★★

Satellite **ANIMATION**▶ This colourful kids' adventure somehow juggles time travel, alternate universes and creatures shaped like doughnuts without talking down to younger viewers. It stars a colony of fluffy cuties named 'flummells', who are on the verge of extinction unless two of their number can do some timeline jiggery-pokery. The slapstick's impeccable and the voice cast (including Adam Devine, Zazie Beetz and Ken Jeong) is a hoot. Only unsophisticated character design lets it down – though the flummells' hole-filled bodies still provide a lot of laughs. *Dirs: David Silverman , Raymond S Persi 2021, U*

SEX ☐☐☐

VIOLENCE ☐☐☐

LANGUAGE ☐☐☐

SO NOW YOU ARE AN EXTINCTABLE
They know the 'hole' truth in *Extinct*

Mon 8 NOV

Leslie Nielsen and Priscilla Presley in *The Naked Gun*

Last Chance for Christmas

Channel 5 *11.15am - 12.45pm* ★★

FANTASY▶Struggling reindeer farmer Hilarie Burton has a visit from Gabriel Hogan, who claims his boss really needs to borrow one of her beasts. His employer, you see, lives way up north... It's corny stuff, but still reasonably fun. *Dir: Gary Yates 2015, PG*

SEX ☐☐☐ **VIOLENCE** ☐☐☐ **LANGUAGE** ☐☐☐

First Christmas

Channel 5 *2.20pm - 4pm* ★★★

PREMIERE **DRAMA**▶Although the directing may be reminiscent of your usual TV movie fodder, this small-scale festive drama – about a woman fostered at birth who finds and spends Christmas with her biological family – is a cut above. Featuring an all-black cast, this stars Idara Victor as an author who travels to New Orleans after being invited by her new kin, hoping it will also unlock her current writer's block. *Dir: Crystle Roberson 2020, PG*

SEX ☐☐☐ **VIOLENCE** ☐☐☐ **LANGUAGE** ☐☐☐

The Naked Gun

Channel 5 *11.05pm - 1am* ★★★★

COMEDY▶ Having already introduced the character of the inept police lieutenant Frank Drebin in the short-lived TV comedy series *Police Squad!*, the comic trio behind *Airplane!* resurrected him for what was to become the first of three hit big-screen misadventures. Having begun his career as a straight actor, Leslie Nielsen has a whale of a time sending up his slightly stuffy screen persona as the inept Drebin, here foiling a plot to assassinate Queen Elizabeth II. Co-star Priscilla Presley proves an unexpected comic talent, too. *Dir: David Zucker 1988, 15*

SEX ■☐☐ **VIOLENCE** ■☐☐ **LANGUAGE** ■☐☐

SUBSCRIBE TO TV TIMES

JUST 17p AN ISSUE*

6 ISSUES FOR £1*

GREAT SUBSCRIBER BENEFITS:

★ Every weekly issue delivered direct to your door ★

★ No commitment to continue with our risk-free trial ★

★ Stay in control - pause your subscription if you're going away ★

SUBSCRIBE ONLINE NOW

visit magazinesdirect.com/x221

OR CALL 0330 333 1113 & quote code: X221

***Terms and conditions:** Offer closes 1 February 2022. Offer open to new UK subscribers only. Please allow up to 6 weeks for delivery of your first issue. All gift subscriptions will start post-Christmas with the next available issue. Direct Debit offer is available to new UK subscribers only. * When paying £1 for 6 issues of TV Times. After your first 6 issues, your subscription will continue at £19.00 every 3 months, payable by UK Direct Debit. This price is guaranteed for the first 12 months and we will notify you in advance of any price changes. If the magazine ordered changes frequency per annum, we will honour the number of issues paid for, not the term of the subscription. For full terms and conditions, visit www.magazinesdirect.com/terms. For enquiries and overseas rates please call +44 (0) 330 333 1113. Lines are open Monday-Friday 9 am-5 pm UK Time or email: help@magazinesdirect.com. Calls to 0330 numbers will be charged at no more than a national landline call and may be included in your phone provider's call bundle.

TV Times
Britain's best-loved TV magazine
23 - 29 October 2021
…EASHED!
…roll on MRS BROWN'S BOYS Halloween special
NEW THE LONG CALL
NEW THE OUTLAWS
HOLLINGTON DRIVE
TV Times Awards 2021
18 - 24 September 2021
11 - 17 September 2021
21 - 27 August 2021

Tue 9 NOV

Kim Novak in *Vertigo*

Hope at Christmas

Channel 5 *11.15am - 12.45pm* ★★

ROMANCE▸ Recently divorced Scottie Thompson takes her daughter back to her small home town in order to settle her late grandmother's affairs and spend time in the house she's just inherited. Then a chance encounter at the local bookstore with dashing teacher Ryan Paevey turns her life upside down... A typical, utterly forgettable movie. *Dir: Robert Tate Miller 2018, PG*

SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

The Christmas Ball

Channel 5 *2.20pm - 4pm* ★★

PREMIERE **ROMANCE▸**

Struggling American dancer Deirdre Mullins flies off to England (actually filmed in Serbia) to help her English aunt Caroline Langrishe plan a ball in her historical (very Serbian looking) house. Naturally she meets a singleton, this time in the shape of history professor Nick Hendrix. A TV movie that passes the time without bothering the grey cells. *Dir: Amy Barrett 2020, PG*

SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

BEST OF THE REST

Vertigo

Film4 *3.25pm - 6.05pm* ★★★★★

MYSTERY THRILLER▸ In recent years this stunning exploration of sexual dysfunction has replaced *Psycho* as being the definitive Alfred Hitchcock movie. James Stewart plays an acrophobic private eye who develops an obsession with the woman (Kim Novak) he has been hired to spy on. This is like a ghost story without a ghost, with Bernard Herrmann's evocative music conjuring up vast gulfs of loneliness and despair. *Dir: Alfred Hitchcock 1958, PG*

SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

Wed 10 NOV

Tom Hardy in *The Drop*

Return to Christmas Creek

Channel 5 *11.15am - 12.45pm* ★

ROMANCE▸ After splitting with her boyfriend, a disillusioned Tori Anderson goes to her uncle's inn to discover her lost Christmas spirit. It's an uninspiring journey. *Dir: Don McBrearty 2018, U*

SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

Four Cousins and a Christmas

Channel 5 *2.20pm - 4pm* ★

COMEDY DRAMA▸ After a family death, four female cousins (Raffaela, Natasha Capp, Ayla Kell and Lily Gibson) come together for a Christmas do. A lumpen TV movie that aims for laughs and tears but achieves only groans, not helped by Robert Davi popping up in a curiously obvious hairpiece. *Dir: Maria Capp 2020, PG*

SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

Journey's End

BBC2 *11.15pm - 12.55am* ★★★★

● **See Our Picks of the Week, p31**

The Drop

C4 *2.40am - 4.25am* ★★★★

CRIME DRAMA▸ Boasting terrific performances, this gripping tale revolves around a blue-collar Brooklyn bar that sometimes serves as an underworld money drop. Tom Hardy's lonely bartender works here for his bitter cousin James Gandolfini, but his rescue of a battered puppy fatefully draws him into the lives of Noomi Rapace's wary waitress and her abusive ex-boyfriend Matthias Schoenaerts. It's a fine blend of gritty urban noir with fable-like story of sin and redemption. *Dir: Michaël R Roskam 2014, 15*

SEX □□□ **VIOLENCE** ■■□ **LANGUAGE** ■■□

Thu 11 NOV

Bruce Willis and Jai Courtney in *A Good Day to Die Hard*

The Christmas Bunny

Channel 5 *11.15am - 12.45pm* ★★

FAMILY▸ The emotionally scarred daughter of a substance-abusing mother, Julia (Sophie Bolen) is struggling to adjust to her new foster family when she finds the rabbit on Christmas Eve. Step forward cranky farmwoman Betsy Ross, aka the 'Bunny Lady' (Florence Henderson), who teaches Julia how to tend to the wounded animal and draws her out of her shell. *Dir: Tom Seidman 2010, PG*

SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

Unlocking Christmas

Channel 5 *2.20pm - 4pm* ★★

PREMIERE **ROMANCE▸** More Hallmark holiday romance with a pointless side order of mystery awaits (and all that that entails) as doctor Taylor Cole hooks up with ex-US Air Force pilot Steve Lund when they each recieve a key with a riddle attached. The initially mismatched couple become ever closer, but then must decide whether to move on with (or without) each other. We think you'll probably guess what they choose... *Dir: Don McBrearty 2020, PG*

SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

A Good Day to Die Hard

Channel 5 *11.05pm - 1am* ★★

ACTION THRILLER▸

Bruce Willis' wisecracking hero John McClane is back for his fifth screen outing, 25 years after the character's debut. This time, he travels to Moscow to track down his estranged son (Jai Courtney), who is actually an undercover CIA spy and McClane's arrival blows his mission to whisk a whistleblower to safety. Sadly, this is a disappointing, overblown instalment of the franchise. *Dir: John Moore 2013, 15*

SEX □□□ **VIOLENCE** ■■□ **LANGUAGE** ■■□

Fri 12 NOV

A Date by Christmas Eve

Channel 5 *11.15am - 12.45pm* ★★

ROMCOM▸ Mrs Kringle (Morgan Fairchild) appears from nowhere to help put-upon Vanessa Lengies, who is working on an app that rates whether people are on the 'naughty list' or not. But when Lengies rates her boyfriend on the app and asks for him to be nicer, he magically does... It's dumb, but mildly fun. *Dir: Jake Helgren 2019, 12*

SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

Fixing Up Christmas

BBC2 *1pm - 2.25pm* ★

ROMANCE▸ Natalie Dreyfuss is an ace party planner (and, it being a TV movie, obviously single) known for her deft touch with difficult clients. How will she deal with working for a CEO's son, the also single Marshall Williams? If this film's goal is to be utterly forgettable, mission accomplished. *Dir: Jessica Harmon 2021, PG*

SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

A Chance for Christmas

Channel 5 *2.20pm - 4pm* ★★

PREMIERE **FANTASY ROMANCE▸** Social influencer Tori Anderson has the chance to land a huge sponsor, but has to stream a live Christmas event for that to happen. But, along with marketing guru Mykee Selkin, she is magically forced to relive Christmas Eve over and over again until she learns the meaning of the holiday (and fall for Selkin). With its tired script and mediocre acting, *Groundhog Day* this is not. *Dir: Stefan Brogren 2021, PG*

SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

Up in the Air

BBC1 (not Scotland or N Ireland)
11.55pm - 1.40am
(Wales 12.15am - 2am) ★★★★

COMEDY DRAMA▸ George Clooney is ideal as a supercool corporate axeman who sacks folk for a living as well as giving self-help lectures. He meets his match in Anna Kendrick, an ambitious graduate, and older woman Vera Farmiga, who could be his soul mate as well as his sex buddy. Witty, intelligent and engrossing. *Dir: Jason Reitman 2009, 15*

SEX ■□□ **VIOLENCE** □□□ **LANGUAGE** ■■□

Assassination Nation

C4 *12.25am - 2.15am* ★★★★

THRILLER▸ *Heathers* meets *The Purge* as four high-school students (Odessa Young, Abra, Suki Waterhouse and Hari Nef) find themselves in the firing line after an anonymous hacker starts exposing everyone's dirty secrets in their small town. As passions rise and spill over into violence, the scapegoated girls resolve to fight back. A riotously over-the-top, furiously in-your-face horror satire. *Dir: Sam Levinson 2018, 18*

SEX ■■□ **VIOLENCE** ■■■ **LANGUAGE** ■■■

● **See listings pages for full details of regional films**

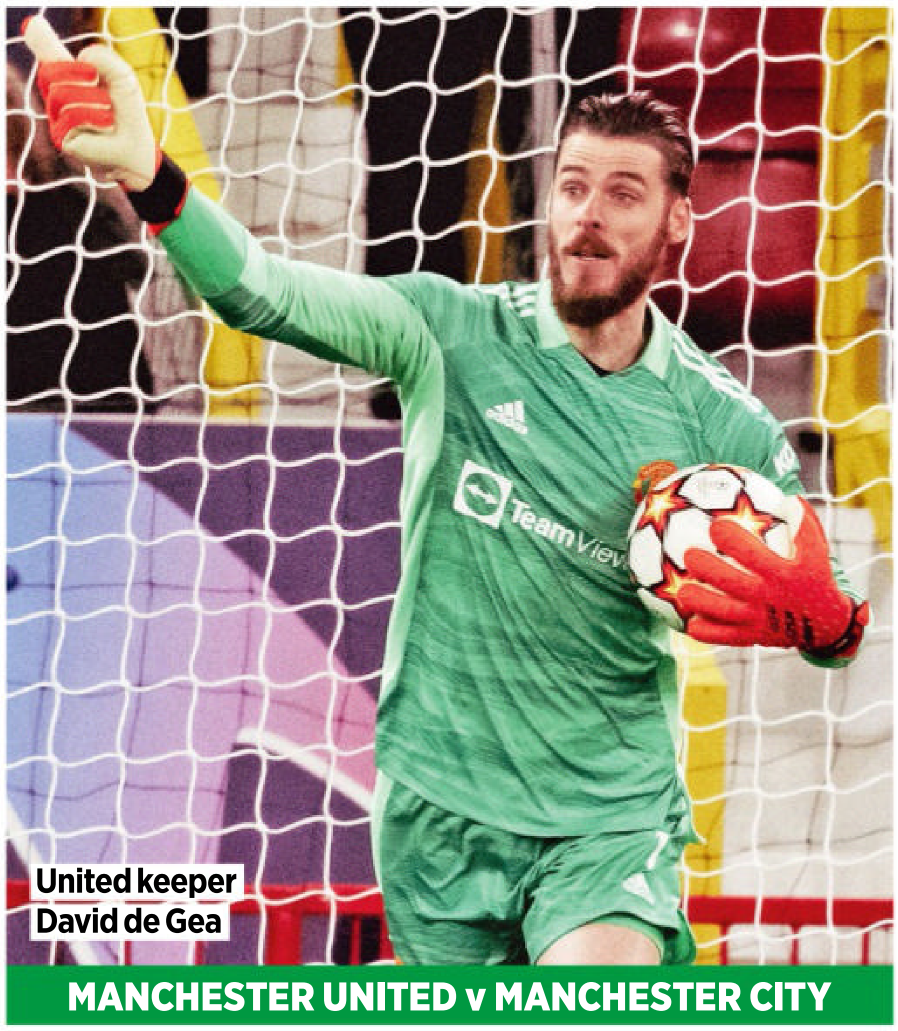
SATURDAY HIGHLIGHTS

A tense shift ends in a confrontation for Ethan

Casualty

● **DRAMA / from 8.45pm / BBC1**

There's twice as much trouble for Ethan when Stevie's revenge plan ends with a rooftop reckoning in tonight's double bill. Stevie's armed and dangerous at their showdown but before things get to that point, we discover how a tragic death pushed Stevie to the limits… Elsewhere, Hafsa tightens her hold over Rash, Jacob makes a career-changing decision, Dylan's leadership makes Faith's heart flutter, and Dylan is wowed by Robyn's photoshop skills when she makes him the ED's recycling poster boy! ★★★★ *ER*


United keeper David de Gea

MANCHESTER UNITED v MANCHESTER CITY

Premier League

● **FOOTBALL / 11.30am / Sky Sports Premier League/NOW**

LIVE **After shipping five goals** against Liverpool, Manchester United keeper David de Gea will want to avoid further humiliation in front of the Stretford End (k-o 12.30pm). United have had the better of recent league meetings with City, winning three of their last four encounters with Pep Guardiola's lads. But United need another victory this afternoon to keep in touch at the top. ★★★★ *NP*

ABBA in their heyday

Abba Night

● **MUSIC / from 9.10pm / Channel 5**

On the back of yesterday's release of *Voyage*, Abba's first album for 40 years, and looking forward to a 2022 tour by 'ABBAtars' (digital avatars of the band) another chance to remind ourselves what all the fuss was about in the first place. *ABBA: In Their Own Words* is followed by *Live in Concert* (recorded when ABBA were still at the absolute top in 1979) at 10.10pm. A case of Gimme! Gimme! Gimme! for all true fans. ★★★ *SM*

Meet Worzel's cousin, Guy

Worzel Gummidge

● **CHILDREN'S / 5.45pm / BBC1**

NEW **Mackenzie Crook returns** as the titular scarecrow in a new adventure also starring his *Detectorists* co-star Toby Jones as six members of the The Village Committee, including the local butcher, baker and mayor! As they organise the Fireworks Night festivities, Worzel's cousin Guy Forks (Paul Kaye) turns up ready to top the bonfire on the village green. He does it every year and always comes back, albeit in different garb. But when the pair get into a row about their jobs, Worzel finds himself taking Guy's place! Can John (Thierry Wickens) and Susan (India Brown) stop him from going up in flames? ★★★★ *MD*

● See feature, page 4

Will Nancy and Rhys still be in the competition?

PICK OF THE DAY

Strictly Come Dancing

Things hot up as *Strictly* hits the halfway mark

● ENTERTAINMENT / 6.45pm / BBC1

Believe it or not, we're at the halfway stage of the competition already, and with fewer couples competing, there's little room to hide. As we've already seen with talented Rhys Stephenson dropping into the dance-off, just one below-average week can be enough to put an apparent frontrunner in danger. So let's hope all of the remaining contestants knock our socks off tonight with their performances, and make it very hard for the judges to spot any faults – and in turn, make us all think very hard about who will be getting our votes at the end of the show! ★★★★ *SP*

Adèle Haenel and Noémi Merlant star

Portrait of a Lady on Fire

● FILM / 9pm / BBC4

PREMIERE **French writer-director** Céline Sciamma's stunning period romance is set in the dying embers of the 18th century and follows a painter (Noémie Merlant) to a remote island where she's meant to create a portrait of a mysterious noblewoman (Adèle Haenel). As the film elegantly unwinds the two find themselves drawn irresistibly to each other on a romantic journey that is nothing short of sensational. ★★★★★ *NP*

Brendan Cole hopes it's a dance question

The Chase Celebrity Special

● GAME SHOW / 8.30pm / ITV

NEW **Now a global brand** with franchises in countries as far-flung as China, Finland and Australia, *The Chase* shows no sign of slowing down back home either. The first of this latest celeb spin-off series sees Naga Munchetty, Adam Thomas, Amanda Byram and Brendan Cole playing together to defeat the Chaser. And possibly make Bradley Walsh giggle. ★★★ *SM*

ALSO ON...

Madame Blanc

● DRAMA / 8.10pm / Channel 5

The Gallic-flavoured *Lovejoy*-inspired crime thriller continues with antiques sleuth Jean (Sally Lindsay) on the trail of an art thief.

Saturday Kitchen

● FOOD / 10am / BBC1

LIVE **Matt Tebbutt hosts, with special guest Shirley Ballas plus chefs Donal Skehan and Melissa Thompson.**

PICTURES BY GETTY

HIGHLIGHTS EDITOR: MANDY COOPER. CONTRIBUTORS: JILL PELTON, JOANNE LOWLES, STEVE MORRISSEY, CAREN CLARK, NIGEL PIZEY, VICTORIA WILSON, SEAN MARLAND, ELAINE REILLY, STEVEN PERKINS, HANNAH DAVIES, IAN MacEWAN, NICHOLAS CANNON, TESS LAMACRAFT, REBECCA FLETCHER, MICHAEL DARLING, RICHARD McCLURE

SATURDAY 6 November

BBC1

HD **Freeview HD 101** Sky HD 115 Virgin TV HD 108 (Scot 101) Freesat HD 106

6.00 Breakfast (S)(HD) **10.00 Saturday Kitchen Live** With Shirley Ballas, Donal Skehan and Melissa Thompson. (S)(HD) **11.30 Nadiya's Family Favourites** Indulgent dishes. (S)(R)(HD)(AD)

12.00 Football Focus
SPORT A look ahead to the weekend's fixtures, and news from the lunchtime kick-off. (S)(HD)

1.00 BBC News (S)(HD)

1.10 Weather (S)(HD)

1.15 Bargain Hunt In Cornwall. (S)(R)(HD)(AD)

2.00 Escape to the Country (S)(R)(HD)(AD)

2.45 Money for Nothing In East Lothian. (S)(HD)

3.15 Garden Rescue (S)(R)(HD)(AD)

4.00 Question of Sport Quiz show. (S)(R)(HD)

4.30 Final Score
SPORT Jason Mohammad presents a round-up of the day's classified football results. (S)(HD)

5.20 BBC News (S)(HD)

5.35 BBC Regional News (S) and **Weather**

5.40 Weather (S)(HD)

5.45 Worzel Gummidge
NEW ★★★★ *Guy Forks:* One-off special in which Worzel swaps places with his cousin on Bonfire Night – but finds himself on top of the bonfire. (S)(HD)(AD) ***See feature, pages 4-5, and Highlights***

6.45 Strictly Come Dancing Tess Daly and Claudia Winkleman present the halfway point of the contest in which celebrities trip the light fantastic. (S)(HD) ***See Highlights* ● *Repeated on Thursday at 12.50am on BBC2* ● *Strictly Come Dancing: The Results is on tomorrow at 7.15pm.***

8.10 Blankety Blank 6 of 10. With Sally Lindsay, Andi Oliver, Chris McCausland, Jimmy Carr, Sophie Ellis-Bextor and Melvin Odoom. (S)(HD) ● ***Repeated on Thursday at 12.05am***

8.45 Casualty *Blinding:* Double-bill of the medical drama. Sol, Stevie and Ethan rush to save a man who has been injured by a racist police officer. (S)(HD)(AD) ***See Highlights***

Stevie Nash	*ELINOR LAWLESS*	Ethan Hardy	*GEORGE RAINSFORD*
Jacob Masters	*CHARLES VENN*	Robyn Miller	*AMANDA HENDERSON*
Marty Kirkby	*SHAHEEN JAFARGHOLI*	David Hide	*JASON DURR*
Rashid Masum	*NEET MOHAN*	Solomon 'Sol' Mathes	*ALHAJI FOFANA*

9.25 Casualty *Two Minutes:* Ethan makes a confession that leaves Stevie consumed with rage; and Dylan has to intervene to prevent her anger getting in the way of saving two sisters trapped together in barbed wire. (S)(HD)(AD)

10.05 BBC News (S)(HD)

10.20 Weather (S)(HD)

10.25 Match of the Day
SPORT Gary Lineker presents highlights of the latest Premier League games, including: Manchester United v Manchester City; Chelsea v Burnley and Brentford v Norwich City. (S)(HD) ● ***Repeated tomorrow at 7.40am***

11.45 The NFL Show
SPORT Dan Walker is joined by former players Osi Umenyiora and Jason Bell to present the best of the action from Thursday's game between Indianapolis Colts and New York Jets. (S)(HD)

12.15 FILM **Pawn Sacrifice** Sporting drama starring Tobey Maguire. (W)(S)(HD) ★★★★ *(2014)* ***See Films, pages 31-35*** **2.05 Weather for the Week Ahead** (S)(HD) **2.10 to 6.00 BBC News** (S)(HD)

BBC2

HD **Freeview HD 102** Sky HD 102 Virgin HD TV 102 Freesat HD 102

6.45 The Dengineers (S)(R)(HD) **7.15 All Over the Place: UK** (S)(R)(HD) **7.45 Ricky Wilson's Art Jam** (S)(R)(HD) **8.00 Blue Peter** (S)(R)(HD) **8.30 Deadly 60** (S)(R)(HD) **9.00 Operation Gold Rush with Dan Snow** (S)(R)(HD)(AD) **10.00 Hugh's Wild West** (S)(R)(HD)(AD) **11.00 The Earthshot Prize: Repairing Our Planet** (S)(R)(HD)(AD)

12.00 Feast to Save the Planet (S)(R)(HD)

1.00 Sort Your Life Out with Stacey Solomon Members of the Paine family set out to declutter their home. (S)(R)(HD)(AD)

2.00 The Cruel Sea
FILM World War Two naval drama starring Jack Hawkins. A documentary-style account of the trials of a British corvette, *HMS Compass Rose*, during the Battle of the Atlantic. (b/w) (W)(S)(HD) ★★★★ *(1952)* ***See Films, pages 31-35***

4.05 Coast Nick Crane explores the wildlife attracted to the Firth of Forth. (S)(R)(HD)

4.35 Flog It! From Wolverhampton. (S)(R)(HD)

5.10 Saving Lives at Sea In Portrush, a crew races to a boy who has got into difficulties after jumping off rocks. (S)(R)(HD)(AD)

6.10 Universe *Alien Worlds: The Search for Second Earth:* 2 of 5. Brian Cox examines the hunt for extraterrestrials. (S)(R)(HD)(AD)

7.15 Grand Tours of the Scottish Islands *Islay, Skye and Soay:* 2 of 3. Paul Murton explores Islay, joining locals keeping its seafaring traditions alive and learning about the island's illicit whisky distilling past. (S)(HD)

8.10 The 80s – Music's Greatest Decade? With Dylan Jones *Alternative Voices:* 3 of 4. The author opens up the archives and selects some of the most significant alternative voices in 1980s music, from the Cure on *Top of the Pops* to the Stone Roses' debut TV performance in 1989. (S)(HD) ● ***Repeated on Monday at 11.15pm***

9.10 The 80s – Music's Greatest Decade? With Dylan Jones *Hip-Hop to House:* 4 of 4. The author looks at the development of hip-hop and house during the decade, selecting some of the most crucial tracks in the rise of the two genres. From a young Kurtis Blow making his *Top of the Pops* debut, to the sonic bombardment of Public Enemy. (S)(HD)

10.10 Later – with Jools Holland Jools chats to Kylie Minogue ahead of the release of her new album, *Disco: Guest List Edition*, and there are performances by Ed Sheeran, Yard Act and Priya Ragu. **Last in the series** (S)(HD)

11.00 Top of the Pops 1988: Big Hits A celebration of the best of the year's programmes, including performances by Yazz, S'Express, Bomb the Bass, Kylie Minogue, Jason Donovan, Bros, Tiffany, Womack & Womack, Enya and Maxi Priest. (S)(R)(HD)

12.00 to 12.55 Impeachment: American Crime Story *Not to Be Believed:* 3 of 10. Linda upsets Monica when she decides to make her voice heard; and the Supreme Court is unanimous in permitting Paula's lawsuit to continue. (S)(R)(HD)(AD)

ITV

HD **Freeview HD 103** Sky HD 103 Virgin TV HD 113 Freesat HD 111

6.00 to 9.25 CITV 9.25 ITV News (S)(HD) **9.30 James Martin's Saturday Morning** (S)(HD) **11.40 Ainsley's Good Mood Food** (S)(HD)(AD)

12.35 All Around Britain 8 of 10. Ria Hebden and Alex Beresford visit the Eden Project. (S)(HD)

1.40 ITV News (S)(HD) and **Weather**

1.50 Orkney: Britain's Green Islands with Julia Bradbury and Alex Beresford Following the progress being made towards a greener future on Orkney. (S)(R)(HD)(AD)

2.20 Family Fortunes Gino D'Acampo hosts as the Youngs from Wokingham go up against the Patrick family from Northern Ireland for a chance to win the jackpot. (S)(R)(HD)

3.25 For Your Eyes Only
FILM James Bond adventure starring Roger Moore and Carole Bouquet. When an accidental explosion sinks a British spy ship off the Greek coast, 007 is sent to retrieve a top-secret military device on board the vessel. (W)(S)(HD)(AD) ★★★ *(1981)* ***See Films, pages 31-35***

6.00 ITV News (S)(HD) and **Weather**

6.15 Local News (S)(HD) and **Weather**

6.30 Moneyball Ian Wright hosts as Vicky, Tarbir and Beth try to bank money by dropping a ball from the Launcher onto an amount of cash. The amount up for grabs continues to climb, but so does the pressure as the final Moneyball needs to be played. (S)(HD)(AD)

7.30 Celebrity Catchphrase 5 of 10. Stephen Mulhern hosts a celebrity edition of the game show, asking contestants Richard Blackwood, Julia Bradbury and Roman Kemp to guess the familiar phrases hidden in clues. (S)(HD)(AD)

8.30 The Chase Celebrity Special
NEW ★★★★ Bradley Walsh returns with the quiz show, as Amanda Byram, Adam Thomas, Brendan Cole and Naga Munchetty pit their wits against the Chaser. They must work as a team to answer general knowledge questions against the clock and race down the game board to the exit without being caught. (S)(HD) ***See Highlights***

9.30 The Jonathan Ross Show The host is joined by comedian Michael McIntyre, as well as veteran pop band Westlife, and Aisling Bea and Rob Delaney, who star in Disney+ movie *Home Sweet Home Alone*. (S)(HD) ● ***Repeated on Tuesday at 10.45pm***

10.35 ITV News (S)(HD) and **Weather**

10.45 The Keith & Paddy Picture Show 4 of 6. Keith Lemon and Paddy McGuinness recreate James Cameron's *Terminator 2: Judgment Day*, joined by an all-star cast including Jaime Winstone and Rick Astley. (S)(R)(HD)(AD)

11.15 ITV Racing: Breeders' Cup Live from Del Mar
SPORT The final two races of this year's festival from Del Mar, California at: **11.44** and **12.42**. (S)(HD)

1.00 Teleshopping (HD) **3.00 FYI Extra** (HD) **3.15 The Void** (SL)(S)(R)(HD)(AD) **4.05 Unwind With ITV** (HD) **5.05 to 6.00 Bling** (SL)(S)(R)(HD)

ITV+1 *Freeview 34, Sky 203, Virgin 114, Freesat 112*

(b/w) black and white (W) Widescreen (HD) High Definition (AD) Audio Description

CHANNEL 4

HD **Freeview HD 104** Sky HD 138 Virgin TV HD 104/141

6.10 The King of Queens (S)(R) **6.35 The King of Queens** (S)(R) **7.00 The Simpsons** (S)(R) **7.25 The Simpsons** (S)(R) **7.50 The Simpsons** (S)(R) **8.20 The Simpsons** (S)(R) **8.50 The Simpsons** (S)(R) **9.20 The Simpsons** (S)(R) **9.50 Four in a Bed** (S)(R)(HD) **10.20 Four in a Bed** (S)(R)(HD) **10.55 Four in a Bed** (S)(R)(HD) **11.25 Four in a Bed** (S)(R)(HD) **11.55 Four in a Bed** (S)(R)(HD)

12.30 Live International Rugby Union
SPORT *Ireland v Japan:* Lee McKenzie presents coverage of the autumn international taking place at Aviva Stadium (kick-off **1.00**). (S)(HD)

3.15 The Secret Life of the Zoo Highlights from the series, featuring attempts to bring breeding partners together. (S)(HD)

4.15 A Place in the Sun Danni Menzies helps a Lancashire couple search for a property in Chiclana de la Frontera, Spain. (S)(R)(HD)

5.20 A Place in the Sun A couple seek a holiday home in the Spanish town of Estepona, so Laura Hamilton provides options. (S)(R)(HD)

5.50 Kirstie and Phil's Love It or List It 7 of 7. Phil Spencer catches up with Kathleen and Tom, who chose to renovate their Victorian terrace in Newcastle. (S)(R)(HD)

6.40 Channel 4 News (S)(HD) and **Weather**

7.10 The Yorkshire Dales and the Lakes: Season by Season 1 of 4. Following life in the national parks. In Appletreewick in the Dales, pub landlord David Aynesworth has a special night arranged. (S)(R)(HD)

8.10 Britain By Beach
NEW *Devon:* 1 of 4. Documentary series in which Anita Rani travels around the coast to present a guide to the history of Britain's beaches. She begins her journey in Devon, where she discovers the story of a German attack on a D-Day training exercise that killed more than 700 US servicemen. (S)(HD)

9.10 Mission: Impossible – Fallout
FILM Action thriller saga starring Tom Cruise and Henry Cavill. Ethan Hunt and the IMF team join forces with CIA assassin August Walker to prevent a disaster caused by mysterious arms dealer John Lark and a group of terrorists known as the Apostles. However, Ethan and his colleagues are soon pushed to their limits thanks to a face from their past. (W)(S)(HD) ★★★★ *(2018)* ***See Films, pages 31-35***

Ethan Hunt .... *TOM CRUISE*
Ilsa Faust..... *REBECCA FERGUSON*
Solomon Lane ....*SEAN HARRIS*
The White Widow ..*VANESSA KIRBY*
August Walker ...... *HENRY CAVILL*
Benji Dunn ....*SIMON PEGG*
Alan Hunley .... *ALEC BALDWIN*
Luther Stickell....... *VING RHAMES*

12.05 Ramsay's Hotel Hell Murphy's Historic Hotel near Sacramento in California. (S)(R)(HD) **12.55** FILM PREMIERE **Walk Like a Panther** Comedy starring Stephen Graham. A group of 1980s wrestlers return to the ring when their pub is threatened with closure. (W)(S)(HD) ★★ *(2018)* ***See Films, pages 31-35*** **2.45 The Last Leg** (S)(R)(HD) **3.45 Hollyoaks Omnibus** (S)(R)(HD) **5.45 to 6.10 Food Unwrapped** (S)(R)(HD)

CHANNEL 4+1 *Freeview 15, Sky 204, Virgin 142, Freesat 121*

CHANNEL 5

HD **Freeview HD 105** Sky HD 105 Virgin HD 105 Freesat HD 105

6.00 to 10.05 Milkshake! 10.05 SpongeBob SquarePants (S)(HD)(AD) **10.20 SpongeBob SquarePants** (S)(R)(HD) **10.30 Entertainment News on 5** (S)(HD) **10.35 Tales from the Zoo: Talking Animals** (S)(HD) **11.25 Friends** (S5, ep24) (S)(R)(HD) **11.55 Friends** (S6, ep1) (S)(R)(HD)

12.20 Friends (S6, ep2) (S)(R)(HD)

12.50 The Christmas Chalet
FILM PREMIERE Festive romantic drama starring Jennifer Gibson. (S)(HD) ★★ *(2019)* ***See Films, pages 31-35*** followed by **Access**

2.40 If I Only Had Christmas
FILM PREMIERE Drama with Candace Cameron Bure. A cheerful publicist teams up with a cynical vice-president and his crew to help a charity. (S)(HD) ★ *(2020)* ***See Films, pages 31-35*** followed by **Access**

4.30 Cross Country Christmas
FILM PREMIERE Drama starring Rachael Leigh Cook. A snowstorm threatens Lina's and Max's holiday plans and they are forced to work together to work out a way home. (S)(HD) ★★ *(2020)* ***See Films, pages 31-35*** includes **Access** followed by **5 News**

6.15 Our Yorkshire Farm 5 of 7. June arrives and Reuben has an entrepreneurial plan to start a digging business. (S)(R)(HD)

7 PM

7.15 Robson Green: Coastal Fishing *Northeast:* The actor is in his home county of Northumberland in search of scampi, beginning his journey at Fish Quay in North Shields, the busiest prawn port in the UK, before heading out into the North Sea aboard a fishing boat to see if he can learn the tricks of the trade. **Last in the series** (S)(HD)

8 PM

8.10 The Madame Blanc Mysteries 4 of 6. Albert Gilbert is left unconscious by robbers when a rare painting is stolen from his home, and Caron calls upon Jean for her expertise in the investigation of the theft. (S)(HD)(AD)

Jean White .... *SALLY LINDSAY*
Gloria Beauchamp.... *SUE VINCENT*
Jeremy Lloyd-James .... *ROBIN ASKWITH*
Dom Hayfield ....*STEVE EDGE*
Judith Lloyd-James ....*SUE HOLDERNESS*
Gendarme Caron .. *ALEX GAUMOND*

9 PM

9.10 ABBA Then & Now: In Their Own Words A celebration of the Swedish superstars, with interviews, rare archive footage and music retellling the story of one of the most successful pop groups of all time. Contributors include original studio engineer Michael Tretow and costume designer Owe Sandström. (S)(R)(HD) ***See Highlights***

10 PM

10.10 ABBA: Live in Concert A recording of the Swedish band in concert during their six-night residency at London's Wembley Arena in November 1979. Featuring performances of hits including *Voulez-Vous, Knowing Me, Knowing You, Gimme! Gimme! Gimme! (A Man after Midnight), SOS, Take a Chance on Me, Dancing Queen* and *Waterloo.* (S)(R)

11.15 FILM **ABBA The Movie** Musical comedy. (W)(S) ★★★ *(1977)* ***See Films, pages 31-35*** **1.05 The 21.co.uk Live Casino Show** (S)(HD) **3.05 Entertainment News on 5** (S)(HD) **3.15 Our New Puppy** (S)(R)(HD) **4.00 A Celebrity Taste of Italy** (S)(R)(HD) **4.50 Wildlife SOS** (SL)(S)(R)(HD) **5.15 House Doctor** (SL)(S)(R)(HD) **5.40 Milkshake! Monkey's Amazing Adventures** (SL)(S)(R)(HD) **5.50 Peppa Pig** (S)(R)(HD)(AD) **5.55 to 6.00 Peppa Pig** (SL)(S)(R)(HD)(AD)

CHANNEL 5+1 *Freeview 45, Sky 205, Virgin 155, Freesat 128*

ON DEMAND

SCI-FI DRAMA

NEW **Finch** APPLE TV+
An ailing inventor (Tom Hanks) is one of the few survivors on Earth following a cataclysmic solar event. While living in an underground bunker, he decides to build an android to keep him and his canine best friend, Goodyear, company. ***Available now***

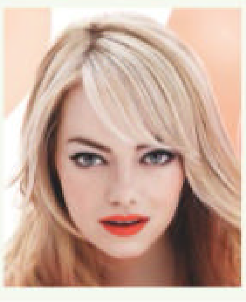
YOU MIGHT ALSO LIKE...

News of the World NETFLIX
Tom Hanks plays a Civil War veteran who undertakes a perilous journey across Texas to deliver an orphaned girl to a new home in this Western adventure. ***Available now***

ITV VARIATIONS

ANGLIA	No variations
BORDER	No variations
CENTRAL	No variations
CHANNEL	No variations
GRANADA	No variations
LONDON	No variations
MERIDIAN	No variations
TYNE TEES	No variations
WEST	No variations
WESTCOUNTRY	No variations
YORKSHIRE	No variations

ON THIS DAY 1988



Oscar-winner Emma Stone, 33 today, was born in Arizona. Watch Emma, alongside Emma Thompson and Mark Strong, in this year's crime caper *Cruella* on Disney+.

FREEVIEW

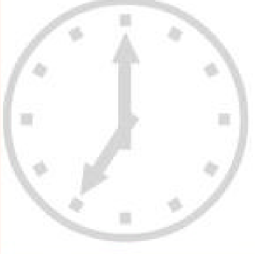
SKY +1 VIRGIN HD +1 FREESAT HD +1 BT HD +1

BBC4

Freeview 9/24 (HD 106)

116 107 107 107

BBC4 programmes begin at 7pm



9.00 Portrait of a Lady on Fire

6PM – 11PM

7.00 Coast Nick Crane finds out why the sea is salty. (S)
7.10 The Riviera: A History in Pictures 2 of 2. Taking a look at how art and celebrity became intertwined. (S)
8.10 Pole to Pole Ethiopia. (S)
9.00 FILM PREMIERE **Portrait of a Lady on Fire** Period drama. Stars Adele Haenel. Subtitled. (W) ★★★★★ *(2019) **See Highlights***
10.55 Storyville – Zero Days: Nuclear Cyber Sabotage (S)

12.25 am Guilt: Thriller starring Mark Bonnar and Jamie Sives. While driving home one night, two brothers run into and kill an old man – and decide to cover it up. (S)
1.25 Pole to Pole (S)
2.15 to 3.15am The Riviera: A History in Pictures (S)

ITV2

Freeview 6 (+1 28)

118 218 115 176 116 113 114

6.00 am Totally Bonkers Guinness World Records (S)
6.30 Love Bites (S)
9.25 Dress to Impress (SL)(S)
11.30 I'm a Celebrity: Surviving the Jungle: With Joel Dommett. (S)
12.30 pm Take Me Out (S)
1.35 FILM Tim Burton's Corpse Bride: Animation with the voice of Johnny Depp. (W)(S) ★★★★ *(2005)*
3.10 FILM Harry Potter and the Half-Blood Prince: Fantasy adventure sequel. (W)(S) ★★★★ *(2009)*

6.15 Harry Potter and the Deathly...

6.15 FILM **Harry Potter and the Deathly Hallows: Part I** Fantasy adventure sequel starring Daniel Radcliffe. Harry, Hermione and Ron try to defeat Voldemort. (W)(S) ★★★★ *(2010)*
9.00 FILM **The Mummy** Thriller starring Tom Cruise. An adventurer is haunted by an ancient Egyptian princess who wreaks havoc on modern-day England. (W)(S) ★★★ *(2017)*

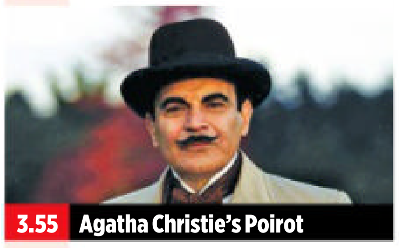
11.15 Family Guy: Double-bill. (S)
12.10 am American Dad!: Double-bill, including: The CIA teaches Stan about 'rubbernecking'. (S)
1.10 Peckham's Finest (S)
1.55 Iain Stirling's CelebAbility (S)
2.35 Apocalypse Wow (S)
3.30 to 6.00am Teleshopping

ITV3

Freeview 10 (+1 58)

119 219 117 177 174 115 116

6.00 am George and Mildred (S)
6.55 Coronation Street Omnibus (S)
9.45 A Touch of Frost (S)
1.40 pm Inspector Morse: First-ever episode, starring John Thaw. (S)
3.55 Agatha Christie's Poirot: An aircraft manufacturer hosts a party to trap a spy, but his wife expects problems and summons the famous detective. (S)
5.00 Midsomer Murders: A local boxer's successful world title bid stirs up passions among residents. (S)



3.55 Agatha Christie's Poirot

7.00 Midsomer Murders Double-bill. A DJ judging a classic-car show is crushed to death, giving John Barnaby his first murder case since taking over from cousin Tom. Starring Neil Dudgeon and Jason Hughes; and a planning dispute leads to murder after a woman suspects her neighbours are involved in a money-making scam. Guest starring Hugo Speer. (S)

11.00 Lewis: Hathaway and Lewis uncover a web of lies, jealousy and madness while investigating a student's death during a clinical trial for an antidepressant. (S)
1.00 am Victoria (S)
2.00 George and Mildred (S)
2.30 to 6.00am Teleshopping

ITV4

Freeview 25

120 220 118 178 175 117 118

6.00 am The Best of the 70s (S)
6.15 The Car Chasers (SL)(S)
7.15 Hornblower (S)
9.30 ITV Racing: The Opening Show (S)
10.30 The Big Match Revisited (S)
11.40 Made in Britain (S)
12.45 pm The Best of the 80s (S)
1.00 LIVE ITV Racing: Coverage from Wincanton, Aintree and Doncaster.
4.00 River Monsters (S)
4.30 LIVE FA Cup Football: *Banbury United v Barrow:* At Spencer Stadium (kick-off **5.15**). (S)

11.20 Con Air

7.30 LIVE **ITV Racing: Breeders' Cup from Del Mar** Ed Chamberlin and Francesca Cumani presents coverage of day two of the prestigious festival, which takes place at Del Mar, California, with races at: **7.42** Sprint, **8.22** Dirt Mile, **10.24** Mile and **11.04** Distaff. Featuring analysis from Breeders' Cup winning jockey turned trainer Johnny Murtagh. (S)

11.20 FILM Con Air: Action thriller starring Nicolas Cage. A group of America's deadliest criminals hijack a convict transport plane. (W)(S) ★★★★ *(1997)*
1.40 am Dempsey and Makepeace (S)
2.45 Unwind With ITV
3.00 to 6.00am Teleshopping

ITVBE

Freeview 27

131 119 179 120 119

7.00 am Bethenny & Fredrik (S)
8.00 Making It Home with Kortney & Kenny: Property series. (S)
9.00 LittleBe
12.00 noon Be Beautiful (S)
12.15 pm The Only Way Is Essex (S)
1.20 Jess Wright: The Wedding (S)
2.55 Billie and Greg: The Family Diaries: It is Arthur's last day at nursery. (S)
3.55 The Real Housewives of Cheshire: Seema and Nicole decide to face one of their biggest fears. (S)
5.00 Dinner Date: With an Essex man.

9.00 Trainwreck

6.00 Dinner Date Double-bill. Samantha from London dines with three lads; and a man from Southampton goes in search of love. (S)
8.00 Celebrity Dinner Date TV personality Imogen Thomas chooses three dates. (S)
9.00 FILM **Trainwreck** Comedy starring Amy Schumer. A journalist who lives her life free from commitment falls for an interviewee. With Bill Hader. (W)(S) ★★★ *(2015)*

11.30 Botched: A countdown of some of the most troublesome cases that later revealed incredible results. (S)
12.00 m't Marriage Boot Camp: Reality Stars: The couples reveal their difficulties in the bedroom; and wild fantasies are revealed. (S)
1.00 to 7.00am Teleshopping

5STAR

Freeview 31

128 228 151 186 131 141

6.00am Teleshopping
8.00 Entertainment News on 5
8.10 Caught on Camera: Funniest Moments
11.05 FILM Jupiter Ascending: Sci-fi adventure starring Mila Kunis. ★★ *(2015)*
1.40pm FILM The Forbidden Kingdom: Adventure starring Jackie Chan. ★★★★ *(2008)*
3.45 FILM Chitty Chitty Bang Bang: Musical starring Dick Van Dyke. ★★★★★ *(1968)*

6PM – 11PM

6.50 FILM **Dante's Peak** Thriller with Pierce Brosnan. A scientist suspects a volcano is about to erupt. (S) ★★★ *(1997)*
9.00 FILM **The Full Monty** Comedy with Robert Carlyle. A group of unemployed men turn to stripping. (S) ★★★★★ *(1997)*
10.55 FILM **Airplane II – The Sequel** Comedy starring Robert Hays. ★★★ *(1982)*

12.40am Wentworth: The Final Sentence: Rita is determined to stop Lou's plan to bomb the prison. **Last in the series**
1.45 The Act
3.00 Dirty John
3.50 Entertainment News on 5
4.00 to 6.00am Teleshopping

5USA

Freeview 21

141 241 153 185 129 130

6.00am Teleshopping
9.00 Murder, She Wrote: Back-to-back episodes, including: Jessica teams up with a Native American sheriff to investigate the murder of a Wild West showman; MI6 agent Michael Haggerty is suspected of murder – but Jessica believes there is more to the case than meets the eye; and a psychic predicts the death of a tycoon and the location of his body.

6.00 Murder, She Wrote Back-to-back episodes, including: A cruise-ship passenger is murdered; Jessica Fletcher investigates a detective's murder; and a writer's assistant is killed. (S)
10.00 Law & Order: Special Victims Unit A soldier is suspected of sexual assault, but the team's investigation is disrupted by red tape. (S19, ep18) (S)

11.00 Law & Order: Special Victims Unit: Triple-bill, including: Benson searches for an abducted mother and her daughter. (S19, ep19)
1.55am The Enemy Within
3.35 Criminals: Caught on Camera
4.00 to 6.00am Teleshopping

YESTERDAY

Freeview 26

155 255 129 200 159

6.00am Forbidden History
7.10 Murder Maps
8.00 Underground Worlds
9.00 Secrets of the Transport Museum: The Napier-Railton.
1.00pm The Architecture The Railways Built: With Tim Dunn.
2.00 Hornby: A Model World
3.00 Great Continental Railway Journeys: Triple-bill, including: Michael Portillo travels from Athens to Thessaloniki; and the Black Forest to Hannover.

6.00 Great Continental Railway Journeys Double-bill, including: Michael Portillo ventures to the shores of the Black Sea. (S)
8.00 Open All Hours Triple-bill, including: Arkwright buys a guard dog. (S)
10.00 Sounds of the Sixties Double-bill. Recalling a decade in British music; and archive performances from 1964 and 1965. (S)

11.00 Sounds of the Seventies
12.00m't Underground Worlds: Exploring deep inside the rock on Gibraltar where there are over 55km of complex tunnels.
1.00am Forbidden History
2.00 Murder Maps
3.00 to 6.00am Teleshopping

REALLY

Freeview 17

142 128 160

6.00am Fantasy Homes by the Sea
7.00 Teleshopping
8.00 Homes Under the Hammer
1.00pm A Place in the Sun
3.00 Helicopter ER: A boy needs to be rescued after jumping into the harbour in Whitby.
4.00 Celebrity Yorkshire Auction House: Helping Craig Revel Horwood and John Sergeant clear their homes of clutter.
5.00 Helicopter ER: A search for a factory worker's missing arm.

6.00 Helicopter ER Double-bill, including: A herd of cows leave a man with injuries.
8.00 Saving Lives at Sea A rock climber falls more than 40 feet.
9.00 NEW **The Dead Files** Activity tormenting a husband-and wife.
10.00 NEW **Ghost Brothers: Lights Out** Investigating the murky and murderous past of an old Louisiana jail. (S)

11.00 Help! My House Is Haunted: The team is called in to investigate the Groundlings Theatre in Hampshire.
12.00m't Paranormal Nightshift
1.00am Hotel Paranormal
2.00 Teleshopping
4.00 to 6.00am A Place in the Sun

TALKING PICTURES

Freeview 81

328 445 306

6.00am FILM Mistaken Identity *(1942)* **7.10** FILM Ghost of Monk's Island *(1966)* **9.00** Dancing on the... **9.10** Hawkeye...
9.40 Phantom Creeps **10.05** FILM Danger on Dartmoor *(1980)* **11.15** Dick Tracy **11.40** Trail of the Royal... **12.00noon** FILM Minesweeper *(1943)* **1.20pm** Vacant Possession **2.25** FILM Earth Dies Screaming *(1963)* **3.40** FILM Mr Hobbs Takes a Vacation *(1962)*

6.00 Scotland Yard A Hungarian girl is stabbed to death.
6.35 FILM **The Men of Sherwood Forest** Adventure starring Don Taylor and Eileen Moore. (S) ★★ *(1954)*
8.10 FILM **A Song for Europe** Drama starring David Suchet. (S) ★★ *(1985)*
10.15 FILM **Personal Services** Comedy drama starring Julie Walters. ★★★ *(1987)*

12.25am FILM Child's Play: Chiller starring Beau Bridges and James Mason. ★★ *(1972)*
2.25 FILM This Property is Condemned ★★★ *(1966)*
4.35 Four Star Theatre (b/w)
5.10 King of the Keyboard
5.30 to 6.00am Honey West (b/w)

QUEST

Freeview 12 (HD 114 +1 69)

144 244 169 213 172 168

6.00am Mighty Cruise Ships **7.00** Mighty Ships **8.00** Wheeler Dealers **11.00** Wheeler Dealers: Stripped Down **11.30** Wheeler Dealers: Chopped **11.45** Snooker
12.45pm Snooker **4.30** Shed and Buried **6.30** Salvage Hunters: The Restorers – Quick Fixes **6.45** Snooker **9.00** EFL on Quest: Action from the latest fixtures. **10.30** Border Control: Spain **11.00** Sydney Harbour Force **12.00m't** UCI Track Champions League **1.00am** Mighty Ships **2.00** Mighty Cruise Ships **3.00** Salvage Hunters **4.00** Mega Shippers **5.00 to 6.00am** How It's Made

SKY ARTS

Freeview 11

130 165 140 147 363

6.00am Darbar: Music of India **6.55** Beethoven:... **8.30** Tales of the Unexpected **11.00** Frank Sinatra **12.00noon** Elizabeth Taylor **1.00pm** Marlon Brando **2.00** Portrait Artist of the Year
3.00 Classic Albums **4.15** Eric Clapton: Live... **5.30** Santana: US Festival 1982 **7.00** Jimi Hendrix **7.30** The Rolling Stones: Rock and Roll Circus **9.00** FILM Billy Elliot: The Musical *(2014)* **11.50** Muse: Drones... **1.45am** Muse **2.15** Radiohead **2.45** Arts Uncovered **3.00** The Seventies **4.00** Soundbreaking **5.00 to 6.00am** The Art of Architecture

(b/w) black and white (W) Widescreen (HD) High Definition

6 November SATURDAY

E4
Freeview 13 (+1 29)
135 235 106 145 146 122 123

6.00 am **FILM** The Little Penguin Pororo's Racing Adventure: Animation. (W)(S) ★★ *(2013)*
7.20 Made in Chelsea (S)
8.25 Ramsay's 24 Hours to Hell and Back: In Los Angeles. (S)
9.25 Married at First Sight Australia (S)
12.35 pm The Great British Bake Off (S)
1.55 **FILM** Snoopy and Charlie Brown: The Peanuts Movie: Animated comedy. (W)(S) ★★★ *(2015)*
3.35 Young Sheldon: Double-bill. (S)
4.35 The Big Bang Theory (S)

1.55 **Snoopy and Charlie Brown...**

6.30 **FILM** **Star Trek** Sci-fi prequel starring Chris Pine and Zachary Quinto. Rebel Starfleet graduate James T Kirk falls foul of young Vulcan officer Spock. (W)(S) ★★★★ *(2009)*
9.00 **Celebrity Gogglebox** Mo Gilligan, Babatunde Aleshe, Ashley Banjo and others review TV shows. (S)
10.00 **Gogglebox** The critics share their opinions on what they have been watching. (S)
11.05 Gogglebox: *Made in Chelsea*, *Dragons' Den* and *Line of Duty* are appraised by the critics. (S)
12.05 am First Dates: A DJ gets to grips with same-sex dating. (S)
2.15 Celebrity Gogglebox (S)
3.10 Gogglebox (S)
4.05 **to 6.00am** The Big Bang Theory (S)

MORE4
Freeview 18 (+1 86)
136 236 147 195 196 124 125

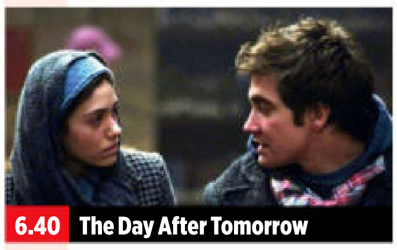
8.55 am Food Unwrapped Gets Chocolatey: Favourite chocolate-based investigations. (S)
9.30 A Place in the Sun (S)
12.35 pm Matt Baker: Our Farm in the Dales: The Baker family awaits the arrival of Herdwick lambs. (S)
1.40 Come Dine with Me: Back-to-back editions, including: The first in a week of dinner parties from Hull.
4.15 Four in a Bed: Back-to-back editions, including: At the Sea Verge Hotel in Paignton. (S)

6.55 **Grand Designs**

6.25 **Four in a Bed** This week's winner is announced. (S)
6.55 **Grand Designs** Double-bill, including: Kevin McCloud follows the progress of a wheelchair-friendly home.
9.00 **24 Hours in A&E** Double-bill. A teacher is brought in having been involved in a collision with a bus while cycling home; and a 79-year-old man arrives after collapsing in the street while walking his dog. (S)
11.10 8 Out of 10 Cats Does Countdown: With Paul Foot, Angela Barnes and John Cooper Clarke. (S)
12.15 am Father Ted: Double-bill, including: Dougal and Ted write a song for a singing competition. (S)
1.15 24 Hours in A&E (S)
3.25 **to 3.50am** Father Ted (S)

FILM4
Freeview 14 (+1 46)
313 314 428 429 430 300 301

11.00 am Flight of the Navigator: Sci-fi fantasy. (S) ★★★ *(1986)*
12.50 pm Kubo and the Two Strings: Animated adventure with the voices of Charlize Theron and Art Parkinson. (S) ★★★★ *(2016)*
2.50 Carry On Spying: James Bond spoof starring Kenneth Williams. (b/w) (S) ★★★★ *(1964)*
4.35 The Emperor's New Clothes: Costume comedy drama starring Ian Holm. (S) ★★★ *(2001)* ***See Films, pages 31-35***


6.40 **The Day After Tomorrow**

6.40 **The Day After Tomorrow** Disaster thriller starring Dennis Quaid. A climate expert sets out to rescue his son from a frozen New York after a super storm triggers an ice age. (S) ★★★ *(2004)*
9.00 **Fighting with My Family** Fact-based drama starring Florence Pugh. A wrestler pursues a career with the WWE, while her brother struggles to match her success. (S) ★★★★ *(2018)*
11.15 War for the Planet of the Apes: Sci-fi adventure sequel starring Andy Serkis. A conflict erupts between humans and intelligent primates. (S) ★★★★ *(2017)*
2.00 **to 4.00am** The Other Side of the Door: Horror starring Sarah Wayne Callies. (W)(S) ★★★ *(2016)*

HGTV
Freeview 43
158 258 286 290 166

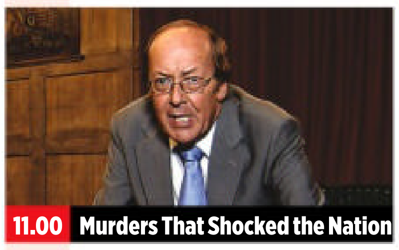
6.00 am Teleshopping
7.00 Honey I Bought the House (S)
8.00 The Great Interior Design Challenge: From the Cotswolds.
9.00 Escape to the Country (S)
10.00 Quick Little Builds
11.00 DIY SOS: The Big Build (S)
12.00 noon DIY SOS: The Big Build (S)
1.00 pm River Cottage Veg (S)
2.00 Fixer Upper (S)
3.00 A Place in the Sun: Home or Away: A home in Wales or Portugal. (S)
4.00 A Place in the Sun

6.00 **A Place in the Sun**

6.00 **A Place in the Sun** Double-bill. A property on the Costa Blanca; and a second home on the island of Majorca. (S)
8.00 **Escape to the Country** Double-bill. A country home in Shropshire; and a rural property in Lincolnshire.
10.00 **DIY SOS: The Big Build** Nick Knowles transforms the home of a Halifax family whose eight-year-old son is paralysed. (S)
11.00 DIY SOS: The Big Build (S)
12.00 m't Flip or Flop
1.00 am Windy City Rehab
2.30 Restored by the Fords
3.00 Selling Houses with Amanda Lamb: Three couples try to sell their properties in Liverpool. (S)
4.00 **to 6.00am** Teleshopping

PICK
Freeview 35
159 259 156 144 145

6.00 am Nothing to Declare (S)
11.00 Stop, Search, Seize (S)
12.00 noon Paramedics: Life on the Line
1.00 pm Police Force: Australia: The work of Australian police forces. (S)
2.00 Highway Cops: Following the work of New Zealand police officers. (S)
3.00 Police Ten 7: Following the work of police officers in New Zealand.
4.00 Motorbike Cops: A look into what goes into policing the roads.
5.00 Stop, Search, Seize: Following the work of Ireland's border force. (S)


11.00 **Murders That Shocked the Nation**

6.00 **Road Wars** Double-bill, including: Officers stop and question a man wearing two sets of clothing.(S)
8.00 **Caught on Dashcam** Road disasters captured by dash-board cameras.
9.00 **Brit Cops: Frontline Crime UK** Police officers in Wales tackle street crime. (S)
10.00 **Killer in My Village** Following the story of 15-year-old Kayleigh Haywood from Leicestershire. (S)
11.00 Murders That Shocked the Nation: Presenter Fred Dinenage reflects on the story of Ruth Ellis. (S)
12.00 m't Killer Neighbours (S)
1.00 am Night Cops (S)
2.00 Border Security: Canada's Front Line (S)
4.00 **to 6.00am** Police Force: Australia

6PM – 11PM

QUEST RED
Freeview 39 (+1 70)
149 249 170 169 170

6.00am SYttD: Australia **7.00** Animal Cops Phoenix **9.00** My 600lb Life **11.00** My 600lb Life: Where... **12.00noon** Hoarding: Buried Alive **1.00pm** Long Lost Family **2.00** SYttD: Atlanta
5.00 The Nolans Go Cruising **6.00** Long Island Medium **8.00** The Hair Loss Clinic **9.00** The Nanny Trial: The Crimes That Changed Us **10.00** Faking It: Tears of a Crime **11.00** American Detective with Lt Joe Kenda **12.00m't** Forensic Detectives **1.00am** Murder on CCTV **2.00** Murder Comes to Town **3.00** FBI Files **3.50** AC Houston **4.40** The Zoo **5.30 to 6.00am** Curvy Brides

CBS JUSTICE
Freeview 40
148 192 137

6.00am Teleshopping **8.30** The Key of David **9.00** Diagnosis Murder **12.00noon** Scorpion **2.00pm** NCIS: Los Angeles: Back-to-back episodes. **7.00** Scorpion: Double-bill.
9.00 NCIS: Back-to-back episodes, including: The team gets close to tracking down a Mexican drug kingpin. (S8, ep1); the team searches for a kidnapped girl. (S8, ep2); and the team is called to the home of a bomb disposal expert who killed an intruder during a robbery. (S8, ep3) **2.00am** Scorpion **3.45** Matlock **4.35** JAG **5.20 to 6.00am** Bondi Rescue

GREAT! movies
Freeview 33 (+1 60)
321 322 425 302

6.00am Teleshopping **9.00** Not My Life ★★ *(2006)* **10.40** Hacker ★★ *(2018)* **12.30pm** Unwanted Guest ★ *(2016)* **2.10** Stepmom ★★★ *(1998)* **4.45** Sister Act ★★★★ *(1992)* **6.50** Sister Act 2: Back in the Habit: Comedy sequel starring Whoopi Goldberg. ★★ *(1993)*
9.00 Judge Dredd: Sci-fi adventure starring Sylvester Stallone. ★ *(1995)* **11.05** Rosemary's Baby: Horror with Mia Farrow. ★★★★ *(1968)* **12.00m't** GREAT! Movie News **1.50am** **1.50** Southern Fury ★★ *(2017)* **3.55 to 6.00am** The Little Vampire ★★★ *(2000)*

GREAT! tv
Freeview 49
157 257 189 220 142 143

6.00am Hart to Hart **8.00** Sue Thomas: F.B.Eye: Back-to-back episodes. **1.00pm** Castle: Back-to-back episodes. **6.00** Starsky & Hutch: Triple-bill. The duo infiltrate the seedy world of prostitution and narcotics to collar a gangland leader; 1 of 2. The duo pose as recreation officers aboard a luxury ocean liner filled with a number of crime bosses; and 2 of 2. The duo continue their investigation.
9.00 Classic Who Wants to Be a Millionaire?: Back-to-back editions. **1.00am** Sue Thomas: F.B.Eye **3.45** Starsky & Hutch **4.30 to 6.00am** Crazy Like a Fox

CHALLENGE
Freeview 47
160 160 146

6.00am Teleshopping **7.00** The Chase **9.00** Blockbusters: Back-to-back editions. Simon Mayo hosts. **12.00noon** Family Fortunes: Triple-bill. Les Dennis hosts. **1.30pm** All Star Family Fortunes: Double-bill, including: Melinda Messenger and Lee Ryan compete in the game show.
3.00 Strike It Lucky: Michael Barrymore hosts. **4.00** The Cube: Phillip Schofield hosts. **5.00** The Chase: Back-to-back editions. **9.00** The Chase Celebrity Special: Sally Lindsay takes part. **10.00** The Chase **11.00** Bullseye: Back-to-back editions. **4.00 to 6.00am** The Chase

DAVE
Freeview 19 (+1 23)
111/112 211 127 227 131

6.00am Teleshopping **7.00** Cop Car Workshop **7.50** Storage Hunters UK **8.15** Rick Stein's Mediterranean Escapes **9.20** Storage Hunters UK **10.20** American Pickers **12.20pm** Top Gear **2.20** Top Gear Bolivia Special **4.00** Top Gear: Ambitious but Rubbish **6.00** Would I Lie to You? **6.40** Would I Lie to You? At Christmas **7.20** Would I Lie to You? **8.00** QI XL
9.00 Outsiders **10.00** Have I Got a Bit More News for You **11.00** Question Team **12.00m't** Room 101 **1.20am** QI XL **2.30** Mock the Week **3.00** Alan Davies: As Yet Untitled **4.00 to 6.00am** Shop

FOOD NETWORK
Freeview 42
140 240 285 148 149

6.00am Holiday Hoopla **7.00** Diners, Drive-Ins and Dives **8.00** HB's Home for Christmas **9.00** *See 8.00pm* **10.00** James Martin **11.00** Barefoot Contessa **2.00pm** *See 9.00pm* **3.00** *See 10.00pm* **4.00** Nigel Slater
7.00 Ainsley's Festive Food We Love **8.00** Rick Stein's Spanish Christmas **9.00** Mary Berry's Christmas Party **10.00** Country House at Christmas **11.00** Christmas Cookie Challenge **12.00m't** Mystery Diners **1.00am** Restaurant:... **2.00** Nigel Slater **3.00** to 6.00am Teleshopping

CBS REALITY
Freeview 66
146 246 148 201 135 136

6.00am Teleshopping **9.00** Judge Judy: Back-to-back editions. **5.00pm** New Scotland Yard Files **7.00** Medical Detectives: Double-bill. **8.00** Evidence of Evil: A look at the investigation into the murder of David Castor.
9.00 Fatal Vows: Back-to-back editions, including: A woman attempts to break free from the confines of wedlock; a minister's son falls for a pastor's daughter; and an obsession shreds a relationship into pieces. **2.00am** The Real Prime Suspect **3.00** Unsolved Mysteries **5.10 to 6.00am** Bondi Rescue

GREAT! movies christmas
Freeview 51
319 320 424 303 304

6.00am The Christmas Bunny *(2010)* **8.00** A Cinderella Christmas *(2016)* **10.00** Christmas Miracle *(2012)* **12.00noon** Finding Father Christmas *(2016)* **2.00pm** The Santa Suit *(2010)* **4.00** Dashing Through the Snow ★★ *(2015)*
6.00 Cancel Christmas ★★ *(2010)* **8.00** The Christmas Shepherd ★★ *(2014)* **10.00** Beverly Hills Christmas ★★ *(2015)* **12.00m't** Home for the Holidays ★★ *(2005)* **2.00am** I'll Be Next Door For Christmas *(2018)* **4.00 to 6.00am** Santa with Muscles *(1996)*

PARAMOUNT NET.
Freeview 32
150 187 150 132

6.00am Teleshopping **9.00** Entertainment News on 5 **9.10** The Gadget Show **10.10** Trucking Hell **12.10pm** Police Interceptors **2.15** **FILM** Battle of Britain ★★★ *(1969)* **4.55** **FILM** The Cimarron Kid ★★ *(1951)* **6.45** **FILM** Rooster Cogburn ★★★ *(1975)*
9.00 **FILM** The Magnificent Seven: Western starring Denzel Washington. ★★★ *(2016)* **11.45** **FILM** Wake of Death ★★★ *(2004)* **1.40** **FILM** Ben-Hur ★★★ *(2016)* **4.00** Taken **4.50** Entertainment News on 5 **5.00 to 6.00am** Shop

DRAMA
Freeview 20 (+1 73)
143 243 130 226 158

6.00am Teleshopping **7.10** Birds of a Feather **11.00** Sharpe **1.00pm** One Foot in the Grave **3.00** Auf Wiedersehen, Pet: Triple-bill. **6.00** The Brokenwood Mysteries: The owner of the Brokenwood Golf Club is poisoned. **8.00** Hetty Wainthropp Investigates: A company director goes missing.
9.00 Silent Witness: The apparent suicide of a DJ leads Nikki to question her judgement in a strikingly similar case from her past. **11.30** Waking the Dead **2.00am** Life on Mars **4.00 to 6.00am** Teleshopping

4SEVEN
Freeview 48
137 143 203 127

9.00am Find It, Fix It, Flog It: Back-to-back editions. **1.00pm** A Place in the Sun **3.00** Chateau DIY: Triple-bill. **6.00** A Place in the Sun: Double-bill. **8.00** Location, Location, Location
9.00 The Great British Bake Off: The bakers show what they can do with caramel. **10.15** The Great British Bake Off: An Extra Slice: Jo Brand and Paul Hollywood reflect on the latest show's events. **11.20** 24 Hours in A&E **12.25am** Gogglebox **1.30** Taskmaster **2.35** 24 Hours in Police Custody **3.35 to 4.35am** Complaints Welcome

(SL) Signed (S) Subtitles (R) Repeat

SKY & VIRGIN LISTINGS over the page ▶

SKY & VIRGIN

SKY +1 VIRGIN HD +1 FREESAT HD +1 BT HD +1

SKY SHOWCASE

106 206 110 109 340 355

6.00am Dogs with Extraordinary Jobs
8.00 The Office (US)
10.00 Soccer AM
11.30 The Simpsons: Back-to-back episodes, including: Marge and Homer's marriage is tested.
3.00pm Gillette Soccer Saturday: Up-to-the-minute scores.
5.00 How the Nazis Lost the War: How corruption led to the Nazis' downfall.

8.10 **The Lord of the Rings...**

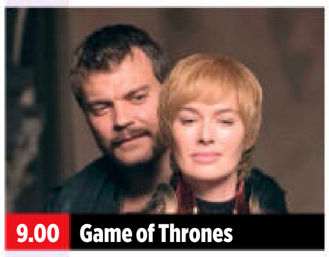
6.00 **Al Murray: Why Do the Brits Win Every War?** 3 of 6. The host is joined by Bruno Tonioli to look at key battle tactics during the Roman invasion.
6.55 **The Simpsons**
8.10 **FILM** **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy adventure with Elijah Wood, Ian McKellen and Viggo Mortensen. ★★★★★ *(2001)*

11.15 Formula 1: The Mexican Grand Prix qualifying session from the Autodromo Hermanos Rodríguez.
1.00am Brassic
2.00 The Russell Howard Hour
3.00 Nothing to Declare
4.00 to 6.00am Modern Family

SKY ATLANTIC

108/109 208 342 357

6.00am Urban Secrets
8.00 Fish Town
10.00 Billions: Back-to-back episodes, including: Under pressure, Chuck develops a new strategy. (S2, ep4)
3.30pm Ray Donovan: Triple-bill. Ray and Abby put Bridget in a difficult position. (S2, ep9); Ashley's stalker returns. (S2, ep10); and Ray makes plans for his family's future. (S2, ep11)



9.00 **Game of Thrones**

6.45 **Ray Donovan** Double-bill, including: Mickey and Daryll discover their haul is less than expected. (S2, ep12)
9.00 **Game of Thrones** Triple-bill, including: The Great War to gain control over Westeros continues. (S8, ep4); and in the penultimate episode, Varys betrays his queen; and Daenerys brings her forces to King's Landing. (S8, ep5)

12.00m't Game of Thrones: Daenerys declares her intentions for the land of Westeros. (S8, ep6)
1.30am The Deuce: Double-bill.
4.00 to 6.00am Richard E Grant's Hotel Secrets: Double-bill. Documentary.

SKY WITNESS

107 207 112 111 206 341

6.00am Border Security: Canada's Front Line
7.00 Stop, Search, Seize
8.00 Border Patrol
10.00 Bondi Rescue
11.00 Paramedics: Life on the Line
12.00noon Send in the Dogs
1.00pm Customs UK: Double-bill, including: Officers board a suspicious yacht.
2.00 Nothing to Declare: Back-to-back editions. Customs officers in Australia.

7.00 **Blue Bloods**

6.00 **Nothing to Declare**
7.00 **Blue Bloods** Double-bill, including: Danny and Baez protect an informant. (S5, ep8)
9.00 **FBI** A man is killed by an explosive package sent to his home. (S3, ep11)
10.00 **FBI: Most Wanted** The team goes after a vigilante following a small-town double murder. Crime drama starring Julian McMahon. (S2, ep11)

11.00 Departure: Kendra Malley is called to investigate a train crash. (S2, ep1)
12.00m't Law & Order: Special Victims Unit: Double-bill.
2.00am Blue Bloods
4.00 to 6.00am Nothing to Declare: Documentary.

GOLD

110/111 210 124 194 343

6.00am Teleshopping
7.30 Ever Decreasing Circles
8.00 Citizen Khan
9.15 Only Fools and Horses
12.00noon The Good Life
1.20pm Only Fools and Horses: Back-to-back episodes, including: The Trotters dog-sit; Del sets Rodney up on a date; Del persuades Denzil to lend him his redundancy money; and Del encounters an old flame.

9.20 **The Cockfields**

6.00 **Only Fools and Horses** Back-to-back episodes, including: Christmas special from 1987 in which Del sets out to find his departed mother's treasure trove.
9.20 **The Cockfields** Triple-bill, including: Simon is persuaded to mark the occasion of his 40th birthday back at the Cockfield family home and takes his girlfriend with him.

11.20 Inside No 9: Seven disparate characters share stories.
12.00m't All Round to Mrs Brown's: With Sting.
1.20am The Office
2.45 Upstart Crow
3.15 Citizen Khan
4.00 to 6.00am Teleshopping

DISCOVERY

125 225 250 258 376

6.00am Building Off the Grid
12.00noon Alaskan Bush People: Back-to-back editions, including: Bird and Gabe are forced to take action when a hungry predator approaches; Bear gets a special visit from a girl on North Star Ranch; the Browns flee the mountain during a lightning storm; and Bear goes hunting and reflects on a life decision.

9.30 **Mighty Truckers**

6.00 **Wheeler Dealers** Car restoration projects.
7.00 **Gold Rush: White Water** Dustin and his crew return to the Chilkat Mountains.
8.30 **Gold Rush** Tony returns to defeat the Hunker Creek curse.
9.30 **Mighty Truckers** The challenges of being a truck driver.
10.30 **How Do They Do It: Olympic Winter Games** A look at the history of the Games.

11.00 UFO Witness: A woman claims an extraterrestrial visited her garden.
12.00m't Mountain Monsters: Triple-bill, including: The search for a wampus cat.
3.00am Nasa's Unexplained Files
5.40 to 6.00am How It's Made

SKY DOCUMENTARIES

121 278 277 352 367

6.00am Discovering: Yul Brynner
7.00 Discovering: Claude Rains
8.00 The History of Comedy
11.00 Terry Venables: A Man Can Dream
1.00pm Laurel and Hardy: Their Lives and Magic
3.00 **FILM** Ferrari: Race to Immortality (W) *(2017)*
4.50 PL Legends: Thierry Henry
5.30 **FILM** The Biggest Little Farm: Sustainable farming in Los Angeles. (W) *(2018)*

9.00 **The Beatles: Eight Days...**

7.20 **FILM** **I Am Jackie O** Profile of Jackie Kennedy Onassis, providing a definitive exploration of her life. (W) *(2020)*
9.00 **FILM** **The Beatles: Eight Days a Week – The Touring Years** Ron Howard's documentary charting the brief but successful period pop band the Beatles spent on the road. (W) ★★★★ *(2016)*

11.00 **FILM** The Return: Life After Isis (W) *(2021)*
12.45am **FILM** Breslin and Hamill: Deadline Artists: Documentary. (W) *(2018)*
2.45 Nixon by Nixon: In His Own Words
4.15 to 6.00am The Directors

W

109/110 209 125 211 190

6.10am Tipping Point: Lucky Stars: Back-to-back editions. **11.00** Tipping Point: Back-to-back editions. **4.00pm** Doctor Who **7.00** Gavin & Stacey: Triple-bill, including: The newlyweds argue while on a night out at the bowling alley.
9.00 The Catherine Tate Show: Triple-bill, including: Patsy Palmer and Gargy Patel guest star in the comedy sketch show. **11.00** Louis Theroux's Altered States: Double-bill. **1.00am** One Born: What Happened Next? **2.00** Renovate My Home: Leave It to Bryan **3.00 to 6.10am** Teleshopping

ALIBI

132 232 126 212 191

6.00am Teleshopping **7.10** Murdoch Mysteries **10.00** Hudson & Rex **12.00noon** Reef Break **1.00pm** Father Brown **4.00** The Doctor Blake Mysteries **6.00** Inspector George Gently: An academic is found dead following a nuclear disarmament rally.
8.00 Father Brown: Double-bill, including: The sleuthing priest investigates a death involving a group of pagans. **10.00** Luther: Double-bill, including: The cop searches for a vigilante killer. **12.40am** The Doctor Blake Mysteries **3.10** Copper **4.00 to 6.00am** Teleshopping

SKY COMEDY

114/115 135 123 346 361

6.00am Teleshopping **8.00** The Office (US) **10.00** Sex and the City: Back-to-back episodes. **1.00pm** Will & Grace **3.00** The Fresh Prince of Bel Air: Back-to-back episodes, including: Will competes with an American-football hero; and Will makes an extravagant promise.
9.00 Insecure: Issa struggles to find her footing and turns to an old friend. **9.35** Pen15 **10.15** Rosie O'Donnell: A Heartfelt Standup **11.30** The Tonight Show Starring Jimmy Fallon **12.30am** Ballers: Back-to-back episodes. **3.30** Modern Family **5.00 to 6.00am** Teleshopping

SYFY

152 252 139 138 229 347

6.00 **FILM** Monster Hunters ★ *(2020)* **8.00** Teleshopping **11.00** Star Trek: The Next Generation: Back-to-back episodes. **4.00pm** Fact or Faked: Paranormal Files **5.00** **FILM** The 12 Disasters of Christmas: Disaster thriller starring Ed Quinn. ★★ *(2012)*
7.00 **FILM** Miami Magma: Sci-fi thriller. ★★ *(2011)* **9.00** **FILM** Escape Plan: Action thriller with Sylvester Stallone and Arnold Schwarzenegger. ★★★ *(2013)* **12.00** **FILM** Planet Dune *(2021)* **2.00am** Wynonna Earp **4.00 to 6.00am** **FILM** Battle Star Wars *(2019)*

SKY HISTORY

123 223 270 271 353 368

6.00am Cities of the Underworld **7.00** A War to Remember **8.00** Flipping Bangers **9.00** Pawn Stars **10.00** American Pickers **11.00** History's Greatest Mysteries **1.00pm** Storage Wars **5.00** How the Nazis Lost the War **6.00** Al Murray: Why Do the Brits Win Every War?
7.00 Britain Stands Alone **8.00** Cities of the Underworld **9.00** **FILM** Unacknowledged: An Expose of the Greatest Secret in Human History *(2017)* **11.00** Dog the Bounty Hunter: Most Wanted **12.00m't** Storage Wars **4.00am** *As 11.00pm* **5.00 to 6.00am** Britain Stands Alone

SKY NATURE

124 280 279 335 369

6.00am Dogs with Extraordinary Jobs **8.00** Great Blue Wild: Back-to-back editions. **1.00pm** Battle of the Alphas **2.00** Caught in Motion **3.00** Dawn to Dusk: Back-to-back editions. **8.00** Deadly Hunters: Taking a look at venomous predators.
9.00 Attack and Defend: Double-bill, including: Dragonflies, scorpions and other animals that prey on insects. **10.00** Caught in Motion **11.00** Into the Wild: Colombia **12.00m't** Wild Israel **1.00am** Ocean Parks **2.00** Borneo: Earth's Ancient Eden **3.00** Tales from Zambia **4.00 to 6.00am** Hope for Wildlife

COMEDY CENTRAL

112/113 132 181 344 359

6.00am Teleshopping **8.00** Friends: Back-to-back episodes. **3.35** **FILM** Marmaduke: Comedy featuring the voice of Owen Wilson. ★★ *(2010)*
5.15 **FILM** Just Like Heaven: Romantic fantasy starring Reese Witherspoon. ★★★ *(2005)* **7.00** **FILM** Dumb and Dumber: Comedy starring Jim Carrey. ★★★★ *(1994)* **9.00** **FILM** Superbad: Comedy starring Jonah Hill. ★★★★ *(2007)* **11.15** **FILM** Pineapple Express: Comedy starring Seth Rogen. ★★★★ *(2008)* **1.30am** South Park **4.10** Friends **5.00 to 6.00am** Teleshopping

SKY MAX

113/114 122 121 345 360

6.00am Send in the Dogs **8.00** Supergirl (S6, ep16) **9.00** A League of Their Own: Triple-bill. **12.00noon** Hawaii Five-0: Triple-bill. **3.00pm** Hooten & the Lady **4.00** Resident Alien **8.00** A League of Their Own: Andy Murray takes part.
9.00 Strike Back: Silent War: Section 20 race to locate the stolen nuclear missile. (S7, ep3) **10.00** COBRA: Cyberwar (S2, ep4) **11.00** The Force: Manchester **12.00m't** Road Wars **1.00am** Brassic **2.00** Stop, Search, Seize **3.00** The Russell Howard Hour **4.00 to 6.00am** Stop, Search, Seize

TLC

133 233 167 169

6.00am SYttD: The Big Day **7.00** SYttD: Bridesmaids **8.00** SYttD: Atlanta **10.00** Say Yes to the Dress **12.00noon** SYttD: Lancashire **1.00pm** Curvy Brides Boutique **3.00** Dr Pimple Popper **5.00** SYttD: UK
6.00 SYttD: Atlanta **7.00** SYttD: America **8.00** Dr. Pimple Popper: Pop Ups **9.00** My Feet Are Killing Me **10.00** Hoarding: Buried Alive **11.00** Sex Sent Me to the ER **12.00m't** *As 8.00pm* **1.00am** My Feet Are Killing Me **2.00** Hoarding: Buried Alive **3.00** SYttD: UK **4.00** SYttD: Lancashire **5.00 to 6.00am** Curvy Brides Boutique

NAT GEO

129 229 266 268 267 351

8.00am Egypt from Above **9.00** Petra: Secrets of... **10.00** Nazca Lines Mystery **11.00** Architects of the Ancient World **12.00noon** Lost Tombs of the Pyramids **1.00pm** Lost Tomb of Genghis Khan **2.00** The Lost Tomb of Alexander the Great **3.00** Buried Secrets of Keros **4.00** Egypt: Secret Chambers Revealed
5.00 Egypt: Secrets of the Dead **6.00** Kingdom of the Mummies **10.00** Nasca Lines: Ancient Secrets **11.00** Iceman Murder Mystery **12.00m't** Skeletons of the Inca Rebellion **1.00am** China's Mystery Mummies **2.00 to 5.00am** Ancient X Files

SKY CRIME

122 222 137 136 207 348

6.00am Road Wars **7.00** Highway Patrol: Back-to-back editions. **11.00** Brit Cops: Law & Disorder **1.00pm** Stop, Search, Seize **2.00** The Real Manhunter **3.00** Britain's Most Evil Killers **4.00** How I Caught the Killer
5.00 Killer in My Village **6.00** World's Most Evil Killers: Triple-bill, including: Cesar Barone, who murdered four women. **9.00** The Disappearance of William Tyrrell: A three-year-old who vanished. **10.45** Britain's Most Evil Killers: Back-to-back editions. **3.30am** Nothing to Declare **4.30 to 6.00am** Motorway Patrol

ANIMAL PLANET

162 262 251 259

6.00am Teleshopping **8.00** My Cat from Hell: Double-bill. **10.00** Animal Cribs **11.00** Meet the Orangutans **1.00pm** The Last Alaskans **3.00** Wildest Europe **4.00** Lone Star Law
5.00 Animal Cribs **6.00** My Cat from Hell: Double-bill. **8.00** Alaskan Bush People **9.00** Jeremy Wade's Dark Waters: A trip to Alaska to discover what has happened to the king salmon. **10.00** Crikey! It's the Irwins **12.00m't** Wildest Europe **2.00am** Lone Star Law **3.50** Animal Cribs **4.40** Nature's Strangest Mysteries: Solved **5.00 to 6.00am** Teleshopping

(b/w) black and white (W) Widescreen (HD) High Definition

SKY CINEMA PREMIERE

301 312 401 501 515

6.45 Sky Cinema Preview **7.45** Happy Halloween, Scooby-Doo!: Animation. ★★★ *(2020)* **9.15** Bobbleheads: The Movie: Animation. ★★ *(2020)* **10.55** *See 11.50pm* **12.30pm** *See 9.55pm* **2.25** *See 8.00pm* **4.25** Percy: Drama starring Christopher Walken. ★★★ *(2020)* **6.15** Snatchers: Comedy horror starring Mary Nepi. ★★★ *(2019)*

11.50 **Gully**

8.00 The Conjuring: The Devil Made Me Do It: Horror sequel starring Patrick Wilson. ★★★ *(2021)* **9.55** Mortal Kombat: Adventure starring Lewis Tan. ★★ *(2021)* **11.50** Gully: Crime drama starring Kelvin Harrison Jr. ★★ *(2019)* **1.30am** *As 6.15pm* **3.15** *As 4.25pm* **5.05** Sky Cinema Preview **5.40 to 6.40am** *As 9.15am*

SKY CINEMA ACTION

307 407 507 521

6.00am *See 6.35pm* **8.20** *See 8.55pm* **10.20** Oblivion ★★★★ *(2013)* **12.25pm** Outlander ★★★ *(2008)* **2.25** The Mortal Instruments: City of Bones ★★★ *(2013)* **4.40** San Andreas ★★★ *(2015)* **6.35** Midway ★★★★ *(2019)* **8.55** 3 Days to Kill: Action thriller with Kevin Costner. ★★★ *(2014)* **10.55** Born a Champion ★★ *(2020)* **12.50am** The Scorpion King ★★★ *(2002)* **2.25** *As 10.20am* **4.35 to 6.30am** *As 4.40pm*

SKY CINEMA GREATS

304 404 504 518

6.00 Sky Cinema Preview **7.00** *See 2.40pm* **9.00** *See 4.35pm* **11.10** *See 6.35pm* **12.55pm** Jailhouse Rock (b/w) ★★★★ *(1957)* **2.40** Sunset Boulevard (b/w) ★★★★★ *(1950)* **4.35** Speed ★★★★ *(1994)* **6.35** The Italian Job ★★★★★ *(1969)* **8.20** The Big Heat: Crime drama starring Glenn Ford. (b/w) ★★★★ *(1953)* **10.00** Rambo III ★★★ *(1987)* **11.50** Goodfellas ★★★★★ *(1990)* **2.20 to 6.10am** Ben-Hur ★★★★ *(1959)*

SKY CINEMA SCI-FI & HORROR

311 411 511 525

6.30am *See 6.10pm* **8.30** *See 8.00pm* **10.20** An American Werewolf in London ★★★★ *(1981)* **12.10pm** Aliens Vs Predator – Requiem ★★ *(2007)* **1.55** Green Lantern ★★ *(2011)* **3.55** Van Helsing *(2004)* **6.10** Resident Evil ★★★ *(2002)* **8.00** Resident Evil: Apocalypse ★★★ *(2004)* **9.45** The Shining ★★★★★ *(1980)* **11.50** Blade ★★★ *(1998)* **1.55am** Darkman ★★★ *(1990)* **3.35** *As 12.10pm* **5.10 to 7.05am** *As 1.55pm*

SKY CINEMA COMEDY

308 408 508 522

7.15am *See 4.10pm* **9.35** *See 6.30pm* **11.05** *See 8.00pm* **12.35pm** *See 9.30pm* **2.25** Irresistible: With Steve Carell, Chris Cooper and Mackenzie Davis. ★★★ *(2020)* **4.10** The King of Staten Island: With Pete Davidson, Bel Powley and Ricky Velez. ★★★★ *(2020)* **6.30** An American Pickle: With Seth Rogen and Sarah Snook. ★★★ *(2020)*

9.30 **Last Vegas**

8.00 The Outside Story: With Brian Tyree Henry. ★★★★ *(2020)* **9.30** Last Vegas: With Michael Douglas. ★★★ *(2013)* **11.20** *As 2.25pm* **1.10am** Misbehaviour: With Keira Knightley. ★★★★ *(2020)* **3.10** Looks That Kill: With Brandon Flynn. ★★ *(2020)* **4.55 to 6.30am** Problem Child ★ *(1990)*

SKY CINEMA ANIMATION

305 412 500 514

6.00am *See 4.55pm* **7.35** *See 1.50pm* **9.05** Queen's Corgi *(2019)* **10.35** *See 9.40pm* **12.10pm** *See 6.30pm* **1.50** Maya the Bee 3 *(2021)* **3.25** Luis and the Aliens *(2018)* **4.55** Hotel Transylvania 2 *(2015)* **6.30** Arthur Christmas *(2011)* **8.10** Shaun the Sheep *(2015)* **9.40** Early Man *(2018)* **11.15** Sinbad: Legend... *(2003)* **12.45am** Red Turtle *(2016)* **2.10** Moomins and the Winter Wonderland *(2017)* **3.35** *As 8.10pm* **5.05 to 6.00am** Elf: Buddy's Musical... *(2014)*

SKY CINEMA HITS

303 403 503 517

6.00am *See 1.45pm* **8.00** *See 3.35pm* **9.45** *See 5.10pm* **11.45** A Beautiful Day in the Neighborhood *(2019)* **1.45pm** Superintelligence ★★★ *(2020)* **3.35** Shrek: Animated comedy. ★★★★★ *(2001)* **5.10** Jojo Rabbit ★★★★ *(2019)* **7.00** Zack Snyder's Justice League: Fantasy starring Ben Affleck. ★★★ *(2017)* **11.00** Becky ★★★ *(2020)* **12.40am** Kindred ★★★ *(2021)* **2.35** Summerland ★★★ *(2020)* **4.30 to 6.30am** *As 11.45am*

SKY CINEMA BLOCKBUSTERS

302 402 502 516

6.00am Cloudy with a Chance of Meatballs ★★★★ *(2009)* **7.45** Cloudy with a Chance of Meatballs 2 ★★★ *(2013)* **9.35** A.I. Artificial Intelligence ★★★★ *(2001)* **12.05pm** Sonic the Hedgehog ★★★ *(2020)* **2.00** Godzilla ★★★ *(1998)* **4.25** Godzilla ★★★ *(2014)* **6.30** Battleship ★★★ *(2012)* **8.45** Fast & Furious 7 ★★★ *(2015)* **11.05** Bad Boys for Life ★★★ *(2020)* **1.15am** *As 4.25pm* **3.20** *As 6.00am* **4.55 to 6.35am** *As 7.45am*

SKY CINEMA FAMILY

306 406 506 520

6.00am *See 6.25pm* **7.40** Speed Racer ★★★ *(2008)* **10.05** *See 4.40pm* **11.50** *See 11.20pm* **1.25pm** *See 8.05pm* **3.10** *See 9.50pm* **4.40** Casper: Supernatural comedy starring Christina Ricci and Bill Pullman. ★★★★ *(1995)* **6.25** Paddington: Family comedy starring Hugh Bonneville and featuring the voice of Ben Whishaw. ★★★★ *(2014)*

4.40 **Casper**

8.05 Dolittle: Fantasy with Robert Downey Jr. ★★ *(2020)* **9.50** Cats & Dogs 3: Paws Unite!: Animation with the voice of Melissa Rauch. ★★ *(2020)* **11.20** Paul Blart: Mall Cop ★ *(2009)* **12.55am** Max Winslow and the House of Secrets ★ *(2019)* **2.35** Come Away ★★★ *(2020)* **4.15 to 6.00am** My Friend the Dolphin ★★ *(2019)*

SKY CINEMA DRAMA

310 410 510 524

6.00am Step Up ★★★ *(2006)* **8.00** Finding You ★★ *(2021)* **10.15** Full Metal Jacket ★★★★ *(1987)* **12.25pm** *See 10.15pm* **2.05** Finding the Way Back ★★★★ *(2020)* **4.00** Michael Clayton ★★★★ *(2007)* **6.05** True Grit ★★★★ *(2010)* **8.00** American Sniper: Starring Bradley Cooper. ★★★★ *(2014)* **10.15** Jungleland: Starring Charlie Hunnam. ★★★★ *(2020)* **11.50** *As 2.05pm* **1.40am** *As 4.00pm* **3.50 to 6.00am** *As 8.00am*

SKY CINEMA THRILLER

309 409 509 523

6.00am Collide ★★★ *(2016)* **7.45** *See 8.05pm* **9.45** *See 6.00pm* **11.50** Unknown ★★★ *(2011)* **1.50pm** The Little Things ★★★★ *(2021)* **4.00** Lethal Weapon 3 ★★★ *(1992)* **6.00** The Sum of All Fears: Action thriller. ★★★★ *(2002)* **8.05** No Sudden Move: Crime drama starring Don Cheadle. ★★★★ *(2021)* **10.05** John Wick ★★★★ *(2014)* **11.50** *As 4.00pm* **2.00am** Filth ★★★★ *(2013)* **3.50 to 6.00am** *As 11.50am*

TCM MOVIES

315 316 415 416 417

6.00am Hollywood's Best Directors **7.45** Off Set **8.25** Gunsmoke in Tucson ★★ *(1958)* **10.10** Oregon Passage (b/w) ★★ *(1957)* **11.55** Four Horsemen of the Apocalypse ★★ *(1961)* **3.00pm** A Day of Fury *(1956)* **4.45** Firecreek ★★★ *(1968)* **6.55** Off Set **7.10** Nazi Agent (b/w) *(1942)* **9.00** Miami Vice: Crime thriller starring Colin Farrell. ★★★ *(2006)* **11.50** Magnum Force ★★★ *(1973)* **2.20** Off Set **2.35** Close Up **5.00 to 6.00am** Hollywood's Best Directors

SKY SPORTS MAIN EVENT

401 511 501 420 440

6.00am Sky Sports News 7.00 Good Morning Sports Fans 9.30 LIVE **ICC Men's T20 World Cup** *Australia v West Indies*. **11.30** LIVE **Premier League** *Manchester United v Manchester City*. ***See Highlights*** **3.00pm** LIVE **ICC Men's T20 World Cup** *England v South Africa*. **5.30** LIVE **EFL** *Blackpool v QPR*. **7.30** LIVE **Formula 1** The Mexico City Grand Prix qualifying. **9.30** LIVE **Boxxer Series** From Liverpool. **11.00** LIVE **Women's Big Bash League 2.30am** LIVE **Women's Big Bash League 5.45 to 6.00am Best of ICC WT20**

SKY SPORTS CRICKET

404 514 504 423 443

6.00am Best of ICC WT20 7.30 ICC Men's T20 World Cup 9.30 LIVE **ICC Men's T20 World Cup** *Australia v West Indies:* The Group 1 match from Abu Dhabi. **1.30pm** LIVE **ICC Men's T20 World Cup** *England v South Africa:* The Group 1 match from the UAE. **6.00 Cricket's Climate Crisis 6.30 Best of ICC WT20 7.00 ICC Men's T20 World Cup 11.00** LIVE **Women's Big Bash League** *Sydney Thunder v Brisbane Heat*. **2.30am** LIVE **Women's Big Bash League** *Melbourne Stars v Melbourne Renegades*. **5.45 to 6.00am Best of ICC WT20**

SKY SPORTS ARENA

408 518 508 427 447

6.00am Rugby League Retro 8.15 Betfred Super League Hlts 8.30 The Floyd Steadman Story 8.45 Netball Superleague 10.45 NBA Heatcheck 11.15 Grand Slam of Darts 2.30pm British Basketball 5.00 NBA Basketball 7.00 Fight Night International Vasyl Lomachenko v Masayoshi Nakatani. **8.00** LIVE **Boxxer Series** The eight-man tournament from Liverpool. **11.00 Fight Night International 12.00m't Extreme E: Electric Odyssey 12.30am** LIVE **NBA Basketball** *Dallas Mavericks v Boston Celtics:* (tip-off **12.30**). **3.00 to 6.00am Boxxer Series**

BT SPORT 1

413 527 408 430

6.00am Serie A 7.00 ESPN FC 7.30 PL Preview 8.00 WWE NXT UK 9.00 WWE SmackDown 10.30 Scottish Football Extra 11.00 ESPN FC 11.30 PL Preview 12.00noon Ultimate Goal 1.00pm Fight Night 2.00 Fight Night 2.30 BT Sport Score 5.00 LIVE **Premier League** *Brighton & Hove Albion v Newcastle United:* The top-flight clash from AMEX Stadium (kick-off **5.30**). **7.45** LIVE **Fight Night** *Zach Parker v Marcus Morrison:* From Birmingham. **12.00m't** LIVE **UFC Prelims** From Madison Square Garden. **2.00 to 6.00am** LIVE **UFC** *Kamaru Usman v Colby Covington*.

SKY SPORTS PREMIER LEAGUE

402 512 502 421 441

6.00am PL Greatest Games 7.00 FNF 8.45 PL Greatest Games 9.00 Saturday Social 10.00 Soccer AM 11.30 LIVE **Premier League** *Manchester United v Manchester City:* (kick-off **12.30**). ***See Highlights*** **3.00pm Gillette Soccer Saturday 5.00 Gillette Soccer Saturday: Reaction 6.00 Premier League Icons 6.30 PL Hat-Tricks 6.45 Premier League 8.30 Renault Game of the Day 10.30 Premier League 12.15am Premier League 3.45 PL Greatest Games 4.00 Best PL Goals 12/13 5.00 Best PL Goals: Liverpool v Man Utd 5.30 to 6.00am PL 100 Club**

SKY SPORTS GOLF

405 515 505 424 444

6.00am European Tour Golf 7.00 European Challenge Tour Golf 8.00 European Tour Golf 9.00 LIVE **Golf** The Asian Amateur Golf Championship. **12.00noon** LIVE **European Tour Golf** The Portugal Masters. **5.00pm Golf's Greatest Holes 5.30 Junior Golf 6.00** LIVE **PGA Tour Golf** The World Wide Technology Championship At Mayakoba. **9.00 European Tour Golf 10.00 Golf's Greatest Holes 10.30 Junior Golf 11.00 European Challenge Tour Golf 12.00m't European Tour Golf 1.00am European Challenge Tour Golf 2.00 European Tour Golf 3.00 to 6.00am Highlights**

SKY SPORTS MIX

416 520 510 429 449

6.00am Highlights 9.00 LIVE **Golf** The Asian Amateur Golf Championship. **12.00noon** LIVE **Ladies European Tour Golf** The Aramco Saudi Ladies International. **2.00pm Highlights 4.00 Darts Show 5.00 Super League Hlts 5.15 Super League Gold 5.20** LIVE **Bundesliga** *RB Leipzig v Borussia Dortmund*. **7.25 MLS 7.30 PL World 8.00 NBA Classic Games: 2011 9.00** LIVE **NBA Basketball** *Denver Nuggets v Houston Rockets*. **11.30 Highlights 12.30am** LIVE **NBA Basketball** *Dallas Mavericks v Boston Celtics*. **3.00 to 6.00am Highlights**

BT SPORT 2

414 528 409 431

6.00am Rugby Union 7.30 Scottish Football Extra 8.00 Green Routine: Playing Against The Clock 9.00 LIVE **MotoGP** The Grand Prix of Algarve free practice 3 and qualifying. **4.15pm Sailing – Transat Jacques Vabre Highlights 5.15** LIVE **Serie A** *Juventus v Fiorentina*. **7.00 Champions League Magazine 7.30 UCL Goals Reload 7.45** LIVE **Ligue 1** *Bordeaux v Paris Saint-Germain*. **10.00 Fight Week 10.30 The Dan Hardy Breakdown Show 11.00** LIVE **College Football** A college football match. **2.30 to 6.00am** LIVE **College Football** Action from college football.

SKY SPORTS FOOTBALL

403 513 503 422 442

6.00am Highlights 8.00 Football Years 8.30 EFL Greatest Games 9.00 Saturday Social 10.00 Soccer AM 11.30 World Cup Qualifiers Preview Show 12.00noon EFL Cup Highlights 1.00pm World Cup Qualifiers Preview Show 1.30 EFL Cup Highlights 2.30 World Cup Qualifiers Preview Show 3.00 Gillette Soccer Saturday 5.00 LIVE **EFL** *Blackpool v Queens Park Rangers:* (kick-off **5.30**). **8.00 Primera Division 10.00 World Cup Qualifiers Preview Show 10.30 EFL Cup Highlights 11.30 EFL Greatest Games 12.00m't EFL 3.00 to 6.00am EFL Highlights**

SKY SPORTS NFL

407 517 507 426 446

6.00am Highlights 1.00pm Good Morning Football 4.00 NFL: A Football Life 5.00 NFL Highlights 6.00 NFL Overtime 7.00 Jags All Access: UK 7.30 LIVE **NCAA College Football** *Notre Dame Fighting Irish v Navy Midshipmen*. **11.00 NFL Highlights 12.00m't to 6.00am NFL Highlights**

SKY SPORTS F1

406 516 506 425 445

7.00 to 9.30pm LIVE **The Mexico City Grand Prix** Qualifying for round 18 at Autódromo Hermanos Rodríguez (start-time **8.00**).

EUROSPORT

410 521 412 435

6.00am Snooker: English Open 8.00 Cyclo-Cross 9.00 Hall of Fame 10.00 UK Challenge 2021 10.30 Snooker 147s 10.45 Snooker: English Open 12.45pm LIVE **Snooker: English Open** The opening semi-final. **4.30 Snooker 147s 5.00 Cycling: Track World Championships 5.55 Eurosport News 6.00** LIVE **Cycling: Track Champions League** From Mallorca. **9.00 Cyclo-Cross 11.00 FIA World Endurance Championship 12.00m't World Superbikes 1.00am World Superbikes Extra 2.00 Snooker: English Open 4.00 Cyclo-Cross 5.00 to 6.00am World Superbikes Extra**

BT SPORT 3

417 529 410 432

6.00am Ligue 1 7.00 Champions League Review 8.00 Ultra-Trail World Tour 8.30 LIVE **V8 Supercars Championship** Race 23 from Sydney SuperNight 2. **10.15 BT Sport Reload 10.30 Serie A 11.30 Badminton Unlimited 12.00noon** LIVE **Badminton** The Hylo Open semi-finals. **4.00pm** LIVE **College Football** A college football match. **7.30 What I Wore 7.45** LIVE **Serie A** Cagliari v Atalanta (kick-off **7.45**). **9.45 WWE SmackDown 11.15** LIVE **CFL** Winnipeg Blue Bombers v Montreal Alouettes. **2.00am Highlights 4.45 to 6.45am** LIVE **V8 Supercars Championship** Race 24.

(SL) Signed (S) Subtitles (R) Repeat

SUNDAY HIGHLIGHTS

The Sontarans are back

Doctor Who

● **DRAMA / 6.15pm / BBC1**

Now that the Doctor's latest adventure is up and running, we find ourselves asking lots of questions. Such as: what is the Temple of Atropos? And who are the Mouri? As it happens, the Doctor herself (Jodie Whittaker) would find the answers particularly useful but it looks like she'll have to wait a while before she gets them. In the meantime, she comes face to face with an old enemy this week as the Doctor discovers that the British Army is locked in battle against militaristic aliens the Sontarans in the Crimean War, which is definitely not how we remember it from the history books... ★★★★ *SMA*

Cleo's good turn backfires

Showtrial

● **DRAMA / 9pm / BBC1**

Episode one ended with the discovery of what looked like a damning piece of evidence linking privileged student Talitha to the murder of her former friend. However, things are rarely that straightforward in crime dramas, and sure enough the annoying rich kid is soon released. With the press camped outside her client's house, lawyer Cleo takes the unusual step of inviting Talitha to stay at her home, and is soon regretting her act of kindness. Meanwhile, the police want to talk to politician's son Dylan... and there's another sensational development in the case. ★★★★ *IM*

Cate Blanchett stars

Elizabeth: The Golden Age

● **FILM / 9pm / GREAT! Movies**

Cate Blanchett was Oscar nominated for her second portrayal of the English monarch in this sequel to 1998's *Elizabeth*. The Tudor queen faces a plot at home by Mary Queen of Scots (Samantha Morton) and an invasion from abroad by Spain's Philip II. It's a stylish epic with plush costumes, sets and props, plus a tense sea battle as Raleigh tackles the Spanish Armada. ★★★ *HW*

Gary Lineker hosts

Sitting on a Fortune

● **GAME SHOW / 7pm / ITV**

NEW **There's no time** to recline in ITV's new chair-based quiz show. From the off, six contestants vie for the perfect position in a row of seats. Get stuck at the back and they could be sent off early doors. But answer the winning question in the front seat and they're in line to win up to £100,000 at the final whistle. Host Gary Lineker makes for a fun gaffer, and also provides TV writers with an excellent excuse to keepie up with football puns. Think you've seen every type of quiz show? You have now. Disclaimer: *SOAF* is not actually football-focused. ★★★★ *ER*

● **See feature, page 10**

PICK OF THE DAY

Christopher Eccleston and Connie Nielsen star as a couple healing after trauma

Close to Me

A psychological drama deals with severe amnesia

● **DRAMA / 9pm / C4**

NEW Connie Nielsen leads an impressive cast in this tense psychological thriller about a woman who comes round after a fall and finds a year has disappeared from her memory. Luckily her devoted husband Rob (Christopher Eccleston) is there to nurse her back to health, but she soon gets the feeling that her friends and family are hiding something. Despite a few clunky moments, it's an original story that keeps you hooked over the course of six episodes, while offering a female perspective on interesting themes, not least the connection between memory and identity. ★★★★ *SMA*

● See feature, page 9

Is Angela getting closer to the truth?

Angela Black

● **DRAMA / 9pm / ITV**

The twists and turns keep coming as we reach the penultimate episode of this superb thriller. Having been released from the mental health facility, Angela is trying to rebuild her life and is furious that she can only see her beloved children under supervision. Suspecting that abusive husband Olivier is still pulling all the strings, she decides that he is not going to have it all his own way and so unleashes her inner Miss Marple to try to find out what is really going on with enigmatic Ed. But how will she feel about the revelations she uncovers? ★★★★ *CC*

Steve swims with the sharks

Shark with Steve Backshall

● **NATURE / from 8pm / Sky Nature/NOW**

NEW **For more than 30 years** naturalist Steve Backshall has been diving with sharks. In this series he travels the world to discover more about these remarkable animals in the hope of saving them from extinction. In this episode Steve swims in the Atlantic Ocean with many types, and has a free dive with the critically endangered oceanic white-tip, during which he removes a fishing hook from the mouth of a pregnant female. ★★★★ *JL*

ALSO ON…

Formula 1: Mexico GP

● **MOTORSPORT / from 5.30pm / Sky Sports F1**

LIVE **Will Lewis Hamilton catch up with Dutch driver Max Verstappen at the Autódrom Hermanos Rodríguez? Start-time 7pm.**

On the Edge

● **DRAMA / from 10pm / C4**

NEW **A series of three BAFTA-winning anthology dramas about the effect mental health has on parent-child relationships, beginning with *Mincemeat* starring Rosie Cavaliero.**

PICTURES BY GETTY

SUNDAY 7 November

BBC1

HD Freeview HD 101 Sky HD 115 Virgin TV HD 108 (Scot 101) Freesat HD 106

6.00 Breakfast (S)(HD) **7.40** SPORT **Match of the Day** *As last night.* (S)(R)(HD) ● *Match of the Day 2 is at 10.30pm* **9.00 The Andrew Marr Show** (S)(HD) **10.00 Sunday Politics** (S)(HD) **10.30 Sunday Morning Live** (S)(HD) **11.30 Scotland's Sacred Islands with Ben Fogle** (S)(HD)

12.30 Bargain Hunt From York. (S)(HD)

1.00 BBC News (S)(HD)

1.10 Weather for the Week Ahead (S)(HD)

1.15 Songs of Praise *God's Planet:* Christians raising awareness of climate change. (S)(HD)

1.50 Money for Nothing (S)(R)(HD)

2.10 Bill
FILM Historical comedy starring Mathew Baynton and Helen McCrory. William Shakespeare gets caught up in a plot to blow up the queen. (W)(S)(HD)(AD) ★★★ *(2015)* ***See Films, pages 31-35***

3.40 The Mating Game (S)(R)(HD)(AD)

4.40 BBC News (S)(HD)

4.55 BBC Regional News (S) and **Weather**

5.00 Weather (S)(HD)

5.05 Countryfile *Plant BritIN:* How hedgerows and trees combat climate change. (S)(HD)

6.15 Doctor Who: Flux *War of the Sontarans:* 2 of 6. The Sontarans launch an attack during the Crimean War. (S)(HD)(AD) ***See Highlights*** ● ***Repeated on Friday at 12.35am on BBC2***

7 PM

7.15 Strictly Come Dancing: The Results Another two couples face a dance-off, with one being eliminated from the competition. Featuring a performance by the Script. (S)(HD) ● ***Repeated on Thursday at 2.20am on BBC2***

8 PM

8.00 Antiques Roadshow Fiona Bruce presents the show from Aston Hall in Birmingham, and is joined by poet Benjamin Zephaniah, who grew up nearby and has fond memories of playing in the grounds. Among the items brought in to be valued are some ornate ceremonial weapons from India. (S)(HD)

9 PM

9.00 Showtrial 2 of 5. Cleo and Heidi meet with Damian and consider striking a deal, but it will mean Talitha reconciling with her father; and a new suspect gives the police a different version of events. (S)(HD)(AD) ***See Highlights***

Cleo Roberts	*TRACY IFEACHOR*	Talitha Campbell	*CELINE BUCKENS*
Damian Campbell	*JAMES FRAIN*	DI Paula Cassidy	*SINEAD KEENAN*
James Thornley	*KERR LOGAN*	Heidi McKinnon	*AMY MORGAN*
Dhillon Harwood	*JOSEPH PAYNE*	Virginia Hoult	*SHARON D CLARKE*

10 PM

10.00 BBC News (S)(HD)

10.20 BBC Regional News (S) and **Weather**

10.25 Weather (S)(HD)

10.30 Match of the Day 2
SPORT Mark Chapman reviews the day's Premier League action, including: West Ham United v Liverpool at London Stadium; and Leeds United v Leicester City at Elland Road. (S)(HD)

11.45 The Women's Football Show
SPORT Kelly Somers presents highlights of the weekend's games in the Super League, including: Tottenham Hotspur v Manchester United; Leicester City v Manchester City; and Arsenal v West Ham United. (S)(HD)

12.20 SPORT **MOTD Top 10: Debuts** A countdown of the greatest debuts in the Premier League era. (S)(HD) **12.50 Weather for the Week Ahead** (S)(HD) **12.55 to 6.00 BBC News** (S)(HD)

BBC2

HD Freeview HD 102 Sky HD 102 Virgin HD TV 102 Freesat HD 102

6.00 Walks of Life (S)(R)(HD)(AD) **7.00 Countryfile** (S)(R) **8.00 Beechgrove: Mucking In** (S)(HD) **9.00 Landward** (S)(R)(HD) **9.30 Saturday Kitchen Best Bites** Highlights. (S)(HD) **11.00 The Hairy Bikers Go North** Si King and Dave Myers visit the Peak District. (S)(R)(HD)(AD)

12.00 MOTD Live: Women's Super League
SPORT *Tottenham Hotspur v Manchester United:* All the action from the top-flight encounter staged at The Hive Stadium (kick-off **12.15**). Both teams have made strong starts to the campaign and will hope to better last season's respective finishes of eighth and fourth. (S)(HD)

2.20 Live Women's International Rugby Union
SPORT *England v New Zealand:* Coverage from Franklin's Gardens (kick-off **2.45**), as the sides meet for the second time in successive weeks, having faced each other at Sandy Park in Exeter last Sunday. (S)(HD)

5.00 Match of the Day Live: The FA Cup
SPORT *St Albans City v Forest Green Rovers:* Coverage of the first-round tie at Clarence Park (kick-off **5.15**). National League South outfit St Albans defeated Corinthian Casuals on penalties in the final qualifying round to reach this stage for the first time in five years, but they now face a tough task against Rovers, who are flying high in League Two this season. (S)(HD)

7.15 MOTD: FA Cup Highlights
SPORT Manish Bhasin presents first-round action, including: Bolton Wanderers v Stockport County at University of Bolton Stadium; and Rochdale v Notts County at Corwn Oil Arena, as Stockport and Notts looked to upset their Football League hosts. Plus, a round-up of the rest of the weekend's goals. (S)(HD)

8.45 Finding Jack Charlton Gabriel Clarke presents a one-off profile of the World Cup-winning footballer, looking at his special relationship with Ireland after becoming the national team's manager, his complicated relationship with brother Bobby, and his final battle with dementia. With contributions from his wife Pat and son John, alongside celebrated Irish players, musicians, writers and politicians, including Larry Mullen, Roddy Doyle, Brendan O'Carroll, Paul McGrath, Niall Quinn and David O'Leary. (S)(R)(HD)(AD)

10.20 Dave *Enlightened Dave:* 9 of 10. The wannabe rap star travels to a legendary recording studio, but is forced to confront his greatest obstacle – his own ego. (S)(HD)(AD)

10.55 Dave With pressure mounting as he records his album, Dave has to decide what he is willing to sacrifice. **Last in the series** (S)(HD)(AD)

11.30 WWI: The Final Hours The story of the secret November 1918 Armistice negotiations on a train carriage near Paris, between German politician Matthias Erzberger and Allied leaders Marshal Ferdinand Foch and Admiral Rosslyn Wemyss. Historians examine the meeting from the perspectives of the three players and how events unfolded. (S)(R)(HD)(AD)

12.30 Question Time Fiona Bruce hosts the debate from Eastleigh, Hampshire. (SL)(S)(R)(HD) **1.30 to 2.10 Holby City** (SL)(S)(R)(HD)(AD)

ITV

HD Freeview HD 103 Sky HD 103 Virgin TV HD 113 Freesat HD 111

6.00 to 9.25 CITV 9.25 ITV News (S)(HD) **9.30 Love Your Weekend with Alan Titchmarsh** (S)(HD) **11.30** SPORT **FA Cup Live** *Sheffield Wednesday v Plymouth Argyle:* Mark Pougatch presents all the action from the first-round encounter at Hillsborough (kick-off **12.15**). (S)(HD)

2.30 ITV News (S)(HD) and **Weather**

2.40 Harry Potter and the Philosopher's Stone
FILM Fantasy adventure based on JK Rowling's bestselling children's book, starring Daniel Radcliffe, Emma Watson, Rupert Grint and Richard Harris. An orphaned boy endures a miserable childhood, until he discovers he has magical powers and enrols at a special school for young wizards. (W)(S)(HD)(AD) ★★★★ *(2001)* ***See Films, pages 31-35, and Highlights***

Harry Potter	*DANIEL RADCLIFFE*	Ron Weasley	*RUPERT GRINT*
Hermione Granger	*EMMA WATSON*	Rubeus Hagrid	*ROBBIE COLTRANE*
Professor Albus Dumbledore	*RICHARD HARRIS*	Professor Severus Snape	*ALAN RICKMAN*

5.35 The Pet Show 2 of 8. Jodie Kidd and her dog tackle the agility course in Ready, Pet, Go; and vet James Greenwood and behaviourist Chirag Patel are on hand to solve viewers' pet problems. (S)(HD)(AD)

6.30 ITV News (S)(HD) and **Weather**

6.45 Local News (S)(HD) and **Weather**

7.00 Sitting on a Fortune
NEW Game show hosted by Gary Lineker in which six contestants answer questions correctly for a chance of taking away up to £100,000. Players position themselves in a row of seats, with one wrong answer seeing them sent to the back of the line and leaving with nothing. (S)(HD) ***See feature, pages 10-11, and Highlights***

8.00 The Larkins *In Which Ma's Sister Bertha Comes to Visit:* 5 of 6. Ma prepares for a visit from her sister Bertha and her family, who despise the countryside; and Tom's plans for Bluff Court are speeding ahead. (S)(HD)(AD)

Pop Larkin	*BRADLEY WALSH*	Ma Larkin	*JOANNA SCANLAN*
Mariette Larkin	*SABRINA BARTLETT*	Cedric Charlton	*TOK STEPHEN*
Zinnia Larkin	*DAVINA COLEMAN*	Petunia Larkin	*ROSIE COLEMAN*
Tom Fisher	*STEPHEN HAGAN*	Bertha	*SAMANTHA SPIRO*

9.00 Angela Black 5 of 6. Angela focuses on uncovering Olivier's manipulation and getting back custody of her children. However, she realises that she cannot go back to the person she was before. (S)(HD)(AD) ***See Highlights***

Angela	*JOANNE FROGGATT*	Olivier	*MICHIEL HUISMAN*
Ed Harrison	*SAMUEL ADEWUNMI*	Chris	*JOE COEN*
Nasrin	*ZORA BISHOP*	Max Meyer	*SETH STOKES*
Sam Meyer	*CLEMENT STOKES*	Judy	*ASHLEY MCGUIRE*

10.05 ITV News (S)(HD) and **Weather**

10.20 The Missing Children
NEW A feature-length edition of the *Exposure* strand that tells the stories of people who survived Bon Secours Mother and Baby Home in Tuam, Co Galway. (S)(HD)(AD)

12.00 Joanna Lumley and the Human Swan The actor meets the climate activist and para-motorist Sacha Dench, AKA the Human Swan, as she flies round Britain encouraging people to tackle the climate crisis. (S)(R)(HD)(AD)

1.00 Save Money: My Beautiful Green Home (S)(R)(HD) **1.30 Teleshopping** (HD) **3.00 FYI Extra** (HD) **3.15** SPORT **Motorsport UK** At Thruxton. (S)(R)(HD) **4.05 Unwind With ITV** (HD) **5.05 to 6.00 Tipping Point** (SL)(S)(R)(HD)

ITV+1 *Freeview 34, Sky 203, Virgin 114, Freesat 112*

(b/w) black and white (W) Widescreen (HD) High Definition (AD) Audio Description

CHANNEL 4

HD **Freeview HD 104** **Sky HD 138** **Virgin TV HD 104/141**

6.10 Mike & Molly (S)(R)(HD) **6.30 Mike & Molly** (S)(R)(HD) **6.55 Mike & Molly** (S)(R)(HD) **7.15 The Simpsons** (S)(R)(HD) **7.40 The Simpsons** (S)(R)(HD) **8.05 The Simpsons** (S)(R)(HD) **8.30** SPORT **Formula 1 Mexico City Grand Prix Qualifying Highlights** The battle for pole in the 18th round at Autodromo Hermanos Rodriguez. ● ***The Mexico City Grand Prix Highlights can be seen at 11.35pm*** (S)(HD) **9.30 Sunday Brunch** (S)(HD)

12.30 The Simpsons (S)(R)

12.55 The Simpsons (S)(R)

1.25 The Simpsons (S)(R)

1.55 The Simpsons (S)(R)

2.20 The Great British Bake Off 7 of 10. The bakers show what they can do with caramel. (S)(R)(HD) ● ***Continues on Tuesday at 8.00pm***

3.40 Transformers: The Last Knight
FILM Sci-fi adventure sequel starring Mark Wahlberg, Anthony Hopkins, Gemma Chan and John Turturro. The shape-changing robots and their human allies face a confrontation with their original creator, who has brainwashed their leader and intends to save her own home planet by destroying Earth. (W)(S)(HD) ★★ *(2017)* ***See Films, pages 31-35***

6.30 Channel 4 News (S)(HD) and **Weather**

7.00 The Great British Dig: History in Your Back Garden *Lenton, Nottingham:* 3 of 4. Hugh Dennis and the archaeologists unearth William the Conqueror's lost Priory hidden beneath the neighbourhood lawns of Lenton in Nottingham. (S)(R)(HD)

8.00 Escape to the Chateau Dick and Angel throw a lavish garden party for Arthur and Dorothy's friends, with traditional games including handmade giant dominoes and a treasure hunt around the chateau grounds. Meanwhile, the scaffolding arrives and work can start on re-slating the chateau roof for the first time in 150 years. (S)(HD)

9.00 Close to Me
NEW ★★★★ 1 of 6. Drama starring Connie Nielsen and Christopher Eccleston. A woman suffers a trauma making her unable to remember the past year of her life. (S)(HD) ***See feature, page 9, and Highlights*** ● ***Full series available on All 4***

Jo Harding........ *CONNIE NIELSEN*
Sash Harding .... *ROSY McEWEN*
Rob Harding .... *CHRISTOPHER ECCLESTON*

10.00 On the Edge: Mincemeat
NEW ★★★★ 1 of 3. Return of the anthology series, starring Aimee Lou Wood. A girl tries to get through to her hoarding mother. (S)(HD)

10.30 On the Edge: Cradled 2 of 3. Ellora Torchia stars as Maia, a woman whose seemingly perfect home life descends into chaos after her baby begins to talk. (S)(HD)

11.00 On the Edge: Superdad 3 of 3. Drama. (S)(HD) **11.35** SPORT **Formula 1 Mexico City Grand Prix Highlights** At Autodromo Hermanos Rodriguez. (S)(HD) **1.55 Ramsay's Hotel Hell** (S)(R)(HD) **1.55 The Simpsons** (S)(R)(HD) **2.20 The Simpsons** (S)(R) **2.45 Undercover Boss USA** (S)(R)(HD) **3.35 Couples Come Dine with Me** (S)(R)(HD) **4.30 Building the Dream** (S)(R)(HD) **5.25 Food Unwrapped Investigates** (S)(R)(HD) **5.50 to 6.05 Kirstie's House of Craft** (S)(HD)

CHANNEL 4+1 *Freeview 15, Sky 204, Virgin 142, Freesat 121*

CHANNEL 5

HD **Freeview HD 105** **Sky HD 105** **Virgin HD 105** **Freesat HD 105**

6.00 to 10.00 Milkshake! 10.00 SpongeBob SquarePants (S)(HD) **10.10 SpongeBob SquarePants** (S)(R)(HD) **10.25 Entertainment News on 5** (S)(HD) **10.30** SPORT **NFL End Zone** Recent action. (S)(HD) **10.55 Friends** (S6, ep3) (S)(R)(HD) **11.25 Friends** (S6, ep4) (S)(R)(HD) **11.55 Friends** (S6, ep5) (S)(R)(HD)

12.20 Friends (S6, ep6) (S)(R)(HD)

12.50 A Country Life for Half the Price with Kate Humble 6 of 6. A couple who are moving to Aberdeenshire. (S)(R)(HD)

1.55 A Very Merry Toy Store
FILM Festive drama starring Melissa Joan Hart. Two rival toy shop owners reluctantly join forces when an unscrupulous toy magnate opens a new store in their town. (W)(S)(HD) ★★ *(2017)* ***See Films, pages 31-35*** including **Access**

3.40 Puppy Love for Christmas
FILM **PREMIERE** Drama starring Georgia Flood. An aid worker must partner with an old enemy to save the local animal shelter when it closes. (W)(S)(HD) ★★ *(2020)* ***See Films, pages 31-35*** including **Access**

5.45 Charlie and the Chocolate Factory
FILM Children's fantasy starring Johnny Depp and Freddie Highmore. Penniless Charlie Bucket is one of five lucky children who find a golden ticket in a chocolate bar, winning a once-in-a-lifetime tour of eccentric recluse Willy Wonka's magical sweet company. Unfortunately, the other winners each face a grim fate when they misbehave. (W)(S)(HD) ★★★★ *(2005)* ***See Films, pages 31-35*** including **Access** and **5 News**

Willy Wonka........ *JOHNNY DEPP*
Grandpa Joe......... *DAVID KELLY*
Mr Bucket .... *NOAH TAYLOR*
Mr Salt................ *JAMES FOX*
Charlie Bucket . *FREDDIE HIGHMORE*
Mrs Bucket .... *HELENA BONHAM CARTER*
Oompa-Loompas........ *DEEP ROY*

8.00 Britain's Council House Millionaires Documentary about some of the nation's wealthiest buy-to-let landlords, who have made a fortune by buying up former council homes, and renting them out to those in need. Among those featured is a Kent man who grew up in a council house, and recognises the quality of the construction. (S)(R)(HD)

9.00 A Year in Provence with Carol Drinkwater 5 of 6. Carol makes a trip to Grasse, the perfume capital of France, where she handpicks sweet and delicate jasmine flowers to create her own Appassionata fragrance. She also travels to Cagnes-sur-Mer to visit the former home of impressionist painter Pierre-Auguste Renoir. (S)(HD)

10.00 Brits in France 4 of 6. To put his British restaurant on the map, chef Andy decides to step into the spotlight by performing his drag act to his rather shocked regulars. Young mum Stef wants to learn the French language, but gets a lesson in haute cuisine instead; and Sophie reveals what makes up a day in the life of a French market stall trader. (S)(HD)

11.05 Funniest Royal Cock-Ups
NEW ★★★★ A one-off look at a collection of mishaps involving members of the Royal family. (S)(HD)

1.00 The 21.co.uk Live Casino Show (S)(HD) **3.00 Entertainment News on 5** (S)(HD) **3.15 Our New Puppy** (S)(R) **4.00 A Celebrity Taste of Italy** The celebrities explore San Gimignano and Siena. (S)(R)(HD) **4.50 Britain's Greatest Bridges** (SL)(S)(R)(HD)(AD) **5.40 to 6.00 Milkshake! Monkey's Amazing Adventures** (SL)(S)(R)(HD)

CHANNEL 5+1 *Freeview 45, Sky 205, Virgin 155, Freesat 128*

ON DEMAND

SWEDISH DRAMA

NEW **The Unlikely Murderer**
NETFLIX

This five-parter is based around the true story of Stig Engström (Robert Gustafsson) – named by prosecutors as the probable killer of Sweden's Prime Minister Olof Palme in 1986. Subtitled. ***All episodes available now***

YOU MIGHT ALSO LIKE...

The Hunt For a Killer BBC IPLAYER

In this five-part fact-based Scandi drama, police investigate a possible link between a missing 10-year-old boy and the discovery of a woman's body. Subtitled. ***All episodes available now***

ITV VARIATIONS

ANGLIA No variations
BORDER No variations
CENTRAL No variations
CHANNEL No variations
GRANADA No variations
LONDON No variations
MERIDIAN No variations
TYNE TEES No variations
WEST No variations
WESTCOUNTRY No variations
YORKSHIRE No variations

GREAT SAVINGS!
Subscribe TODAY!
6 issues for £1
magazinesdirect.com/tvt21

(SL) Signed (S) Subtitles (R) Repeat

FREEVIEW

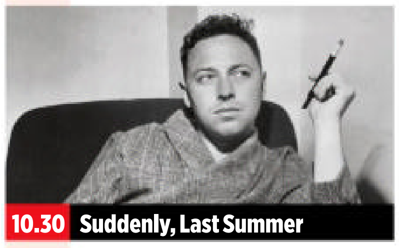
SKY +1 VIRGIN HD +1 FREESAT HD +1 BT HD +1

BBC4

Freeview 9/24 (HD 106)

116 107 107 107

BBC4 programmes begin at 7pm



10.30 Suddenly, Last Summer

6PM – 11PM

7.00 Concerto at the BBC Proms: Nicola Benedetti Plays Korngold The violinist joins the Bournemouth Symphony Orchestra in Korngold. (S)

8.00 Nicola Benedetti at the BBC Performances at the BBC. (S)

9.00 NEW **Truman & Tennessee: An Intimate Conversation** One-off drama-documentary. (S)

10.30 FILM **Suddenly, Last Summer** Drama starring Maggie Smith. (S) ★★ *(1993)*

11.55 Guilt: Max tries to derail private detective Kenny; and Walter's neighbour Sheila reveals she witnessed something on the night in question. (S)

1.50 am Museums in Quarantine (S)

2.20 to 3.20am Nicola Benedetti at the BBC: *As 8.00pm.* (S)

ITV2

Freeview 6 (+1 28)

118 218 115 176 116 113 114

6.00 am Totally Bonkers Guinness World Records **6.25** Love Bites

8.25 Dress to Impress (S)

11.25 Celebrity Catchphrase (S)

12.30 pm I'm a Celebrity: Legends of the Jungle: Memorable moments. (S)

1.30 FILM The Flintstones in Viva Rock Vegas: (W)(S) ★★ *(2000)*

3.20 FILM Nanny McPhee: Period fantasy. (W)(S) ★★★★ *(2004)*

5.25 FILM Harry Potter and the Deathly Hallows: Part II: Fantasy. (W)(S) ★★★★ *(2011)*

8.00 Spectre

8.00 FILM **Spectre** Spy thriller starring Daniel Craig. James Bond goes rogue after receiving a cryptic message that sets him on a globetrotting journey in search of the elusive mastermind behind a secretive criminal network. (W)(S) ★★★★ *(2015)*

10.50 Family Guy Stewie makes a pal his own age, and Peter and Lois go on a self-empowerment course. (S)

11.25 Family Guy (S)

12.20 am American Dad! (S)

1.20 The Emily Atack Show (S)

2.00 Plebs: Comedy. (S)

3.00 Totally Bonkers Guinness World Records: Incredible and peculiar record-breaking attempts. (S)

3.30 to 6.00am Teleshopping

ITV3

Freeview 10 (+1 58)

119 219 117 177 174 115 116

6.00 am George and Mildred (S)

6.25 Emmerdale Omnibus (SL)(S)

9.25 A Touch of Frost: Triple-bill. Jack searches for a woman who witnessed a murder; a security guard's body is discovered at the scene of a burglary and an autistic teenager is arrested for the murder; and Jack finds he has a secret admirer and investigates a child's murder. (S)

3.45 pm Inspector Morse: A deaf academic is murdered. (S)

8.00 Long Lost Family

6.00 Endeavour Morse sets out to investigate an assassination attempt at a sporting event. (S)

8.00 Long Lost Family Double-bill. Featuring a woman separated from her Italian mother; and Davina McCall and Nicky Campbell investigate the case of a family torn apart by the birth of a wartime baby. (S)

10.00 Vera An informant spying on his own firm is killed. (S)

12.00 m't Coronation Street Omnibus: Maria learns of the council's plans to bulldoze the Red Rec. (SL)(S)

2.45 am Emmerdale Omnibus: Charity and Mackenzie head off to rob Chloe's house. (SL)(S)

5.05 George and Mildred (S)

5.35 to 6.00am Unwind With ITV

ITV4

Freeview 25

120 220 118 178 175 117 118

6.00 am The Derby Through the Years

6.15 The Car Chasers **7.00** Motorsport Mundial **7.30** Auto Mundial

8.00 Extreme E: Electric Odyssey

8.35 Motorsport UK **9.40** Hornblower

11.50 FILM MacArthur the Rebel General (W)(S) ★★★ *(1977)*

2.30 pm LIVE FA Cup Football: *Stratford Town v Shrewsbury Town:* (kick-off **3.00**). (S)

5.15 River Monsters (S)

5.45 FILM Where Eagles Dare (W)(S) ★★★★★ *(1968)*

5.45 Where Eagles Dare

9.00 FILM **For a Few Dollars More** Classic Spaghetti Western starring Clint Eastwood and Lee Van Cleef. An enigmatic gunslinger forms an uneasy alliance with a military veteran to track down a notorious outlaw – but tensions simmer as their very different motives for the hunt put them increasingly at odds. (W)(S) ★★★★ *(1965)*

11.40 FILM RoboCop 3: Sci-fi action sequel starring Robert Burke. RoboCop helps ghetto rebels in their fight against an evil corporation. (W) ★★ *(1992)*

1.45 am Dempsey and Makepeace (S)

2.45 Unwind With ITV

3.00 to 6.00am Teleshopping

ITVBE

Freeview 27

131 119 179 120 119

7.00 am Bethenny & Fredrik (S)

8.00 Making It Home with Kortney & Kenny: Joven and Sylvia enlist Kortney and Kenny's help. (S)

9.00 LittleBe

12.00 noon Best Cake Wins: Jaimz designs a birthday cake that is inspired by Greek mythology. (S)

12.30 pm Tanya's Extreme Therapies (S)

1.00 The Real Housewives of Atlanta: Back-to-back editions. (S)

5.30 The Only Way Is Essex: Dan and Amber host a Halloween bash. (S)

9.00 The Only Way Is Essex

6.25 Jess Wright: The Wedding Reality series. (S)

8.00 Billie and Greg: The Family Diaries Billie and Greg consider having a baby. (S)

9.00 The Only Way Is Essex **New edition** Frankie finds herself in turmoil. (S)

10.00 Botched Service members who have fallen victim to surgical mishaps. (S)

10.55 The Real Housewives of Cheshire Seema and Nicole face one of their fears. (S)

11.55 Vanderpump Rules: Stassi and Beau enjoy their post-engagement happiness; while Scheana enlists Brett to shoot a video. (S)

12.55 am Unwind With ITV: Daily escape designed to calm the mind and encourage relaxation.

1.00 to 7.00am Teleshopping

5STAR

Freeview 31

128 228 151 186 131 141

6.00am Teleshopping

8.00 Entertainment News on 5

8.10 Rich Kids Go Skint

10.00 Bargain-Loving Brits in the Sun: Double-bill, including: A grandma who set up a charity.

12.00noon Filthy House SOS

2.00pm Traffic Cops: Triple-bill, including: An operation identifies a car thought to be involved in drug trafficking.

5.00 Police Interceptors: Carlin uncovers a criminal operation.

6PM – 11PM

6.00 Police Interceptors Triple-bill, including: A van thief takes a wrong turn. (S)

9.00 FILM **Enemy of the State** Conspiracy thriller starring Will Smith and Gene Hackman. A lawyer goes on the run from rogue government agents after he unwittingly gains evidence of an assassination. (S) ★★★★ *(1998)*

11.45 FILM V for Vendetta: Action thriller based on Alan Moore's graphic novel, starring Natalie Portman and Hugo Weaving. ★★★★ *(2005)*

2.25 Ambulance: Code Red

3.25 Last Man Standing

4.00 to 6.00am Teleshopping

5USA

Freeview 21

141 241 153 185 129 130

6.00am Teleshopping

9.00 Entertainment News on 5

9.10 Columbo: Death Hits the Jackpot: Murder mystery.

11.10 Columbo: Strange Bedfellows: Crime drama.

1.05pm Columbo Goes to the Guillotine: Murder mystery.

3.00 Columbo: Troubled Waters: Mystery starring Peter Falk.

5.00 Columbo Undercover: Murder mystery starring Peter Falk and Ed Begley Jr

7.00 Columbo: Negative Reaction Mystery with Peter Falk and Dick Van Dyke. (S)

9.00 Columbo: Sex and the Married Detective Mystery starring Peter Falk. Columbo investigates the murder of the lover of a renowned sex therapist. (S)

10.55 Law & Order: Special Victims Unit A girl is held captive by her father. (S19, ep20) (S)

11.55 Law & Order: Special Victims Unit: Double-bill, including: A man claims that his sister was attacked. (S19, ep21)

1.50am The Enemy Within

3.30 Criminals: Caught on Camera

3.55 Entertainment News on 5

4.00 to 6.00am Teleshopping

YESTERDAY

Freeview 26

155 255 129 200 159

6.00am Forbidden History

7.10 Murder Maps

8.00 War Factories

12.00noon Secrets of Britain: Back-to-back editions, including: Charting the history of subterranean London.

4.00pm Abandoned Engineering: Double-bill. Ruined engineering projects that have been put to alternative use; and a look at a selection of abandoned projects of the space age.

6.00 Abandoned Engineering Disused railway bridges. (S)

7.00 Bangers and Cash Double-bill, including: Rare vehicles in the picturesque village of Thornton-le-Dale. (S)

9.00 One Foot in the Grave Triple-bill, including: A quiet drive turns into a nightmare; and when the Meldrews fall foul of an evil curse, Victor resolves to drive it out. (S)

11.00 The Architecture The Railways Built: A trip through the history of the North Staffordshire Railway Company.

12.00m't Hornby: A Model World

1.00am Forbidden History

2.00 Murder Maps

3.00 to 6.00am Teleshopping

REALLY

Freeview 17

142 128 160

6.00am Fantasy Homes by the Sea

7.00 Teleshopping

8.00 Fantasy Homes by the Sea

10.00 A Place in the Sun .

3.00pm The Hotel Inspector: Alex Polizzi tackles the Grant Arms Hotel in Ramsbottom.

4.00 Antiques Road Trip: Travelling from Exeter in Devon to Upwey in Dorset.

5.00 Antiques Road Trip: The antiques experts head from Southampton to Wareham.

6.00 Antiques Road Trip Windermere to East Boldon. (S)

7.00 Celebrity Yorkshire Auction House With Craig Revel Horwood and John Sergeant.

8.00 Dr Pimple Popper A woman with a growth on her leg. (S)

9.00 Dr. Pimple Popper: Pop Ups Gerald has a bump on his finger. (S)

10.00 The Krays: The Prison Years How the twins prospered. (S)

11.00 Dr Mercy: Treating a severe case of rhinophyma.

12.00m't Helicopter ER: A man accidentally uses superglue instead of eyedrops on his son.

1.00am Emergency

2.00 Teleshopping

4.00 to 6.00am A Place in the Sun

TALKING PICTURES

Freeview 81

328 445 306

6.00am FILM The Proud Valley (b/w) ★★★★ *(1939)* **7.35** FILM The Stars Look Down (b/w) ★★★ *(1939)* **9.30** Law of the Plainsman (b/w)

10.00 FILM Trouble in Store (b/w) ★★★★ *(1953)* **11.45** Look at Life **12.00noon** FILM The Arsenal Stadium Mystery (b/w) ★★★ *(1939)* **1.45pm** FILM The Hunters ★★ *(1958)*

3.55 FILM I Was a Male War Bride (b/w) ★★★★ *(1949)*

6.00 Upstairs, Downstairs James is found alive, but seriously injured.

7.00 FILM **The Feminine Touch** Medical drama starring George Baker. (S) ★★ *(1956)*

8.50 Look at Life (S)

9.00 Secret Army A crash survivor receives shelter. (S)

10.05 FILM **LadyHawke** Medieval fantasy adventure starring Matthew Broderick. ★★★★ *(1985)*

12.35am FILM Richard's Things: Drama starring Liv Ullmann and Amanda Redman. ★★ *(1981)*

2.35 FILM The Night Visitor: Thriller. ★★ *(1970)*

4.35 to 6.00am FILM Mother Riley Meets the Vampire: Horror comedy. (b/w) ★★ *(1952)*

QUEST

Freeview 12 (HD 114 +1 69)

144 244 169 213 172 168

6.00am Plane Reclaimers **7.00** Motor Pickers **8.00** Wheeler Dealers **9.00** Salvage Hunters **10.00** EFL **11.30** Wheeler Dealers: Chopped **11.45** Snooker **12.45pm** Snooker **4.00** Salvage Hunters: The Restorers **6.00** Shed and Buried **6.30** Salvage Hunters: Restorers – Quick Fixes **6.45** Snooker **10.00** The Repair Shop **11.00** Jimmy Doherty's Dream Builds on Wheels **12.00m't** Jade Fever **1.00am** Curse of the Bermuda Triangle **2.00** Cooper's Treasure **3.00** Jimmy Doherty's Dream Builds on Wheels **4.00** Mega Shippers **5.00 to 6.00am** Snooker

SKY ARTS

Freeview 11

130 165 140 147 363

6.00am South Bank Originals **6.25** Royal Ballet **8.30** Tales of the Unexpected **11.00** Portrait Artist... **12.00noon** Landscape Artist of the Year: Celebrity... **1.00pm** Audrey Hepburn **2.00** The British Invasion **3.00** Metallica: S&M2 **4.40** Deep Purple: Perfect Strangers **7.00** Classic Albums **9.00** Venice: A Concert for Our Climate **10.00** The History of Comedy **11.00** Eagles **11.30** The Eagles: Live... **2.30am** Generation Grime **4.00** Vermeer from the National Gallery, London **5.00 to 6.00am** The Art of Architecture

(b/w) black and white (W) Widescreen (HD) High Definition

E4

Freeview 13 (+1 29)

135 235 106 145 146 122 123

6.00 am Hollyoaks Omnibus (S)
8.25 FILM A Royal Winter: Romantic drama with Merritt Patterson and Jack Donnelly. (W)(S) ★★ *(2017)*
10.05 Ramsay's Kitchen Nightmares USA: From California. (S)
11.00 Married at First Sight Australia (S)
3.30 pm Young Sheldon (S)
4.30 The Big Bang Theory: Back-to-back episodes, including: The gang offers Raj a place to live; and Leonard, Penny and Raj adjust to their living arrangements. (S)

6.25 Star Trek Into Darkness

6.25 FILM **Star Trek Into Darkness** Sci-fi adventure sequel starring Chris Pine and Zachary Quinto. The *USS Enterprise* pursues a rogue Federation officer. (W)(S) ★★★★ *(2013)*
9.00 FILM **Pitch Perfect 3** Comedy sequel starring Anna Kendrick. The Bellas reunite for one last singing competition at an overseas tour. (W)(S) ★★★ *(2017)*
10.55 **Naked Attraction** (S)

12.00 m't Gogglebox: Opinions on *Doctor Thorne*, *Employable Me*, *Dogs Might Fly*, *Heston's Dinner in Space* and *Line of Duty*. First aired in March 2016. (S)
1.05 am Taskmaster (S)
2.10 The Big Bang Theory (S)
3.25 to 6.00am Hollyoaks Omnibus (S)

MORE4

Freeview 18 (+1 86)

136 236 147 195 196 124 125

8.55 am George Clarke's Amazing Spaces: A luxury treehouse. (S)
9.55 Ugly House to Lovely House with George Clarke (S)
11.00 George Clarke's Old House, New Home: An Edwardian home. (S)
12.00 noon Four in a Bed: Back-to-back editions. From Torquay; in Norfolk; from Cumbria; in Gateshead; and the winner is announced. (S)
2.40 pm Come Dine with Me: Back-to-back editions. (S)
5.20 Four in a Bed: Double-bill.

11.00 George Clarke's Old House...

6.25 **Four in a Bed** Triple-bill. (S)
8.00 **Britain's Scenic Railways** Following the volunteers preserving the steam heritage along Britain's most scenic railways. (S)
9.00 NEW **999: On the Front Line** A man is stabbed at the entrance to a block of flats, but manages to call for help before collapsing. (S)
10.00 **24 Hours in A&E** A man is brought to St George's in an induced coma. (S)

11.05 Emergency Helicopter Medics: In Oxfordshire, cyclist Matt suffers life-threatening injuries after a collision with a car. (S)
12.10 am 999: On the Front Line (S)
1.15 24 Hours in A&E (S)
2.20 Emergency Helicopter Medics (S)
3.25 to 3.50am Father Ted (S)

FILM4

Freeview 14 (+1 46)

313 314 428 429 430 300 301

11.00 am Over the Hedge: Animated comedy featuring the voice of Bruce Willis. (S) ★★★★ *(2006)*
12.45 pm Two by Two: Animated adventure with the voice of Tara Flynn. (W)(S) ★★ *(2015)*
2.25 The Hound of the Baskervilles: Sherlock Holmes mystery starring Peter Cushing and Christopher Lee. (S) ★★★★ *(1959)*
4.10 Star Trek: Generations: Sci-fi with Patrick Stewart and William Shatner. (S) ★★★ *(1994)*

11.20 St. Vincent

6.25 **Gods of Egypt** Fantasy starring Nikolaj Coster-Waldau. An Egyptian god seeks the aid of a thief in reclaiming his father's throne. (S) ★★★ *(2016)*
9.00 **Three Billboards Outside Ebbing, Missouri** Crime drama starring Frances McDormand. A woman pressures the police into continuing the investigation into her daughter's murder. (S) ★★★★★ *(2017)*

11.20 St. Vincent: Comedy drama starring Bill Murray. A Vietnam veteran with a gambling problem teaches a lonely boy some life lessons. (W)(S) ★★★★ *(2014)*
1.25 to 3.55am My Golden Days: French drama starring Quentin Dolmaire. Subtitled. ★★★ *(2015)*

HGTV

Freeview 43

158 258 286 290 166

6.00 am Teleshopping
7.00 Honey I Bought the House
8.00 My Lottery Dream Home
11.00 Fixer to Fabulous
12.00 noon Restoration Home
2.00 pm Building the Dream
3.00 Escape to the Country: Double-bill, including: Jonnie Irwin helps a couple seeking a country home in Shropshire.
5.00 Building the Dream: Revisiting a couple who built a three-bedroom home in East Sussex.

5.00 Building the Dream

6.00 **Quick Little Builds** A couple want to convert a horse trailer into a bathroom.
7.00 **Building the Dream** Charlie Luxton helps a West Sussex couple build a dream home.
8.00 **A Place in the Sun** Double-bill, including: A mother and daughter look for a home in Spain. (S)
10.00 **Celebrity IOU** LeAnn Rimes calls on Jonathan and Drew to turn her friend's kitchen into an entertainer's dream.

11.00 Escape to the Country: Jonnie Irwin helps a family searching for a home in North Yorkshire. (S)
12.00 m't My Lottery Dream Home
1.00 am Fixer to Fabulous
2.00 Honey I Bought the House
3.00 Selling Houses with Amanda Lamb
4.00 to 6.00am Teleshopping

PICK

Freeview 35

159 259 156 144 145

6.00 am Border Patrol (S)
8.00 Police Force: Australia (S)
10.00 Highway Patrol (S)
11.00 Road Wars (S)
1.00 pm Monkey Life: Back-to-back editions, including: A baby monkey is put in danger. (S)
4.00 Highway Cops: The work of New Zealand police officers. (S)
5.00 Caught Red Handed: Double-bill. A visitor up to no good in a school hall; and a woman endangered on the streets of Manchester.

9.00 The Good Doctor

6.00 **Caught Red Handed**
7.00 **Motorbike Cops** Double-bill.
8.00 **The Force: Manchester** Following the work of Greater Manchester Police.
9.00 **The Good Doctor** Glassman is forced to overcome his personal feelings about his oncologist. (S2, ep1) (S)
10.00 **Made for Murder** How a deadly pact between Kelly Cochran and her husband sealed her fate as a killer. (S)

11.00 Golden State Killer: Unmasked: How the police went about linking the killer's heinous crimes. (S)
12.00 m't Murders That Shocked the Nation: The Kray twins. (S)
1.00 am Britain's Most Evil Killers (S)
2.00 Police Force: Australia (S)
4.00 to 6.00am Border Patrol (S)

QUEST RED

Freeview 39 (+1 70)

149 249 170 169 170

6.00am Say Yes to the Dress: Atlanta **7.00** Animal Cops Phoenix **9.00** My 600lb Life **11.00** My 600lb Life: Where Are They Now? **1.00pm** My Extreme Excess Skin **2.00** Say Yes to the Dress **6.00** Long Island Medium: Back-to-back editions. **8.00** The Nolans Go Cruising **9.00** Faking It: Tears of a Crime: John Sharpe. **10.00** My Extreme Excess Skin **11.00** The Hair Loss Clinic **12.00m't** Forensic Detectives **1.00am** Murder on CCTV **2.00** Murder Comes to Town **3.00** FBI Files **3.50** Animal Cops Houston **4.40** The Zoo **5.30 to 6.00am** Curvy Brides

CBS JUSTICE

Freeview 40

148 192 137

6.00am Teleshopping **9.00** Diagnosis Murder **12.00noon** Scorpion **2.00pm** NCIS: Back-to-back episodes, including: A Navy lieutenant commander's body is found. (S9, ep13) **7.00** Scorpion: Double-bill, including: The team's faculties are impaired on a job to prevent the creation of a black hole. (S4, ep17) **9.00** NCIS: Back-to-back episodes, including: The team investigates the death of a Navy Lieutenant. (S12, ep2); and Ducky works on a case involving his childhood best friend. (S12, ep3) **2.00am** Scorpion **3.45** Matlock **4.35** JAG **5.20 to 6.00am** Bondi Rescue

GREAT! movies

Freeview 33 (+1 60)

321 322 425 302

6.00am Teleshopping **9.00** GREAT! Movie News Extra **9.10** Precious Things ★★ *(2017)* **11.00** Unwanted Guest ★ *(2016)* **1.00pm** I'll Be Next Door For Christmas ★★ *(2018)* **3.00** Ferris Bueller's Day Off ★★★★ *(1986)* **5.00** 10 Things I Hate About You ★★★ *(1999)* **6.55** The Truman Show ★★★★ *(1997)* **9.00** Elizabeth: The Golden Age: Drama starring Cate Blanchett. ★★★ *(2007)* ***See Highlights*** **11.10** 21 Grams: Drama. ★★★★ *(2003)* **1.40** The White King ★★ *(2016)* **3.30 to 6.00am** Stepmom ★★★ *(1998)*

GREAT! tv

Freeview 49

157 257 189 220 142 143

6.00am Hart to Hart **9.00** Hart to Hart: Two Harts in 3/4 Time **11.00** Murder, She Wrote: Back-to-back episodes, including: The Cabot Cove residents fall victim to a callous development scheme; Jessica lectures at a private college; and Jessica helps a fishing lodge owner whose land is at risk from a consortium. **9.00pm** Classic Who Wants to Be a Millionaire?: Back-to-back editions. Big-money quiz. **1.00am** Sue Thomas: F.B.Eye: Double-bill. **2.55** Starsky & Hutch: Double-bill. **4.30 to 6.00am** Crazy Like a Fox

CHALLENGE

Freeview 47

160 160 146

6.00am Teleshopping **7.00** The Chase **9.00** Wheel of Fortune **11.00** Bruce's Price Is Right **12.30pm** Play Your Cards Right **2.00** Catchphrase **3.00** Lily Savage's Blankety Blank **5.00** The Chase: Back-to-back editions. Quiz show hosted by Bradley Walsh. **9.00** The Chase Celebrity Special: Nick Hancock, Jenny Eclair, Michelle Collins and Rufus Hound pit their wits against the Chaser in a bid to land a large cash prize for charity. Bradley Walsh hosts. **10.00 to 6.00am** The Chase: Back-to-back editions. Quiz show hosted by Bradley Walsh.

DAVE

Freeview 19 (+1 23)

111/112 211 127 227 131

6.00am Teleshopping **7.20** Cop Car Workshop **8.15** Storage Hunters UK **9.20** Rick Stein's Long Weekends **10.20** American Pickers **11.20** Top Gear Bolivia Special **1.00pm** Top Gear **3.00** Would I Lie to You? **5.00** Whose Line Is It Anyway? USA **6.00** Big Zuu's Big Eats **7.00** Fast Justice **8.00** Top Gear **9.00** Have I Got a Bit More News for You **10.00** Mock the Week **10.40** Room 101: **12.00m't** Live at the Apollo **1.00am** Have I Got a Bit More News for You **2.00** Live at the Apollo **3.00** Alan Davies: As Yet Untitled **4.00 to 6.00am** Teleshopping

FOOD NETWORK

Freeview 42

140 240 285 148 149

6.00am Diners, Drive-Ins and Dives **8.00** Denise Van Outen's Christmas **10.30** Spanish Country Christmas **11.00** Barefoot Contessa **11.30** Pioneer Woman **12.00noon** Home Sweet Home:... **12.30pm** Pioneer Woman **2.00** Ultimate Christmas **4.00** Gordon's Ultimate Seasonal Specials **7.00** Jamie's Christmas **9.00** Nigel Slater's Simple Christmas **10.00** Nigella Bites Christmas Special **11.00** Holiday Cookie Builds **12.00m't** Mystery Diners **1.00am** Restaurant: Impossible **2.00** Simple Suppers **3.00 to 6.00am** Teleshopping

CBS REALITY

Freeview 66

146 246 148 201 135 136

6.00am Teleshopping **8.00** The Key of David **8.30** The Lord's Challenge **9.00** Judge Judy: Back-to-back editions. **5.00pm** New Scotland Yard Files **7.00** Medical Detectives: Double-bill. **8.00** Evidence of Evil: Cases where technology has changed the course of investigations. **9.00** Injustice with Nancy Grace: Double-bill, including: The murder of Pamela Vitale. **11.00** Medical Detectives: Back-to-back editions. **2.00am** The Real Prime Suspect **3.00** Unsolved Mysteries **5.10 to 6.00am** Bondi Rescue

GREAT! movies christmas

Freeview 51

319 320 424 303 304

6.00am Christmas Do-Over ★★ *(2006)* **8.00** The Secret Of The Nutcracker *(2007)* **10.00** Christmas Caper ★★ *(2007)* **12.00noon** A Dogwalker's Christmas Tale *(2015)* **2.00pm** The Magic Stocking *(2015)* **4.00** Love Always, Santa ★★ *(2016)* **6.00** Runaway Christmas Bride *(2017)* **8.00** Defending Santa ★★ *(2013)* **10.00** All I Want for Christmas ★★ *(2013)* **12.00m't** All Good Things ★★ *(2018)* **2.00am** Christmas Angel ★★ *(2012)* **4.00 to 6.00am** The Least Of These – A Christmas Story ★★ *(2018)*

PARAMOUNT NET.

Freeview 32

150 187 150 132

6.00am Teleshopping **9.00** Police Interceptors **10.00** WWE **11.55** Entertainment News **12.05pm** Traffic Cops **1.05** Police Interceptors **3.05** FILM Flaming Star ★★★ *(1960)* **5.00** FILM The Gunfight at Dodge City ★★★ *(1958)* **6.45** FILM Unknown ★★★ *(2011)* **9.00** FILM Mercury Rising ★★★ *(1998)* **11.15** FILM Tears of the Sun ★★★ *(2003)* **1.50am** Worldwide Police Patrol **2.50** Frontline Police 24/7 **3.40** Taken **4.25** Criminals: Caught... **4.50** Entertainment News on 5 **5.00 to 6.00am** Teleshopping

DRAMA

Freeview 20 (+1 73)

143 243 130 226 158

6.00am Teleshopping **7.25** The Bill **11.20** Rosemary & Thyme **3.20pm** Catherine Cookson's The Gambling Man **6.40** Call the Midwife: A woman with Down's syndrome turns out to be six months pregnant. **8.00** Miss Scarlet and the Duke: Eliza finds out what happened to her father. **9.10** Rebus: Crime drama starring Ken Stott and Claire Price. Rebus and Siobhan are called in after a body is found in the grounds of an Edinburgh hotel. **10.45** Ashes to Ashes: Back-to-back episodes. **4.00 to 6.00am** Teleshopping

4SEVEN

Freeview 48

137 143 203 127

9.00am Four in a Bed: Back-to-back editions. **11.30** Chateau DIY **1.30pm** A Place in the Sun: Back-to-back editions. **8.00** Kirstie and Phil's Love It or List It **9.00** Location, Location, Location: Catching up with couples searching Swindon and Bolton. **10.00** Extraordinary Extensions **11.05** Complaints Welcome **12.10am** Handmade: Britain's Best Woodworker **1.15** The Secret Life of the Zoo **2.20** Stath Lets Flats **2.50** 999: On the Front Line **3.50 to 4.50am** How Green Is The Government? Dispatches

(SL) Signed (S) Subtitles (R) Repeat

SKY & VIRGIN LISTINGS over the page ▶

SKY & VIRGIN

SKY +1 VIRGIN HD +1 FREESAT HD +1 BT HD +1

6PM – 11PM

SKY SHOWCASE

106 206 110 109 340 355

6.00am Hour of Power
7.00 Dragons: Rescue Riders
7.25 Trolls: Trollstopia
7.50 Madagascar: A Little Wild
8.15 Croods Family Tree
8.40 All Hail King Julien
9.05 Dogs with Extraordinary Jobs **10.05** The Office (US)
12.00noon Fresh Prince of Bel Air: Back-to-back episodes.
4.00 Young Rock
4.30 Mr Mayor
5.00 The Simpsons

8.00 **Shark with Steve...**

6.00 **The Simpsons**
8.00 NEW **Shark with Steve Backshall** The naturalist celebrates the diversity of sharks. ***See Highlights***
9.00 **Football's Funniest Moments** A look back at laugh-out-loud incidents on the pitch.
10.00 **The Deirdre O'Kane Show** **New edition** Des Bishop and Reginald D Hunter join the host for stand-up comedy.

11.00 Saturday Night Live
12.30am Formula 1: The Mexican Grand Prix.
1.30 Temple **2.30** COBRA: Cyberwar **3.30** Road Wars
4.00 Modern Family
5.00 to 6.00am The Early Rundown: Double-bill.

SKY ATLANTIC

108/109 208 342 357

6.00am Fish Town
10.00 Billions: Back-to-back episodes, including: Chuck faces external pressure to drop a case. (S2, ep9)
3.30 Ray Donovan: Triple-bill, including: Paige Finney calls on Ray to protect a quarterback from an enraged US Navy Seal. (S3, ep2); and Ray is faced with a difficult moral dilemma. (S3, ep3).

10.10 **Succession**

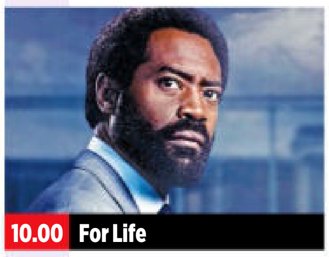
6.45 **Ray Donovan** Double-bill. Ray's mission causes issues. (S3, ep5); and Ray tries to ensure Verona's success. (S3, ep6)
9.00 **Scenes from a Marriage** Jonathan and Mira explore the root of their connection. (S1, ep4)
10.10 **Succession** With the Department of Justice breathing down his neck, Logan summons his arsenal. (S3, ep3)

11.15 Nurse Jackie: Drug abuse begins to take its toll on Jackie. (S1, ep9)
12.55am Your Honor (S1, ep7)
2.00 Succession
3.05 Dexter: New Blood
4.10 to 6.00am Richard E Grant's Hotel Secrets

SKY WITNESS

107 207 112 111 206 341

6.00am Nothing to Declare
9.00 Border Patrol
11.00 Paramedics: Life on the Line
12.00noon 999 Frontline: Double-bill. Essex police rush to the aid of a colleague; and police race to the scene of a siege.
1.00 UK Border Force: Taking viewers inside the UK Border Agency.
2.00 Nothing to Declare: Back-to-back editions.



10.00 **For Life**

6.00 **Nothing to Declare**
7.00 **The Resident** Old memories haunt Conrad. (S4, ep7)
8.00 **The Good Doctor** Shaun confronts Salen about her many changes. (S3, ep5)
9.00 **Departure** Kendra Malley is called to the US to investigate a train crash. (S2, ep1)
10.00 **For Life** Aaron heads back to the prison to investigate an urgent call. (S2, ep6)

11.00 Law & Order: Special Victims Unit: Double-bill.
1.00am Chicago Med
2.00 Chicago Fire
3.00 Chicago PD
4.00 to 6.00am Nothing to Declare: Following customs officers in Australia.

GOLD

110/111 210 124 194 343

6.00am Teleshopping
7.30 2point4 Children
8.00 Citizen Khan
8.40 Only Fools and Horses: Back-to-back episodes, including: Rodney joins the residents' committee; Rodney goes it alone; Del falls for a glamorous antiques dealer; a decorating disaster befalls the Trotters; and Del goes in search of treasure.

9.00 **All Round to Mrs Brown's**

7.00 **Only Fools and Horses** Triple-bill. Del gets a surprise; the trio decorate Denzil's flat; and Rodney finds a girlfriend.
9.00 **All Round to Mrs Brown's** With Sting & Shaggy, Gino D'Acampo and Christine Lampard.
10.20 **Mrs Brown's Boys** Agnes ends up at the wrong venue after trying to gatecrash Maria's hen party.

11.00 The Royle Family: Double-bill, including: The relatives gather for Sunday lunch.
12.20am Britain's Greatest Comedy Character
3.20 Henry IX
4.00 to 6.00am Teleshopping

DISCOVERY

125 225 250 258 376

6.00am Wheeler Dealers
12.00noon Richard Hammond's Big: Back-to-back editions, including: Richard takes flight aboard the C-5M Super Galaxy; Richard explores the Kölnbrein Dam in Austria; Richard joins the crew of the *Marie Maersk*; and Richard goes beneath the Alps into the world's longest underground railway connection.

9.00 **Cal Fire**

6.00 **Building Off the Grid**
7.00 **Guardians of the Glades**
8.00 **Alaskan Bush People** **New edition** Bear meets his son River for the first time.
9.00 **Cal Fire** **New edition** A first-hand look at some of California's most destructive fires.
10.00 **Paranormal Declassified** Paul investigates evil shapeshifters known as skinwalkers.

11.00 Moonshiners: As America opens up from the Covid-19 pandemic, Mark and Digger have a rocky start when the police show up.
12.00m't Deadliest Catch: Back-to-back editions.
5.40 to 6.00am How It's Made

SKY DOCUMENTARIES

121 278 277 352 367

6.00am Janet Leigh **7.00** Rod Steiger **8.00** The Directors
10.00 Too Young to Die
11.00 FILM Won't You Be My Neighbor?: Documentary. (W) ★★★★ *(2018)*
1.00pm PL Legends
1.30 FILM Console Wars: The 1990s rivalry. (W) *(2020)*
3.30 FILM The September Issue (W) ★★★ *(2009)*
5.10 FILM Steve McQueen: The Lost Movie (W) *(2021)*

Class Action Park

9.00 **Class Action Park**

7.10 FILM **McLaren** The life of Bruce McLaren, who founded the McLaren motor racing team. (W) ★★ *(2017)*
9.00 FILM **Class Action Park** Documentary about a New Jersey water park, which became infamous for its poor safety record. (W) ★★ *(2020)*
10.40 **UFO** Elite Navy pilots encounter an unidentified aerial phenomenon in 2004.

11.40 Becoming Warren Buffett: A candid portrait of the philanthropic billionaire.
1.20am FILM Meeting Gorbachev (W) *(2019)*
3.10 Too Young to Die
5.30 to 6.00am PL Legends: Tony Adams

W

109/110 209 125 211 190

6.10am Ski A&E **9.00** Tipping Point: Back-to-back editions. **2.00pm** Doctor Who **5.00** Gavin & Stacey **7.00** Inside the Ambulance at Christmas **8.00** Nurses Down Under: A roofer falls three metres from a ladder.

9.00 Stacey Dooley Sleeps Over: Double-bill. Stacey spends time with a Mormon family from Ashton-under-Lyne; and Stacey visits a wealthy family in their rural manor house. **11.00** Killer Women with Piers Morgan **12.00m't** Inside the Ambulance **1.00am** Emma Willis: Delivering Babies **3.00 to 6.10am** Teleshopping

ALIBI

132 232 126 212 191

6.00am Teleshopping **7.10** Murdoch Mysteries **10.00** WPC 56 **11.00** Reef Break **12.00noon** Father Brown **3.00pm** The Doctor Blake Mysteries **5.00** Death in Paradise **6.00** Shakespeare & Hathaway – Private Investigators (S1, ep5)

7.00 Hudson & Rex: Double-bill. **9.00** Death in Paradise: Richard investigates the death of a voodoo priestess who predicted her own murder. **10.20** Shakespeare & Hathaway – Private Investigators **11.20** Murdoch Mysteries **12.20am** Death in Paradise **1.35** Copper **4.00 to 6.00am** Teleshopping

SKY COMEDY

114/115 135 123 346 361

6.00am Teleshopping **8.00** The Office (US) **9.00** Sex and the City **10.00** The Office (US) **12.00noon** The Fresh Prince of Bel Air: Back-to-back episodes. **4.00pm** Young Rock **4.30** Mr Mayor **5.00** Will & Grace: Back-to-back episodes.

9.00 Saturday Night Live: American comedy sketch show. **10.30** Flight of the Conchords: Bret begins to have visions of David Bowie. (S1, ep6) **11.00** Saturday Night Live **12.30am** Ballers: Back-to-back episodes. **3.40** Curb Your Enthusiasm **4.20** Pen15 **5.00 to 6.00am** Teleshopping

SYFY

152 252 139 138 229 347

6.00am FILM The 12 Disasters of Christmas: Disaster movie. ★★ *(2012)* **8.00** Teleshopping **11.00** Quantum Leap: Back-to-back episodes.

4.00pm FILM Monster Hunters: Thriller starring Tom Sizemore. ★ *(2020)* **6.00** FILM Battle Star Wars: Drama starring Alyson Gorske. ★★ *(2019)* **8.00** FILM The Amazing Spider-Man: Fantasy adventure starring Andrew Garfield and Emma Stone. ★★★ *(2012)* **11.00** V: Double-bill. **1.00am** Wynonna Earp **4.00** Fringe **5.00 to 6.00am** Fact or Faked: Paranormal Files

SKY HISTORY

123 223 270 271 353 368

6.00am Storage Wars **8.00** Ancient Aliens **9.00** Swamp People **10.00** Lost Worlds **11.00** Secrets of the Viking Stone: Back-to-back editions. **5.00pm** The UnXplained with William Shatner **6.00** Forged with Steele: Double-bill.

7.00 Ancient Discoveries: Double-bill. **9.00** Caligula: 1,400 Days of Terror: The truth about the reign of Roman emperor Caligula, whose rule lasted only 1,400 days. **11.00** The Secret History of Air Force One **12.00m't to 6.00am** Secrets of the Viking Stone: Back-to-back editions.

SKY NATURE

124 280 279 335 369

6.00am Baby Animals **9.00** Dogs with Extraordinary Jobs **11.00** Seasons of the Wild **1.00pm** Perpetual Planet: Heroes of the Oceans **2.00** Surviving the Amazon **7.00** Monkey Life

8.00 NEW Shark with Steve Backshall: The diversity of sharks. ***See Highlights*** **8.55** NEW Shark with Steve Backshall: Diving Deeper **9.15** Great Barrier Reef with David Attenborough **10.15** Animals Decoded **11.05** *As 8.00pm* **12.00m't** Monkey Life **1.00am** Animal Empires **2.00** *As 9.15pm* **3.00** Animals Decoded **4.00 to 6.00am** Hope for Wildlife

COMEDY CENTRAL

112/113 132 181 344 359

6.00am Teleshopping **8.00** Friends: Back-to-back episodes. **9.00** FILM White Chicks: Comedy starring Shawn Wayans. Two black FBI agents dress up as white heiress sisters in order to catch a serial kidnapper and get in their boss's good books. ★ *(2004)*

11.15 FILM The Green Hornet: Fantasy action comedy starring Seth Rogen. A wealthy playboy reinvents himself as a masked crime-fighter – with help from his chauffeur. ★★★ *(2011)* **1.35am** South Park: Back-to-back episodes. **4.05** Friends **5.00 to 6.00am** Teleshopping

SKY MAX

113/114 122 121 345 360

6.00am Hour of Power **7.00** Send in the Dogs **8.00** Caught on Dashcam **11.00** The Flash **2.00pm** NCIS: Los Angeles **5.00** A League of Their Own **8.00** Rob & Romesh vs Andy Murray: Rob Beckett and Romesh Ranganathan meet the tennis star. (S3, ep4)

9.00 Football's Funniest Moments (S1, ep2) **10.00** The Deirdre O'Kane Show (S1, ep4) **11.00** Never Mind the Buzzcocks **11.45** The Force: Manchester **12.45am** Road Wars **1.10** Temple **2.05** COBRA: Cyberwar **3.00** Road Wars **4.00 to 6.00am** Highway Cops

TLC

133 233 167 169

6.00am Say Yes to the Dress: The Big Day **7.00** Say Yes to the Dress: Atlanta: Back-to-back editions. **10.00** Say Yes to the Dress: Back-to-back editions. **2.00pm** Say Yes to the Dress: UK: Back-to-back editions. **5.00** Welcome to Plathville

6.00 7 Little Johnstons **7.00** Say Yes to the Dress **8.00** 1000lb Sisters **9.00** Dr. Pimple Popper: Pop Ups **10.00** Life After Lockup: Double-bill. **12.00m't** 1000lb Sisters **1.00am** Dr. Pimple Popper: Pop Ups **2.00** Life After Lockup **3.00 to 6.00am** Say Yes to the Dress: UK: Back-to-back editions.

NAT GEO

129 229 266 268 267 351

8.00am Ancient X Files: Back-to-back editions. **12.00noon** Black Pharaohs: Sunken Treasures **1.00pm** Egypt from Above **3.00** Egypt's Treasure Guardians **4.00** Wicked Tuna **6.00** Drain the Oceans **7.00** NEW Lost Treasures of Egypt

8.00 The Acropolis: Secrets of the Ancient Citadel **9.00** Gordon Ramsay: Uncharted **10.00** Lost Gold of the Dark Ages: Treasure Hoard **11.00** Secrets of Christ's Tomb **12.00m't** King Solomon's Treasures **1.00am** Head of John the Baptist **2.00** Ancient Secrets of Peru **3.00 to 5.00am** Ancient X Files

SKY CRIME

122 222 137 136 207 348

6.00am Road Wars **7.00** Motorway Patrol **10.00** Highway Cops **11.30** Caught Red Handed **1.00pm** Road Wars **2.00** Brit Cops: Law & Disorder **3.00** The DNA of Murder with Paul Holes **4.00** Killer in My Village **5.00** World's Most Evil Killers **6.00** Britain's Most Evil Killers

8.00 The Real Manhunter **9.00** The Disappearance of William Tyrrell **10.45** World's Most Evil Killers **11.40** An Unexpected Killer **12.35am** Charmed to Death **1.30** World's Most Evil Killers **3.30** Road Wars **4.30 to 6.00am** Motorway Patrol

ANIMAL PLANET

162 262 251 259

6.00am Teleshopping **8.00** My Cat from Hell **10.00** Animal Cribs **11.00** Meet the Orangutans **1.00pm** Crikey! It's the Irwins **3.00** My Cat from Hell **5.00** Louisiana Law **6.00** The Zoo: San Diego **7.00** Wild Costa Rica **8.00** Chasing Ocean Giants **9.00** Whale Wars

10.00 Crikey! It's the Irwins: Double-bill. The family releases a sea turtle back to the wild; and Robert wrangles a king cobra. **12.00m't** Wildest Europe **2.00am** Lone Star Law **3.50** Animal Cribs **4.40** Nature's Strangest Mysteries: Solved **5.00 to 6.00am** Teleshopping

(b/w) black and white (W) Widescreen (HD) High Definition

7 November SUNDAY

SKY CINEMA PREMIERE

301 312 401 501 515

6.40 Sky Cinema Preview **7.15** Happy Halloween, Scooby-Doo!: Animation. ★★★ *(2020)* **8.45** *See 11.50pm* **10.15** *See 5.55pm* **12.20pm** *See 9.55pm* **2.15** *See 8.00pm* **4.10** Snatchers: Comedy horror starring Mary Nepi and Gabrielle Elyse. ★★★ *(2019)* **5.55** The Last Vermeer: Drama starring Guy Pearce and Claes Bang. ★★★★ *(2019)*

5.55 The Last Vermeer

8.00 Mortal Kombat: Fantasy starring Lewis Tan. ★★ *(2021)* **9.55** The Conjuring: The Devil Made Me Do It: Horror sequel. ★★★ *(2021)* **11.50** Gully: Crime drama. ★★ *(2019)* **1.25am** Meander ★★★★ *(2021)* **3.10** The Garden Left Behind ★★★ *(2020)* **4.50** Sky Cinema Preview **5.50 to 6.45am** *As 4.10pm*

SKY CINEMA ACTION

307 407 507 521

6.30am *See 7.10pm* **8.30** *See 3.00am* **10.30** The Revenant ★★★★★ *(2015)* **1.10pm** The Long Kiss Goodnight ★★★ *(1996)* **3.30** The Sweeney ★★★ *(2012)* **5.25** Under Siege ★★★ *(1992)* **7.10** Patriot Games ★★★ *(1992)* **9.10** Bad Boys II: With Will Smith. ★★★ *(2003)* **11.40** The Losers: With Jeffrey Dean Morgan. ★★ *(2010)* **1.20am** The Tax Collector ★★ *(2020)* **3.00** Cliffhanger ★★★ *(1993)* **4.55 to 6.50am** *As 3.30pm*

SKY CINEMA GREATS

304 404 504 518

6.10 Sky Cinema Preview **6.40** *See 3.15pm* **9.20** *See 5.55pm* **11.25** *See 8.00pm* **1.25pm** Rio Grande (b/w) ★★★★ *(1950)* **3.15** Zero Dark Thirty ★★★★ *(2012)* **5.55** The Untouchables ★★★★ *(1987)* **8.00** Three Days of the Condor: Thriller. ★★★★ *(1975)* **10.00** Rambo: Action sequel starring Sylvester Stallone. ★★★ *(2008)* **11.40** Single White Female ★★★★ *(1992)* **1.40am** *As 1.25pm* **3.40 to 6.00am** Speed 2: Cruise Control ★★ *(1997)*

SKY CINEMA SCI-FI & HORROR

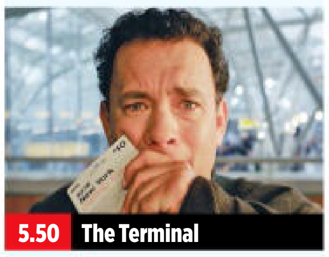
311 411 511 525

7.05am *See 6.15pm* **8.45** *See 8.00pm* **10.30** Rose: A Love Story *(2020)* **12.10pm** Psycho ★★★★★ *(1960)* **2.10** The Invisible Man ★★★★ *(2020)* **4.20** Winchester ★★ *(2018)* **6.15** Resident Evil: Extinction ★★★ *(2007)* **8.00** Resident Evil: Afterlife ★★★ *(2010)* **9.45** Resident Evil: Retribution ★★ *(2012)* **11.25** Blade 2: Fantasy. ★★★★ *(2002)* **1.25am** Blade: Trinity ★★★ *(2004)* **3.20** *As 12.10pm* **5.10 to 7.15am** *As 2.10pm*

SKY CINEMA COMEDY

308 408 508 522

6.30am *See 4.20pm* **8.10** *See 5.50pm* **10.30** *See 8.00pm* **12.30pm** The Intern: With Robert De Niro. ★★★ *(2015)* **2.40** Little Shop of Horrors: With Rick Moranis. ★★★ *(1986)* **4.20** The Jesus Rolls: With John Turturro. ★ *(2017)* **5.50** The Terminal: With Tom Hanks. ★★★ *(2004)* **8.00** The Comeback Trail: With Robert De Niro. ★★ *(2020)*



5.50 The Terminal

9.45 Little Shop of Horrors: With Rick Moranis and Ellen Greene. ★★★ *(1986)* **11.30** King Ralph: With John Goodman and Peter O'Toole. ★ *(1991)* **1.20am** The Big Lebowski: With Jeff Bridges. ★★★★★ *(1998)* **3.20** *As 12.30pm* **5.20 to 7.05am** Big Time Adolescence: With Griffin Gluck. ★★★★ *(2019)*

SKY CINEMA ANIMATION

305 412 500 514

6.00am *See 8.10pm* **7.30** *See 1.55pm* **9.05** *See 3.30pm* **10.45** *See 5.10pm* **12.25pm** *See 6.40pm* **1.55** Dragon Rider **3.30** Mosley **5.10** Extinct **6.40** Fantastic Mr Fox ★★★★ **8.10** Madagascar ★★★★ **9.40** The True Story of Puss N Boots **11.05** The Prince of Egypt **12.45am** Elf: Buddy's Musical Christmas **1.35** Mune: Guardian of the Moon **3.05** Lego Scooby-Doo! Haunted Hollywood **4.30 to 6.00am** Batman Unlimited: Monster Mayhem

SKY CINEMA HITS

303 403 503 517

6.30am *See 4.30am* **8.30** *See 3.35pm* **10.15** *See 10.40pm* **12.05pm** *See 7.10pm* **1.50** *See 9.00pm* **3.35** Shrek 2 ★★★★ *(2004)* **5.20** In the Loop ★★★★ *(2009)* **7.10** The Cable Guy: Comedy starring Jim Carrey. ★★★★ *(1996)* **9.00** Bill & Ted Face the Music: Comedy sequel. ★★★ *(2020)* **10.40** Evan Almighty: Comedy. ★★★ *(2007)* **12.30am** *As 5.20pm* **2.30** Kajillionaire ★★★★ *(2020)* **4.30 to 6.30am** Cats ★ *(2019)*

SKY CINEMA BLOCKBUSTERS

302 402 502 516

6.35am Stuart Little ★★★★ *(1999)* **8.05** *See 7.30pm* **10.00** *See 5.45pm* **11.45** *See 11.25pm* **1.45pm** Back to the Future Part II ★★★ *(1989)* **3.45** Back to the Future Part III ★★★★ *(1990)* **5.45** Minions ★★★★ *(2015)* **7.30** Tom & Jerry: The Movie ★★ *(2021)* **9.15** Jurassic World: Adventure starring Chris Pratt. ★★★★ *(2015)* **11.25** Back to the Future ★★★★★ *(1985)* **1.25am** *As 1.45pm* **3.25** *As 3.45pm* **5.35 to 7.10am** *As 6.35am*

SKY CINEMA FAMILY

306 406 506 520

6.00am *See 5.35pm* **7.45** *See 12.20am* **9.25** *See 4.00pm* **11.00** The Secret Garden: Drama. ★★★★ *(2020)* **12.45pm** *See 9.05pm* **2.25** Penelope: Fantasy starring Christina Ricci. ★★★ *(2006)* **4.00** Hero Mode: Comedy starring Chris Carpenter. ★★ *(2021)* **5.35** Paddington 2: Comedy with the voice of Ben Whishaw. ★★★★★ *(2017)*

9.05 Matilda

7.20 See Spot Run: Comedy starring David Arquette. ★★ *(2001)* **9.05** Matilda: Comedy starring Mara Wilson. ★★★★ *(1996)* **10.45** *As 2.25pm* **12.20am** Paper Planes: Drama. ★★★ *(2014)* **2.00** Racing Stripes: Comedy adventure. ★★ *(2004)* **3.45 to 6.00am** Pinocchio: Italian drama. Subtitled. ★★★★ *(2019)*

SKY CINEMA DRAMA

310 410 510 524

6.00am *See 2.55pm* **8.30** *See 11.30pm* **10.15** Mr Nice ★★★★ *(2010)* **12.25pm** *See 9.00pm* **2.55** Foxcatcher ★★★★ *(2014)* **5.15** About a Boy ★★★★ *(2002)* **7.00** Minari: With Steven Yeun. ★★★★ *(2020)* **9.00** Mandela: Long Walk to Freedom: With Idris Elba and Naomie Harris. ★★★ *(2013)* **11.30** Percy ★★★ *(2020)* **1.15am** American Gangster ★★★★ *(2007)* **3.55 to 6.00am** *As 7.00pm*

SKY CINEMA THRILLER

309 409 509 523

6.00am *See 5.55pm* **7.40** *See 2.00am* **9.25** *See 9.20pm* **11.55** John Wick ★★★★ *(2014)* **1.40pm** Logan Lucky ★★★★ *(2017)* **3.45** Lethal Weapon 4 ★★★ *(1998)* **5.55** Heist ★★★ *(2015)* **7.30** Limitless: Sci-fi thriller starring Bradley Cooper. ★★★★ *(2011)* **9.20** Inception: Sci-fi thriller starring Leonardo DiCaprio. ★★★★★ *(2010)* **11.50** *As 3.45pm* **2.00am** Flashback ★★★ *(2020)* **3.50 to 6.00am** *As 1.40pm*

TCM MOVIES

315 316 415 416 417

6.00am Hollywood's Best Film Directors **8.20** Off Set **8.45** They Were Expendable (b/w) ★★★ *(1945)* **11.40** The Badge of Marshal Brennan ★★ *(1957)* **1.20pm** Top Gun (b/w) ★★ *(1955)* **3.00** The Raiders ★★ *(1963)* **4.40** The Train Robbers ★★ *(1973)* **6.40** El Paso ★★ *(1949)* **8.45** Off Set **9.00** Street Kings ★★★ *(2008)* **11.15** We Own the Night ★★ *(2007)* **1.50am** The Natural ★★★★ *(1984)* **4.20** Off Set **4.30** Close Up **5.00 to 6.00am** Hollywood's Best Film Directors

SKY SPORTS MAIN EVENT

401 511 501 420 440

6.00am Sky Sports News 7.00 Goals on Sunday 9.30 LIVE ICC Men's T20 World Cup *New Zealand v Afghanistan*. **11.30 LIVE SPFL** *Dundee v Celtic*. **2.00pm LIVE Renault Super Sunday** *Arsenal v Watford:* (kick-off **2.00**). **4.00 LIVE Renault Super Sunday** *West Ham United v Liverpool:* (kick-off **4.30**). **6.55 LIVE Formula 1** The Mexican Grand Prix (start-time **7.00**). *See Highlights* **9.00 Chequered Flag 9.30 LIVE NFL** An NFL match. **12.30am NBC's FNIA 1.10 LIVE NFL** *Los Angeles Rams v Tennessee Titans*. **4.30 to 6.00am Sky Sports News**

SKY SPORTS CRICKET

404 514 504 423 443

6.00am Best of ICC WT20 7.30 ICC Men's T20 World Cup 9.30 LIVE ICC Men's T20 World Cup *New Zealand v Afghanistan:* The Group 2 match from Sheikh Zayed Stadium, Abu Dhabi. **1.30pm LIVE ICC Men's T20 World Cup** *Pakistan v Scotland:* The Group 2 match from Sharjah Cricket Stadium in the United Arab Emirates. **6.00 Best of ICC WT20 7.00 ICC Men's T20 World Cup 11.00 Best of ICC WT20 12.00m't ICC Men's T20 World Cup** Pakistan v Scotland from Sharjah Cricket Stadium. **4.30 to 6.00am Best of ICC WT20**

SKY SPORTS ARENA

408 518 508 427 447

6.00am The Rugby Championship 8.20 Greatest Games 8.30 Extreme E: Electric Odyssey 9.00 Fight Night International Mikaela Mayer v Maiva Hamadouche. **12.00noon Grand Slam of Darts 3.30pm NBA Basketball 5.30 Boxxer Series** The eight-man tournament from Liverpool. **8.30 LIVE NBA Basketball** *Toronto Raptors v Brooklyn Nets:* (tip-off **8.30**). **11.00 NBA: The Way We Ball: Toronto 11.30 Betfred Super League Highlights 12.00m't Rugby League Retro 2.00am Grand Slam of Darts 5.30 to 6.00am Betfred Super League Hlts**

BT SPORT 1

413 527 408 430

6.00am Sport in Focus 6.15 PL World 6.45 Premier League 8.15 LIVE V8 Supercars Championship Race 25. **9.45 UCL Goals Reload 10.00 WWE SmackDown 11.00 ESPN FC 11.30 LIVE Serie A** *Venezia v AS Roma*. **1.30pm UEFA Champions League Magazine 2.00 LIVE Serie A** *Sampdoria v Bologna*. **4.00 LIVE Gallagher Premiership Rugby Union** *Wasps v Harlequins*. **6.45 BT Sport Reload 7.00 Golazzo Live 7.45 LIVE Serie A** *AC Milan v Inter Milan*. **10.00 WWE NXT UK 11.00 WWE SmackDown 12.00m't WWE NXT 1.45am UCL Goals Reload 2.00 to 6.00am Highlights**

SKY SPORTS PREMIER LEAGUE

402 512 502 421 441

6.00am Premier League 7.45 Premier League 9.30 Premier League Crystal Palace v Wolverhampton Wanderers. **11.15 Premier League 1.00pm LIVE Renault Super Sunday** *Arsenal v Watford:* (kick-off **2.00**). **4.00 LIVE Renault Super Sunday** *West Ham United v Liverpool:* (k-o **4.30**). **7.30 LIVE WSL** *Arsenal v West Ham United:* (kick-off **6.45**). **9.00 PL 100 Club 9.30 Matchday Plus 10.00 Premier League 11.45 Premier League 1.30am Premier League 3.15 Premier League 5.00 Best PL Goals: Chelsea v Man Utd 5.30 to 6.00am PL 100 Club**

SKY SPORTS GOLF

405 515 505 424 444

6.00am Highlights 8.00 European Challenge Tour Golf 9.00 European Tour Golf 10.00 LIVE Ladies European Tour Golf The Aramco Saudi Ladies International. **12.00noon LIVE European Tour Golf** The Portugal Masters. **4.30pm Golf's Greatest Holes 5.00 Chronicles of a Champion Golfer 6.00 Challenge Tour Golf 6.30 Golf's Greatest Holes 7.00 LIVE PGA Tour Golf** The World Wide Technology Championship At Mayakoba. **10.00 European Tour Golf 11.00 European Challenge Tour Golf 12.00m't European Tour Golf 1.00 to 6.00am Highlights**

SKY SPORTS MIX

416 520 510 429 449

6.00am Highlights 9.00 Betfred Super League Hlts 9.15 Women's Super League 9.30 Betfred Super League Hlts 10.00 LIVE Ladies European Tour Golf Day four of the Aramco Saudi Ladies International. **2.00pm Proud To Be... Layla Guscoth 2.30 Women's Super League 2.45 Betfred Super League Hlts 3.00 Spirit of Yachting 3.30 NBA Basketball 5.30 Extreme E: Electric Odyssey 6.00 LIVE NFL Redzone** All the key moments, with live stats, analysis and more. **1.00am PL World 1.30 PL 100 Club 2.00 to 6.00am Premier League Years**

BT SPORT 2

414 528 409 431

6.00am Ligue 1 7.00 Serie A 8.00 Serie A 9.00 LIVE MotoGP The Grand Prix of Algarve warm ups. **10.30 LIVE MotoGP** The Grand Prix of Algarve Moto3, Moto2 and MotoGP races. **3.30pm MotoGP Chequered Flag 4.30 Extreme E – Electric Odyssey 5.00 LIVE Serie A** *Napoli v Hellas Verona:* (kick-off **5.00**). **7.00 UCL Goals Reload 7.15 UEFA Europa League Goals Reload 7.30 LIVE Ligue 1** *Rennes v Lyon:* (kick-off **7.45**). **9.45 BT Sport Reload 10.00 UFC 1.00am UFC Reloaded 2.45 UEFA Europa League Goals Reload 3.00 to 6.00am Classic MOTD – Thrillers**

SKY SPORTS FOOTBALL

403 513 503 422 442

6.00am EFL Highlights 7.00 World Cup Qualifiers Preview Show 7.30 EFL Highlights 11.30 LIVE SPFL *Dundee v Celtic:* (kick-off **12.00**). **2.30pm LIVE Bundesliga** *Hertha Berlin v Bayer Leverkusen:* (kick-off **2.30**). **4.30 World Cup Qualifiers Preview Show 5.00 EFL Highlights 6.00 World Cup Qualifiers Preview Show 6.30 LIVE WSL** *Arsenal v West Ham United:* (kick-off **6.45**). **9.00 LIVE MLS** A game from Major League Soccer. **10.40 MLS 10.45 EFL Highlights 11.00 LIVE MLS** A MLS match. **1.10am Greatest Games 1.15 to 6.00am Highlights**

SKY SPORTS NFL

407 517 507 426 446

6.00am NFL Highlights 8.00 NFL: A Football Life 9.00 NFL Highlights 1.00pm NFL Bitesize 2.00 NFL Gameday 5.00 LIVE NFL An NFL match. **9.15 LIVE NFL** An NFL match. **12.30am NBC's FNIA 1.10 LIVE NFL** *Los Angeles Rams v Tennessee Titans:* (k-off **1.20**). **4.30 to 6.00am NFL Bitesize**

SKY SPORTS F1

406 516 506 425 445

5.30 to 10.00pm LIVE The Mexico City Grand Prix Round 18 at Autódromo Hermanos Rodríguez (start-time **7.00**).

EUROSPORT

410 521 412 435

6.00am Olympics: The Invisible Bond 7.00 LIVE Barcelona Marathon From Spain. **9.45 UCI Track Champions League 10.30 Show Jumping: FEI World Cup 12.00noon Snooker: English Open 12.45pm LIVE Snooker: English Open** The first session of the final. **4.00 Cyclo-Cross 6.00 Snooker: English Open 6.45 LIVE Snooker: English Open** The second session of the final. **10.00 Snooker: English Open Final 12.00m't World Superbikes 1.00am World Superbikes Extra 2.00 Formula E: Season Review 3.00 Motocross World Champs 4.00 to 6.00am Snooker: Scottish Open Final**

BT SPORT 3

417 529 410 432

6.45am BT Sport Reload 7.00 UCL Review 8.00 Europa League Highlights Show 9.00 WWE Raw 10.00 Fight Night 12.00noon LIVE Ligue 1 *Marseille v Metz*. **2.00pm LIVE Ligue 1** *Reims v Monaco*. **4.00 LIVE Ligue 1** *Nice v Montpellier*. **6.00 LIVE NCAA Championship** An ACC Women's Soccer Tournament Championship Game. **8.00 Ultimate Goal 9.00 UEFA Champions League Goals Reload 9.15 LIVE Primeira Liga** *Benfica v SC Braga*. **11.15 Europa League Goals Reload 11.30 Serie A 3.30am 30 For 30: Long Gone Summer 5.30 to 6.00am BT Sport Reload**

(SL) Signed (S) Subtitles (R) Repeat

MONDAY HIGHLIGHTS

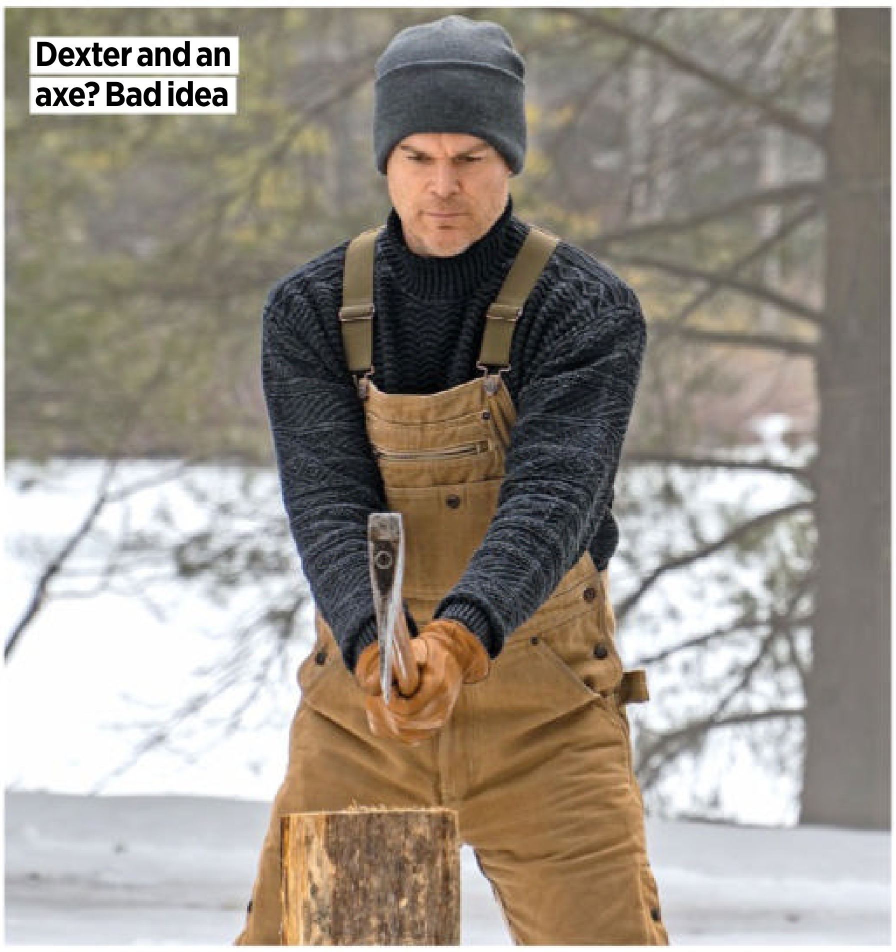
St Cecilia's resident Phyllis with Ed Balls

Inside the Care Crisis

● **FACTUAL / 9pm / BBC2**

NEW **Care homes** were plunged into crisis when Coronavirus struck last spring, yet many believe that the care sector was already in deep trouble long before the pandemic reached our shores. This series follows Ed Balls, who took the painful decision to place his mother in care three years ago, as he works in St Cecilia's nursing home in Scarborough to find out what has gone wrong. It's an admirable approach that earns Ed the respect of his new colleagues, with the former politician soon discovering that he has become part of a team that feels their challenging work is deeply undervalued. ★★★★ *SMA*

● **See feature, page 21**


Dexter and an axe? Bad idea

Dexter: New Blood

● **DRAMA / 10.05pm / Sky Atlantic/NOW**

NEW **The forensics expert** and 'friendly' serial killer Dexter Morgan (Michael C Hall) is back eight years after the original series went out with a whimper. Dexter's now living under an assumed name in a mountain resort in upstate New York. His dark past and murderous feelings begin to creep back, however, when his girlfriend, who happens to be Chief of Police, gets involved in some baffling cases and he makes his first kill in 10 years. Then Dexter's teenage son arrives demanding answers about his abandonment. A cracking opener. ★★★★★ *NC*

Ben at Bamburgh

Villages by the Sea

● **FACTUAL / 7pm / BBC2**

NEW **Archaeologist Ben Robinson's** series on some of our historically significant coastal villages returns. Bamburgh, Northumberland, is the first, with its imposing castle towering over the pretty houses below. Ben hears how archaeologists discovered evidence of a much-earlier settlement and learns about an 18th-century resident who was way ahead of his time. ★★★ *JL*

Marcus, Gregg and Monica return

MasterChef: The Professionals

● **FOOD / from 7.35pm (times and channels vary) / BBC1**

NEW **Another 32 chefs** brave the pressure under the watchful gaze of judges Marcus Wareing, Gregg Wallace and Monica Galetti. In the first of tonight's two episodes, nerves get to the contestants in the skills test when the first four attempt a monkfish dish. 'The skills test can throw them because they think we're trying to trick them,' says Monica, 'but it's about them giving us a glimpse of what they can do'. Continues on Thursday and Friday. ★★★★ *HD*

● **See feature, page 17**

Gemma Whelan plays DS Collins

PICK OF THE DAY

The Tower

Meet a detective who needs a head for heights

● **DRAMA / 9pm / ITV**

NEW Gemma Whelan leads a great cast in this crime thriller with contemporary themes. DS Sarah Collins (Gemma) investigates when a child refugee and a veteran cop are found dead at the bottom of a tower block. Up on the roof, Sarah finds rookie PC Lizzie Adama (Tahirah Sharif), her boss DI Kieran Shaw (*The Deceived*'s Emmett J Scanlan) and a traumatised five-year-old boy. The tragic incident is just one strand of a web that proves to be very tangled indeed. Continues tomorrow. ★★★★ *VW*

● See feature, page 6

Gino, sons Rocco and Luci, and a lot of sheep!

Gino's Italian Family Adventure

● **FACTUAL / 8pm (times vary) / ITV (NI, Tues)**

NEW **It's always a laugh** when Gino D'Acampo hits the road with celebrity pals. But for this series Gino's joined by his wife Jessica and their three children as he explores Southern Italy. In tonight's opener, Gino takes his brood kayaking, then shepherding in the hills. Things do not quite go according to plan. Funny, touching and full of Gino's infectious charm. ★★★★ *VW*

● See feature, page 12

THE TOURNAMENT

Alex Scott asks the questions

The Tournament

● **GAME SHOW / 2.15pm / BBC1**

NEW **Presenter and former football pro** Alex Scott is the ideal host for this daily quiz adding elements of sports strategies to the usual quickfire questions. The contestants at the top of the leaderboard get to pick the category for their next round as well as their opponent. But each player has taken part in a secret assessment – and it's only after the players for the head-to-head have been confirmed that they learn which of them is the favourite! With engaging banter and a play-along-at-home factor, this game show's definitely in the Premier League. ★★★★ *SP*

● See feature, page 11

ALSO ON...

The Cockfields

● **COMEDY / 10pm / GOLD**

NEW **The return of the beautifully observed comedy, with Sue Johnston, Joe Wilkinson and Gregor Fisher, who steps in to the late Bobby Ball's role.**

Moneybags

● **GAME SHOW / 3pm / C4**

NEW **Craig Charles hosts this weekday game show with a £1m jackpot at stake for the player who can grab or 'steal' enough cash to play in the final round.**

MONDAY 8 November

BBC1

HD **Freeview HD 101** Sky HD 115 Virgin TV HD 108 (Scot 101) Freesat HD 106

6.00 Breakfast (S)(HD) **9.15 Morning Live** (S)(HD) **10.00 Dom Digs In** A visit to the Port of Tyne. (S)(R)(HD)(AD) **10.45 Expert Witness** Analysis of text messages reveal a husband's plot to cover up his wife's murder. (S)(HD) **11.15 Homes Under the Hammer** (S)(R)(HD)(AD)

12.15 Bargain Hunt (S)(HD)(AD)

1.00 BBC News at One (S)(HD) and **Weather**

1.30 BBC Regional News (S) and **Weather**

1.45 Doctors *Close Up:* Rob struggles to open up in therapy. (S)(HD)(AD) ***See Soaps, page 27***

2.15 The Tournament
NEW Quiz with Alex Scott. (S)(HD) ***See feature, page 11, and Highlights* ● *Continues all week***

3.00 Escape to the Country (S)(R)(HD)(AD)

3.45 Clean It, Fix It
NEW A team of cleaners set out to transform living spaces, beginning in south Wales. (S)(HD)

4.30 The Repair Shop The team restores a lead statue of a young man with a dog. (S)(HD)(AD) ● ***Repeated tomorrow at 7.00am on BBC2***

5.15 Pointless Quiz show. (S)(R)(HD)

6.00 BBC News at Six (S)(HD) and **Weather**

6.30 BBC Regional News (S) and **Weather**

7 PM

7.00 The One Show Live topical reports. (S)(HD)

7.35 MasterChef: The Professionals
NEW Judges Monica Galetti, Gregg Wallace and Marcus Wareing return to assess the efforts of four competitors, who are challenged to prepare bangers and mash served with beer and onion gravy. (S)(HD)(AD) ***See feature, page 17, and Highlights* ● *Continues at 8.30pm***

8 PM

8.05 EastEnders Martin and Zack nervously await news that could change their future. (S)(HD)(AD) ***See Soaps, pages 28-29***

8.30 MasterChef: The Professionals The four chefs from heat one return for their second challenge, in which they must demonstrate their own unique style by preparing a main and a dessert of their own choosing. (S)(HD)(AD)

9 PM

9.00 The Outlaws 3 of 6. Myrna questions what to do with her life when the organisation she founded rejects her; Rani runs into trouble with Christian, but a trip on a booze cruise deepens their budding connection; and Gabby and Greg work on plans for her festival, even as Spencer threatens to lead her astray. (S)(HD)(AD)

10 PM

10.00 BBC News at Ten (S)(HD)

10.25 BBC Regional News (S) and **Weather**

10.30 Weather (S)(HD)

10.35 RuPaul's Drag Race UK 7 of 10. Alesha Dixon joins RuPaul, Michelle Visage and Alan Carr on the judging panel, as the contenders face a test of their stamina when they are challenged to showcase three different looks on the runway against the clock. (S)(HD)

11.40 The Apprentice Australia *Puppy Video:* The teams are asked to create an irresistible puppy video that has the potential to be the next viral social media hit. (S)(HD)

12.40 The Graham Norton Show Including a chat with guest Halle Berry. (S)(R)(HD) ● ***Continues on Friday at 10.35pm*** **1.30 Weather for the Week Ahead** (S)(HD) **1.35 to 6.00 BBC News** (S)(HD)

BBC2

HD **Freeview HD 102** Sky HD 102 Virgin HD TV 102 Freesat HD 102

6.30 Money for Nothing (S)(R)(HD) **7.15 Bargain Hunt** (S)(R)(HD)(AD) **8.00 The Repair Shop** The experts restore a roulette machine and a carousel horse. (SL)(S)(R)(HD)(AD) **9.00 BBC News at 9** (S)(HD) **10.00 BBC News** (S)(HD)

12.15 Politics Live The latest stories. (S)(HD)

1.00 Heir Hunters (S)(R)(HD)(AD)

1.45 Eggheads Quiz show. (S)(R)(HD)

2.15 Vintage Antiques Roadshow From Dartmouth, Devon. (S)(R)(HD)

3.00 The Hairy Bikers' Comfort Food *Come On Over:* Si King and Dave Myers prepare indulgent treats for friends. (S)(R)(HD)(AD)

3.45 Mountain Vets (S)(R)(HD)(AD)

4.15 Inside the Supermarket 4 of 6. Product developer Charlotte has to work on a vegan centrepiece for Christmas. (S)(R)(HD)(AD)

5.15 Flog It! From Cheshire. (S)(R)(HD)

6.00 Richard Osman's House of Games Mike Wozniak, Mehreen Baig, Clare Balding and Jamie Laing go toe-to-toe testing their general knowledge. (S)(HD) ● ***Continues all week***

6.30 Strictly: It Takes Two Rylan chats to the latest couple to leave the contest. (S)(HD)(AD)

7.00 Villages by the Sea
NEW 1 of 6. Travel documentary series in which archaeologist Ben Robinson reveals how villages played vital parts in history, beginning in Northumberland. (S)(HD) ***See Highlights***

7.30 Mastermind Specialist subjects are the films of Richard Curtis, Joseph Rowntree, the Inspector Morse novels and William IV. (S)(HD)

8.00 Only Connect *Scrubs v Librarians:* Another second-round match as the Scrubs take on the Librarians for a place in the quarter-finals of the lateral-thinking quiz show. (S)(HD)

8.30 University Challenge Jeremy Paxman asks the questions as the second round of the quiz continues, with two more teams of four pitting their wits against one another. (S)(HD)

9.00 Inside the Care Crisis with Ed Balls
NEW 1 of 3. Documentary in which the former MP examines the elderly care sector by living and working alongside the staff and residents of St Cecilia's care home in Scarborough, North Yorkshire. (S)(HD)(AD) ***See feature, page 21, and Highlights* ● *Repeated on Friday at 11.05pm***

10.00 Frankie Boyle's New World Order 3 of 7. The comic tries to make sense of the world, using a combination of stand-up, review, discussion and audience interaction to dissect the week's news – with guests on hand to take him to task over his claims. (S)(HD) ● ***Repeated on Thursday at 11.15pm***

10.30 Newsnight (S)(HD)

11.10 Weather (S)(HD)

11.15 The 80s – Music's Greatest Decade? With Dylan Jones *As Saturday.* 3 of 4. The author opens up the archives and selects some of the most significant alternative voices in 1980s music, from the Cure on *Top of the Pops* to the Stone Roses' debut TV performance in 1989. (S)(R)(HD)

12.15 Countryfile (SL)(S)(R)(HD) **1.15 Saving Lives at Sea** (SL)(S)(R)(HD)(AD) **2.15 to 2.40 What We Do in the Shadows** (SL)(S)(R)(HD)(AD)

ITV

HD **Freeview HD 103** Sky HD 103 Virgin TV HD 113 Freesat HD 111

6.00 Good Morning Britain (S)(HD) **9.00 Lorraine** Entertainment and fashion news. (S)(HD) **10.00 This Morning** With a mix of celebrity chat, lifestyle features, advice and competitions. Including **Local Weather** (S)(HD)

12.30 Loose Women Topical debate. (S)(HD)

1.30 ITV News (S)(HD) and **Weather** including **Local News** (S)(HD) and **Weather**

2.00 Dickinson's Real Deal David Dickinson visits Peterborough, where Tracey Thackrey Howitt assesses tin-plate toys. (S)(HD)

3.00 Lingo
NEW Adil Ray returns with the quiz, as a mother and son duo from Norfolk, Nottingham siblings Amit, and a woman and her son-in-law from Bromsgrove taking part. (S)(HD)

4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (S)(HD)

5.00 The Chase Bradley Walsh presents as contestants answer general knowledge questions to secure a cash prize. (S)(HD)

6.00 Local News (S)(HD) and **Weather**

6.30 ITV News (S)(HD) and **Weather**

7.00 Emmerdale Priya struggles; Chas hatches a plan; and motherhood starts to hit home for Gabby. (S)(HD)(AD) ***See Soaps, pages 26-27***

7.30 Coronation Street Kelly's release presents Toyah and Imran with a dilemma; James tackles Danny about his job opportunity; and Sam prepares for the funeral. (S)(HD)(AD) ***See Soaps, pages 24-25* ● *Continues at 8.30pm***

8.00 Gino's Italian Family Adventure
NEW *Family in Sardinia:* 1 of 7. Gino D'Acampo explores the roots of his passion for food, rediscovering the places and the flavours that shaped him and inspired him. (S)(HD)(AD) ***See feature, pages 12-13, and Highlights***

8.30 Coronation Street James encourages Danny to pursue his dream. (S)(HD)(AD)

9.00 The Tower
NEW 1 of 3. Crime thriller starring Gemma Whelan and Tahirah Sharif. A veteran beat cop and a teenage girl fall to their deaths from a tower block in southeast London, and Detective Sergeant Sarah Collins is charged with leading the investigation. (S)(HD)(AD) ***See feature, pages 6-7, and Highlights* ● *Continues tomorrow***

10.00 ITV News at Ten (S)(HD) and **Weather** including **Local News** (S)(HD) and **Weather**

10.45 Manhunt: The Raoul Moat Story Nicky Campbell looks back at the 2010 search for Raoul Moat, who went on the run after shooting dead his ex-girlfriend's new partner and severely wounding her. (S)(R)(HD)(AD)

11.45 All Elite Wrestling: Dynamite
SPORT Featuring all the biggest stars on the roster, including Young Bucks and Jon Moxley. (S)(HD)

1.25 Teleshopping (HD) **3.00 FYI Extra** (HD) **3.15 The Tower** (S)(R)(HD)(AD) **4.05 Unwind With ITV** (HD) **5.05 to 6.00 Tipping Point** (SL)(S)(R)(HD)

ITV+1 *Freeview 34, Sky 203, Virgin 114, Freesat 112*

CHANNEL 4

HD Freeview HD 104 Sky HD 138 Virgin TV HD 104/141

6.05 Countdown (S)(R)(HD) **6.45 The Big Bang Theory** (S)(R)(HD) **7.10 The Big Bang Theory** (S)(R)(HD) **7.35 The King of Queens** (S)(R) **8.00 The King of Queens** (S)(R) **8.30 The King of Queens** (S)(R) **9.00 Frasier** (S)(R) **9.30 Frasier** (S)(R) **10.00 Frasier** (S)(R) **10.30 Ramsay's Kitchen Nightmares USA** (S)(R) **11.25 Channel 4 News Summary** (S)(HD) **11.30 Find It, Fix It, Flog It** Simon builds a chandelier. (S)(R)(HD)

12.30 Steph's Packed Lunch (S)(HD)

2.10 Countdown With Alastair Campbell. (S)(HD)

3.00 Moneybags
NEW High-stakes quiz show hosted by Craig Charles. (S)(HD) ● ***Continues all week***

4.00 A Place in the Sun Seeking a holiday home on Spain's southern Costa Blanca. (S)(HD)

5.00 Four in a Bed The first destination of the week is in Lickey, Birmingham. (S)(HD)

5.30 Come Dine with Me *West Midlands:* Entrepreneur Kuda serves up a Zimbabwean à la carte menu. (S)(HD) ● ***Continues all week***

6.00 The Simpsons *The Fool Monty:* Mr Burns suffers from a bout of amnesia. (S)(R)(HD)

6.30 Hollyoaks Ali is one step ahead as he gives Misbah an ultimatum. (S)(R)(HD) ***See Soaps page 27* ● *The next episode follows on E4***

7.00 Channel 4 News (S)(HD) and **Weather**

7.55 The Political Slot Laura Farris MP sets out the government's plan to protect women and girls from abuse and violence. (S)(HD)

8.00 The Secret World of Chocolate 1 of 3. Dawn French narrates a look at some of the fiercest rivalries between British chocolate bar manufacturers, revealing the lengths companies were willing to go in a bid to make their product the nation's favourite. (S)(R)(HD)

9.00 Rape: Who's on Trial?
NEW One-off documentary following police officers at Avon and Somerset Constabulary through four sexual assault investigations, and examining the challenges in securing a conviction. Featuring testimony of women prepared to speak about their experiences; and an interview with Deputy Chief Constable Sarah Crew, who also acts as the national lead for rape crime, on what more can be done to ensure offenders are brought to justice. (S)(HD) ● ***Repeated on Thursday at 1.00am***

10.30 The Rape Debate: Who's on Trial?
NEW Jackie Long chairs a one-off debate on the issues raised in the previous programme, with politicians, police officers, prosecutors, campaigners and survivors. (S)(HD)

11.30 999: On the Front Line 8 of 10. Paramedics treat a man who has taken an overdose; and a six-year-old girl suffers a seizure in a school playground. (S)(R)(HD)

12.30 24 Hours in A&E (S)(R)(HD) **1.25 Ramsay's Hotel Hell** (S)(R)(HD) **2.15 Undercover Boss USA** (S)(R)(HD) **3.05 The Royal House of Windsor** (S)(R)(HD) **4.00 Couples Come Dine with Me** (S)(R)(HD) **4.55 Building the Dream** (S)(R)(HD) **5.50 to 6.05 Kirstie's House of Craft** (S)(HD)

CHANNEL 4+1 *Freeview 15, Sky 204, Virgin 142, Freesat 121*

CHANNEL 5

HD Freeview HD 105 Sky HD 105 Virgin HD 105 Freesat HD 105

6.00 to 9.15 Milkshake! 9.15 Jeremy Vine (S)(HD) **11.15** FILM **Last Chance for Christmas** Fantasy starring Gabriel Hogan and Hilarie Burton. (S)(HD) ★★ *(2015)* ***See Films, pages 31-35***

12.45 Friends (S6, ep7) (S)(R)(HD) followed by **5 News at Lunchtime**

1.15 Home and Away Mackenzie and Logan try to bond at a deeper level. (S)(R)(HD)(AD) ***See Soaps, page 29* ● *Repeated at 6.00pm on 5STAR***

1.45 Neighbours Kyle gets the results of his scan and needs support more than ever. (S)(HD)(AD) ***See Soaps, page 29* ● *Repeated at 6.00pm***

2.20 First Christmas
FILM PREMIERE Festive drama starring Idara Victor, Tonea Stewart and Nikki Dixon. A writer given up for adoption is invited to spend Christmas with her biological family – who she has never met before. (S)(HD) ★★★ *(2020)* ***See Films, pages 31-35***

4.00 Bargain-Loving Brits in the Sun 2 of 9. Kim and Matt reopen their chip shop a year after a devastating fire. (S)(R)(HD)

5.00 5 News (S)(HD)

6.00 Neighbours *As 1.45pm.* (S)(R)(HD)(AD)

6.30 Eggheads Quiz show. (S)

7 PM

7.00 UK's Strongest Man
SPORT 2 of 5. A review of the best action from the three-day competition in Milton Keynes, featuring the Group B quarter-final. The eight contestants take on challenges such as the Super Yoke Carry, Dumbbell Medley and Car Deadlift Hold. (S)(HD) followed by **5 News**

8 PM

8.00 Motorway Cops: Catching Britain's Speeders PC Chris Swash is part of a team hunting for a gang of burglars who decided to flee on foot after crashing their car; and PC Ian Cosgrove has an emergency to deal with after a van wheel spins off, shoots across the central reservation and hits an oncoming car. **Last in the series** (S)(HD) followed by **5 News**

9 PM

9.00 Casualty 24/7: Every Second Counts 5 of 10. A high number of call-outs for ambulances has resulted in paramedics queuing with patients in the corridor at Barnsley Hospital's A&E department, so the team must decide who is seen at once and who can wait, and priority is given to two patients who are fighting for breath. (S)(HD)

10 PM

10.00 Police Code Zero: Officer Under Attack 3 of 4. After a knife falls out of a criminal's pocket in Bedford, it takes three officers to get him in handcuffs; a policeman is knocked out in an unprovoked attack in King's Lynn; and in Bradford, a wanted youth decides not to come quietly and starts fighting with an officer. (S)(R)(HD)

11.05 The Naked Gun
FILM Comedy starring Leslie Nielsen. LA's most inept detective foils an assassination attempt on Queen Elizabeth II. (S)(HD) ★★★★ *(1988)* ***See Films, pages 31-35*** including **Access**

1.00 SPORT **NFL: Monday Night Football** *Pittsburgh Steelers v Chicago Bears:* (kick-off **1.15**). (S)(HD) **4.30 Britain's Greatest Bridges** (S)(R)(HD) **4.45 Wildlife SOS** (S)(R)(HD) **5.10 House Doctor** (SL)(S)(R) **5.35 to 6.00 Milkshake!** (SL)(S)(R)

CHANNEL 5+1 *Freeview 45, Sky 205, Virgin 155, Freesat 128*

ON DEMAND

FACT-BASED DRAMA

NEW **A Cop Movie** NETFLIX
This award-winning film blurs the lines between drama and documentary as it follows two Mexico City police officers, who are also romantic partners away from the job, as they put their lives on the line in the city's corrupt force. ***Available now***

YOU MIGHT ALSO LIKE...

The Guilty NETFLIX
A detective (Jake Gyllenhaal) is demoted to 911 operator but then put to the test when he receives a call from a woman claiming to have been kidnapped. ***Available now***

ITV VARIATIONS

ANGLIA No variations
BORDER No variations
CENTRAL No variations
CHANNEL No variations
GRANADA No variations
LONDON No variations
MERIDIAN No variations
TYNE TEES No variations
WEST No variations
WESTCOUNTRY No variations
YORKSHIRE No variations

GREAT SAVINGS! Subscribe TODAY! 6 issues for £1
magazinesdirect.com/tvt21

(SL) Signed (S) Subtitles (R) Repeat

FREEVIEW

BBC4

Freeview 9/24 (HD 106)

116 107 107 107

BBC4 programmes begin at 7pm

8.00 Fake or Fortune?

6PM – 11PM

7.00 Great British Railway Journeys A trip from Dundee to Aberdeen. (S)
7.30 The Joy of Painting **New edition** Painting a lake. (S)
8.00 Fake or Fortune? A possible Edouard Vuillard. (S)
9.00 Lost Home Movies of Nazi Germany 2 of 2. Amateur footage from the war. (S)
10.00 MR James: A Warning to the Curious An archaeologist awakens a spirit. (S)
10.50 WWI: The Last Tommies (S)

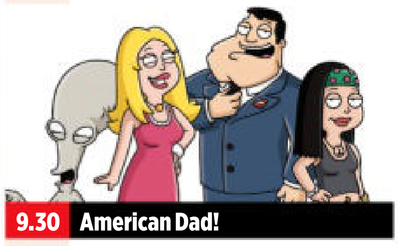
11.50 Guilt: Max orders Jake and Angie to leave. **Last in the series** (S)
12.50 am Great British Railway Journeys: Michael Portillo travels from Dundee to Aberdeen. (S)
1.20 Fake or Fortune? (S)
2.20 to 3.20am Lost Home Movies of Nazi Germany (SL)(S)

ITV2

Freeview 6 (+1 28)

118 218 115 176 116 113 114

6.00 am Love Bites **7.00** The Ellen DeGeneres Show **8.00** Emmerdale
8.30 Coronation Street (SL)(S)
9.30 Supermarket Sweep (S)
10.30 Dress to Impress (S)
11.30 Love Bites (S)
12.30 pm Emmerdale (S)
1.00 Coronation Street (S)
2.00 The Ellen DeGeneres Show **New edition** With Jane Lynch. (S)
3.00 Dress to Impress (S)
4.00 Love Bites (S)
5.00 You've Been Framed! Gold (S)



9.30 American Dad!

6.00 Celebrity Catchphrase (S)
7.00 Superstore Double-bill. (S)
8.00 Bob's Burgers Double-bill, including: The family spends the weekend with Mort. (S)
9.00 Family Guy Stewie invents a shrinking machine. (S)
9.30 American Dad! Francine explores ASMR. (S)
10.00 NEW Bad Boy Chiller Crew Documentary following the Bradford-based rap trio. (S)
10.45 Family Guy Lois receives a surprise birthday present.

11.15 Family Guy (S)
11.40 American Dad! (S)
12.10 am Peckham's Finest (S)
12.50 Bob's Burgers (S)
1.45 Superstore (S)
2.35 The Emily Atack Show (S)
3.15 Unwind With ITV
3.30 to 6.00am Teleshopping

ITV3

Freeview 10 (+1 58)

119 219 117 177 174 115 116

6.00 am Classic Coronation Street (S)
7.00 Classic Emmerdale (S)
8.05 Man About the House (S)
8.40 That's My Boy (S)
9.15 Inspector Morse (S)
11.35 Heartbeat (S)
1.45 Classic Emmerdale (S)
2.50 Classic Coronation Street (S)
3.50 Agatha Christie's Poirot: Double-bill. An actress witnesses the murder of a shady producer; and a well-known eccentric contacts the Belgian sleuth. (S)

6.00 Heartbeat

6.00 Heartbeat Double-bill, including: A series of burglaries plague the Aidensfield community. (S)
8.00 FILM Dad's Army World War Two comedy starring Toby Jones. The captain of a seaside town's home guard contends with German spies and a female journalist. (W)(S) ★★★ *(2016)*
10.00 Scott & Bailey An episode set immediately after the events of series two. (S)

11.05 Little Boy Blue: Fact-based crime drama series about the police investigation into the fatal shooting of 11-year-old Rhys Jones. Stephen Graham stars. (S)
12.05 am Inspector Morse (SL)(S)
2.15 Unwind With ITV
2.30 to 6.00am Teleshopping

ITV4

Freeview 25

120 220 118 178 175 117 118

6.00 am The Protectors (S)
6.25 The Saint (S)
7.20 The Return of Sherlock Holmes (S)
8.20 Dempsey and Makepeace (S)
9.25 The Professionals (S)
10.25 Minder (S)
11.35 The Saint (S)
12.40 pm Extreme Salvage Squad (S)
1.40 Casebook of Sherlock Holmes (S)
2.50 Dempsey and Makepeace (S)
3.50 The Professionals (S)
4.50 Minder: Arthur buys 2,000 tickets for an England football match. (S)

11.20 Ransom

6.00 Extreme Salvage Squad The team heads to Kalgoorlie, the gold mining capital of Australia. (S)
7.00 LIVE FA Cup Football *Dagenham & Redbridge v Salford City:* Mark Pougatch presents coverage of the first-round encounter, which takes place at Victoria Road (kick-off **7.45**). (S)
10.15 MotoGP Highlights The best of the action from round 17 of the season. (S)

11.20 FILM Ransom: Thriller starring Mel Gibson. An airline executive turns the tables on the kidnappers who are holding his son to ransom. (W)(S) ★★★ *(1996)*
1.45 am Motorsport UK (S)
2.45 Unwind With ITV
3.00 to 6.00am Teleshopping

ITVBE

Freeview 27

131 119 179 120 119

7.00 am Real Housewives of Cheshire
8.00 Buying and Selling (S)
9.00 LittleBe
12.00 noon Be Beautiful (S)
12.10 pm The Real Housewives of Orange County (S)
1.10 Real Housewives of Cheshire (S)
2.10 The Only Way Is Essex (S)
3.10 Million Dollar Listing: NYC **New edition** Reality series. (S)
4.05 Real Housewives of New York City
5.00 The Real Housewives of Atlanta: Kenya reveals intimate details. (S)

9.00 The Real Housewives of Cheshire

6.00 Making It Home with Kortney & Kenny **New edition** Huong and Jeremy enlist Kortney and Kenny's help with renovations. (S)
7.00 Buying and Selling Help for a couple expecting their second child. (S)
8.00 Dinner Date (S)
9.00 The Real Housewives of Cheshire **New edition** (S)
10.00 Love Island: Australia **New edition** A new batch of singles arrive at the villa. (S)

11.35 The Only Way Is Essex: Double-bill, including: Mark deals with the aftermath of the VIP night at his club; and Amy's relationship with Kirk hits a rocky patch. (S)
12.40 am Unwind With ITV: Daily escape to encourage relaxation.
1.00 to 7.00am Teleshopping

5STAR

Freeview 31

128 228 151 186 131 141

6.00am Teleshopping
8.00 Entertainment News on 5
8.10 Rich Kids Go Skint
9.00 Rich Holiday, Poor Holiday
10.00 Filthy House SOS
11.00 Casualty 24/7: Every Second Counts
12.00noon Traffic Cops
2.00pm Police Interceptors:
5.00 The Nightmare Neighbour Next Door: Following disputes between people whose houses border each other.

6PM – 11PM

6.00 Home and Away (S)
7.00 Britain's Parking Hell Documentary about the daily battles for parking spaces. (S)
8.00 Call the Bailiffs: Time to Pay Up The bailiffs track down a chef with an unpaid bill. (S)
9.00 Cold Case Killers **New edition** The disappearance of a mother of two. (S)
10.00 Porn Stars: Our Secret World **New edition** (S)

11.00 Kinky on Camera: Adults Only!: The sex industry.
12.00m't Skin A&E
1.00am Wentworth: The Final Sentence: Double-bill.
3.05 Dirty John
3.50 Entertainment News on 5
4.00 to 6.00am Teleshopping

5USA

Freeview 21

141 241 153 185 129 130

6.00am Teleshopping
9.00 Murder, She Wrote
10.00 NCIS: Double-bill.
12.00noon Law & Order: Back-to-back episodes, including: Fresh evidence points to yet another suspect. (S7, ep17); a woman is killed hours after a serial rapist is freed on parole. (S7, ep18); and the detectives investigate the death of a female rock singer, who apparently died of an overdose. (S13, ep3)

6.00 NCIS Back-to-back episodes, including: The team investigates the murder of a Navy pilot. (S7, ep11); Tony's father is linked to an assassination attempt. (S7, ep12); and an assassin targets a government witness on a flight. (S7, ep13)
10.00 Law & Order: Special Victims Unit An Alzheimer's patient claims to have been raped. (S19, ep22) (S)

11.00 Law & Order: Special Victims Unit: Triple-bill, including: Benson deals with a hostage situation. (S19, ep23)
1.55am The Enemy Within
2.55 NCIS
3.35 Criminals: Caught on Camera
4.00 to 6.00am Teleshopping

YESTERDAY

Freeview 26

155 255 129 200 159

6.00am The Day When Hitler Lost the War **7.10** The Day When De Gaulle Chose War
8.00 Forbidden History
9.00 Bangers and Cash
10.00 Train Truckers
11.00 Secrets of the London Underground **12.00noon** Great British Railway Journeys
2.00pm Abandoned Engineering
4.00 World War Weird
5.00 Narrow Escapes of World War Two: Documentary.

6.00 Great British Railway Journeys Double-bill.
7.00 Abandoned Engineering
8.00 The Architecture The Railways Built **New edition** How the railways changed the fortunes of Margate and Ramsgate.
9.00 Hornby: A Model World **New edition** Building a new version of the iconic *Spitfire*.
10.00 Chris Tarrant: Extreme Railways

11.00 Secrets of the Transport Museum: An F1 racer goes on a perilous journey.
12.00m't Abandoned Engineering
1.00am The Day When Hitler Lost the War **2.00** The Day When De Gaulle Chose War
3.00 to 6.00am Teleshopping

REALLY

Freeview 17

142 128 160

6.00am Fantasy Homes by the Sea
7.00 Teleshopping
8.00 Homes Under the Hammer
10.00 Antiques Road Trip
12.00noon Money for Nothing
1.00pm A Place in the Sun
2.00 Animal Cops Houston
4.00 Pit Bulls & Parolees: A dog is abandoned in the swamps.
5.00 The Great British Bake Off: Sandi Toksvig and Noel Fielding present as the contestants put their pastry skills to the test.

6.00 Money for Nothing From Altrincham.
7.00 Antiques Road Trip Double-bill. Philip Serrell and Natasha Raskin compete. (S)
9.00 Celebrity Yorkshire Auction House **New edition** Angus Ashworth helps celebrities clear their homes of clutter.
10.00 The Repair Shop Fixing a music box, a miniature globe and a garnet bracelet. (S)

11.00 Ghost Adventures: Double-bill, including: Zak and the crew investigate the Joshua Tree Inn in California.
1.00am Kindred Spirits
2.00 Teleshopping
4.00 to 6.00am Animal Cops Houston: Double-bill.

TALKING PICTURES

Freeview 81

328 445 306

6.00am FILM The Second Mr Bush (b/w) ★★ *(1940)*
7.05 FILM Guilty? ★★ *(1956)*
8.55 Tread Carefully
9.00 Together
9.30 Adventures of William Tell
10.00 FILM Uncle Silas *(1947)*
12.05pm FILM Ask a Policeman
1.40 Look at Life
2.00 Rooms: Double-bill.
3.00 FILM Rough Cut: Crime caper comedy. ★★ *(1980)*
5.15 Berth 24

6.00 Scotland Yard
6.35 Railways For Ever!
6.45 FILM The Impersonator Thriller with John Crawford and Jane Griffiths. (b/w) ★★★ *(1961)*
8.00 The Main Chance
9.00 FILM Inferno Thriller starring Robert Ryan and Rhonda Fleming. (S) ★★★ *(1953)*
10.45 FILM Undercover War drama starring John Clements. (b/w) ★★ *(1943)*

12.30am FILM Who Dares Wins: Action thriller with Lewis Collins and Judy Davis. ★★ *(1982)*
3.00 FILM Girl in the Headlines : Drama. (b/w) ★★★ *(1963)*
4.50 Read All About It
5.30 to 6.00am The Adventures of Sir Lancelot (b/w)

QUEST

Freeview 12 (HD 114 +1 69)

144 244 169 213 172 168

8.00am Find It, Fix It, Flog It **9.00** Wheeler Dealers **10.00** Chasing Classic Cars **11.00** Disasters Engineered **12.00noon** Shed and Buried **1.00pm** Combat Dealers **2.00** The Repair Shop **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Goblin Works Mod Shop **6.00** Wheeler Dealers **7.00** Outback Opal Hunters **8.00** Salvage Hunters
9.00 Aussie Gold Hunters **10.00** Jade Fever **11.00** How Do They Do It? **12.00m't** Wheeler Dealers **1.00am** Cops UK: Bodycam Squad **2.00** Fantomworks **3.00 to 4.00am** Incredible Engineering Blunders: Fixed

SKY ARTS

Freeview 11

130 165 140 147 363

9.00am *See 5.00pm* **10.00** Audrey Hepburn **11.00** Mystery of the Lost Paintings **12.00noon** Art Show **1.00pm** *See 5.00pm* **2.00** Gene Kelly **3.00** Sky Arts Book Club **4.00** Music Icons **4.30** Video Killed the Radio Star
5.00 Tales of the Unexpected **6.00** Rita Hayworth **7.00** André Rieu: Magic of Maastricht **8.00** Andre Rieu: Love in Maastricht **9.00** Verdi: Stiffelio **11.10** Guy Garvey:... **12.10am** Kevin Costner **1.10** Rosamund Pike:... **2.30 to 4.00am FILM** Barbara Rubin and the Exploding NY Underground *(2019)*

(b/w) black and white (W) Widescreen (HD) High Definition

8 November MONDAY

E4

Freeview 13 (+1 29)

135 235 106 145 146 122 123

6.00 am Hollyoaks (S)
7.00 Ramsay's Kitchen Nightmares USA: In Florida. (S)
8.00 Baby Daddy (S)
9.00 How I Met Your Mother (S)
10.00 The Big Bang Theory (S)
11.00 The Goldbergs (S)
12.00 noon Brooklyn Nine-Nine (S)
1.00 The Big Bang Theory (S)
2.30 Mike & Molly: Double-bill. (S)
3.30 Brooklyn Nine-Nine: Double-bill of the police comedy series. (S)
4.30 Married at First Sight Australia (S)

9.00 Made in Chelsea

6PM – 11PM

6.00 The Big Bang Theory Double-bill. (S)
7.00 Hollyoaks New episode (S)
7.30 Married at First Sight Australia New edition The final dates commence. (S)
9.00 Made in Chelsea New edition Tensions reach breaking point when Tristan is caught in a lie. (S)
10.00 Derry Girls Double-bill. The girls prepare for a big exam; and the Quinns get a house guest from Ukraine. (S)

11.05 Pete & Sam's Reality News (S)
11.25 Naked Attraction (S)
12.30 am Married at First Sight Australia: The final dates commence. (S)
2.00 Zoey's Extraordinary Playlist (S)
2.50 Made in Chelsea (S)
3.45 The Big Bang Theory (S)
5.00 to 6.00am The Goldbergs (S)

MORE4

Freeview 18 (+1 86)

136 236 147 195 196 124 125

8.55 am Kirstie's Handmade Treasures
9.15 A Place in the Sun (S)
11.05 Escape to the Chateau (S)
12.05 pm Grand Designs: Building a prefabricated kit house. (S)
1.10 Four in a Bed: Back-to-back editions. From Liverpool; in Cornwall; from Devon; in Suffolk; and the contestants meet one last time to discover how much they have been paid. (S)
3.50 Find It, Fix It, Flog It (S)
5.55 The Great House Giveaway (S)

10.00 Scotland: Escape to the...

6.55 Escape to the Chateau: DIY A Surrey couple move into their fairy-tale castle. (S)
7.55 Grand Designs A treehouse in Gloucestershire. (S)
9.00 Matt Baker: Our Farm in the Dales New edition Janice says an emotional goodbye to some of her sheep. (S)
10.00 Scotland: Escape to the Wilderness New edition Ben Miller joins Hamza Yassin on a rewilding adventure in Perthshire. (S)

11.05 24 Hours in A&E (S)
12.10 am 8 Out of 10 Cats Does Countdown: With guests Kerry Godliman and Joe Wilkinson. (S)
1.10 Matt Baker: Our Farm in the Dales
2.15 Scotland: Escape to the Wilderness: *As 10.00pm.* (S)
3.20 to 3.45am Father Ted (S)

FILM4

Freeview 14 (+1 46)

313 314 428 429 430 300 301

11.00 am Arabian Nights: Fantasy adventure starring Maria Montez and Jon Hall. (S) ★★★ *(1942)*
12.50 pm At Gunpoint: Western starring Fred MacMurray and Dorothy Malone. (S) ★★★ *(1955)*
2.35 His Girl Friday: Comedy starring Cary Grant and Rosalind Russell. (b/w) (S) ★★★★★ *(1940)*
4.30 We're No Angels: Comedy starring Humphrey Bogart, Peter Ustinov, Aldo Ray and Basil Rathbone. (S) ★★★★ *(1954)*

9.00 Last Orders

6.50 The Next Karate Kid Action sequel starring Noriyuki 'Pat' Morita and Hilary Swank. A teenage girl is taken under the wing of a wise karate instructor. (S) ★★ *(1994)*
9.00 Last Orders Ensemble comedy drama starring Michael Caine, Bob Hoskins, Helen Mirren and Tom Courtenay. A group of men travel to Margate to scatter a friend's ashes into the sea. (S) ★★★★ *(2001)*

11.10 Dog Soldiers: Horror thriller starring Sean Pertwee and Kevin McKidd. A group of soldiers are set upon by a pack of bloodthirsty werewolves. (S) ★★★ *(2001)*
1.20 to 4.00am Child 44 : Thriller starring Tom Hardy and Gary Oldman. (W)(S) ★★★ *(2015)*

HGTV

Freeview 43

158 258 286 290 166

6.00 am Teleshopping
7.00 Homes Under the Hammer (S)
8.00 The Great Interior Design Challenge
9.00 A Place in the Sun
10.00 Escape to the Country (S)
12.00 noon My Dream Home: Brother v Brother: Property series.
1.00 pm Sarah Beeny's Renovate Don't Relocate: A flat in Putney. (S)
2.00 A Place in the Sun (S)
3.00 Restoration Home One Year On
4.00 DIY SOS: The Big Build (S)
5.00 Homes Under the Hammer (S)

8.00 Quick Little Builds

6.00 A Place in the Sun A home on Spain's Costa Blanca. (S)
7.00 Escape to the Country A home in North Yorkshire. (S)
8.00 Quick Little Builds Converting a treehouse into a unique guesthouse.
9.00 Building the Dream New edition Building an upside-down house in Fife.
10.00 Celebrity IOU New edition Darren Criss seeks help to turn his manager's garage into a luxurious space.

11.00 Fixer Upper: A couple want a new home for their family of four. (S)
12.00 m't My Dream Home: Brother v Brother: Property series.
1.00 am DIY SOS: The Big Build (S)
2.00 Homes Under the Hammer (S)
3.00 Selling Houses with Amanda Lamb
4.00 to 6.00am Teleshopping

PICK

Freeview 35

159 259 156 144 145

6.00 am Teleshopping
7.00 Highway Patrol (S)
8.00 Motorway Patrol (S)
9.00 Police Force: Australia (S)
10.00 Police Ten 7 (S)
11.00 Highway Cops (S)
12.00 noon Nothing to Declare (S)
1.00 Border Patrol
2.00 Border Security: Canada's Front Line: Double-bill. (S)
3.00 Nothing to Declare (S)
4.00 Stargate Atlantis (S4, ep1) (S)
5.00 The Librarians (S3, ep2) (S)

8.00 NCIS: Los Angeles

6.00 Quantum Leap Sam is a stuntman. (S2, ep2)
7.00 Star Trek: Deep Space Nine Odo buys an infant Changeling. (S5, ep12) (S)
8.00 NCIS: Los Angeles Napalm is detected at a crime scene. (S9, ep12) (S)
9.00 Made for Murder A man who killed his first wife and tried to kill his second. (S)
10.00 Fringe New episode The team examines a series of crimes. (S3, ep3)

11.00 Murders That Shocked the Nation: The crimes of Archibald Hall. (S)
12.00 m't Britain's Most Evil Killers (S)
1.00 am Banged Up Abroad (S)
2.00 Nothing to Declare (S)
3.00 Border Patrol
4.00 Motorway Patrol (S)
5.00 to 6.00am Police Force: Australia

QUEST RED

Freeview 39 (+1 70)

149 249 170 169 170

6.00am SYttD: Atlanta **7.00** SYttD: UK **8.00** My Cat from Hell **9.00** Animal Cops Philadelphia **10.00** Hoarding: Buried Alive **11.00** Forensic Detectives **1.00pm** Grave Secrets **2.00** Disappeared **3.00** FBI Files **4.00** SYttD: Atlanta **5.00** SYttD: Bridesmaids **7.00** Long Lost Family **8.00** My 600lb Life **9.00** Born with Three Arms:... **10.00** Nurses Who Kill **11.00** Faking It: Tears of a Crime **12.00m't** Forensic Detectives **1.00am** Murder on CCTV **2.00** Murder Comes to Town **3.00** FBI Files **3.50** Animal Cops Houston **4.40** Meet the Penguins **5.30 to 6.00am** Curvy Brides

CBS JUSTICE

Freeview 40

148 192 137

6.00am Teleshopping **9.00** Diagnosis Murder **11.00** The Fugitive **12.00noon** Perry Mason **1.05pm** Walker, Texas Ranger **2.05** CSI: Miami (S6, ep13) **3.00** NCIS (S9, ep18) **4.00** NCIS: Los Angeles (S1, ep5) **5.00** The Fugitive **6.00** Perry Mason (S4, ep4) **7.05** Scorpion (S3, ep14) **8.00** Walker, Texas Ranger (S6, ep5) **9.00** NCIS (S8, ep6) **10.00** NCIS: Los Angeles (S1, ep6) **11.00** Scorpion **12.00m't** CSI: Miami (S6, ep13) **1.00am** NCIS (S8, ep6) **2.00** Scorpion **2.55** Walker, Texas Ranger **3.50** Matlock **4.35** JAG **5.20 to 6.00am** Bondi Rescue

GREAT! movies

Freeview 33 (+1 60)

321 322 425 302

6.00am Teleshopping **9.00** Past Obsessions **10.50** GREAT! Movie News Extra **11.00** 10 Year Reunion *(2016)* **12.50pm** GREAT! Movie News Extra **1.00** The Wrong Babysitter ★★ *(2017)* **2.50** GREAT! Movie News Extra **3.00** A Star for Christmas ★★ *(2012)* **4.50** All Good Things ★★★ *(2010)* **6.55** GREAT! Movie News Extra: **7.05** Bridge to Terabithia ★★★★ *(2007)* **9.00** Pain & Gain ★★★ *(2013)* **11.30** Warrior ★★★★ *(2011)* **2.15am** Precious Cargo ★★ *(2016)* **4.05** Not My Life ★★ *(2006)* **5.50 to 6.00am** GREAT! Movie News Extra

GREAT! tv

Freeview 49

157 257 189 220 142 143

6.00am Charlie's Angels **7.00** Crazy Like a Fox **8.00** Hart to Hart **9.00** Sue Thomas: F.B.Eye **10.00** Starsky & Hutch **11.00** T.J. Hooker **12.00noon** Crazy Like a Fox **1.00pm** Hart to Hart **2.00** Sue Thomas: F.B.Eye **3.00** Castle **4.00** Murder, She Wrote **6.00** Sue Thomas: F.B.Eye: The agent relives painful memories. (S1, ep18) **7.00** M*A*S*H: Back-to-back episodes. **9.00** Classic Who Wants to Be a Millionaire?: Back-to-back editions. **1.00am** M*A*S*H **3.00** Charlie's Angels **3.45** Starsky & Hutch **4.30** T.J. Hooker **5.15 to 6.00am** Sue Thomas: F.B.Eye

CHALLENGE

Freeview 47

160 160 146

6.00am Teleshopping **7.00** The Chase **10.00** Dale's Supermarket Sweep **11.00** Strike It Lucky **12.00noon** Wheel of Fortune **1.00pm** Catchphrase **2.00** Family Fortunes **3.00** Bruce's Price Is Right **4.00** The Chase **5.00** Bullseye **6.00** Pointless Celebrities: A comedians edition of the quiz, with contestants including James Acaster and Ellie Taylor. **7.00** Pointless **8.00** The Chase: Triple-bill. **11.00** Bullseye: Double-bill. **12.00m't** The Chase **4.00am** Wheel of Fortune **5.00 to 6.00am** Bullseye

DAVE

Freeview 19 (+1 23)

111/112 211 127 227 131

6.00am Teleshopping **7.10** Modern Wheels or Classic Steals **8.00** Rick Stein's Long Weekends **9.00** Storage Hunters UK **10.00** American Pickers **12.00noon** Top Gear **2.00pm** Whose Line Is It Anyway? USA **3.00** Top Gear **5.00** Rick Stein's Mediterranean... **6.00** QI XL **7.00** Whose Line Is It Anyway? USA **8.00** Richard Osman's House of Games **8.40** Would I Lie to You? **9.20** QI **10.00** Live at the Apollo **11.00** Outsiders **12.00m't** Mock the Week **12.40am** Have I Got a Bit More News... **1.40** *As 8.40pm* **2.30** QI **3.00** Alan Davies: As Yet Untitled **4.00 to 6.00am** Shop

FOOD NETWORK

Freeview 42

140 240 285 148 149

7.00am *See 10.00pm* **8.00** Giada's Holiday Handbook **8.30** Giada at Home **10.00** Farmhouse Rules **11.00** Girl Meets Farm **12.00noon** River Cottage Veg **1.00pm** Jamie Does... **2.00** Jamie's Night Before Christmas **3.00** Grow Your Own Christmas Dinner **4.00** Festive Food... **5.00** Pioneer Woman **6.00** Christmas With Friends **7.00** Great British Bake Off **8.00** ... Home for Christmas **9.00** Jamie's Family Christmas **10.00** Home Comforts at... **11.00** Holiday Gingerbread... **12.00m't** Mystery Diners **1.00am** Restaurant:... **2.00 to 3.00am** Quick & Easy...

CBS REALITY

Freeview 66

146 246 148 201 135 136

6.00am Teleshopping **9.00** Judge Judy: Back-to-back editions. **7.00pm** Medical Detectives: Double-bill. **8.00** Evidence of Evil: Exploring some of the most startling criminal cases of the past two decades. **9.00** It Takes a Killer: Double-bill. **10.00** Snapped: Killer Couples: A family falls victim to a devastating crime. **11.00** Cold Justice **12.00m't** Voice of a Serial Killer **1.00am** It Takes a Killer **2.00** Snapped: Killer Couples **3.00** Celebrity Damage Control **3.45** Unsolved Mysteries **5.10 to 6.00am** Bondi Rescue

GREAT! movies christmas

Freeview 51

319 320 424 303 304

6.00am The Boy Who Saved Christmas ★★ *(1998)* **8.00** Chasing Christmas ★★ *(2005)* **10.00** Beverly Hills Christmas 2 ★★ *(2018)* **12.00noon** Santa's Summer House ★★ *(2012)* **2.00pm** The Christmas Sitters ★★ *(2020)* **4.00** A Puppy for Christmas ★ *(2016)* **6.00** On the Twelfth Day of Christmas *(2015)* **8.00** A Christmas Wedding Date ★★ *(2012)* **10.00** I'll Be Next Door For Christmas *(2018)* **12.00m't** Christmas in the Clouds ★★★ *(2001)* **2.00am** Deck the Halls ★★★ *(2005)* **4.00 to 6.00am** My First Miracle *(2015)*

PARAMOUNT NET.

Freeview 32

150 187 150 132

6.00am Teleshopping **9.00** Criminals: Caught on Camera **9.30** Traffic Cops **11.30** Trucking Hell **12.30pm** FILM Vengeance Valley ★★ *(1951)* **2.15** FILM 7th Cavalry ★★ *(1956)* **4.00** Trucking Hell **5.00** Traffic Cops **6.00** Traffic Cops – Carjacked **7.00** Police Interceptors **8.00** Wonderful World of Trucking **9.00** FILM Exit Wounds ★★★ *(2001)* **11.05** FILM Rise of the Footsoldier: Extreme & Extended ★★ *(2007)* **1.50am** Frontline Police 24/7 **2.50** Michael McIntyre's Big Show **5.00 to 6.00am** Teleshop

DRAMA

Freeview 20 (+1 73)

143 243 130 226 158

6.00am Teleshopping **7.35** A Place to Call Home **8.35** The Bill **9.35** Classic Holby City **10.55** Classic Casualty **12.00noon** The Bill **1.35pm** Classic EastEnders **2.15** Peak Practice **3.15** All Creatures Great and Small **4.20** Pie in the Sky **5.20** As Time Goes By **6.00** Bread **6.40** 'Allo 'Allo! **7.20** Last of the Summer Wine **8.00** Shakespeare & Hathaway – Private Investigators **9.00** Doctor Foster: Someone is out to get Gemma. **10.20** New Tricks **11.40** Bad Girls **12.45am** Judge John Deed **2.50** Doctor Foster **4.00 to 6.00am** Teleshopping

4SEVEN

Freeview 48

137 143 203 127

9.00am Four in a Bed **9.30** Ramsay's Hotel Hell **10.30** Find It, Fix It, Flog It **11.30** A Place in the Sun **1.30pm** Chateau DIY **2.30** Come Dine with Me **5.00** Ramsay's Kitchen Nightmares USA **6.00** A Place in the Sun **7.00** The Secret Life of the Zoo **8.00** Location, Location, Location **9.00** Gogglebox: Double-bill. **11.05** The Great British Bake Off **12.25am** The Great British Bake Off: An Extra Slice **1.30** Britain By Beach **3.25** Escape to the Chateau **3.35** A Place in the Sun **4.00 to 4.25am** The Simpsons

(SL) Signed (S) Subtitles (R) Repeat

SKY & VIRGIN LISTINGS over the page

SKY & VIRGIN

SKY +1 VIRGIN HD +1 FREESAT HD +1 BT HD +1

6PM – 11PM

SKY SHOWCASE

106 206 110 109 340 355

6.00am The Early Rundown **7.00** Kay Burley **8.00** Dogs with Extraordinary Jobs
9.00 Nothing to Declare
10.00 The Flash (S3, ep2)
11.00 NCIS: Los Angeles
1.00pm Hawaii Five-0
2.00 MacGyver
3.00 Modern Family
4.00 The Office (US)
5.00 The Simpsons: Homer worries about his marriage.
5.30 The Fresh Prince of Bel Air

8.00 UFO

6.30 The Simpsons
8.00 UFO 3 of 4. People begin to wonder if the government are using the alien narrative to cover up something more sinister.
9.00 Catch and Kill: The Podcast Tapes Double-bill.
10.05 Last Week Tonight with John Oliver New edition Talk show.
10.40 Curb Your Enthusiasm Comedy series. (S11, ep3)

11.15 The Russell Howard Hour.
12.15am Never Mind the Buzzcocks: With Bez.
1.00 The Force: North East
2.00 Brit Cops: War on Crime
3.00 Hawaii Five-0
4.00 MacGyver **5.00 to 6.00am** The Early Rundown

SKY ATLANTIC

108/109 208 342 357

6.00am The British
7.00 Blue Bloods
9.00 Six Feet Under
11.15 Boardwalk Empire
1.30pm The Sopranos
3.40 Blue Bloods: Double-bill.
5.20 True Blood: Double-bill. Sookie takes action to save Bill. (S3, ep7); and Sookie begins to re-evaluate her relationship with Bill; while Sophie-Anne moves in with Russell. (S3, ep8)

10.05 Dexter: New Blood

7.30 Game of Thrones Jon and Daenerys look to the south. (S8, ep4)
9.00 Succession The multi-award-winning drama following the Roy family dynasty continues. (S3, ep4)
10.05 NEW **Dexter: New Blood** Drama series starring Michael C Hall, set 10 years after the disappearance of the forensic expert turned serial killer. *See Highlights*

11.10 Scenes from a Marriage New episode Mira and Jonathan reassess their past. **Last in the series**
12.20am Oz (S1, ep1)
2.30 Deadwood
3.35 Californication
4.10 to 6.00am Urban Secrets

SKY WITNESS

107 207 112 111 206 341

6.00am Nothing to Declare
8.00 Border Patrol
9.00 999 Frontline
10.00 Law & Order (S14, ep8)
11.00 FBI
12.00noon The Rookie: Nolan invites everyone over for a party. (S1, ep12)
1.00pm Blue Bloods
3.00 999 Frontline: Double-bill.
4.00 Paramedics Australia
5.00 Nothing to Declare: Back-to-back editions.

9.00 Departure

6.00 Nothing to Declare Further back-to-back editions of the series.
8.00 Blue Bloods Baez's life hangs in the balance. (S8, ep9)
9.00 Departure New episode Kendra learns about a mysterious passenger who is on the run. (S2, ep2)
10.00 For Life New episode Aaron takes on the complex case of an unarmed man shot by a cop. (S2, ep7)

11.00 The Rookie (S1, ep19)
12.00m't Law & Order: Special Victims Unit (S8, ep6)
1.00am The Good Doctor
2.00 Chicago Fire
3.00 Criminal Minds
4.00 Road Wars **5.00 to 6.00am** Brit Cops: Rapid Response

GOLD

110/111 210 124 194 343

7.15am 2point4 Children
7.45 Ever Decreasing Circles
8.20 Are You Being Served?
9.00 Open All Hours
9.40 Last of the Summer Wine
11.00 Blackadder II
11.40 Dad's Army
12.20pm Ever Decreasing Circles
1.00 Are You Being Served?
1.40 Open All Hours
2.20 Only Fools and Horses
4.00 Blackadder II
4.40 Last of the Summer Wine

10.00 The Cockfields

6.00 Open All Hours
6.40 Are You Being Served?
7.20 Dad's Army
8.00 The Good Life Double-bill. Barbara's posh frock gets torn; and Tom and Barbara consider a holiday.
9.20 Mrs Brown's Boys
10.00 NEW **The Cockfields** Double-bill. Simon and Esther are engaged and it is the first day of their summer holiday; and the gang goes to Ventnor.

11.20 Mrs Brown's Boys: Dermot gets cold feet.
12.00m't Peep Show
1.10am Bob Monkhouse: Million Joke Man
2.20 Mrs Brown's Boys
2.55 Peep Show
4.00 to 6.00am Teleshopping

DISCOVERY

125 225 250 258 376

6.00am Wheeler Dealers
7.00 Deadliest Catch
8.00 Building Off the Grid
9.00 Alaska: The Last Frontier
10.00 Diesel Brothers
11.00 Wheeler Dealers
12.00noon Junkyard Empire
1.00pm Gold Rush: Double-bill.
4.00 Homestead Rescue: Raney Ranch: The Raneys face a winter storm.
5.00 Wheeler Dealers: Working on an Aston Martin DB7.

9.00 Wheeler Dealers

6.00 Fast N' Loud
7.00 Outback Truckers Australia's toughest drivers hit the open road and reveal the adventure of trucking.
8.00 Bitchin' Rides Dave makes ground-breaking changes to a classic car.
9.00 Wheeler Dealers New edition
10.00 Street Outlaws: Memphis New edition JJ's small-tire shoot-out continues.

11.00 Combat Dealers
12.00m't Wheeler Dealers
1.00am Street Outlaws...
2.00 Deadliest Catch
3.00 Wheeler Dealers
4.00 Fast N' Loud
4.50 Wheeler Dealers
5.40 to 6.00am How It's Made

SKY DOCUMENTARIES

121 278 277 352 367

6.00am Nixon by Nixon...
7.30 PL Legends: Alan Shearer
8.00 First Ladies **9.00** Discovering... **10.00** The Directors **11.00** The Sixties
12.00noon The History of Comedy: Comedians who died at a young age.
1.00pm The Real Chernobyl
2.00 Children of Shanghai
3.30 PL Legends: Paul Ince
4.00 Discovering...
5.00 The Directors...

9.00 Catch and Kill...

6.00 The Sixties
7.00 The History of Comedy
8.00 UFO 3 of 4.
9.00 Catch and Kill: The Podcast Tapes Double-bill. Ronan Farrow's intimate, revealing interviews; and Ken Auletta and Kim Masters discuss their efforts to expose Harvey Weinstein.
10.05 Pantani: The Accidental Death of a Cyclist Documentary.

12.00m't Children of Shanghai: China's first generation of foster children.
1.20am The Amazing Johnathan
3.00 100 Foot Wave
4.10 Discovering...
5.00 to 6.00am First Ladies

W

109/110 209 125 211 190

6.10am My Dream Home **8.00** Tipping Point **10.00** Inside the Vets **11.00** Inside the Ambulance **1.00pm** Tipping Point **3.00** Property Brothers: Forever Homes **4.00** My Dream Home **6.00** Property Brothers: Forever Homes **7.00** Junior MasterChef Australia **8.00** Inside the Ambulance **9.00** Women Behind Bars **10.00** Louis Theroux: America's Most Dangerous Pets **11.00** Brainwashing Stacey **12.00m't** One Born Every Minute **1.00am** The Shift: Women on the Force **2.00** Renovate My Home... **3.00 to 6.10am** Teleshopping

ALIBI

132 232 126 212 191

6.00am Teleshopping **7.10** Murdoch Mysteries **9.00** Rizzoli & Isles **10.00** Unforgettable **11.00** Hudson & Rex **12.00noon** The Doctor Blake Mysteries **1.00pm** Death in Paradise **2.00** Murdoch Mysteries **4.00** The Good Wife **5.00** Rizzoli & Isles **6.00** Unforgettable (S2, ep3) **7.00** Hudson & Rex (S3, ep6) **8.00** Death in Paradise (S2, ep4) **9.00** Evil: Ben, David and Kristen investigate the fertility clinic. (S2, ep10) **10.00** Annika (S1, ep5) **11.05** The Good Wife **12.00m't** Unforgettable **1.00am** Doctor Blake Mysteries **2.00** Carter **4.00 to 6.00am** Teleshopping

SKY COMEDY

114/115 135 123 346 361

6.00am Teleshopping **8.00** Fresh Prince of Bel Air **9.00** Everybody Hates Chris **10.00** Mindy Project **11.00** The Office (US) **12.00noon** Parks and Recreation **12.30pm** Will & Grace **3.00** Modern Family **4.00** The Office (US) **5.00** 30 Rock **5.30** Fresh Prince of Bel Air **6.30** Sex and the City **9.00** Curb Your Enthusiasm **9.40** Miracle Workers **10.05** Last Week Tonight **10.40** Curb Your Enthusiasm **11.20** Real Time **12.30am** Saturday Night Live **1.55** Insecure **2.30** Mindy Project **3.30** 30 Rock **4.00 to 5.00am** Everybody Hates Chris

SYFY

152 252 139 138 229 347

6.00am Marvel's Runaways **7.00** Star Trek: The Next Generation **8.00** Teleshopping **11.00** The Librarians **12.00noon** Stargate Atlantis **1.00pm** Pandora **2.00** Star Trek: Deep Space Nine **3.00** Marvel's Runaways **4.00** Quantum Leap **5.00** Stargate Atlantis **6.00** The Librarians (S4, ep4) **7.00** Star Trek: The Next Generation (S5, ep4) **8.00** Quantum Leap (S5, ep2) **9.00** FILM Planet Dune *(2021)* **11.00** Wynonna Earp **1.00am** Pandora **2.00** Quantum Leap **3.00** Stargate Atlantis **4.00** Star Trek: Deep Space Nine **5.00 to 6.00am** Pandora

SKY HISTORY

123 223 270 271 353 368

6.00am American Pickers **7.00** Treasures... **8.00** Pawn Stars **9.00** Forged... **10.00** American Pickers **11.00** Flipping Bangers **12.00noon** Auschwitz... **1.00pm** World's Greatest Treasure... **2.00** The UnXplained... **3.00** Treasures Decoded **4.00** Pawn Stars **5.00** Mountain Men **6.00** American Pickers **7.00** Forged in Fire **8.00** American Pickers **9.00** How the Nazis... **10.00** Cities of the Underworld **11.00** Digging Up... **12.00m't** History's Greatest... **2.00am** American Pickers **3.00** Digging Up... **4.00** Mountain Men **5.00 to 6.00am** World's Greatest...

SKY NATURE

124 280 279 335 369

6.00am City Wildlife Rescue **7.00** *See 1.00pm* **8.00** *See 2.00pm* **9.00** *See 3.00pm* **10.00** Dawn to Dusk **11.00** *See 5.00pm* **12.00noon** Great Blue Wild **1.00pm** Monkey Life **2.00** Dogs with... **3.00** Secrets of Wild Australia **4.00** Dawn to Dusk **5.00** Mysteries of the Mekong **6.00** Great Blue Wild **7.00** Monkey Life **8.00** Wild Birds of Australia **9.00** Africa's Claws and Jaws **10.00** Great Blue Wild **11.00** *As 5.00pm* **12.00m't** Battle of the Alphas **1.00am** Animal Empires **2.00** *As 8.00pm* **3.00** *As 9.00pm* **4.00** *As 1.00pm* **5.00 to 6.00am** *As 3.00pm*

COMEDY CENTRAL

112/113 132 181 344 359

6.00am Teleshopping **8.00** Impractical Jokers **11.00** My Wife and Kids **1.00pm** Friends **9.00** Impractical Jokers: British Invasion **10.00** NEW Impractical Jokers: Inside Jokes: A behind-the-scenes look at the very first *Jokers* episode. **10.30** Impractical Jokers: Inside Jokes: The backstory of Butterfly Crime Scene. **11.00** Rob Beckett's Undeniable: With Tom Allen. **12.00m't** Channel Hopping with Jon Richardson **1.00am** Baywatch **2.00** South Park **4.15** The Middle **5.00 to 6.00am** Teleshopping

SKY MAX

113/114 122 121 345 360

6.00am Grimm **8.00** Send in the Dogs **9.00** Supergirl (S3, ep6) **10.00** The Flash (S3, ep2) **11.00** NCIS: Los Angeles **1.00pm** Hawaii Five-0 (S6, ep13) **2.00** MacGyver **3.00** Resident Alien **4.00** Supergirl (S3, ep7) **5.00** The Flash (S3, ep2) **6.00** Grimm **8.00** A League of Their Own (S15, ep2) **9.00** Temple (S2, ep2) **10.00** Brassic (S3, ep5) **11.00** The Russell Howard Hour **12.00m't** Never Mind the Buzzcocks **12.45am** The Force: North East **1.45** Brit Cops **2.40** Road Wars **3.10** Hawaii Five-0 (S6, ep13) **4.05** MacGyver **5.00 to 6.00am** Send in the Dogs

TLC

133 233 167 169

6.00am SYttD: UK **7.00** SYttD **8.00** SYttD: Lancashire **9.00** Curvy Brides Boutique **10.00** SYttD: Atlanta **11.00** SYttD: America **12.00noon** SYttD **2.00pm** SYttD: UK **3.00** Sister Wives **4.00** Dr Pimple Popper **5.00** SYttD: Atlanta **6.00** SYttD: UK **7.00** 7 Little Johnstons **8.00** Welcome to Plathville **9.00** SYttD **10.00** Dr. Pimple Popper: Pop Ups **11.00** Long Island Medium: There... **12.00m't** Welcome to Plathville **1.00am** SYttD**2.00** Dr. Pimple Popper: Pop Ups **3.00** SYttD: Lancashire **4.00** Curvy Brides Boutique **5.00 to 6.00am** SYttD :UK

NAT GEO

129 229 266 268 267 351

8.00am Car S.O.S **11.00** Airport Security: Peru and Brazil **12.00noon** Ultimate Airport Dubai **1.00pm** To Catch a Smuggler **2.00** Air Crash Investigation **4.00** Drain the Oceans **6.00** Lost Treasures of Egypt **7.00** Air Crash Investigation **8.00** Ocean Wreck Investigation: Three different German U-Boat wrecks. **9.00** Drain the Oceans: Double-bill. **11.00** Air Crash Investigation **12.00m't** Narco Wars **1.00am** Seconds from Disaster **2.00** Airport Security: Rome **3.00** Inside the SS **4.00 to 5.00am** WWII's Greatest Raids

SKY CRIME

122 222 137 136 207 348

6.00am Road Wars **7.00** Motorway Patrol **8.00** Border Security... **9.00** Nothing to Declare **10.00** Road Wars **11.00** How I Caught the Killer **12.00noon** *See 8.00pm* **1.00pm** Killer Families **2.00** *See 9.00pm* **3.00** *See 5.00pm* **4.00** Killer in My Village **5.00** World's Most Evil Killers **7.00** Murders That Shocked the Nation **8.00** Britain's Most Evil Killers **9.00** An Unexpected Killer **10.00** Snapped **11.00** *As 8.00pm* **12.00m't** *As 5.00pm* **2.00am** Snapped **3.00** *As 7.00pm* **4.00** Brit Cops:... **5.00 to 6.00am** Motorway Patrol

ANIMAL PLANET

162 262 251 259

6.00am Teleshopping **8.00** Crikey! It's the Irwins **9.00** My Cat from Hell **11.00** Lone Star Law **1.00pm** Animal Cribs **2.00** Alaskan Bush People **4.00** Wild Australia **6.00** Crikey! It's the Irwins: Double-bill. **8.00** Sharkzilla: Reconstructing the prehistoric megalodon shark. **9.00** In Search of Monsters: Answers to mysteries about the Mothman. **10.00** My Cat from Hell: Double-bill. **12.00m't** Crikey! It's the Irwins **2.00am** Wildest Europe **3.50** The Last Alaskans **4.40** Nature's Strangest Mysteries: Solved **5.00 to 6.00am** Teleshopping

(b/w) black and white (W) Widescreen (HD) High Definition

SKY CINEMA PREMIERE

301 312 401 501 515

6.45 Sky Cinema Preview **7.45** Happy Halloween, Scooby-Doo!: Animation. ★★★ *(2020)* **9.15** *See 4.15pm* **10.55** Gully: Crime drama. ★★ *(2019)* **12.35pm** *See 9.55pm* **2.20** *See 8.00pm* **4.15** Dogtanian and the Three Muskehounds: Animation with the voice of Miguel Angel Perez. ★ *(2021)* **6.00** The Last Vermeer: Drama starring Guy Pearce. ★★★★ *(2019)*

4.15 **Dogtanian and the...**

8.00 Mortal Kombat: Fantasy starring Lewis Tan. ★★ *(2021)* **9.55** Willy's Wonderland: Horror comedy starring Nicolas Cage. ★★★★ *(2021)* **11.30** Snatchers: Comedy horror starring Mary Nepi. ★★★ *(2019)* **1.15am** *As 6.00pm* **3.15** Meander ★★★★ *(2021)* **4.50 to 6.20am** The Garden Left Behind ★★★ *(2020)*

SKY CINEMA ACTION

307 407 507 521

6.50am *See 6.15pm* **8.45** *See 8.15pm* **11.15** Cicada 3310 ★★ *(2021)* **1.05pm** Russian Raid ★★ *(2020)* **2.50** Run Hide Fight ★ *(2020)* **4.40** The Hunt ★★★ *(2019)* **6.15** The Rhythm Section: Starring Blake Lively. ★★★ *(2019)* **8.15** Wonder Woman 1984: With Gal Gadot. ★★★★ *(2020)* **10.50** Survive The Night: With Bruce Willis. ★ *(2020)* **12.25am** Money Train ★★ *(1995)* **2.20** *As 11.15am* **4.10 to 6.00am** *As 1.05pm*

SKY CINEMA GREATS

304 404 504 518

6.00am Roman Holiday (b/w) ★★★★★ *(1953)* **8.10** *See 4.10pm* **10.20** *See 8.00pm* **12.15pm** *See 11.25pm* **2.25** Wayne's World ★★★★ *(1992)* **4.10** Behind the Candelabra ★★★★ *(2013)* **6.10** Gremlins ★★★ *(1984)* **8.00** Groundhog Day: Comedy. ★★★★★ *(1993)* **9.45** Wayne's World ★★★★ *(1992)* **11.25** Boomerang ★★ *(1992)* **1.25am** *As 6.00am* **3.35** *As 6.10pm* **5.30 to 6.00am** Sky Cinema Preview

SKY CINEMA SCI-FI & HORROR

311 411 511 525

7.15am *See 5.50pm* **9.25** Constantine ★★★ *(2005)* **11.25** Let It Snow ★★ *(2020)* **12.55pm** Resident Evil: Degeneration *(2008)* **2.35** Spell ★★★ *(2020)* **4.10** Body Cam ★★ *(2019)* **5.50** Terminator: Dark Fate ★★★★ *(2019)* **8.00** Edge of Tomorrow ★★★★ *(2014)* **10.00** Phobias ★★★ *(2021)* **11.30** Black Christmas ★★★ *(2019)* **1.10am** *As 11.25am* **2.45** *As 12.55pm* **4.25 to 6.00am** *As 2.35pm*

SKY CINEMA COMEDY

308 408 508 522

7.05am *See 4.50pm* **8.30** *See 6.15pm* **10.15** *See 8.00pm* **12.10pm** The Argument: With Dan Fogler. ★★ *(2020)* **1.45** Johnny English: With Rowan Atkinson. ★★★ *(2002)* **3.15** The Oath: Starring Tiffany Haddish. ★★ *(2018)* **4.50** The Dictator: With Sacha Baron Cohen. ★★ *(2012)* **6.15** Greed: Starring Steve Coogan and Isla Fisher. ★★★ *(2019)*

9.40 **The Big Lebowski**

8.00 Horrible Bosses: With Jason Bateman. ★★★★ *(2011)* **9.40** The Big Lebowski: With Jeff Bridges. ★★★★★ *(1998)* **11.40** Madea's Family Reunion: Starring Tyler Perry. ★★ *(2006)* **1.30am** Big Time Adolescence: With Griffin Gluck. ★★★★ *(2019)* **3.05** Mope ★★ *(2019)* **4.55 to 6.55am** Rams ★★★★ *(2020)*

SKY CINEMA ANIMATION

305 412 500 514

6.00am *See 7.55pm* **7.30** Spirit: Stallion... *(2002)* **9.00** *See 6.35pm* **10.20** *See 4.50pm* **12.05pm** *See 9.25pm* **1.45** Norm of the North: Family... *(2020)* **3.15** Riverdance:... *(2021)* **4.50** My Little Pony *(2017)* **6.35** The Elfkins *(2019)* **7.55** Open Season *(2006)* **9.25** Norm of the North: King-Sized... *(2019)* **11.05** *As 1.45pm* **12.35am** *As 7.30am* **2.10** Road to El Dorado *(2000)* **3.50** *As 3.15pm* **5.30 to 6.00am** How to Train...: Homecoming *(2019)*

SKY CINEMA HITS

303 403 503 517

6.30am Sky Cinema Preview **7.00** Six Minutes to Midnight ★★★ *(2020)* **8.55** *See 4.40pm* **10.50** *See 6.30pm* **12.30pm** *See 8.00pm* **2.25** Batman Forever ★★★ *(1995)* **4.40** Blithe Spirit ★★ *(2020)* **6.30** Like a Boss ★★★ *(2020)* **8.00** The Hangover ★★★★ *(2009)* **9.45** Batman Forever: Fantasy sequel. ★★★ *(1995)* **11.50** Happily ★★★ *(2021)* **1.35am** Creation Stories ★★ *(2021)* **3.35** *As 7.00am* **5.30 to 6.00am** Sky Cinema Preview

SKY CINEMA BLOCKBUSTERS

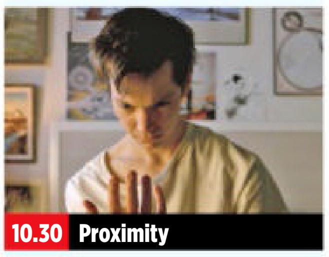
302 402 502 516

7.10am Charlotte's Web ★★★ *(2006)* **8.50** The Cat in the Hat ★★★★ *(2003)* **10.20** *See 10.40pm* **12.45pm** The Divergent Series: Insurgent ★★★ *(2015)* **2.45** The Divergent Series: Allegiant: Sci-fi adventure. ★★ *(2016)* **4.45** Jack and Jill ★ *(2011)* **6.30** Hitch ★★★ *(2005)* **8.30** Spider-Man 2 ★★★★ *(2004)* **10.40** Divergent ★★★ *(2014)* **1.05am** *As 12.45pm* **3.10** *As 2.45pm* **5.15 to 6.55am** *As 7.10am*

SKY CINEMA FAMILY

306 406 506 520

6.00am Five Children and It ★★★ *(2004)* **7.35** *See 10.30pm* **9.35** King Ralph: Comedy. ★ *(1991)* **11.15** *See 5.40pm* **12.50pm** *See 7.15pm* **2.30** *See 9.00pm* **4.00** A Little Princess ★★★★ *(1995)* **5.40** The Adventures of Sharkboy and Lavagirl: Fantasy. ★★★ *(2005)* **7.15** The Muppets Take Manhattan: Comedy with Liza Minnelli. ★★★★ *(1984)*



10.30 **Proximity**

9.00 A Boy Called Sailboat: Family drama starring JK Simmons. ★★★ *(2017)* **10.30** Proximity: Sci-fi drama starring Ryan Masson. ★★ *(2020)* **12.35am** *As 6.00am* **2.15** Swimming for Gold: Drama starring Peyton List. ★★ *(2020)* **3.55 to 6.00am** The Runaways: Drama starring Mark Addy. ★★★ *(2019)*

SKY CINEMA DRAMA

310 410 510 524

6.00am The Glorias ★★★ *(2020)* **8.40** *See 7.00pm* **10.45** *See 9.00pm* **12.45pm** *See 11.00pm* **3.00** Concussion ★★★ *(2015)* **5.05** The Queen ★★★★ *(2006)* **7.00** Monster's Ball: Starring Halle Berry. ★★★★ *(2002)* **9.00** Bombshell: With Charlize Theron and Nicole Kidman. ★★★★ *(2019)* **11.00** Judas and the Black Messiah: With Daniel Kaluuya. ★★★★ *(2021)* **1.10am** *As 6.00am* **3.45 to 6.00am** *As 3.00pm*

SKY CINEMA THRILLER

309 409 509 523

6.00am *See 2.05pm* **8.15** Panic Room ★★★ *(2002)* **10.10** *See 8.30pm* **12.10pm** Entrapment ★★★ *(1999)* **2.05** Richard Jewell ★★★★ *(2019)* **4.20** Limitless ★★★★ *(2011)* **6.10** The Negotiator ★★★ *(1998)* **8.30** The Dry: Crime drama starring Eric Bana. ★★★★ *(2020)* **10.30** Villain: Crime drama starring Craig Fairbrass. ★★★ *(2019)* **12.10am** *As 8.15am* **2.10** *As 6.10pm* **4.30 to 6.35am** *As 12.10pm*

TCM MOVIES

315 316 415 416 417

6.00am Hollywood's Best Directors **6.35** Off Set **7.00** Task Force (b/w) ★★ *(1949)* **9.35** The Train Robbers ★★ *(1973)* **11.35** Arizona Bushwhackers ★★★ *(1968)* **1.30pm** Raid on Rommel ★★★ *(1971)* **3.40** Thirty Seconds Over Tokyo ★★★ *(1944)* **6.40** Mars Attacks! ★★★★ *(1996)* **8.50** Off Set **9.00** The Infiltrator ★★★ *(2016)* **11.40** Strangers on a Train (b/w) *(1951)* **1.45** Hollywood's Best Directors **2.20** Close Up **4.50** Off Set **5.00 to 6.00am** *As 6.00am*

SKY SPORTS MAIN EVENT

401 511 501 420 440

6.00am Sky Sports News 7.00 Good Morning Sports Fans 7.30 Early Kick-Off 8.00 Good Morning Sports Fans 10.00 The Football Show All the latest sports news. **1.00pm Sky Sports News 1.30** LIVE **ICC Men's T20 World Cup** *India v Namibia:* The Group 2 match at Sheikh Zayed Stadium, Abu Dhabi. **6.00 Sky Sports News 11.00 NFL Fantasy** Featuring the top NFL fantasy experts and analysts. **12.00m't Total Access 1.00am** LIVE **NFL** *Pittsburgh Steelers v Chicago Bears:* The inter-conference clash from Heinz Field (kick-off **1.15**). **4.30 to 6.00am Sky Sports News**

SKY SPORTS CRICKET

404 514 504 423 443

6.00am Best of ICC WT20 6.30 ICC Men's T20 World Cup 1.30pm LIVE **ICC Men's T20 World Cup** *India v Namibia:* The Group 2 match from Sheikh Zayed Stadium, Abu Dhabi. **6.00 Best of ICC WT20 6.15 Best of ICC WT20 6.30 Best of ICC WT20 7.00 ICC Men's T20 World Cup** New Zealand v Afghanistan. **8.00 ICC Men's T20 World Cup** India v Namibia. **9.00 ICC Men's T20 World Cup** Pakistan v Scotland. **10.00 ICC Men's T20 World Cup** India v Namibia. **11.00 Best of ICC WT20 12.00m't ICC Men's T20 World Cup** India v Namibia. **4.30 to 6.00am Best of ICC WT20**

SKY SPORTS ARENA

408 518 508 427 447

6.00am Betfred Super League Highlights 6.45 Rugby League Retro 9.00 Boxxer Series 12.00noon NBA Basketball Dallas Mavericks v Boston Celtics. **2.00pm Betfred Super League Highlights 3.00 Grand Slam of Darts** Action from day six. **6.30 Boxxer Series** The eight-man tournament from Liverpool. **9.30 NBA GameTime 10.00 NBA Basketball** Toronto Raptors v Brooklyn Nets. **12.00m't Betfred Super League Highlights 1.45am Grand Slam of Darts** Action from day seven. **5.00 to 6.00am World Pool Masters** The 2019 second quarter-final.

BT SPORT 1

413 527 408 430

6.00am PL Review 7.00 WWE NXT 8.00 Premier League 9.30 ESPN FC 10.00 Gallagher Premiership Rugby 11.30 UCL Goals Reload 11.45 Europa League Goals Reload 12.00noon PL World 12.30pm PL Review 1.30 Ligue 1 2.30 Ultimate Goal 3.30 Europa League Highlights Show 4.30 Champions League Review 5.30 ESPN FC 6.00 PL Review 7.00 Gallagher Premiership Rugby 8.30 BT Sport Films: Stop The Tour 10.15 UCL Goals Reload 10.30 Goals Reload 11.00 WWE Raw 12.00m't WWE SmackDown 1.00am LIVE **WWE Monday Night Raw 4.15 to 6.00am Highlights**

SKY SPORTS PREMIER LEAGUE

402 512 502 421 441

6.00am PL Greatest Games 6.30 Premier League 8.15 Premier League 10.00 The Football Show 12.00noon Premier League 1.45pm Premier League 3.30 Premier League Arsenal v Watford. **5.15 Premier League** West Ham United v Liverpool. **7.00 Premier League Review 8.00 Soccer AM: The Best Bits 8.30 WSL 9.00 Premier League Review 10.00 Soccer AM: The Best Bits 10.30 PL Retro 12.30am WSL 1.00 Premier League Years 3.00 PL Greatest Games 4.00 PL Best Goals 15/16 5.00 Best PL Goals: Liverpool 5.30 to 6.00am PL 100 Club**

SKY SPORTS GOLF

405 515 505 424 444

6.00am Chronicles of a Champion Golfer 6.30 European Tour Golf 11.30 Ladies European Tour Golf 2.30pm PGA Tour Golf 5.30 Chronicles of a Champion Golfer 6.00 Junior Golf 6.30 PGA Tour Golf 7.30 Golf's Greatest Holes 8.00 European Challenge Tour Golf 9.00 European Tour Golf 10.00 Golf's Greatest Holes 10.30 European Challenge Tour Golf 11.30 PGA Tour Golf 12.30am Golf's Greatest Holes 1.00 European Tour Golf 2.00 PGA Tour Golf 3.00 European Tour Golf 4.00 PGA Tour Golf 5.00 to 6.00am Chronicles of a Champion Golfer

SKY SPORTS MIX

416 520 510 429 449

6.00am School of Golf 6.30 My Icon 7.30 Fighting Fit 2020 8.30 ICC Men's T20 World Cup 11.30 Ladies European Tour Golf 2.30pm Chronicles of a Champion Golfer 3.00 School of Golf 3.30 My Icon 4.30 Fighting Fit 2020 5.30 Fit In 5 6.00 Chronicles of a Champion Golfer 6.30 PGA Tour Golf The Mayakoba Golf Classic. **7.30 Golf's Greatest Holes 8.00 European Challenge Tour Golf 9.00 European Tour Golf 10.00 ICC Men's T20 World Cup 11.00 Best of ICC WT20 12.00m't ICC Men's T20 World Cup 4.30am Best of ICC WT20 5.00 to 6.00am European Tour Golf**

BT SPORT 2

414 528 409 431

6.00am MotoGP 9.00 MotoGP Chequered Flag 10.00 Fight Night 12.00noon Europa League Highlights 1.00pm Champions League Review 2.00 UCL Goals Reload 2.15 Europa League Goals Reload 2.30 Sailing 3.30 Green Routine: Playing Against The Clock 4.30 Green Routine: What I Wear 5.00 Fight Night 7.00 30 for 30: Tommy 8.30 Green Routine: What I Wear 9.00 Fishing 10.00 Extreme E 10.30 Europa League Highlights 11.30 Champions League Review 12.30am Ligue 1 1.30 Ultra-Trail World Tour 2.00 Badminton 2.30 to 6.00am Classic MOTD – Thrillers

SKY SPORTS FOOTBALL

403 513 503 422 442

6.00am Highlights 7.30 Football Countdowns 8.00 WSL 8.30 Greatest Games 9.00 SPFL Highlights 9.15 SPFL 12.15pm EFL Highlights 12.30 SPFL Highlights 1.00 EFL Highlights 1.30 WSL 2.00 EFL 5.00 World Cup Qualifiers Preview Show 5.30 WSL 6.00 Soccer AM 6.30 SPFL Highlights 7.00 Bundesliga Highlights Show 8.00 World Cup Qualifiers Preview Show 8.30 Soccer AM 9.00 SPFL Highlights 9.30 Bundesliga Highlights Show 10.30 MLS 11.00 Soccer AM 11.30 Greatest Games 12.00m't EFL Play Off Finals 09/10 3.30 to 6.00am Highlights

SKY SPORTS NFL

407 517 507 426 446

6.00am NFL: America's Game 7.00 NFL Highlights 9.00 NFL: A Football Life 10.00 NFL Highlights 12.00noon Good Morning Football 3.00pm NFL Highlights Los Angeles Rams v Tennessee Titans. **4.00 NFL Highlights 6.00 NFL Bitesize Highlights 7.00 NBC's Pro-Football Talk 9.00 NFL Highlights 10.00 NFL Highlights** Los Angeles Rams v Tennessee Titans. **11.00 NFL Fantasy 12.00m't Total Access 1.00am** LIVE **NFL** *Pittsburgh Steelers v Chicago Bears:* (kick-off **1.15**). **4.30 NFL Bitesize Highlights 5.00 to 6.00am NFL Highlights**

EUROSPORT

410 521 412 435

6.00am Alpine Skiing 7.00 Hall of Fame – Nagano 1998 8.00 Cyclo-Cross 10.00 Welsh Open Final 12.00noon Hall of Fame – Tokyo 2020 1.00pm Cyclo-Cross 2.00 Snooker: English Open 4.00 World Superbikes 5.00 Alpine Skiing 5.55 Hall of Fame – Lillehammer 1994 6.55 Eurosport News 7.00 UCI Track Champions League 8.00 Cyclo-Cross 9.00 Triathlon: Super League London 10.05 Freestyle Skiing 11.00 UCI Track Champions League 12.00m't World Superbikes 2.00am FIA WEC 3.00 Motocross World Championship 4.00 to 6.00am Snooker: Welsh Open Final

BT SPORT 3

417 529 410 432

6.00am Serie A Back-to-back highlights. **9.00 Serie A** Cagliari v Atalanta. **10.00 Serie A** Venezia v AS Roma. **11.00 Serie A** Sampdoria v Bologna. **12.00noon Serie A** Udinese v Sassuolo. **1.00pm Serie A** Lazio v Salernitana. **2.00 Serie A** Napoli v Hellas Verona. **3.00 Serie A** AC Milan v Inter Milan. **4.00 Kite Masters 4.30 MotoGP Films: Unlimited 6.00 MotoGP 7.00 MotoGP Chequered Flag 8.00 Ligue 1 Highlights 9.00 UFC** Kamaru Usman v Colby Covington. **12.00m't UFC Reloaded 1.45am MotoGP Films: Racing Together 4.00 MotoGP 5.00 to 6.00am MotoGP Chequered Flag**

TUESDAY HIGHLIGHTS

Noel, Prue and Paul oversee a 'free-from' week

The Great British Bake Off

● **REALITY / 8pm / C4**

We've always wished there was a loophole in *Bake Off* rules that allowed departed bakers to make honorary comebacks – this week's Free-From theme featuring alternative ingredients would have been a perfect showcase for the much-missed Freya, a dab hand at whipping up vegan masterpieces! Hopefully, the remaining bakers picked up some tips from her as they must demonstrate versatility and creativity by concocting a signature without dairy products, before a vegan technical and then some gluten-free celebration cakes for the showstopper. But who will make it to next week's semi-final? ★★★★ *CC*

Javier Bardem and Julia Roberts

Eat Pray Love

● **FILM / 8.10am & 6.30pm / Sky Cinema Drama/NOW**

Uber-producer/director/writer Ryan Murphy (the showrunner behind *Impeachment*, below) found time to direct this glossy adaptation of Elizabeth Gilbert's bestselling memoir in 2010. Julia Roberts stars as the American divorcee on a (literal) journey of self-discovery that involves, yes, eating, religion and romance. Javier Bardem, who co-stars as one of her love interests, can be seen next month as Desi Arnaz (with Nicole Kidman as Lucille Ball) in Amazon Prime's *Being the Ricardos*. ★★★ *JP*

GREAT SAVINGS!
TV Times
Coming soon in CORRIE
Subscribe TODAY!
6 issues for £1
Visit magazinesdirect.com/tvt21

The tale of the tape: Linda collects proof

Impeachment: American Crime Story

● **DRAMA / 9.15pm / BBC2**

It's August 1997 and Monica Lewinsky (Beanie Feldstein), increasingly frustrated at being unable to get back into the White House, begins to confide more and more in Linda Tripp (Sarah Paulson). Relieved to unburden herself of her situation and her relationship with the President, Monica seems oblivious when Linda asks questions like 'remind me, when was the exact date that happened?'. At the suggestion of literary agent Lucianne Goldberg (a scene-stealing Margo Martindale), Linda is taping all of their – very frequent – phone calls to provide concrete proof of the President's indiscretions... ★★★★ *JP*

Pixie discovers family hardships and a musical connection

PICK OF THE DAY

Who Do You Think You Are?

Singer Pixie finds ancestors who hit the right notes

● **FACTUAL / 9pm (times vary) / BBC1**

This series is particularly enthralling when we see someone learning that their talent is inherited. Singer Pixie Lott is over the moon to find she's not the first person in her family to have a penchant for music. Her maternal great-great-great-grandfather was in the Household Cavalry band in the 19th century and his son and grandson were musically inclined. There are also emotional moments as Pixie learns about her maternal great-grandmother's poverty-stricken childhood and the harrowing World War One experiences of her paternal great-grandfather. ★★★★ *CC*

● See feature, page 15

Is Ollie a danger to himself and others?

Holby City

● **DRAMA / 7.50pm (times vary) / BBC1**

We were delighted when medic Oliver Valentine (James Anderson) returned to the wards recently but it's clear he's a shadow of his former self. This week, Ollie gets a blast from his past in the shape of a locum called Maisie. Whatever their history, it's bad enough that Maisie calls the police on him. With Ollie's injury causing blackouts, is he now a danger to himself and others? We're starting to be able to piece together what Ollie's been doing while he's been away – and while it's obvious there are major changes to his character, we hope he hasn't changed too much. ★★★★ *VW*

Guy Pearce and Claes Bang star

The Last Vermeer

● **FILM / 2.20pm & 9.35pm / Sky Cinema Premiere/NOW**

PREMIERE **In this true story** set in Holland just after World War Two, Guy Pearce plays an art dealer accused of collaborating with the Nazis – namely, selling a newly discovered painting by Jan Vermeer to Hermann Göring. It's an intriguing, twisty tale with a knockout courtroom scene and while there's little nuance in the script, it's such a ripping yarn it's hard to care. Guy Pearce is excellent as usual, as are co-stars Claes Bang and Vicky Krieps. ★★★★ *NP*

ALSO ON...

Goodness Gracious Me

● **COMEDY / 9pm / BBC4**

Another chance to see this celebration of the sketch show, including interviews with its stars and a rundown of its funniest moments.

My Greatest Shot

● **ARTS / 8pm / Sky Arts/ NOW**

NEW Photographers talk about how they captured some of the world's most extraordinary images. One for amateurs and serious camera buffs alike.

TUESDAY 9 November

BBC1

HD **Freeview HD 101** **Sky HD 115 Virgin TV HD 108 (Scot 101) Freesat HD 106**

6.00 Breakfast (S)(HD) **9.15 Morning Live** (S)(HD) **10.00 Dom Digs In** (S)(R)(HD)(AD) **10.45 Expert Witness** How analysis of nettles and chalky soil helped catch killer Ian Huntley. (S)(HD) **11.15 Homes Under the Hammer** (S)(R)(HD)(AD)

12.15 Bargain Hunt In Edinburgh. (S)(R)(HD)(AD)

1.00 BBC News at One (S)(HD) and **Weather**

1.30 BBC Regional News (S) and **Weather**

1.45 Doctors *Signs of Life:* Makeda's life hangs in the balance; and Bear struggles. (S)(HD)(AD)

2.15 The Tournament Quiz show. (S)(HD)

3.00 Escape to the Country Jonnie Irwin helps a couple find a house on the Jurassic Coast in southern England. (S)(R)(HD)(AD)

3.45 Clean It, Fix It The team pays a visit to Bristol to help a busy house of nine young professionals, whose communal areas are in desperate need of some attention. (S)(HD)

4.30 The Repair Shop Kirsten Ramsay and Steve Fletcher work on a doll; and Steve Kember and Brenton West tackle a menorah. (S)(HD)(AD)

5.15 Pointless Quiz show. (S)(R)(HD)

6.00 BBC News at Six (S)(HD) and **Weather**

6.30 BBC Regional News (S) and **Weather**

7 PM

7.00 The One Show Live topical reports. (S)(HD)

7.30 EastEnders Nancy opens up to Mick about her insecurities; and Kim is determined to give the best life to her children. (S)(HD)(AD)

7.50 Holby City Burdened by devastating news, Amelia has to be strong for Eli; and Jeong feels like he is treading water while the lives of his friends rush on. (S)(HD)(AD) ***See Highlights***

Eli Ebrahimi. . . . . *DAVOOD GHADAMI*
Madge Britton . . . .*CLARE BURT*
Jeong-Soo Han. . . . . *CHAN WOO LIM*
Amelia Ebrahimi *LUCY BRIGGS-OWEN*
Jac Naylor . . . .*ROSIE MARCEL*
Henrik Hanssen . . . . *GUY HENRY*
Sacha Levy . . . . *BOB BARRETT*
Kylie Maddon . . . .*AMY MURPHY*

8 PM

8.30 Panorama *Online Pimps Exposed:* Bronagh Munro investigates the online pimps who traffic vulnerable women for sex. (S)(HD)
● ***Repeated on Friday at 12.05am on BBC2***

9 PM

9.00 Who Do You Think You Are? 5 of 7. Singer-songwriter Pixie Lott sets out to confirm the family story that she has Italian ancestry from Verona. However, her genealogy search takes her to a tale of poverty and hardship in London, and a harrowing and surprising experience in World War One. (S)(HD)(AD) ***See feature, page 15, and Highlights***

10 PM

10.00 BBC News at Ten (S)(HD)

10.25 BBC Regional News (S) and **Weather**

10.30 Weather (S)(HD)

10.35 I Like the Way U Move 4 of 8. One of the professionals thinks their rookie is complacent. (S)(HD) ● ***Full series available on BBC iPlayer***

11.35 Have I Got a Bit More News for You 5 of 10. Richard Ayoade hosts an extended edition of the satirical quiz, with comedian Roisin Conaty joining in the fun with team captains Ian Hislop and Paul Merton. (S)(HD)

12.20 Question of Sport Quiz show with guests Ed Clancy, Jazz Carlin, Kelly Smith and Colin Jackson. ● ***Continues on Friday at 7.35pm*** (S)(R)(HD) **12.50 Richard Osman's House of Games Night** (S)(R)(HD) **1.20 Weather for the Week Ahead** (S)(HD) **1.25 to 6.00 BBC News** (S)(HD)

BBC2

HD **Freeview HD 102** **Sky HD 102 Virgin HD TV 102 Freesat HD 102**

6.15 Clean It, Fix It (S)(R)(HD) **7.00 The Repair Shop** (S)(R)(HD) **7.45 Autumnwatch** (SL)(S)(R) **9.00 BBC News at 9** (S)(HD) **10.00 BBC News** (S)(HD)

12.15 Politics Live Political update. (S)(HD)

1.00 Heir Hunters Investigating a man who led a life shrouded in mystery. (S)(R)(AD)

1.45 Eggheads Quiz show. (S)(R)(HD)

2.15 Vintage Antiques Roadshow The team values items in Dartmouth, Devon. (S)(R)(HD)

3.00 The Hairy Bikers' Comfort Food Si King and Dave Myers offer their take on Teesside dish chicken parmo. (S)(R)(HD)(AD)

3.45 Mountain Vets Jennie heads to a farm where a calf is limping. (S)(R)(HD)(AD)

4.15 Inside the Supermarket Sainsbury's embarks on an ambitious makeover of its store in Hedge End, Southampton. (S)(R)(HD)(AD)

5.15 Flog It! From Watts Gallery in Surrey. (S)(R)

6.00 Richard Osman's House of Games Mehreen Baig, Clare Balding, Jamie Laing and Mike Wozniak take part in the quiz. (S)(HD)

6.30 Strictly: It Takes Two Rylan chats to the couple who managed to avoid elimination in Sunday night's tense dance-off. (S)(HD)

7.00 Celebrity Antiques Road Trip *Countdown*'s Rachel Riley and her husband and former *Strictly* partner Pasha Kovalev compete, teaming up with Paul Martin and David Harper to help scour the shops of Essex. (S)(HD)

8.00 Saving Lives at Sea When a climber falls in a remote cave on the Gower Peninsula, the Mumbles crew is called in to search and rescue. In Portreath, lifeguards battle to save a teenager who is determined to surf despite red flag warnings; and on the Isle of Wight, the Yarmouth crew must locate a man in the water among over a thousand boats. (S)(R)(AD)

9.00 Saving Lives at Sea A crew saves a family trapped on a tidal causeway. (S)(HD)(AD)

9.15 Impeachment: American Crime Story *The Telephone Hour:* 4 of 10. Linda starts to tape her near-nightly phone conversations with Monica. (S)(AD) ***See Highlights***

Linda Tripp . . . .*SARAH PAULSON*
Monica Lewinsky *BEANIE FELDSTEIN*
Lucianne Goldberg . . . . *MARGO MARTINDALE*

10.05 What We Do in the Shadows *The Cloak of Duplication:* 2 of 10. Nadja and Nandor work on a power-sharing deal; Colin takes notes; and a forbidden artefact is used to help Nandor court a health club employee. (S)(HD)(AD)

10.30 Newsnight (S)(HD)

11.10 Weather (S)(HD)

11.15 NFL This Week
SPORT ●●●● Action from the latest fixtures, including: San Francisco 49ers v Los Angeles Rams; and Green Bay Packers v Seattle Seahawks. (S)(HD)

12.05 Universe *The Sun: God Star:* 1 of 5. How stars brought life and meaning to the universe. (SL)(S)(R)(AD) **1.05 Inside Culture: Down Under** The history of creative connection between Britain and Australia. (SL)(S)(R) **1.35 to 2.05 Iolo: The Last Wilderness of Wales** (SL)(S)(R)

ITV

HD **Freeview HD 103** **Sky HD 103 Virgin TV HD 113 Freesat HD 111**

6.00 Good Morning Britain (S)(HD) **9.00 Lorraine** Entertainment and fashion news. (S)(HD) **10.00 This Morning** A mix of celebrity chat, lifestyle features, advice and competitions. (S)(HD)

12.30 Loose Women Topical debate. (S)(HD)

1.30 ITV News (S)(HD) and **Weather** including **Local News** (S)(HD) and **Weather**

2.00 Dickinson's Real Deal The team is in Grimsby, where Debbie Serpell tries to buy big-name jewellery, and Simon Schneider gets excited over a vintage engine. (S)(HD)

3.00 Lingo Adil Ray presents, as contestants Jack and Chloe, Sunny and Sophie, and Sally and Ash try to work out words that appear in the Lingo grids and Puzzlewords. (S)(HD)

4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (S)(HD)

5.00 The Chase Bradley Walsh presents as contestants Gordon, Peter, Chloe and Helen work as a team to take on one of the ruthless Chasers and secure a cash prize. (S)(HD)

6.00 Local News (S)(HD) and **Weather**

6.30 ITV News (S)(HD) and **Weather**

7.00 Emmerdale Hour-long episode. Jai is worried ahead of a health and safety visit; Ellis makes a heartfelt apology; and Rodney finds himself back on the market. (S)(HD)(AD)

8.00 Coronation Street Hour-long episode. Kelly attempts to make amends to Nina; Tyrone begrudgingly accepts help from Phill; and Aadi discusses his future with Dev. (S)(HD)(AD)

9.00 The Tower 2 of 3. Sarah finally persuades her boss, DCI Tim Bailie, to go public about Lizzie's disappearance, before making a series of discoveries that further complicate the case.(S)(HD)(AD) ● ***Concludes tomorrow***

DS Sarah Collins . . .*GEMMA WHELAN*
DC Steve Bradshaw . . . .*JIMMY AKINGBOLA*
DCI Tim Bailie . . . . *KARL DAVIES*
PC Lizzie Adama. . . *TAHIRAH SHARIF*
DI Kieran Shaw . *EMMETT J SCANLAN*
PC Hadley Matthews . .*NICK HOLDER*
Younes Mehenni. .*NABIL ELOUAHABI*

10.00 ITV News at Ten (S)(HD) and **Weather** including **Local News** (S)(HD) and **Weather**

10.45 The Jonathan Ross Show *As Saturday*. With comedian Michael McIntyre, as well as veteran pop band Westlife, and Aisling Bea and Rob Delaney, who star in Disney+ movie *Home Sweet Home Alone*. (S)(R)(HD)

11.45 Beverley and Jordan: Destination Wedding 3 of 5. Beverley and Jordan pay a visit to the seaside city of Valencia, where they learn the perfect recipe for paella. (S)(R) ● ***Continues tomorrow at 8.00pm***

12.10 The Tower 2 of 3. Drama. (S)(R)(HD)(AD) **1.05 Teleshopping** (HD) **3.00 FYI Extra** (HD) **3.15 Loose Women** Topical debate. (R)(HD) **4.05 Unwind With ITV** (HD) **5.05 to 6.00 Tipping Point** Arcade-themed game show. (SL)(S)(R)

ITV+1 *Freeview 34, Sky 203, Virgin 114, Freesat 112*

CHANNEL 4

HD **Freeview HD 104** **Sky HD 138** **Virgin TV HD 104/141**

6.05 Countdown (S)(R)(HD) **6.45 Big Bang Theory** (S)(R)(HD) **7.10 Big Bang Theory** (S)(R)(HD) **7.35 King of Queens** (S)(R) **8.00 King of Queens** (S)(R) **8.30 King of Queens** (S)(R) **9.00 Frasier** (S)(R) **9.30 Frasier** (S)(R) **10.00 Frasier** (S)(R) **10.30 Ramsay's Kitchen Nightmares USA** (S)(R) **11.25 Channel 4 News Summary** (S)(HD) **11.30 Find It, Fix It, Flog It** In Cheshire. (S)(R)(HD)

12.30 Steph's Packed Lunch (S)(HD)

2.10 Countdown With Alastair Campbell. (S)(HD)

3.00 Moneybags Quiz with Craig Charles. (S)(HD)

4.00 A Place in the Sun Lee Juggurnauth shows a couple five properties on Crete. (S)(HD)

5.00 Four in a Bed The second visit of the week is to Middlewick in Glastonbury, Somerset. (S)

5.30 Come Dine with Me Construction recruitment consultant Rich is the second host of the week in the West Midlands. (S)(HD)

6.00 The Simpsons *How Munched Is That Birdie in the Window?* A psychiatrist suggests the family rehomes Santa's Little Helper. (S)(R)

6.30 Hollyoaks Darren's whereabouts divide Nancy's household; and Leela continues to hide her redundancy by keeping herself busy. (S)(R)(HD) ● ***The next episode follows on E4***

7.00 Channel 4 News (S)(HD) and **Weather**

7.55 The Political Slot Wes Streeting MP sets out the Labour Party's Ten by Ten initiative, endorsing 10 things that all children should achieve by the time they are 10. (S)(HD)

8.00 The Great British Bake Off 8 of 10. Noel Fielding and Matt Lucas present as the bakers explore alternative ingredients during Free-From Week, with a signature that requires them to bake without dairy, before a hearty vegan technical and finally a towering showstopping celebration cake that must be entirely gluten free. (S)(HD) ***See Highlights*** ● ***An Extra Slice is on Friday at 8.00pm***

9.15 Murder Island The last detective duo close in on the final suspects, arresting both in the hope they can break them down in interview and convince one to admit their guilt – and in the process win the reward. **Last in the series** (S)(HD) ● ***Repeated on Thursday at 2.15am***

10.15 Stath Lets Flats *A Drink Because of Friendship:* 3 of 6. Stath is thrilled to go on a lads' night out with Al and Dean. (S)(HD) ● ***Full series available on All 4***

10.45 Gogglebox The armchair critics share their opinions on what they have been watching. (S)(R)(HD) ● ***Continues on Friday at 9.00pm***

11.50 8 Out of 10 Cats Does Countdown 4 of 6. With Sara Pascoe. (S)(R)(HD)

12.50 Taskmaster 7 of 10. ● ***Continues on Thursday at 9.00pm*** (S)(R)(HD) **1.45 Complaints Welcome** (S)(R)(HD) **2.40 The Royal House of Windsor** (S)(R)(HD) **3.35 George Clarke's Amazing Spaces** (S)(R)(HD) **4.30 Building the Dream** (S)(R)(HD) **5.25 Food Unwrapped Investigates** (S)(R)(HD) **5.50 to 6.05 Kirstie's House of Craft** (S)(HD)

CHANNEL 4+1 *Freeview 15, Sky 204, Virgin 142, Freesat 121*

CHANNEL 5

HD **Freeview HD 105** **Sky HD 105** **Virgin HD 150** **Freesat HD 105**

6.00 to 9.15 Milkshake! 9.15 Jeremy Vine (S)(HD) **11.15** **FILM** **Hope at Christmas** Festive drama starring Scottie Thompson and Ryan Paevey. (S)(HD) ★★ *(2018)* ***See Films, pages 31-35***

12.45 Friends Ross bleaches his teeth to impress his date. (S6, ep8) (S)(R)(HD)

1.15 Home and Away Jasmine cannot believe how she behaved the night before. (S)(R)(HD)(AD) ● ***Repeated at 6.00pm on 5STAR***

1.45 Neighbours Tension between Nicolette, Aaron and David continues to persist in the house. (S)(HD)(AD) ● ***Repeated at 6.00pm***

2.20 The Christmas Ball

FILM PREMIERE Festive drama starring Deirdre Mullins and Nick Hendrix. A woman visiting her aunt at Christmas ends up meeting a handsome historian who thinks her relative's manor is a historical landmark. (S)(HD) ★★ *(2020)* ***See Films, pages 31-35***

4.00 Bargain-Loving Brits in the Sun 4 of 6. A new arrival in Saydo Park discovers the joys of drag at the age of 66. (S)(R)(HD)

5.00 5 News (S)(HD)

6.00 Neighbours *As 1.45pm.* (S)(R)(HD)(AD)

6.30 Eggheads Quiz show. (S)(HD)

7 PM

7.00 GPs: Behind Closed Doors A paramedic who has been suffering from a hoarse voice for several months visits the surgery; and doctors treat a patient with an agonising abscess, and a one-year-old showing symptoms of sepsis. (S)(R)(HD)(AD) followed by **5 News Update**

8 PM

8.00 The Yorkshire Vet 10 of 12. A four-week-old lamb is rushed in to see Peter; and after being kicked in the face by a horse, Julian worries a black labrador may have sustained a fracture. Meanwhile, Matt and David go to a school to introduce potential future vets to unusual creatures. (S)(HD) followed by **5 News Update**

9 PM

9.00 Our Yorkshire Farm 6 of 7. It is the summer holidays, and 17-year-old Reuben has taken some time off to help his parents with their biggest summer job, hay timing. Elsewhere, Amanda and Clive enlist the help of Miles and Edith to shear their thousand-strong flock, and later Amanda takes the children for a well-earned swim. (S)(HD)

10 PM

10.00 1000 Years a Slave Historian Prof David Olusoga returns to Bristol to see the statue of slave trader Edward Colston, after it has been put on display for the first time since it was toppled in 2020. **Last in the series** (S)(HD)

11.05 Ambulance: Code Red 8 of 10. Critical Care Paramedic Fay is dispatched to the scene of a serious motorbike crash. (S)(R)(HD)(AD)

12.05 **NEW** **The Operating Theatre: Minute by Minute** One-off coverage of surgery. (S)(HD) **1.00 The 21.co.uk Live Casino Show** (S)(HD) **3.00 Entertainment News on 5** (S)(HD) **3.10 Our New Puppy** (S)(R)(HD) **4.00 A Celebrity Taste of Italy** (S)(R)(HD) **5.35 Thomas & Friends** (SL)(S)(R) **5.45 to 6.00 Paw Patrol** (SL)(S)(R)(HD)

CHANNEL 5+1 *Freeview 45, Sky 205, Virgin 155, Freesat 128*

(SL) Signed (S) Subtitles (R) Repeat

ON DEMAND

britbox
CREATED BY BBC & itv

DRAMA SERIES

Doctor Foster BRITBOX

Bertie Carvel stars in Channel 5 crime drama *Dalgliesh* (Thursday and Friday, 9pm). You can also see him playing a cheating husband in two series of BBC1's BAFTA-nominated drama. With Suranne Jones, Adam James and Jodie Comer. ***All episodes available now***

YOU MIGHT ALSO LIKE...

Vigil BBC IPLAYER

Suranne Jones also stars alongside Rose Leslie, Shaun Evans and Martine Compston in this year's six-part crime drama set on a submarine. ***All episodes available now***

ITV VARIATIONS

ANGLIA No variations
BORDER No variations
CENTRAL No variations
CHANNEL No variations
GRANADA No variations
LONDON No variations
MERIDIAN No variations
TYNE TEES No variations
WEST No variations
WESTCOUNTRY No variations
YORKSHIRE No variations

ON THIS DAY 1999

Comedian Tommy Tiernan played a video rental store employee in C4's sitcom *Small Potatoes*. The six-part series also starred Sanjeev Bhaskar and Omid Djalili.

FREEVIEW

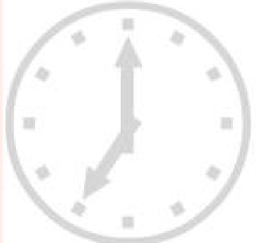
SKY +1 VIRGIN HD +1 FREESAT HD +1 BT HD +1

BBC4

Freeview 9/24 (HD 106)

116 107 107 107

BBC4 programmes begin at 7pm



9.00 **Goodness Gracious Me...**

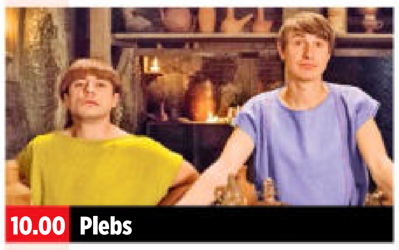
7.00 **Great British Railway Journeys** A trip from Elgin to Loch Ness. (S)
7.30 **The Joy of Painting** **New edition** (S)
8.00 **The Good Life** (S)
8.30 **One Foot in the Grave** (S)
9.00 **Goodness Gracious Me – 20 Years Innit!** Highlights. (S)
9.40 **Mark Lawson Talks to Sanjeev Bhaskar** The actor discusses his inspiration. (S)
10.40 **WWI: The Last Tommies** The Battle of the Somme. (S)
11.40 Secrets of Skin: Ben Garrod examines the evolution of skin. (S)
12.40 am Great British Railway Journeys: Lossiemouth and Inverness. (S)
1.10 Mark Lawson Talks to Sanjeev Bhaskar: Documentary. (S)
2.10 to 3.10am WWI: The Last Tommies (SL)(S)

ITV2

Freeview 6 (+1 28)

118 218 115 176 116 113 114

6.00 am Love Bites (S)
7.00 The Ellen DeGeneres Show (S)
8.00 Emmerdale (SL)(S)
8.30 Coronation Street (SL)(S)
9.30 Supermarket Sweep (S)
10.30 Dress to Impress (S) **11.30** Love Bites (S) **12.30pm** Emmerdale (S)
1.00 Coronation Street (S)
2.00 The Ellen DeGeneres Show **New edition** With Kumail Nanjiani. (S)
3.00 Dress to Impress (S)
4.00 Love Bites (S)
5.00 You've Been Framed! Gold (S)



10.00 **Plebs**

6.00 **Celebrity Catchphrase** (S)
7.00 **Superstore** Double-bill. (S)
8.00 **Bob's Burgers** Double-bill. Bob befriends his favourite baseball player; and Bob and Linda rescue the kids from an abandoned factory. (S)
9.00 **Family Guy** Double-bill. Chris is sent to a vocational school; and Meg competes in the Winter Olympics. (S)
10.00 **Plebs** Double-bill. Marcus is asked out by Gloria; and the boys attend a bathhouse. (S)
11.00 Family Guy (S)
11.30 American Dad! (S)
12.25 am Bob's Burgers (S)
1.20 Superstore (S)
2.10 Hey Tracey! (S)
3.00 FYI Extra
3.15 Unwind With ITV
3.30 to 6.00am Teleshopping

ITV3

Freeview 10 (+1 58)

119 219 117 177 174 115 116

6.00 am Classic Coronation Street (S)
7.00 Classic Emmerdale (S)
8.05 Man About the House (S)
8.40 That's My Boy (S)
9.15 Inspector Morse (S)
11.35 Heartbeat (S)
1.45 pm Classic Emmerdale (S)
2.50 Classic Coronation Street (S)
3.50 Agatha Christie's Poirot: Double-bill. 1 of 2. The sleuth meets an accident-prone woman; and 2 of 2. A secret engagement is revealed. (S)

8.00 **Midsomer Murders**

6.00 **Heartbeat** Double-bill. An armed robber targets the auction house; and a dangerous criminal roams Aidensfield. (S)
8.00 **Midsomer Murders** The life of an eccentric and reclusive couple comes under scrutiny when a social services investigator is killed. (S)
10.00 **Scott & Bailey** A murder of a wealthy man whose double life left him vulnerable to exploitation. (S)
11.05 Little Boy Blue: A police raid leads to the recovery of the gun used in Rhys Jones's murder. (S)
12.05 am Inspector Morse: Murder shatters the peace of an Oxford college. (SL)(S)
2.15 Unwind With ITV
2.30 to 6.00am Teleshopping

ITV4

Freeview 25

120 220 118 178 175 117 118

6.00 am World of Sport (S)
6.10 The Protectors (S)
6.35 The Saint (S) **7.30** The Casebook of Sherlock Holmes (SL)(S)
8.25 Dempsey and Makepeace (S)
9.30 The Professionals (S)
10.25 Minder (S)
11.35 The Saint (S) **2.40pm** Extreme Salvage Squad (S) **1.45** The Casebook of Sherlock Holmes (S) **2.50** Dempsey and Makepeace (S)
3.50 The Professionals (S)
4.55 Minder (S)

10.50 **Role Models**

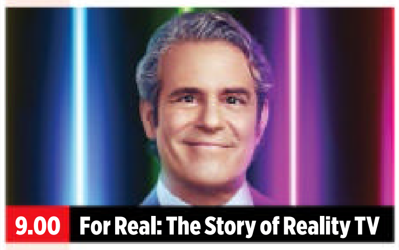
6.00 **Extreme Salvage Squad** (S)
7.00 **The Chase Celebrity Special** Featuring the stars of *Coronation Street*. (S)
8.00 **Made in Britain** A look inside a firework factory. (S)
9.00 **FILM** **Cobra** Crime thriller starring Sylvester Stallone as a cop on the trail of a serial killer. (W)(S) ★ *(1986)*
10.50 **FILM** **Role Models** Comedy starring Paul Rudd and Seann William Scott. (W)(S) ★★★★ *(2008)*
12.55 am Minder: An ex-footballer persuades Arthur to buy 2,000 tickets for an England v Scotland football match. (SL)(S)
1.55 The Saint: A film producer's daughter is kidnapped. (S)
2.50 Unwind With ITV
3.00 to 6.00am Teleshopping

ITVBE

Freeview 27

131 119 179 120 119

7.00 am The Real Housewives of Cheshire (S) **8.00** Buying and Selling (S) **9.00** LittleBe (S)
12.00 noon Be Beautiful (S)
12.10 pm The Real Housewives of Orange County (S) **1.10** The Real Housewives of Cheshire (S)
2.10 The Only Way Is Essex (S)
3.10 Million Dollar Listing: NYC **New edition** Reality property series. (S)
4.05 The Real Housewives of New York City: Reality series. (S)
5.00 The Real Housewives of Atlanta (S)



9.00 **For Real: The Story of Reality TV**

6.00 **Making It Home with Kortney & Kenny** **New edition** (S)
7.00 **Buying and Selling** (S)
8.00 **Dinner Date** A woman from Glasgow looks for love. (S)
9.00 **For Real: The Story of Reality TV** Andy Cohen delves into the history of unscripted television. (S)
10.00 **Love Island: Australia** **New edition** The islanders make themselves at home in the villa. (S)
11.00 Bridezillas: MeanGirlZilla Clara battles it out with her bridesmaids on her wedding day. (S)
12.00 m't The Only Way Is Essex: Mark's boxing event takes place in Romford and he throws down the gauntlet to Kirk. (S)
1.00 to 7.00am Teleshopping

5STAR

Freeview 31

128 228 151 186 131 141

6.00am Teleshopping
8.00 Entertainment News on 5
8.10 Rich Kids Go Skint
9.00 Rich Holiday, Poor Holiday
10.00 Filthy House SOS
11.00 The Nightmare Neighbour Next Door: Documentary.
12.00noon Traffic Cops
2.00 Police Interceptors
5.00 Nightmare Neighbour Next Door: Taking a look at disputes between people whose houses border each other.

6.00 **Home and Away** **New episode** (S)
7.00 **Million Pound Motorhomes** (S)
8.00 **Nightmare Builders Next Door** 2 of 2. (S)
9.00 **FILM** **Taken 2** Action thriller sequel starring Liam Neeson and Maggie Grace. An ex-CIA agent and his family are targeted by a vengeful Albanian gang during a trip to Istanbul. (S) ★★★ *(2012)*
11.10 **FILM** The Commuter: Thriller with Liam Neeson and Vera Farmiga. ★★★ *(2018)*
1.15am Cold Case Killers
2.20 Wentworth: The Final Sentence
3.15 Last Man Standing
4.00 to 6.00am Teleshopping

5USA

Freeview 21

141 241 153 185 129 130

6.00am TJC
9.00 Murder, She Wrote
10.00 NCIS
12.00noon Law & Order: Back-to-back episodes, including: A doctor is murdered. (S12, ep23); a kidnapper requests immunity in return for useful information. (S7, ep19); a man is arrested minutes before his wedding. (S7, ep20) an actress is killed. (S13, ep4); and a teenage model is murdered. (S8, ep6)

6.00 **NCIS** Triple-bill. A former Marine is found dead. (S7, ep15) (S); a Navy captain is killed. (S7, ep16) (S); and the team makes a surprising discovery. (S7, ep17) (S)
9.00 **Law & Order: Criminal Intent** A city health inspector is found dead. (S5, ep1) (S)
10.00 **Law & Order: Special Victims Unit** A criminal network is found. (S19, ep24)(S)
10.55 Law & Order: Special Victims Unit: Triple-bill.
1.50am NCIS: Double-bill.
3.35 999: Criminals Caught on Camera: Footage of crimes recorded on closed-circuit TV.
3.55 Entertainment News on 5
4.00 to 6.00am Teleshopping

YESTERDAY

Freeview 26

155 255 129 200 159

6.00am When Churchill Chose War
7.10 Ice Bridge
8.00 Forbidden History
9.00 Bangers and Cash
10.00 Inside Central Station
11.00 Secrets of the London Underground
12.00noon Great British Railway Journeys
2.00pm Abandoned Engineering
4.00 World War Weird
5.00 Narrow Escapes of World War Two

6.00 **Great British Railway Journeys** (S)
7.00 **Abandoned Engineering**
8.00 **Secrets of the London Underground** Visiting North End. (S)
9.00 **Chris Tarrant: Extreme Railways** Chris sets out to cross Estonia, Latvia and Lithuania by rail in just one week.
10.00 **Hornby: A Model...** A new version of the iconic *Spitfire*.
11.00 Abandoned Engineering
12.00m't The Architecture The Railways Built
1.00am The Day When Churchill Chose War
2.00 Ice Bridge: Expedition Across the Atlantic
3.00 to 6.00am Teleshopping

REALLY

Freeview 17

142 128 160

6.00am Fantasy Homes by the Sea
7.00 Teleshopping
8.00 Homes Under the Hammer
10.00 Antiques Road Trip
12.00noon Money for Nothing
1.00pm A Place in the Sun
2.00 Animal Cops Houston
3.00 Animal Cops Miami
4.00 Pit Bulls & Parolees: Tia and her crew head out on one of their most dangerous rescues.
5.00 Great British Bake Off: The cooks take part in Italian week.

6.00 **Money for Nothing**
7.00 **Antiques Road Trip** Double-bill. Philip Serrell and Natasha Raskin head to west London; and Philip and Natasha seek out bargains. (S)
9.00 **Emergency** **New edition** A man needs help after being stung by a swarm of bees.
10.00 **Helicopter ER** **New edition** The crew helps a motocross rider who is in extreme pain.
11.00 Ghost Adventures: Zak and the crew are in Utah to investigate a 150-year-old mill.
1.00am Kindred Spirits
2.00 Teleshopping
4.00 Animal Cops Houston
5.00 to 6.00am Animal Cops Miami

TALKING PICTURES

Freeview 81

328 445 306

6.00am Sherlock Holmes (b/w)
6.30 **FILM** British Intelligence
7.45 Four Star Theatre (b/w)
8.15 **FILM** Children Galore
9.30 Sir Francis Drake (b/w)
10.00 **FILM** Appointment with Venus (b/w) ★★★★ *(1951)*
11.45 **FILM** The Feminine Touch
1.35pm **FILM** They Met in the Dark: Adventure. (b/w) *(1943)*
3.25 **FILM** Teacher's Pet: Comedy. (b/w) ★★★ *(1958)*
5.45 Look at Life

6.00 **Dial 999** (b/w) (S)
6.30 **Glimpses** Short film.
6.40 **FILM** **Just for You** Musical starring DC LaRue and Katherine Quint, with a cast of 1960s pop acts. (S) *(1964)*
8.00 **The Human Jungle** (S)
9.00 **FILM** **Lady in Cement** Mystery with Frank Sinatra. (S) ★★
10.50 **FILM** **The Gods Must Be Crazy** Cult comedy with Marius Weyers. (S) ★★★ *(1980)*
1.00am **FILM** City That Never Sleeps (b/w) ★★★ *(1953)*
2.45 **FILM** Girl on a Motorcycle: Erotic drama. ★ *(1968)*
4.35 Our Holiday at Bridlington
5.00 Dante (b/w)
5.30 to 6.00am One Step Beyond (b/w)

QUEST

Freeview 12 (HD 114 +1 69)

144 244 169 213 172 168

6.20am Scrap Kings **7.10** *See 2.00pm* **8.00** *See 3.00pm* **9.00** *See 6.00pm* **10.00** Chasing Classic Cars **11.00** Disasters Engineered **12.00noon** Shed and Buried **1.00pm** Combat Dealers **2.00** Repair Shop **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Goblin Works... **6.00** Wheeler Dealers **7.00** Outback Opal Hunters **8.00** Salvage... **9.00** Dream Builds on Wheels **10.00** American... **11.00** How Do..? **12.00m't** *As 6.00pm* **1.00am** Cops UK:... **2.00** Fantomworks **3.00** Incredible Engineering... **4.00** World's... **5.00 to 6.00am** How It's Made

SKY ARTS

Freeview 11

130 165 140 147 363

6.00am Song for... **8.00** Venice:... **9.00** *See 5.00pm* **10.00** Discovering **11.00** ...Lost Paintings **12.00noon** Landscape Artist... **1.00pm** *See 5.00pm* **2.00** Discovering **3.00** Book Club **4.00** Music Icons **4.30** Video Killed... **5.00** Tales of the Unexpected **6.00** Discovering **7.00** Eliza Shaddad... **8.00** **NEW** My Greatest Shot **9.00** Anton Bruckner:...**10.15** Chi-chi... **11.15** New Order:...**2.00** Video Killed the Radio Star **2.30** **FILM** The Rise of Jordan Peterson *(2019)* **4.30** Music Icons **5.00 to 6.00am** Mystery of the Lost...

(b/w) black and white (W) Widescreen (HD) High Definition

9 November TUESDAY

E4

Freeview 13 (+1 29)

135 235 106 145 146 122 123

6.00 am Hollyoaks (S)
7.00 Ramsay's Kitchen Nightmares USA (S)
8.00 Baby Daddy (S)
9.00 How I Met Your Mother (S)
10.00 The Big Bang Theory (S)
11.00 The Goldbergs (S)
12.00 noon Brooklyn Nine-Nine (S)
1.00 The Big Bang Theory (S)
2.30 Mike & Molly (S)
3.30 Brooklyn Nine-Nine (S)
4.30 Married at First Sight Australia: The final dates commence. (S)

9.00 **Gogglebox: Celebrity Special...**

6.00 The Big Bang Theory (S)
7.00 Hollyoaks New episode Nancy is torn about whether to tell the children about Darren. (S)
7.30 Married at First Sight Australia New edition The final dates come to an end and a 'Boys and Girls' night commences. (S)
9.00 Gogglebox: Celebrity Special for SU2C (S)
10.00 Naked Attraction A retired dentist seeks a partner. (S)

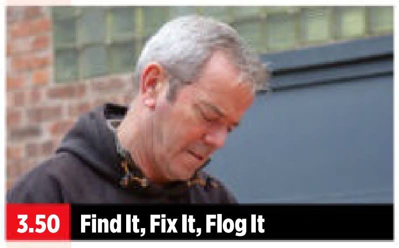
11.05 Naked Attraction: A pansexual opera singer is looking for a man. (S)
12.10 am Married at First Sight Australia: The final dates come to an end. (S)
1.45 Gogglebox (S)
2.40 First Dates: Be My Valentine (S)
3.35 The Big Bang Theory (S)
4.45 to 6.00am The Goldbergs (S)

MORE4

Freeview 18 (+1 86)

136 236 147 195 196 124 125

8.55 am Kirstie's Vintage Gems (S)
9.15 A Place in the Sun (S)
11.05 Escape to the Chateau (S)
12.05 pm Grand Designs (S)
1.10 Four in a Bed (S)
3.50 Find It, Fix It, Flog It: Double-bill. Henry Cole and Simon O'Brien explore a fairground; and Simon O'Brien converts a gilded picture frame into a TV surround. (S)
5.55 Great House Giveaway: A model and an electrician buy a grade II listed building in Liverpool. (S)


3.50 **Find It, Fix It, Flog It**

6.55 Escape to the Chateau: DIY Wendy and Marcus start renovating their barn into a wedding venue. (S)
7.55 Grand Designs Visiting a family house of fun. (S)
9.00 NEW **How to Build British: Mini** An access-all-areas visit to the Mini factory in Oxford. (S)
10.00 Building the World's Fastest Car Documentary following the creation of a record-breaking vehicle. (S)

11.05 24 Hours in A&E: Medics treat three women who have been stabbed in a Surrey car park. (S)
12.10 am How to Build British: Mini (S)
1.15 Building the World's Fastest Car (S)
2.15 The Secret Life of the Zoo (S)
3.20 to 3.45am Food Unwrapped Investigates (S)

FILM4

Freeview 14 (+1 46)

313 314 428 429 430 300 301

11.00 am The Red Pony: Adventure starring Robert Mitchum and Myrna Loy. (S) ★★★ *(1949)*
12.55 pm Shane: Classic Western with Alan Ladd as an gunfighter who is drawn into a feud between homesteaders and cattlemen in 1890s Wyoming. (S) ★★★ *(1953)*
3.25 Vertigo: Thriller starring James Stewart. A San Francisco detective with a fear of heights is drawn into a complex case. (S) ★★★★★ *(1958)* ***See Films, pages 31-35***

11.10 **American Ultra**

6.05 Valerian and the City of a Thousand Planets Sci-fi starring Dane DeHaan and Cara Delevingne. Two special operatives race to identify a menace threatening the future of the universe. (S) ★★★ *(2017)*
9.00 The Predator Thriller with Boyd Holbrook. A band of former soldiers and a scientist attempt to defeat a savage extra-terrestrial warrior. (S) ★★★ *(2018)*

11.10 American Ultra: Action comedy starring Jesse Eisenberg. A small-town store clerk who is unaware he is a government sleeper agent is targeted for assassination. (W)(S) ★★★ *(2015)*
1.00 to 3.25am Sisters: Comedy with Amy Poehler. (S) ★★★ *(2015)*

HGTV

Freeview 43

158 258 286 290 166

6.00 am Teleshopping
7.00 Homes Under the Hammer (S)
8.00 The Great Interior Design Challenge: From Edinburgh.
9.00 A Place in the Sun
10.00 Escape to the Country (S)
12.00 noon Farmhouse Fixer
1.00 pm Sarah Beeny's Renovate Don't Relocate: A retirement home. (S)
2.00 A Place in the Sun (S)
3.00 Building the Dream
4.00 DIY SOS: The Big Build
5.00 Homes Under the Hammer (S)

9.00 **My Lottery Dream Home**

6.00 A Place in the Sun A holiday home on Ibiza. (S)
7.00 Escape to the Country Double-bill. A property in Somerset; and a property in West Yorkshire. (S)
9.00 My Lottery Dream Home New editions Double-bill. A Massachusetts couple buy a home in Cape Cod; and a dream home in Orlando.
10.00 Windy City Rehab New edition Alison sees a home in a new area of Chicago.

11.30 Restored by the Fords: A Victorian home built in the late 1800s.
12.00 m't Farmhouse Fixer
1.00 am DIY SOS: The Big Build
2.00 Homes Under the Hammer (S)
3.00 Selling Houses with Amanda Lamb: From Brighton and Hove.
4.00 to 6.00am Teleshopping

PICK

Freeview 35

159 259 156 144 145

6.00 am Teleshopping
7.00 Highway Patrol (S)
8.00 Motorway Patrol (S)
9.00 Police Force: Australia (S)
10.00 Police Ten 7 (S)
11.00 Highway Cops (S)
12.00 noon Nothing to Declare (S)
1.00 Border Patrol
2.00 Border Security: Canada's Front Line (S)
3.00 Nothing to Declare (S)
4.00 Stargate Atlantis (S4, ep2) (S)
5.00 The Librarians (S3, ep3) (S)

9.00 **The Rookie**

6.00 Quantum Leap (S2, ep3)
7.00 Star Trek: Deep Space Nine Sisko risks all to catch a rebel. (S5, ep13) (S)
8.00 NCIS: Los Angeles The team sets out to rescue Hetty.(S9, ep13) (S)
9.00 The Rookie New episode Nolan and Bishop respond to a convenience store robbery. (S1, ep8) (S)
10.00 Fringe New episode Thomas Jerome Newton must wake a shapeshifter. (S3, ep4)

11.00 Murders That Shocked the Nation: Suspected killer Lord Lucan. (S)
12.00 m't Britain's Most Evil Killers (S)
1.00 am Banged Up Abroad (S)
2.00 Nothing to Declare (S)
3.00 Border Patrol
4.00 Motorway Patrol (S)
5.00 to 6.00am Police Force: Australia

QUEST RED

Freeview 39 (+1 70)

149 249 170 169 170

6.00am SYttD: Atlanta **7.00** SYttD: UK **8.00** My Cat from Hell **9.00** Animal Cops Philadelphia **10.00** Hoarding: Buried Alive: Where Are They Now? **11.00** Forensic Detectives **1.00pm** Grave Secrets **2.00** Disappeared **3.00** FBI Files **4.00** SYttD: Atlanta **5.00** SYttD: Bridesmaids **7.00** Long Lost Family **8.00** My 600lb Life **9.00** My Fat Saved My Life **10.00** Hair Loss Clinic **11.00** FBI Files **12.00m't** Forensic Detectives **1.00am** Murder on CCTV **2.00** Murder Comes to... **3.00** FBI Files **3.50** AC Houston **4.40** Meet the Penguins **5.30 to 6.00am** Curvy Brides

FOOD NETWORK

Freeview 42

140 240 285 148 149

6.00am HB's Food Tour of Britain **7.00** James Martin **8.00** Giada **10.00** Farmhouse Rules **11.00** Girl Meets Farm **12.00noon** River Cottage **1.00pm** Jamie Does Stockholm **2.00** Italian Christmas **3.00** *See 7.00pm* **4.00** *See 8.00pm* **5.00** Super Sweet Christmas **6.00** James Martin **7.00** Great British Bake Off **8.00** HB's Home for Xmas **9.00** Jamie's Family Christmas **10.00** James Martin **11.00** Holiday Gingerbread Showdown **12.00m't** Mystery Diners **1.00am** Restaurant:... **2.00** Jamie **3.00 to 6.00am** Teleshop

CBS JUSTICE

Freeview 40

148 192 137

6.00am Teleshopping **9.00** Diagnosis Murder **11.00** The Fugitive **12.00noon** Perry Mason **1.05pm** Walker, Texas Ranger **2.05** CSI: Miami (S6, ep14) **3.00** NCIS (S9, ep19) **4.00** NCIS: Los Angeles (S1, ep6) **5.00** The Fugitive **6.00** Perry Mason (S4, ep5) **7.05** Scorpion (S3, ep15) **8.00** Walker, Texas Ranger (S6, ep6) **9.00** NCIS (S8, ep7) **10.00** NCIS: Los Angeles (S1, ep7) **11.00** Scorpion **12.00m't** CSI: Miami (S6, ep14) **1.00am** NCIS (S8, ep7) **2.00** Scorpion **2.55** Walker, Texas Ranger **3.50** Matlock **4.40** JAG **5.25 to 6.00am** Bondi Rescue

CBS REALITY

Freeview 66

146 246 148 201 135 136

6.00am Teleshopping **9.00** Judge Judy: Back-to-back editions. **7.00pm** Medical Detectives: Double-bill. **8.00** Evidence of Evil: Examining the disappearance of Phyllis Murphy in December 1979. **9.00** It Takes a Killer: Double-bill. **10.00** Murder By the Sea: A police chase to find murderer Philip Manning. **11.00** Cold Justice **12.00m't** Voice of a Serial Killer **1.00am** It Takes a Killer **2.00** Murder By the Sea **3.00** Celebrity Damage Control **3.45** Unsolved Mysteries **5.10 to 6.00am** Bondi Rescue

GREAT! movies

Freeview 33 (+1 60)

321 322 425 302

6.00am Teleshopping **9.00** Status: Unknown ★★ *(2014)* **11.00** The Other Mother ★★ *(1995)* **1.00pm** Deadly Buried Secrets ★★ *(2014)* **3.00** A Christmas Wedding Date ★★ *(2012)* **4.50** Just in Time for Christmas ★★ *(2015)* **7.05** The Little Vampire: Adventure with Richard E Grant. ★★★ *(2000)* **9.00** Faster: Action adventure starring Dwayne Johnson. ★★★ *(2010)* **10.55** Armored: Crime thriller starring Matt Dillon. ★★★ *(2009)* **12.45am** Cold in July ★★★★ *(2014)* **3.10 to 6.00am** Queen of the Desert ★★ *(2015)*

GREAT! movies christmas

Freeview 51

319 320 424 303 304

6.00am Crazy for Christmas ★★ *(2005)* **8.00** A Puppy for Christmas ★ *(2016)* **10.00** Santa's Summer House ★★ *(2012)* **12.00noon** A Christmas Melody ★★ *(2015)* **2.00pm** Christmas in Palm Springs *(2014)* **4.00** Christmas Do-Over ★★ *(2006)* **6.00** Golden Winter ★★ *(2012)* **8.00** Merry Exmas ★★ *(2014)* **10.00** Christmas with the Andersons ★★ *(2016)* **12.00m't** Christmas on the Bayou ★★ *(2013)* **2.00am** All Good Things *(2018)* **4.00 to 6.00am** Christmas Angel *(2012)*

GREAT! tv

Freeview 49

157 257 189 220 142 143

6.00am Charlie's Angels **7.00** Crazy Like a Fox **8.00** Hart to Hart **9.00** Sue Thomas: F.B.Eye **10.00** Starsky & Hutch **11.00** T.J. Hooker **12.00noon** Crazy Like a Fox **1.00pm** Hart to Hart **2.00** Sue Thomas: F.B.Eye **3.00** Castle (S4, ep19) **4.00** Murder, She Wrote **6.00** Sue Thomas: F.B.Eye: Jack helps his protégé. (S1, ep19) **7.00** M*A*S*H: Back-to-back episodes. **9.00** Classic Who Wants to Be a Millionaire?: Back-to-back editions. **1.00am** M*A*S*H **3.00** Charlie's Angels **3.45** Starsky & Hutch **4.30** T.J. Hooker **5.15 to 6.00am** Sue Thomas: F.B.Eye

PARAMOUNT NET.

Freeview 32

150 187 150 132

6.00am Teleshopping **9.00** Entertainment News on 5 **9.10** Traffic Cops **11.10** Trucking Hell **12.10** FILM Buchanan Rides Alone ★★ *(1958)* **1.55** FILM My Darling Clementine (b/w) ★★★★★ *(1946)* **4.00** Trucking Hell **5.00** Traffic Cops **7.00** Police Interceptors **8.00** Traffic Cops **9.00** Tsunami: Destruction **10.00** Doomsday:... **11.00** Fights, Camera, Action! **12.00m't** Airport Security: Peru **1.00am** Frontline Police 24/7 **3.05** Michael McIntyre's Big Show **4.50** Entertainment News **5.00 to 6.00am** Teleshopping

CHALLENGE

Freeview 47

160 160 146

6.00am Teleshopping **7.00** The Chase **10.00** Supermarket Sweep **11.00** Strike It Lucky **12.00noon** Wheel of Fortune **1.00pm** Catchphrase **2.00** Family Fortunes **3.00** Bruce's Price Is Right **4.00** The Chase **5.00** Bullseye **6.00** Pointless Celebrities **7.00** Pointless **8.00** The Chase: Triple-bill. Bradley Walsh presents as contestants take on one of the ruthless Chasers in the hope of securing a cash prize. **11.00** Bullseye: Double-bill. Darts-based quiz. **12.00m't** The Chase **4.00am** Wheel of Fortune **5.00 to 6.00am** Bullseye

DRAMA

Freeview 20 (+1 73)

143 243 130 226 158

6.00am Teleshopping **7.10** A Place to Call Home **8.00** The Bill **9.30** Classic Holby City **10.55** Classic Casualty **12.00noon** The Bill **1.00pm** Classic EastEnders **2.15** Peak Practice **3.15** All Creatures Great and Small **4.20** Pie in the Sky **5.20** As Time Goes By **6.00** Bread **6.40** 'Allo 'Allo! **7.20** Last of the Summer Wine **8.00** Death in Holy Orders **10.00** New Tricks: The team investigates the death of a university student. **11.20** Bad Girls **12.25am** Judge John Deed **2.35** New Tricks **4.00 to 6.00am** Teleshopping

DAVE

Freeview 19 (+1 23)

111/112 211 127 227 131

6.00am Teleshop **7.10** Modern Wheels or Classic Steals **8.00** *See 5.00pm* **9.00** Storage Hunters UK **10.00** American Pickers **12.00noon** Top Gear **2.00pm** *See 7.00pm* **3.00** Top Gear **5.00** Mediterranean Escapes **6.00** QI XL **7.00** Whose Line Is It Anyway? USA **8.00** Richard Osman's House of Games **8.40** Would I Lie to You? **9.20** QI **10.00** Question Team **11.00** Live at the Apollo **12.00m't** Mock the Week **12.40am** Have I Got a Bit More News for You **1.40** *As 8.40pm* **2.30** QI **3.00** Alan Davies: As Yet Untitled **4.00 to 6.00am** Shop

4SEVEN

Freeview 48

137 143 203 127

9.00am Four in a Bed **9.30** Ramsay's Hotel Hell **10.30** Find It, Fix It, Flog It **11.30** A Place in the Sun **1.30pm** Moneybags **2.30** Come Dine with Me **5.00** Ramsay's Kitchen Nightmares USA **6.00** A Place in the Sun **7.00** Britain By Beach **8.00** The Great British Dig: History in Your Back Garden **9.00** FILM Mission: Impossible – Fallout ★★★★ *(2018)* **11.55** The Great British Bake Off **1.10am** Murder Island **2.15** Extraordinary Extensions **3.20** The Secret Life of the Zoo **4.25 to 4.50am** The Simpsons

(SL) Signed (S) Subtitles (R) Repeat

SKY & VIRGIN LISTINGS over the page ▶

SKY & VIRGIN

SKY +1 VIRGIN HD +1 FREESAT HD +1 BT HD +1

SKY SHOWCASE

106 206 110 109 340 355

6.00am The Early Rundown
7.00 Kay Burley
8.00 New Kids in the Wild
9.00 Nothing to Declare
10.00 The Flash (S3, ep3)
11.00 NCIS: Los Angeles
1.00pm Hawaii Five-0
2.00 MacGyver
3.00 Modern Family
4.00 The Office (US): Double-bill.
5.00 The Simpsons
5.30 The Fresh Prince of Bel Air: Double-bill.

4.00 The Office (US)

6PM – 11PM

6.30 The Simpsons

8.00 Supergirl New episode Lex Luthor appears by Nyxly's side. (S6, ep17)

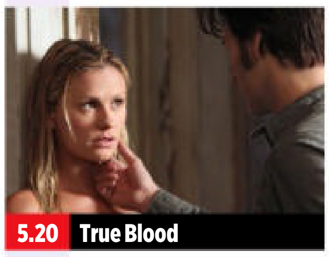
9.00 FILM **The Lord of the Rings: The Two Towers** Epic fantasy adventure sequel starring Elijah Wood and Ian McKellen. As the power of the evil Sauron continues to grow, the fellowship of the ring dissolves. ★★★★ *(2002)*

12.15am Brassic: Ashley tracks down his biological father.
1.15 Road Wars
2.10 Brit Cops: War on Crime
3.10 Hawaii Five-0
4.05 MacGyver
5.00 to 6.00am The Early Rundown

SKY ATLANTIC

108/109 208 342 357

6.00am The British
7.00 Blue Bloods
9.00 Six Feet Under
11.15 Boardwalk Empire
12.20pm Boardwalk Empire
1.30 The Sopranos: Double-bill.
3.40 Blue Bloods: Double-bill.
5.20 True Blood: Double-bill. Eric is given permission to execute Russell. (S3, ep9); and Bill worries about what the future might hold for Sookie. (S3, ep10)



5.20 True Blood

7.30 Game of Thrones Daenerys brings her forces to King's Landing. (S8, ep5)

9.00 What Does the Future Look Like?

9.05 Gangs of London Elliot's loyalty is tested; and Sean throws a dinner to unite the two families. (S1, ep4)

10.15 Chernobyl Valery Legasov draws up a plan, but it comes with great risks. (S1, ep3)

11.25 Oz: Triple-bill, including: The unsolved murders cause concern. (S1, ep3); and capital punishment is reinstated. (S1, ep4)
2.40am Deadwood
3.45 Californication
4.20 to 6.00am Fish Town

SKY WITNESS

107 207 112 111 206 341

6.00am Nothing to Declare
8.00 Border Patrol
9.00 999 Frontline
10.00 Law & Order (S14, ep9)
11.00 FBI
12.00noon The Rookie
1.00pm Blue Bloods: Double-bill. Frank faces criticism. (S10, ep12); and a photographer dies. (S10, ep13)
3.00 Customs UK
4.00 Paramedics Australia
5.00 Nothing to Declare

9.00 The Good Doctor

6.00 Nothing to Declare

8.00 Blue Bloods Jamie and Eddie ask Erin to drop the charges against a local hero. (S8, ep10)

9.00 The Good Doctor A patient refuses a life-saving procedure. (S5, ep4)

10.00 Criminal Minds The BAU team sets out on an epic manhunt to capture serial killer Everett Lynch. (S15, ep9)

11.00 The Rookie: (S1, ep20)
12.00m't Law & Order: Special Victims Unit: (S8, ep7)
1.00am Criminal Minds
2.00 Station 19
3.00 Chicago Fire
4.00 Road Wars
5.00 to 6.00am Brit Cops:...

GOLD

110/111 210 124 194 343

6.00am Teleshopping **7.20** *See 12.35pm* **8.30** Are You Being Served? **9.10** Open All Hours
9.50 Last of the Summer Wine
11.10 Blackadder II
11.50 Dad's Army
12.35pm Ever Decreasing Circles
1.15 Are You Being Served?
1.55 Open All Hours
2.35 The Good Life: Double-bill.
3.55 Blackadder II
4.35 Last of the Summer Wine
5.55 Open All Hours

8.00 The Vicar of Dibley

6.35 Are You Being Served? The staff plan a wedding reception.

7.15 Dad's Army Captain Mainwaring has too much to drink.

8.00 The Vicar of Dibley 2004 festive special.

9.20 Mrs Brown's Boys Dermot's nerves get the better of him.

10.00 The Cockfields New episode 3 of 6. Simon and Ray head to the nursing home.

10.40 Mrs Brown's Boys

11.20 Bottom: The bachelors have a run-in with a burglar.
12.00m't Peep Show
1.10am Bull
1.50 Mrs Brown's Boys
2.35 Bottom
3.05 Peep Show
4.00 to 6.00am Teleshopping

DISCOVERY

125 225 250 258 376

6.00am Wheeler Dealers
7.00 Deadliest Catch
8.00 Building Off the Grid
9.00 Alaska: The Last Frontier
10.00 Diesel Brothers
12.00noon Junkyard Empire
1.00pm Gold Rush: Double-bill.
3.00 Ice Lake Rebels
4.00 Lost Mines: Restored: A couple build a cabin around their newly bought claim.
5.00 Wheeler Dealers: Mike Brewer lands a Ford Escort.

9.00 Gold Rush

6.00 Fast N' Loud Building a 1956 Chevy Nomad.

7.00 Outback Truckers Justin's gear box fails up on a mountain.

8.00 Bitchin' Rides A 1962 Corvette and a 1955 Mercedes Gullwing.

9.00 Gold Rush New edition The miners hope to strike it rich.

10.00 Gold Rush: White Water New edition Dustin takes a gamble; and Fred drops a bombshell.

11.00 Combat Dealers
12.00m't Gold Rush
1.00am Gold Rush: White Water
2.00 Deadliest Catch
3.00 Gold Rush
4.00 Fast N' Loud
4.50 Wheeler Dealers
5.40 to 6.00am How It's Made

SKY DOCUMENTARIES

121 278 277 352 367

6.00am FILM Breslin and Hamill: Deadline Artists (W)
8.00 First Ladies
9.00 Discovering: Orson Welles
10.00 The Directors
11.00 The Seventies
12.00noon History of Comedy: Comedy partnerships.
1.00pm Escobar by Escobar
2.00 FILM I Am Jackie O (W)
3.40 My Icon: Henni Goya
4.00 Discovering
5.00 The Directors

11.15 Baby God

6.00 The Seventies

7.00 History of Comedy Comedy partnerships.

8.00 Escobar by Escobar The story behind the cursed Escobar empire, following the fortunes of Juan Pablo.

9.00 100 Foot Wave The decade-long odyssey of big-wave pioneer Garrett McNamara to ride a 100-foot wave.

10.15 UFO The world reels from the *New York Times* bombshell.

11.15 FILM Baby God: The life of Dr Quincy Fortier. (W)
12.45am FILM The Return: Life After Isis (W) **2.35** The Directors **3.30** Andrew Cole
4.00 Discovering: Orson Welles
5.00 to 6.00am First Ladies

W

109/110 209 125 211 190

6.10am My Dream Home **8.00** Tipping Point **10.00** Inside the Vets **11.00** Inside the Ambulance **1.00pm** Tipping Point **3.00** Property Brothers: Forever Homes **4.00** My Dream Home **6.00** Property Brothers: Forever Homes **7.00** Junior MasterChef Australia **8.20** Children's Ward
9.00 Women Behind Bars with Trevor McDonald **10.00** Nurses Down Under **11.00** One Born Every Minute Australia **12.00m't** One Born Every Minute **1.00am** The Shift: Women on the Force **2.00** Renovate My Home: Leave It to Bryan **3.00 to 6.10am** Teleshopping

ALIBI

132 232 126 212 191

6.00am Teleshopping **7.10** Murdoch Mysteries **9.00** Rizzoli & Isles **10.00** Unforgettable **11.00** Hudson & Rex **12.00noon** The Doctor Blake Mysteries **1.00pm** Death in Paradise
2.00 Murdoch Mysteries **4.00** The Good Wife **5.00** Rizzoli & Isles **6.00** Unforgettable (S2, ep4) **7.00** Hudson & Rex (S3, ep7) **8.00** Death in Paradise (S2, ep5) **9.00** Happy Valley (S2, ep1) **10.20** Murdoch Mysteries (S14, ep7) **11.20** The Good Wife **12.15am** Unforgettable **1.15** The Doctor Blake Mysteries **2.25** Carter **4.00 to 6.00am** Teleshopping

SKY COMEDY

114/115 135 123 346 361

6.00am Teleshopping **8.00** The Fresh Prince of Bel Air **9.00** Everybody Hates Chris **10.00** The Mindy Project **11.00** The Office (US) **12.00noon** Parks and Recreation **12.30pm** Sex and the City **3.05** Modern Family **4.00** The Office (US)
5.00 30 Rock **5.30** The Fresh Prince of Bel Air **6.30** Sex and the City **9.00** Insecure **9.35** A.P. Bio **10.05** Miracle Workers: Oregon Trail **10.30** The Tonight Show **11.30** The Late Late Show **12.30am** Ballers **2.30** The Mindy Project **3.30** 30 Rock **4.00** Everybody Hates Chris **5.00 to 6.00am** Teleshopping

SYFY

152 252 139 138 229 347

6.00am Marvel's Runaways **7.00** Star Trek: The Next Generation **8.00** Teleshopping **11.00** The Librarians **12.00noon** Stargate Atlantis **1.00pm** Pandora **2.00** Star Trek: Deep Space Nine **3.00** Marvel's Runaways **4.00** Quantum Leap **5.00** Stargate Atlantis **6.00** The Librarians
7.00 Star Trek: The Next Generation **8.00** Quantum Leap **9.00** FILM Monster Hunters ★ *(2020)* **11.00** FILM Armed Response ★ *(2017)* **1.00am** Pandora **2.00** Quantum Leap **3.00** Stargate Atlantis **4.00** Star Trek: Deep Space Nine **5.00 to 6.00am** Pandora

SKY HISTORY

123 223 270 271 353 368

6.00am American Pickers **7.00** Treasures Decoded **8.00** Pawn Stars **9.00** Forged in Fire **10.00** American Pickers **12.00noon** Battleships **1.00pm** World's Greatest Treasure Mysteries
2.00 The UnXplained... **3.00** Treasures Decoded **4.00** Pawn Stars **5.00** Mountain Men **6.00** American Pickers **7.00** Forged in Fire **8.00** Ancient Aliens **9.00** History's Greatest Mysteries **11.00** Top Secret UFO Projects Declassified **12.00m't** Al Murray: Why Do the... **1.00am** Ancient Aliens **2.00** Treasures Decoded **3.00** *As 11.00pm* **4.00** Mountain Men **5.00 to 6.00am** *As 1.00pm*

SKY NATURE

124 280 279 335 369

6.00am City Wildlife Rescue **7.00** Monkey Life **8.00** *See 2.00pm* **9.00** *See 3.00pm* **10.00** Dawn to Dusk **11.00** *See 5.00pm* **12.00noon** *See 6.00pm* **1.00pm** Monkey Life **2.00** New Kids in the Wild **3.00** Secrets of Wild Australia **4.00** Dawn to Dusk **5.00** Mysteries of the Mekong
6.00 Great Blue Wild **7.00** Monkey Life **8.00** Battle of the Alphas **9.00** Shark... **9.55** Shark...: Diving Deeper **10.10** Great Blue Wild **11.00** *As 5.00pm* **12.00m't** Tales from Zambia **1.00am** Wild Israel **2.00** *As 8.00pm* **3.00** Shark... **4.00** *As 2.00pm* **5.00 to 6.00am** *As 3.00pm*

COMEDY CENTRAL

112/113 132 181 344 359

6.00am Teleshopping **8.00** Impractical Jokers **11.00** My Wife and Kids **1.00pm** Friends **9.00** FILM American Pie: Bawdy sex comedy with Jason Biggs. A group of friends pledge to lose their virginity before the school prom. ★★★★ *(1999)*
10.50 FILM Superbad: Teen comedy starring Jonah Hill and Michael Cera. Two high-school friends embark on a quest to buy booze and lose their virginity. ★★★★ *(2007)* **1.05am** Baywatch **2.00** South Park **3.40** The Daily Show **4.15** The Middle **5.00 to 6.00am** Teleshopping

SKY MAX

113/114 122 121 345 360

6.00am Grimm **8.00** Send in the Dogs **9.00** Supergirl (S3, ep7) **10.00** The Flash (S3, ep3) **11.00** NCIS: Los Angeles **1.00pm** Hawaii Five-0 (S6, ep14) **2.00** MacGyver **3.00** Resident Alien
4.00 Supergirl (S3, ep8) **5.00** The Flash (S3, ep3) **6.00** Grimm: Double-bill. **8.00** Supergirl (S6, ep17) **9.00** Strike Back: Silent War (S7, ep4) **10.00** The Deirdre O'Kane Show (S1, ep4) **11.00** The Force: North East **12.00m't** Brassic **1.00am** Road Wars **2.00** Brit Cops: War on Crime **3.00** Hawaii Five-0 (S6, ep14) **4.00** MacGyver **5.00 to 6.00am** Send in the Dogs

TLC

133 233 167 169

6.00am SYttD: UK **7.00** Say Yes to the Dress **8.00** SYttD: Lancashire **9.00** Curvy Brides Boutique **10.00** SYttD: Atlanta **11.00** SYttD: America **12.00noon** Say Yes to the Dress **2.00pm** SYttD: UK **3.00** Sister Wives
4.00 Dr Pimple Popper **5.00** SYttD: Atlanta **6.00** SYttD: UK **7.00** Say Yes to the Dress **8.00** My Big Fat Fabulous Life **9.00** Life After Lockup **11.00** Dr. Pimple Popper: Pop Ups **12.00m't** My Big Fat Fabulous Life **1.00am** Life After Lockup **3.00** SYttD: Lancashire **4.00** Curvy Brides Boutique **5.00 to 6.00am** SYttD: UK

NAT GEO

129 229 266 268 267 351

8.00am Car S.O.S **11.00** Airport Security: Peru and Brazil **12.00noon** Ultimate Airport Dubai **1.00pm** To Catch a Smuggler **2.00** Air Crash Investigation **3.00** Mayday
4.00 Draining the Thames **5.00** Drain the Oceans **6.00** Kingdom of the Mummies **7.00** Air Crash Investigation **8.00** Inside Turkish Airlines **9.00** Ocean Wreck Investigation **10.00** Ice Road Rescue **11.00** Air Crash Investigation **12.00m't** Narco Wars **1.00am** Seconds from Disaster **2.00** Airport Security:... **3.00** Hitler's Last Stand **4.00 to 5.00am** WW2: Hell Under the...

SKY CRIME

122 222 137 136 207 348

6.00am Road Wars **7.00** Motorway Patrol **8.00** Border Security:... **9.00** Nothing to Declare **10.00** Road Wars **11.00** Killer in My Village **12.00noon** *See 8.00pm* **1.00pm** Killer Families **2.00** Unexpected Killer
3.00 *See 9.00pm* **4.00** Killer in My Village **5.00** Charmed to Death **6.00** *See 9.00pm* **7.00** Murders That Shocked... **8.00** Britain's Most Evil Killers **9.00** World's Most Evil Killers **10.00** Snapped **11.00** *As 8.00pm* **12.00m't** *As 9.00pm* **1.00am** Wrongly Released:... **2.00** Snapped **3.00** *As 7.00pm* **4.00** Brit Cops:... **5.00 to 6.00am** *As 7.00am*

ANIMAL PLANET

162 262 251 259

6.00am Teleshopping **8.00** Crikey! It's the Irwins **9.00** My Cat from Hell **11.00** Lone Star Law **1.00pm** Animal Cribs **2.00** Alaskan Bush People **4.00** Big Cat Tales **6.00** Crikey! It's the Irwins **8.00** Wild Mexico: The wildlife of the country.
9.00 The Zoo: San Diego: There is lots of excitement at the zoo as staff welcome a kangaroo joey. **10.00** My Cat from Hell: Double-bill. **12.00m't** Crikey! It's the Irwins **2.00am** Wildest Europe **3.50** The Last Alaskans **4.40** Nature's Strangest Mysteries: Solved **5.00 to 6.00am** Teleshopping

(b/w) black and white (W) Widescreen (HD) High Definition

SKY CINEMA PREMIERE

301 312 401 501 515

6.20am *See 4.25pm* **7.55** Happy Halloween, Scooby-Doo!: Animation. ★★★ *(2020)* **9.25** *See 1.30am* **11.00** *See 8.00pm* **12.40pm** Gully: Crime drama. ★★ *(2019)* **2.20** *See 9.35pm* **4.25** Dogtanian and the Three Muskehounds: Animated adventure. ★ *(2021)* **6.05** Mortal Kombat: Fantasy action adventure starring Lewis Tan. ★★ *(2021)*

8.00 **Critters Attack!**

8.00 Critters Attack!: Horror comedy starring Tashiana Washington. ★★ *(2019)* **9.35** The Last Vermeer: Drama starring Guy Pearce. ★★★★ *(2019)* ***See Highlights*** **11.35** *As 6.05pm* **1.30am** Meander: Horror. ★★★★ *(2021)* **3.05** Snatchers ★★★ *(2019)* **4.50 to 6.15am** Bobbleheads: The Movie: ★★ *(2020)*

SKY CINEMA ACTION

307 407 507 521

6.00am *See 6.00pm* **8.05** *See 8.00pm* **10.25** School's Out Forever ★★★ *(2020)* **12.25pm** Hell on the Border ★ *(2019)* **2.30** Superman IV – The Quest for Peace ★★ *(1987)* **4.15** Dead Reckoning ★★ *(2020)* **6.00** Green Lantern ★★ *(2011)* **8.00** Van Helsing ★★★ *(2004)* **10.15** Lethal Weapon ★★★★ *(1987)* **12.10am** Rambo ★★★ *(2008)* **1.45** *As 10.25am* **3.35** *As 12.25pm* **5.30 to 6.00am** Sky Cinema Preview

SKY CINEMA GREATS

304 404 504 518

6.00am Locke ★★★★ *(2013)* **7.30** *See 1.30am* **9.20** *See 4.25pm* **11.20** *See 11.45pm* **1.00pm** *See 8.15pm* **2.45** *See 10.00pm* **4.25** Breakfast at Tiffany's ★★★★ *(1961)* **6.25** Gremlins 2 ★★★ *(1990)* **8.15** An American Werewolf in London ★★★★ *(1981)* **10.00** Wayne's World 2 ★★ *(1993)* **11.45** The Ladykillers ★★★★★ *(1955)* **1.30am** We're No Angels ★★ *(1989)* **3.30** *As 6.25pm* **5.30 to 6.00am** Sky Cinema Preview

SKY CINEMA SCI-FI & HORROR

311 411 511 525

6.00am *See 6.00pm* **8.10** *See 8.00pm* **10.10** *See 1.20am* **12.15pm** Resident Evil: Damnation ★★★ *(2012)* **2.10** The Wretched ★★★ *(2019)* **3.55** Lucy in the Sky ★★★ *(2019)* **6.00** Paycheck: Starring Ben Affleck. ★★★ *(2003)* **8.00** Voyagers: With Colin Farrell. ★★★ *(2020)* **9.50** Little Fish: Starring Olivia Cooke. ★★★★ *(2020)* **11.40** The Grudge ★★ *(2019)* **1.20am** Flatliners ★★ *(1990)* **3.20** *As 12.15pm* **5.05 to 6.45am** *As 2.10pm*

SKY CINEMA COMEDY

308 408 508 522

6.55am *See 4.10pm* **8.55** *See 6.10pm* **10.45** *See 8.00pm* **12.35pm** All Nighter: With JK Simmons. ★★★ *(2017)* **2.10** Dr Bird's Advice for Sad Poets: With Lucas Jade Zumann. ★★★ *(2021)* **4.10** Coming to America: With Eddie Murphy and Arsenio Hall. ★★★ *(1988)* **6.10** The Other Guys: With Will Ferrell and Mark Wahlberg. ★★★★ *(2010)*

9.50 **Madea's Family Reunion**

8.00 Horrible Bosses 2: With Jason Bateman, Jason Sudeikis and Charlie Day. ★★ *(2014)* **9.50** Madea's Family Reunion: With Tyler Perry and Rochelle Aytes. ★★ *(2006)* **11.45** Mope: With Nathan Stewart-Jarrett. ★★ *(2019)* **1.35am** *As 2.10pm* **3.40** *As 12.35pm* **5.10 to 6.45am** Kill Ben Lyk: With Martyn Ford. ★★ *(2018)*

SKY CINEMA ANIMATION

305 412 500 514

6.00am *See 7.40pm* **7.20** Scooby-Doo! Return to Zombie Island **8.50** Igor **10.20** *See 4.25pm* **12.00noon** *See 6.05pm* **1.35pm** Return to Oz **2.55** Lego DC Comics Super Heroes: Aquaman – Rage of Atlantis **4.25** Shaun the Sheep Movie **6.05** Mr Peabody & Sherman **7.40** Open Season 2 **9.00** Spycies **10.45** Return to Oz **12.05am** Sinbad: Legend of the Seven Seas **1.40** Racetime **3.20** *As 9.00pm* **5.05 to 6.00am** Elf: Buddy's Musical Christmas

SKY CINEMA HITS

303 403 503 517

6.00am *See 4.20pm* **7.45** *See 3.30am* **10.15** *See 6.00pm* **12.15pm** *See 8.00pm* **2.15** The Bounty Hunter ★★★ *(2010)* **4.20** Monster Family 2 ★ *(2021)* **6.00** Grown Ups: Comedy. ★★★ *(2010)* **8.00** The Hangover Part II: Comedy. ★★ *(2011)* **9.45** The Bounty Hunter: Comedy with Gerard Butler. ★★★ *(2010)* **11.45** Wanted ★★★ *(2008)* **1.45am** Golden Arm ★★★ *(2020)* **3.30 to 6.00am** Little Women ★★★★★ *(2019)*

SKY CINEMA BLOCKBUSTERS

302 402 502 516

6.55am Hook ★★★ *(1991)* **9.20** Shrek ★★★★★ *(2001)* **10.55** *See 9.35pm* **12.55pm** X-Men: First Class ★★★★ *(2011)* **3.10** Fury ★★★ *(2014)* **5.30** Days of Thunder: Starring Tom Cruise. ★★★ *(1990)* **7.30** Talladega Nights: The Ballad of Ricky Bobby: Comedy starring Will Ferrell. ★★★★ *(2006)* **9.35** I, Robot: Sci-fi thriller starring Will Smith. ★★★★ *(2004)* **11.35** *As 12.55pm* **1.50am** *As 3.10pm* **4.05 to 6.00am** *As 5.30pm*

SKY CINEMA FAMILY

306 406 506 520

6.00am *See 2.10pm* **7.50** *See 8.55pm* **9.20** *See 4.00pm* **11.00** *See 5.40pm* **12.40pm** *See 7.20pm* **2.10** Mirror Mirror: Fantasy. ★★★ *(2012)* **4.00** Babe: Pig in the City: Comedy sequel. ★★★★ *(1998)* **5.40** Mr Popper's Penguins: Comedy starring Jim Carrey. ★★★ *(2011)* **7.20** Muppets from Space: Comedy with F Murray Abraham. ★★★ *(1999)*

7.20 **Muppets From Space**

8.55 Garfield: Comedy with the voice of Bill Murray. ★★★ *(2004)* **10.25** Come Away: Fantasy with David Oyelowo. ★★★ *(2020)* **12.10am** Four Kids and It: Fantasy. ★★★ *(2020)* **2.10** The Adventure of A.R.I.: My Robot Friend ★★ *(2020)* **3.50** Aliens Stole My Body ★ *(2020)* **5.30 to 6.00am** Sky Cinema Preview

SKY CINEMA DRAMA

310 410 510 524

6.00am *See 4.20pm* **8.10** *See 6.30pm* **10.35** *See 9.00pm* **12.20pm** *See 10.35pm* **2.05** The United States vs. Billie Holiday ★★★ *(2021)* **4.20** Mahalia ★★ *(2021)* **6.30** Eat Pray Love ★★★ *(2010)* ***See Highlights*** **9.00** Rare Beasts ★★★★ *(2020)* **10.35** Blonde Ambition: With Jessica Simpson. ★★ *(2007)* **12.15am** *As 2.05pm* **2.35** The Short History of the Long Road ★★★ *(2019)* **4.20 to 6.10am** Astronaut ★★ *(2018)*

SKY CINEMA THRILLER

309 409 509 523

6.35am *See 2.15am* **8.10** *See 3.45am* **9.55** *See 6.05pm* **11.55** *See 8.00pm* **1.55pm** *See 10.00pm* **3.40** Motherless Brooklyn ★★★★ *(2019)* **6.05** Let Him Go: Crime drama. ★★★ *(2020)* **8.00** Red Lights: Thriller. ★★★ *(2012)* **10.00** Dreamland: Romantic drama starring Finn Cole. ★★★★ *(2019)* **11.45** *As 3.40pm* **2.15am** Blood on Her Name ★★★ *(2019)* **3.45** The Wolf Hour ★★ *(2019)* **5.30 to 6.00am** Sky Cinema Preview

TCM MOVIES

315 316 415 416 417

6.00am Hollywood's Best Film Directors **6.35** Off Set **6.50** Four Horsemen of the Apocalypse ★★ *(1961)* **9.55** Oregon Passage (b/w) ★★ *(1957)* **11.40** Gentle Annie (b/w) ★★ *(1944)* **1.30pm** Where Eagles Dare ★★★★★ *(1968)* **4.50** The Badge of Marshal Brennan ★★ *(1957)* **6.30** The Secret Ways ★★★ *(1961)* **9.00** Last Man Standing ★★★ *(1996)* **11.10** Street Kings ★★★ *(2008)* **1.25** Close Up **4.40** Off Set **5.00 to 6.00am** Hollywood's Best Film Directors

SKY SPORTS MAIN EVENT

401 511 501 420 440

6.00am Sky Sports News 7.00 Good Morning Sports Fans 7.30 Early Kick-Off 8.00 Good Morning Sports Fans Including news and views on today's early stories and a look at the back pages. **10.00 The Football Show** A round-up of the latest news with interviews with the headline makers. **12.00noon Sky Sports News** Round-up of the sports news with live analysis and comment plus interviews with the headline makers. **11.00pm NFL Fantasy** Featuring the top experts and analysts. **12.00m't Total Access 1.00 to 6.00am Sky Sports News**

SKY SPORTS CRICKET

404 514 504 423 443

6.00am ICC Men's T20 World Cup Back-to-back highlights. **12.00noon ICC Men's T20 World Cup** Back-to-back highlights. **5.00pm ICC Men's T20 World Cup** Back-to-back highlights. **8.00 ICC Men's T20 World Cup** New Zealand v Scotland. **9.00 ICC Men's T20 World Cup** India v Afghanistan. **10.00 ICC Men's T20 World Cup** Australia v Bangladesh. **11.00 ICC Men's T20 World Cup** West Indies v Sri Lanka. **12.00m't How the 2009 ICC World T20 Was Won 2.00am How the 2010 ICC World T20 Was Won 4.00 to 6.00am How the 2012 ICC World T20 Was Won**

SKY SPORTS ARENA

408 518 508 427 447

6.00am Betfred Super League Highlights 7.00 Rugby League Retro 8.45 NBA Basketball 12.45pm Fight Night International Mikaela Mayer v Maiva Hamadouche. **3.45 World Pool Masters** The 2019 opening quarter-final. **4.45 Grand Slam of Darts** Day seven. **8.00 NBA GameTime 8.30 NBA Basketball** Toronto Raptors v Brooklyn Nets. **10.30 Loma: Reloaded 11.00 British Basketball** London Lions v Cheshire Phoenix. **1.30am Grand Slam of Darts** Day seven. **4.45 Darts Gold 5.00 to 6.00am World Pool Masters** The 2019 third quarter-final.

BT SPORT 1

413 527 408 430

6.00am BT Sport Goals Reload 6.30 UCL Goals Reload 6.45 Europa League Goals Reload 7.00 WWE NXT UK 8.00 PL Review 9.00 PL World 9.30 ESPN FC 10.00 Badminton 12.00noon UCL Review 1.00pm Europa League Highlights 2.00 PL Review 3.00 Gallagher Premiership Rugby 4.30 Goals Reload 4.45 UCL Goals Reload 5.00 ESPN FC 5.30 PL World 6.00 Ligue 1 7.00 PL Review 8.00 Ultimate Goal 9.00 WWE Raw 11.30 BT Sport Goals Reload 12.00m't WWE NXT 1.00am LIVE **WWE NXT 3.15 What Went Down: Royal Rumble 3.45 UFC Reloaded 5.30 MotoGP 5.45 to 6.00am Sport in Focus**

SKY SPORTS PREMIER LEAGUE

402 512 502 421 441

6.00am PL Greatest Games 7.00 PL Legends 8.00 Best PL Goals 9.00 Premier League 100 Club 10.00 The Football Show 12.00noon Gary Neville's Soccerbox 1.00pm Premier League Years 3.00 PL Greatest Games 4.00 PL Best Goals 08/09 5.00 PL 100 Club 6.00 PL Legends 6.30 Soccer AM 7.00 Premier League Review 8.00 Soccer AM 8.30 Gary Neville's Soccerbox 9.00 Premier League Review 10.00 PL Icons 10.30 PL Retro 12.30am PL Icons 1.00 Premier League Years 3.00 PL Greatest Games 4.00 PL Best Goals 5.30 to 6.00am PL 100 Club

SKY SPORTS GOLF

405 515 505 424 444

6.00am Golf Specials 11.00 PGA Tour Golf 12.00noon European Tour Golf 1.00pm European Challenge Tour Golf 2.00 School of Golf 3.00 Best of the Open Zone 2017 4.00 Masterclass 5.00 Ladies European Tour Golf 6.00 How the 2004 Ryder Cup Was Won 8.00 Ladies European Tour Golf 9.00 Masterclass 9.30 Golf's Greatest Holes 10.00 Ladies European Tour Golf 11.00 Best of the Open Zone 2017 12.00m't Ladies European Tour Golf 1.00am Best of the Open Zone 2017 2.00 Golf Academy 3.00 Masterclass 4.00 to 6.00am Golf Specials

SKY SPORTS MIX

416 520 510 429 449

6.00am School of Golf 6.30 My Icon 7.30 Fighting Fit 2020 8.30 Fit In 5 9.00 Motorsport Mundial 9.30 Formula 1 11.30 Motorsport Mundial 12.00noon Extreme E 12.30pm Formula 1 2.30 Motorsport Mundial 3.00 School of Golf 3.30 My Icon 4.30 Fighting Fit 2020 5.30 Fit In 5 6.00 Extreme E 6.30 Motorsport Mundial 7.00 Formula 1 9.00 Motorsport Mundial 9.30 Formula 1 11.30 Extreme E 12.00m't Motorsport Mundial 12.30am Formula 1 2.30 Motorsport Mundial 3.00 Extreme E 4.00 Show Jumping 5.00 Spirit of Yachting 5.30 to 6.00am Sail GP

BT SPORT 2

414 528 409 431

6.00am Rugby Union 7.30 Badminton 8.00 Champions League Magazine 8.30 Ultra-Trail World Tour 9.00 Extreme E 9.30 Sailing 10.30 Green Routine: Playing Against The Clock 11.30 Goals Reload 12.00noon Serie A 5.00pm Badminton 7.00 Green Routine: Playing Against The Clock 8.00 30 for 30 9.30 PL Reload 9.45 MotoGP Rewind 10.00 Gallagher Premiership Rugby 11.30 Champions League Magazine 12.00m't Ligue 1 1.00am LIVE **College Football** Action from college football. **4.00 30 for 30: Elway to Marino 5.30 to 6.00am Classic MOTD – Thrillers**

SKY SPORTS FOOTBALL

403 513 503 422 442

6.00am Highlights 8.30 Greatest Games 9.30 Greatest Players 10.00 Football Countdowns 10.30 Football Years 11.00 EFL Cup Retro 14 12.00noon Greatest Games 1.00pm Greatest Players 1.30 Football Countdowns 2.00 Football Years 2.30 EFL Cup Highlights 3.30 Greatest Games 4.30 Greatest Players 5.00 WSL 5.30 World Cup Qualifiers Preview Show 6.00 MLS 6.30 Soccer AM 7.00 EFL Highlights 10.00 SPFL Highlights 10.30 Soccer AM 11.00 Greatest Games 12.00m't EFL Play-Off Final 12/13 3.00 to 6.00am Highlights

SKY SPORTS NFL

407 517 507 426 446

6.00am NFL: America's Game 7.00 NFL Highlights 8.00 NFL Highlights 9.00 NFL: A Football Life 10.00 NFL Highlights 11.00 NFL Bitesize Highlights 12.00noon Good Morning Football 3.00pm NFL Highlights 4.00 NFL Highlights 5.00 NFL Highlights 6.00 NFL Bitesize Highlights 7.00 NBC's Pro-Football Talk 9.00 Inside the Huddle 10.00 NFL Highlights Pittsburgh Steelers v Chicago Bears. **11.00 NFL Fantasy 12.00m't Live: Total Access 1.00am Inside the Huddle 2.00 NFL Highlights 4.00 Inside the Huddle 5.00 to 6.00am NFL Highlights**

EUROSPORT

410 521 412 435

6.00am Alpine Skiing 7.00 Hall of Fame 8.00 Cyclo-Cross 10.00 Snooker: English Open 12.00noon Hall of Fame 1.00pm Cyclo-Cross 2.00 Snooker: Northern Ireland Open 4.00 World Superbikes 5.00 Alpine Skiing 5.55 Hall of Fame 6.55 Eurosport News 7.00 The Cycling Show 7.30 Motorsport: WTCR 8.00 FIA World Endurance Champs 9.00 Triathlon: Super League 10.05 Snowboarding 11.00 Cyclo-Cross 12.00m't World Superbikes 2.00am FIA World Endurance Championship 3.00 Motocross World Champs 4.00 to 6.00am Snooker: Northern Ireland Open

BT SPORT 3

417 529 410 432

6.00am Ligue 1 Back-to-back highlights. **11.00 Ligue 1** Nice v Montpellier. **12.00noon Ligue 1** Rennes v Lyon. **1.00pm Primeira Liga** Benfica v SC Braga. **2.00 MotoGP** The Grand Prix of Algarve Moto3, Moto2 and MotoGP races. **5.00 MotoGP Chequered Flag 6.00 Marc Marquez: 2017 Unseen 7.30 Extreme E – Electric Odyssey 8.00 Fight Night** Zach Parker v Marcus Morrison. **10.00 BT Sport Films 11.45 ESPN Classic Boxing 1.00am** LIVE **College Football** Action from college football. **4.00 Badminton Unlimited 4.30 Fishing: On The Bank 5.30 to 6.00am Goals Reload**

(SL) Signed (S) Subtitles (R) Repeat

WEDNESDAY HIGHLIGHTS

Aimee and Adrian with Shelby

It's Me or the Dog UK

● **REAL LIFE / from 9pm / Really/Discovery+**

NEW **No-nonsense dog trainer** Victoria Stilwell returns with a new series of the show that originally ran on C4 from 2005-2008. In this first episode she meets Shelby, a seven-month-old cockapoo who looks like a cute and fluffy teddy bear. In reality he's taking chunks out of his owner and is using the whole house, including beds, as his toilet. The training takes dedication from owners Aimee and Adrian but the results are remarkable. Lockdown dogs, beware, there's no excuse for bad behaviour now! ★★★★ *JL*

Ruth Negga and Tessa Thompson star

Passing

● **FILM / Netflix**

PREMIERE **Actor-turned-writer/director** Rebecca Hall's debut circles an uneasily reawakened New York friendship between two mixed-race women. *Westworld*'s Tessa Thompson's shy home-maker Irene is astonished that childhood pal Clare (Ruth Negga) is now recklessly 'passing' as a white woman, and the women's growing closeness crackles with mistrust and sexual ambiguity. A slow, thoughtful piece, this handsome Harlem period melodrama has more elegance than oomph, despite the fine central performances. ★★★ *KS*

Matt Baker

The Great Rickshaw Challenge

● **SPECIAL / 7.30pm (times vary) / BBC1**

NEW **Matt Baker's back** with the annual challenge which, since 2011, has raised more than £41million for Children in Need. This year's rickshaw relay took place last week, with the team covering nearly 150 miles between them, taking in Bristol, Manchester, Liverpool and Ulverston and finishing in Edinburgh, where the very first challenge began ten years ago. ★★★★ *JP*

Brian Cox on the Isle of Skye

Universe

● **DOCUMENTARY / 9pm / BBC2**

This week Professor Brian Cox turns his attention to our galaxy, the Milky Way. He reveals how one space mission called Gaia has allowed scientists to not only map each star within it, but also to track where they have come from and where they are going, allowing us to travel back and forward in galactic time in a 3D map of our island of stars. It's pretty mind-blowing stuff, but so is the fact that it's presented in such a way that we understand it. Never has a TV show made us feel so clever. ★★★★ *JL*

10 November WEDNESDAY

More suspects for Perez and Sandy

PICK OF THE DAY

Shetland

Can Perez and his team prevent another killing?

● **DRAMA / 9pm / BBC1**

The police are no further forward in their hunt for Alex Galbraith's killer, but for now their focus is on locking down the area when an armed Iraq veteran with PTSD goes rogue. Meanwhile, Duncan's decision to take out Public Enemy No 1 Donna for some fresh air turns out to be a bit misguided, even if it was the idea of Donna's nurse – who, by the way, makes us a bit suspicious. We're also suspicious of that plainclothes nun *and* the new Procurator Fiscal (possibly because she's *Line of Duty*'s Farida), and well, everybody, really. No wonder Perez looks like he has the weight of the world on his shoulders. ★★★★ *JP*

More remarkable renovations with George Clarke

Old House, New Home

● **PROPERTY / 8pm / C4**

NEW **George Clarke** meets more people passionate about renovating rundown properties. In Stroud, Phil and Leighla have big plans to transform their listed Georgian farmhouse with an industrial-style extension. It's ambitious and complicated but with George's help the results are impressive. The next house receiving a thoroughly modern makeover is a Victorian end-of-terrace in Wootton Bassett. The owners hope re-configuring the layout will give them the light and airy living space they've always dreamt of. ★★★★ *JL*

Jo Brand: Well, she *looks* happy

Comedians Giving Lectures

● **ENTERTAINMENT / 10pm / Dave**

NEW **Sara Pascoe returns** with the show where comedians put their own spin on a genuine lecture. Ahir Shah has the timely 'You Don't Have to Be an Expert to Solve Big Problems', while married couple Harriet Kemsley and Bobby Mair bravely take on 'Recipe for a Good Marriage'. Meanwhile, Jo Brand presents 'Older People Are Happier,' including a game of 'Play Your Surgically Enhanced Stars Right'. ★★★ *JL*

ALSO ON...

Grey's Anatomy

● **DRAMA / 9pm / Sky Witness/NOW**

NEW **As the medical drama returns, Bailey is struggling to hire doctors and Meredith meets a man with a link to her mother.**

Growing Pains

● **COMEDY / 9pm / Comedy Central/NOW**

NEW **Rhod Gilbert is back with the series in which celebrities recall their teenage years.**

WEDNESDAY 10 November

BBC1

HD Freeview HD 101 Sky HD 115 Virgin TV HD 108 (Scot 101) Freesat HD 106

6.00 Breakfast (S)(HD) **9.15 Morning Live** (S)(HD) **10.00 Dom Digs In** (S)(R)(HD)(AD) **10.45 Expert Witness** (S)(HD) **11.15 Homes Under the Hammer** Properties in Derbyshire, Stoke-on-Trent and London. (S)(R)(HD)(AD)

12.15 Bargain Hunt Christina Trevanion presents from Brighton Racecourse. (S)(R)(HD)(AD)

1.00 BBC News at One (S)(HD) and **Weather**

1.30 BBC Regional News (S) and **Weather**

1.45 Doctors *The Burden of Debt:* Makeda is on a ventilator as medics try to find out what is wrong; and Zara seeks the truth. (S)(HD)(AD)

2.15 The Tournament Alex Scott hosts as eight players do battle in the knockout quiz. (S)(HD)

3.00 Escape to the Country A house-hunting mission in Northumberland. (S)(R)(HD)(AD)

3.45 Clean It, Fix It The team heads to west London to help the Parkinson family. (S)(HD)

4.30 The Repair Shop Wedding rings and a pantomime horse are restored. (S)(HD)(AD) ● ***Repeated tomorrow at 7.15am on BBC2***

5.15 Pointless Quiz show. (S)(R)(HD)

6.00 BBC News at Six (S)(HD) and **Weather**

6.30 BBC Regional News (S) and **Weather**

7 PM

7.00 The One Show Live topical reports. (S)(HD)

7.30 The Great Rickshaw Relay Challenge NEW One-off special in which Matt Baker and five young people, who have all been supported by projects funded by Children in Need, take on a relay-style ride in which each rider visits places across the UK that hold significance for them. (S)(HD)(AD) ***See Highlights***

8 PM

8.30 The Repair Shop 2 of 15. Lucia Scalisi tries to mend a serious tear in a portrait, accidentally inflicted many years ago by the owner's son with his dart gun; William Kirk and Steven Fletcher join forces to fix a walking stick that features a monkey head; and Brenton West tackles a telescope that reminds owner Julian of family holidays as a child. (S)(R)(HD)(AD)

9 PM

9.00 Shetland 4 of 6. After the events of the previous night, Perez must piece together what happened before a rampaging and vengeful Creggan finds his target; and Eve denies involvement. (S)(HD)(AD) ***See Highlights***

DI Jimmy Perez .*DOUGLAS HENSHALL*
DC Sandy Wilson *STEVEN ROBERTSON*
Maggie Kean....... *ANNEIKA ROSE*
Cora McLean...........*ANNE KIDD*
DS Alison 'Tosh' McIntosh .... *ALISON O'DONNELL*
Duncan Hunter..... *MARK BONNAR*
Eve Galbraith .... *CORA BISSETT*

10 PM

10.00 BBC News at Ten (S)(HD)

10.25 BBC Regional News (S) and **Weather**

10.30 Weather (S)(HD)

10.35 Bump *Driftwood:* 7 of 10. Santi goes back to his old ways with Vince; and Dom and Angie grow used to their separated status. (S)(HD) ● ***Full series available on BBC iPlayer***

11.05 Bump *The Strange Situation* 8 of 10. Santi and Oly try to fix things; and Angie and Matias face up to realities of their relationship. (S)(HD)

11.35 Ambulance As crews book on across Lancashire and Cumbria for the Easter bank holiday, an urgent call from the police comes in for back-up to help a patient who is walking into the sea on Blackpool beach. (S)(R)(HD)

12.35 Weather for the Week Ahead (S)(HD) **12.40 to 6.00 BBC News** (S)(HD)

BBC2

HD Freeview HD 102 Sky HD 102 Virgin HD TV 102 Freesat HD 102

6.30 Clean It, Fix It (S)(R)(HD) **7.15 The Repair Shop** Experts restore family heirlooms. (S)(R)(HD)(AD) **8.00 The Hairy Bikers Go North** The tour continues in Leeds. (SL)(S)(R)(AD) **9.00 BBC News at 9** (S)(HD) **10.00 BBC News** (S)(HD)

1.00 Heir Hunters Quiz show. (S)(R)(HD)(AD)

1.45 Eggheads Quiz show. (S)(R)(HD)

2.15 Vintage Antiques Roadshow The team values more objects and rarities at Victoria Hall in Saltaire, West Yorkshire. (S)(R)(HD)

3.00 The Hairy Bikers' Comfort Food Si King and Dave Myers make a burger. (S)(R)(HD)(AD)

3.45 Mountain Vets Nuala spends the morning pregnancy-testing livestock. (S)(R)(HD)(AD)

4.15 Inside the Supermarket The produce team checks out the pumpkins. (S)(R)(HD)(AD)

5.15 Flog It! From Hampshire. (S)(R)(HD)

6.00 Richard Osman's House of Games Mehreen Baig, Clare Balding, Jamie Laing and Mike Wozniak compete in the quiz. (S)(HD)

6.30 Strictly: It Takes Two Janette Manrara chats to three of the remaining couples and finds out all the latest backstage news; and there is an exclusive look at how some of the couples are getting on in training. (S)(HD)

7.00 Walking with Kate Garraway NEW One-off in which the broadcaster walks through the Cotswolds and describes the joy and solace of being out in nature. (S)(HD)

7.30 Between the Covers NEW 1 of 6. Sara Cox returns with the show that celebrates books, with Emilia Fox, Evanna Lynch, Dane Baptiste and Andy Parsons. (S)

8.00 Life at 50°C NEW One-off documentary exploring the devastating impact extreme heat has across the globe, and telling the human stories behind climate change, from water shortages in impoverished areas, to people being forced from their homes to avoid life-threatening temperatures. (S)(HD)

9.00 Universe *The Milky Way: Island of Light:* 3 of 5. Professor Brian Cox explores the Milky Way, using data from a cutting-edge space telescope to reveal the history of Earth's galaxy and to predict its cataclysmic future. He also looks at how the European Space Agency's Gaia Space Telescope measures the true position of stars. (S)(HD)(AD) ***See Highlights***

10.00 Live at the Apollo NEW 1 of 7. The return of the stand-up comedy showcase recorded at the Hammersmith Apollo, welcoming an array of established and up-and-coming comics to the stage. In the first edition, host Chris McCausland introduces Sophie Duker and Emmanuel Sonubi. (S)(HD)

10.30 Newsnight (S)(HD)

11.10 Weather (S)(HD)

11.15 Journey's End FILM War drama starring Sam Claflin. A company of British soldiers in 1918 await their fate as the German army prepare an offensive. (W)(S)(HD) ★★★★ *(2017)* ***See Films, pages 31-35***

Captain Stanhope ....*SAM CLAFLIN*
Second Lieutenant Raleigh ....*ASA BUTTERFIELD*
Lieutenant Osborne. .*PAUL BETTANY*
Private Mason.........*TOBY JONES*
Trotter .... *STEPHEN GRAHAM*

12.55 Autumnwatch 2 of 4. (SL)(S)(R) **1.55 to 2.25 Iolo: The Last Wilderness of Wales** (SL)(S)(R)

ITV

HD Freeview HD 103 Sky HD 103 Virgin TV HD 113 Freesat HD 111

6.00 Good Morning Britain (S)(HD) **9.00 Lorraine** Entertainment and fashion news. (S)(HD) **10.00 This Morning** A mix of celebrity chat, features, advice and competitions. (S)(HD)

12.30 Loose Women Topical debate. (S)(HD)

1.30 ITV News (S)(HD) and **Weather** including **Local News** (S)(HD) and **Weather**

2.00 Dickinson's Real Deal David Dickinson and the team are at Newcastle racecourse, where a diamond and gold necklace has Henry Nicholls digging deep. (S)(HD)

3.00 Lingo Adil Ray hosts, as contestants Craig and Steve, Angela and Mike, and Laura and Mollie try to work out words that appear in the Lingo grids and Puzzlewords. (S)(HD)

4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (S)(HD)

5.00 The Chase Bradley Walsh presents as contestants Rahul, Rosa, Megan and Andy work as a team to take on one of the ruthless Chasers and secure a cash prize. (S)(HD)

6.00 Local News (S)(HD) and **Weather**

6.30 ITV News (S)(HD) and **Weather**

7.00 Emmerdale Jai lays the blame at Ben's door; Tracy makes an admission to Faith; and the fact Marlon and Paddy feel smug may be a short lived emotion. (S)(HD)(AD)

7.30 Coronation Street Daniel leaves Summer disappointed; Aadi vents his anger at his dad; and Tyrone takes a stand against Hope's detractors. (S)(HD)(AD) ● ***Continues at 8.30pm***

8.00 Beverley and Jordan: Destination Wedding 4 of 5. Beverley and Jordan visit Benidorm, where they go in search of some cabaret-style entertainment. (S)(HD)(AD)

8.30 Coronation Street Kelly offers Aadi sanctuary; Tyrone forms a connection with a fellow parent; and Summer holds the fort as Daniel takes Daisy on a date. (S)(HD)(AD)

9.00 The Tower Lizzie decides to turn herself in, but first she meets up with Kieran Shaw in secret, who attempts to persuade her that she must not implicate herself in the crime. **Last in the series** (S)(HD)(AD) ● ***Repeated at 11.40pm***

DS Sarah Collins. . .*GEMMA WHELAN*
DC Steve Bradshaw ....*JIMMY AKINGBOLA*
Farah Mehenni .....*LOLA ELSOKARI*
PC Lizzie Adama. . .*TAHIRAH SHARIF*
DI Kieran Shaw. *EMMETT J SCANLAN*
PC Hadley Matthews . .*NICK HOLDER*
PC Arif Johar.......*MICHAEL KARIM*

10.00 ITV News at Ten (S)(HD) and **Weather** including **Local News** (S)(HD) and **Weather**

10.45 Peston Political magazine show presented by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)(HD)

11.40 The Tower *As 9.00pm*. Lizzie decides to turn herself in, but first she meets up with Kieran Shaw in secret. (S)(R)(HD)(AD)

12.35 Teleshopping (HD) **3.00 FYI Extra** Short bulletin rounding up the day's showbusiness stories. (HD) **3.15 Cooking with the Stars** The three remaining contestants compete in the final. (SL)(S)(R)(HD)(AD) **4.05 Unwind With ITV** (HD) **5.05 to 6.00 Tipping Point** (SL)(S)(R)(HD)

ITV+1 *Freeview 34, Sky 203, Virgin 114, Freesat 112*

(b/w) black and white (W) Widescreen (HD) High Definition (AD) Audio Description

CHANNEL 4

HD **Freeview HD 104** **Sky HD 138** **Virgin TV HD 104/141**

6.05 **Countdown** (S)(R)(HD) **6.45 The Big Bang Theory** (S)(R)(HD) **7.10 The Big Bang Theory** (S)(R)(HD) **7.35 The King of Queens** (S)(R) **8.00 The King of Queens** (S)(R) **8.30 The King of Queens** (S)(R) **9.00 Frasier** (S)(R) **9.30 Frasier** (S)(R) **10.00 Frasier** (S)(R) **10.30 Ramsay's Kitchen Nightmares USA** (S)(R) **11.25 Channel 4 News Summary** (S)(HD) **11.30 Find It, Fix It, Flog It** A throne is salvaged. (S)(R)(HD)

12.30 **Steph's Packed Lunch** (S)(HD)

2.10 **Countdown** With Alastair Campbell. (S)(HD)

3.00 **Moneybags** Quiz show. (S)(HD)

4.00 **A Place in the Sun** Jasmine Harman helps with a property search in Estepona. (S)(HD)

5.00 **Four in a Bed** The rivals arrive at The Griffin Inn B&B in Irnham, Lincolnshire. (S)(HD)

5.30 **Come Dine with Me** Pharmacy technician Amy serves an Asian extravaganza. (S)(HD)

6.00 **The Simpsons** *Donnie Fatso:* Homer is persuaded to go undercover as part of an FBI operation against Fat Tony. (S)(R)(HD)

6.30 **Hollyoaks** Nancy is torn about whether to tell the children about Darren; and Viv weighs out her options on what to do with DeMarcus. (S)(R)(HD) ● ***The next episode follows on E4***

7.00 **Channel 4 News** (S)(HD) and **Weather**

7.55 **The Political Slot** Jim Fairlie MSP provides the SNP's view on the impact of Brexit on Scotland's food and drink sector. (S)(HD)

8.00 **George Clarke's Old House, New Home**
NEW ★★★★
1 of 5. Return of the series in which the architect attempts to unlock potential in old properties, beginning in Stroud, where Phil and Leighla are working to transform their listed Georgian farmhouse with an industrial-style extension. (S)(HD) ***See Highlights***

9.00 **Extraordinary Extensions** Tinie Tempah follows the pioneering reinvention of a Victorian building in south London, where architect Richard and his writer wife Eva are converting their 19th-century former timber yard from an office into a family home for themselves and their children using cutting-edge innovations. **Last in the series** (S)(HD)

10.00 **The Love Trap** 4 of 8. David gets up close and personal with a new arrival in a music-fuelled date; and communication skills are tested as the women take on a challenge to instruct David as he drives blindfolded round a fiendish obstacle course. (S)(HD)

11.05 **First Dates** Actor TJ meets support worker and fellow Bristolian Chanelle. (S)(R)(HD)

12.05 **The Great British Bake Off: An Extra Slice** (S)(R)(HD) **1.00 Ramsay's Hotel Hell** (S)(R)(HD) **1.50 Undercover Boss USA** (S)(R)(HD) **2.40** **FILM** **The Drop** Crime drama. (W)(S)(HD) ★★★★ *(2014)* ***See Films, pages 31-35*** **4.25 Couples Come Dine with Me** (S)(R)(HD) **5.15 Food Unwrapped Investigates** (S)(R)(HD) **5.45 to 6.05 Kirstie's Fill Your House for Free** (S)(R)(HD)

CHANNEL 4+1 *Freeview 15, Sky 204, Virgin 142, Freesat 121*

CHANNEL 5

HD **Freeview HD 105** **Sky HD 105** **Virgin HD 105** **Freesat HD 105**

6.00 **to 9.15 Milkshake! 9.15 Jeremy Vine** (S)(HD) **11.15** **FILM** **Return to Christmas Creek** Romantic drama starring Tori Anderson. (S)(HD) ★ *(2018)* ***See Films, pages 31-35***

12.45 **Friends** *The One Where Ross Got High:* Monica hosts her parents. (S6, ep9) (S)(R)(HD) followed by **5 News at Lunchtime**

1.15 **Home and Away** Tori and Christian say goodbye; and Mia and Ari await news. (S)(HD)(AD) ● ***Repeated at 6.00pm on 5STAR***

1.45 **Neighbours** David and Aaron are disappointed as Nicolette refuses to honour their deal. (S)(HD)(AD) ● ***Repeated at 6.00pm***

2.20 **Four Cousins and a Christmas**
FILM
Festive drama starring Ayla Kell and Lily Gibson. A heartbreaking loss brings four cousins together over the festive period. (S)(HD) ★ *(2020)* ***See Films, pages 31-35***

4.00 **Bargain-Loving Brits in the Sun** Taking a look at Benalmadena, where Laura and Phil, together with six of their friends back in the UK, have bought two bars. (S)(R)(HD)

5.00 **5 News** (S)(HD)

6.00 **Neighbours** *As 1.45pm.* (S)(R)(HD)(AD)

6.30 **Eggheads** Quiz show. (S)(HD)

7 PM

7.00 **The Gadget Show** Craig Charles is on a building site to help Georgie Barrat test a pair of rugged phones that promise high-end performance; Jon Bentley spends the day with TikTok star Akafi Ali to test budget webcams; and Ortis Deley offers a top five rundown of the latest voice-activated technology. (HD)followed by **5 News Update**

8 PM

8.00 **Police Interceptors**
NEW ★★★★
1 of 10. Return of the documentary series. A dangerous driver tears across the pavement and takes off towards Nottingham city centre; the firearms team tackles reports of an illegal gun; and a driver who has no insurance slips off a motorbike yards away from a police car. (S)(HD) followed by **5 News Update**

9 PM

9.00 **Police Hour of Duty** 3 of 12. Police arrest a woman on a rampage with a hammer, and when another family member turns up and starts abusing officers, they are faced with a potentially violent situation; and a chilling call comes in from a supermarket as a shopper is spotted browsing the aisles with an eight-inch knife in his back pocket. (S)(HD)

10 PM

10.00 **Nightmare Tenants, Slum Landlords** Highlighting alarming tales from all sides of the buy-to-let system, from unruly tenants to dishonest letting agents. (S)(R)(HD)

11.05 **Bargain Brits on Benefits** 3 of 10. Following people whose clever ideas and savvy schemes save them money. (S)(R)(HD)

12.05 **999: Criminals Caught on Camera** 3 of 10. (S)(R)(HD) **1.00 The Live Casino Show** (S)(HD) **3.00 Entertainment News on 5** (S)(HD) **3.10 Our New Puppy** (S)(R)(HD) **4.00 Britain by Boat** (S)(R)(HD) **4.45 Wildlife SOS** (SL)(S)(R) **5.10 House Doctor** (SL)(S)(R) **5.35 Thomas & Friends** (SL)(S)(R) **5.45 to 6.00 Paw Patrol** (SL)(S)(R)

CHANNEL 5+1 *Freeview 45, Sky 205, Virgin 155, Freesat 128*

ON DEMAND

PERIOD DRAMA

NEW **Passing** NETFLIX Set in 1920s New York, Tessa Thompson plays Irene, a mixed-race woman whose world is upended when her life becomes intertwined with a former childhood friend, Clare (Ruth Negga). With Alexander Skarsgård. ***Available from today***

YOU MIGHT ALSO LIKE...

Succession NOW
Alexander Skarsgård also stars alongside Brian Cox, Kieran Culkin and Matthew Macfadyen in this multi award-winning American drama. ***All episodes available now***

ITV VARIATIONS

ANGLIA No variations
BORDER No variations
CENTRAL No variations
CHANNEL No variations
GRANADA No variations
LONDON No variations
MERIDIAN No variations
TYNE TEES No variations
WEST No variations
WESTCOUNTRY No variations
YORKSHIRE No variations

ON THIS DAY 1994

The debut episode of BBC1's *The Vicar Of Dibley* aired. Watch the comedy, also starring Emma Chambers, Liz Smith and Roger Lloyd-Pack, on BBC iPlayer and BritBox.

(SL) Signed (S) Subtitles (R) Repeat

FREEVIEW

SKY +1 VIRGIN HD +1 FREESAT HD +1 BT HD +1

6PM – 11PM

BBC4

Freeview 9/24 (HD 106)

116 107 107 107

BBC4 programmes begin at 7pm

7.00 **Great British Railway Journeys**

7.00 Great British Railway Journeys Michael travels from St Ives to St Day. (S)
7.30 The Joy of Painting (S)
8.00 WWI: The Last Tommies World War One battles of 1917/18. **Last in the series** (S)
9.00 Charley Boorman: Sydney to Tokyo, by Any Means Papua New Guinea. (S)
10.00 My Father and Me Nick Broomfield takes a look at his relationship with his father Maurice.

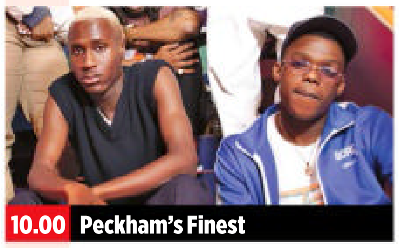
11.35 Britain in Focus – A Photographic History: Eamonn McCabe explores the development of the art of photography in the UK. (S)
1.35 am Great British Railway Journeys. Exploring the West Country. (S)
2.05 to 3.05am WWI – The Last Tommies: The Somme. (SL)(S)

ITV2

Freeview 6 (+1 28)

118 218 115 176 116 113 114

6.00 am Love Bites (S)
7.00 The Ellen DeGeneres Show (S)
8.00 Emmerdale (SL)(S)
9.00 Coronation Street (SL)(S)
10.00 Dress to Impress (S)
11.00 Love Bites (S)
12.00 noon Emmerdale (S)
1.00 pm Coronation Street (S)
2.00 The Ellen DeGeneres Show (S)
3.00 Dress to Impress (S)
4.00 Love Bites (S)
5.00 You've Been Framed! Gold – Harry's Favourites: Clips. (S)



10.00 **Peckham's Finest**

6.00 Catchphrase Celebrity Special Game show. (S)
7.00 Superstore Double-bill. (S)
8.00 Bob's Burgers Double-bill of the animated comedy. (S)
9.00 Family Guy Double-bill. Brian and Stewie compete for an inheritance; and Peter and Brian compete. (S)
10.00 Peckham's Finest New edition Kevin and Isla begin to get closer. (S)
10.45 Family Guy Brian falls in love with a woman. (S)

11.15 Family Guy (S)
11.45 American Dad! (S)
12.40 am Bob's Burgers (S)
1.30 Superstore (S)
2.20 Hey Tracey! (S)
3.15 Totally Bonkers Guinness World Records (S)
3.30 to 6.00am Teleshopping

ITV3

Freeview 10 (+1 58)

119 219 117 177 174 115 116

6.00 am Classic Coronation Street (S)
7.00 Classic Emmerdale (S)
8.05 Man About the House (S)
8.40 That's My Boy (S)
9.15 Inspector Morse (S)
11.35 Heartbeat (S)
1.45 pm Classic Emmerdale (S)
2.50 Classic Coronation Street (S)
3.50 Agatha Christie's Poirot: Double-bill. The detective heads to a hotel to help a mysterious veiled lady; and the detective searches for a missing man. (S)

8.00 **Endeavour**

6.00 Heartbeat Double-bill. A dispute over a right of way gets out of hand; and the force leap into action when a labourer is poisoned. (S)
8.00 Endeavour Morse is called to investigate the disappearance of a teacher from a secretive school. (S)
10.00 Scott & Bailey Saleswoman Helen turns up with information; and Janet's nose is put out of joint by a new appointment. (S)

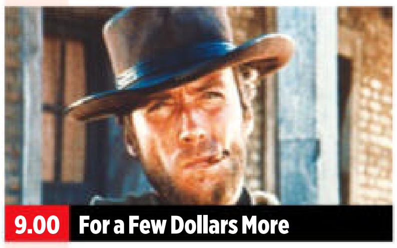
11.05 Little Boy Blue: Potential witness Claire Olssen is intimidated into changing her statement. (S)
12.05 am Inspector Morse: A secretary is found dead in a car park in a crime of passion. (SL)(S)
2.15 Unwind With ITV
2.30 to 6.00am Teleshopping

ITV4

Freeview 25

120 220 118 178 175 117 118

6.00 am World of Sport (S)
6.10 The Protectors (S)
6.40 The Saint (S)
7.30 Casebook of Sherlock Holmes (S)
8.25 Dempsey and Makepeace (S)
9.30 The Professionals (S)
10.35 Minder (S)
11.35 The Saint (S)
12.40 pm Extreme Salvage Squad (S)
1.40 Casebook of Sherlock Holmes (S)
2.45 Dempsey and Makepeace (S)
3.50 The Professionals (S)
4.50 Minder: Arthur gets political. (S)



9.00 **For a Few Dollars More**

6.00 Extreme Salvage Squad The team has to remove a broken-down tractor. (S)
6.55 The Chase Celebrity Special The stars of *Emmerdale* pit their wits against the Chaser. (S)
8.00 River Monsters Jeremy Wade learns more about freshwater parasites. (S)
9.00 FILM **For a Few Dollars More** Spaghetti Western starring Clint Eastwood. (W)(S) ★★★★ *(1965)*

11.45 FILM Bullitt: Police action thriller starring Steve McQueen as a San Francisco detective hunting the killer of an important witness. With Jacqueline Bisset. (W)(S) ★★★★★ *(1968)*
2.05 am Take the Tower (S)
3.00 to 6.00am Teleshopping

ITVBE

Freeview 27

131 119 179 120 119

7.00 am The Real Housewives of Cheshire: Reality series. (S)
8.00 Buying and Selling (S)
9.00 LittleBe (S)
12.00 noon Be Beautiful (S)
12.10 pm The Real Housewives of Orange County (S)
1.10 The Real Housewives of Cheshire (S)
2.10 The Only Way Is Essex (S)
3.10 Million Dollar Listing: NYC (S)
4.05 The Real Housewives of New York City: Reality series. (S)
5.00 The Real Housewives of Atlanta (S)

9.00 **Billie and Greg: The Family...**

6.00 Making It Home with Kortney & Kenny New edition
7.00 Buying and Selling A hunt for a larger property. (S)
8.00 Dinner Date Sasha from Hertfordshire looks for love with three blind dates. (S)
9.00 Billie and Greg: The Family Diaries New edition Arthur heads off for his first day at school. (S)
10.00 Love Island: Australia New edition Two new boys arrive in the villa. (S)

11.05 The Only Way Is Essex: After running into Jack at the Halloween party, Frankie is in turmoil. (S)
12.05 am Atlanta Plastic: A woman calls on Dr Jones for a complete body makeover, hoping that he will change her 'poodle face' body. (S)
1.00 to 7.00am Teleshopping

6PM – 11PM

5STAR

Freeview 31

128 228 151 186 131 141

6.00am Teleshopping
8.00 Entertainment News on 5
8.10 Rich Kids Go Skint
9.00 Rich Holiday, Poor Holiday
10.00 Filthy House SOS
11.00 The Nightmare Neighbour Next Door
12.00noon Traffic Cops
2.00pm Police Interceptors
5.00 The Nightmare Neighbour Next Door: Documentary following between people living next door to one another.

6.00 Home and Away (S)
7.00 10 Years Younger in 10 Days (S)
8.00 Casualty 24/7: Every Second Counts Staff rush to help a woman who is struggling to breathe. (S)
9.00 Ambulance: Code Red New edition A motorcyclist is thrown from his bike. (S)
10.00 Skin A&E A man has a lump on his forehead that keeps giving him a headache. (S)

11.05 FILM V for Vendetta: Thriller based on the novel by Alan Moore, starring Natalie Portman. ★★★★ *(2005)*
1.40am Wentworth: The Final Sentence
3.35 Last Man Standing
4.00 to 6.00am Teleshopping

5USA

Freeview 21

141 241 153 185 129 130

6.00am Teleshopping
9.00 Murder, She Wrote
10.00 NCIS
12.00noon Law & Order: Back-to-back episodes, including: Briscoe and Curtis investigate the death of a book editor. (S7, ep21); Briscoe and Curtis investigate the murder of a model. (S7, ep22); and the detectives investigate the death of a man whose skeleton is found with a priceless ring. (S13, ep5)

6.00 NCIS Back-to-back episodes, including: Gibbs's former mother-in-law surfaces as a witness in a murder case. (S7, ep16); and a Navy diver hunting for sunken treasure dies. (S7, ep18) (S)
10.00 Law & Order: Special Victims Unit Double-bill, including: Stone blames himself for the verdict in Sam's case. (S20, ep2). (S)

11.55 Law & Order: Special Victims Unit: Double-bill, including: A doctor who was arrested for sexually abusing his patients is set free. (S19, ep14)
1.50am NCIS (S14, ep14)
3.35 Criminals: Caught on Camera
4.00 to 6.00am Teleshopping

YESTERDAY

Freeview 26

155 255 129 200 159

6.00am Hidden Traces
8.00 Forbidden History
9.00 Bangers and Cash
10.00 Inside Central Station
11.00 Secrets of the London Underground: Piccadilly Circus.
12.00noon Great British Railway Journeys: Back-to-back editions. With Michael Portillo.
2.00pm Abandoned Engineering
4.00 World War Weird
5.00 Narrow Escapes of World War Two: The Chindits division.

6.00 Great British Railway Journeys Double-bill. A journey from Enfield to Cambridge. (S)
7.00 Abandoned Engineering A highway built in the Brazilian jungle as an escape route. (S)
8.00 Bangers and Cash Double-bill, including: Iconic cars arrive at Thornton le Dale. (S)
10.00 Train Truckers Moving three state-of-the-art trains. (S)

11.00 Abandoned Engineering: Projects include a ruined compound on the edge of a peninsula in Colombia.
12.00m't The Architecture The Railways Built: With Tim Dunn.
1.00am Hidden Traces
3.00 to 6.00am Teleshopping

REALLY

Freeview 17

142 128 160

6.00am Fantasy Homes by the Sea
7.00 Teleshopping
8.00 Homes Under the Hammer
10.00 Antiques Road Trip
12.00noon Money for Nothing
1.00pm A Place in the Sun
2.00 Animal Cops Miami
4.00 Pit Bulls & Parolees: Tia has an explosive confrontation.
5.00 The Great British Bake Off: The remaining bakers step back in time to face the test of baking with unfamiliar recipes.

6.00 Money for Nothing Items reclaimed from a tip in Surrey.
7.00 Antiques Road Trip Double-bill, including: An auction in Rye. (S)
9.00 NEW **It's Me or the Dog UK** Double-bill: Amanda helps an aggressive cockapoo; and a dachshund that scares the neighbours. ***See Highlights***
10.00 Dr Mercy New edition Tiana has growths under her armpits.

11.00 Ghost Adventures: Double-bill, including: The team investigates rumours of a gate to Hell at a country music club.
1.00am Kindred Spirits
2.00 Teleshopping
4.00 to 6.00am Animal Cops Miami: Double-bill.

TALKING PICTURES

Freeview 81

328 445 306

6.00am FILM Tom Brown's Schooldays *(1940)* **7.40** Adventures of Bunny Rabbit **7.50** FILM Monster of Highgate Ponds *(1960)* **9.00** Together **9.30** The Champions **10.30** FILM Blowing Wild *(1953)* **12.15pm** FILM Men of Sherwood Forest *(1954)* **1.50** BEA: Number One... **2.00** Secret Army **3.05** FILM Cross Channel *(1955)* **4.20** Two Hours to Spare **4.35** Footage Detectives **5.05** Hidden Truth

6.00 For the Love of Ada Walter and Ada take a weekend away.
6.30 Look at Life An investigation into the tropical fish industry.
6.50 The Edgar Wallace Mystery Theatre An investigation takes a surprising turn. (b/w)
8.00 Rumpole of the Bailey The lawyer risks his reputation.
9.05 FILM **Deadfall** Thriller with Michael Caine. (S) ★★ *(1968)*

11.35 Blue Pullman **12.00m't** Cellar Club... **12.05am** FILM Borley Rectory *(2017)* **1.35** Cellar Club... **1.40** FILM Angel on My Shoulder *(1946)* **3.45** Cellar Club... **3.50** FILM The Ape (b/w) ★★ *(1940)* **5.10** Cellar Club... **5.15 to 6.00am** Talking Pictures...

QUEST

Freeview 12 (HD 114 +1 69)

144 244 169 213 172 168

6.00am *See 11.00pm* **6.20** Scrap Kings **7.10** Repair Shop **8.00** *See 3.00pm* **9.00** Wheeler Dealers **10.00** Chasing Classic Cars **11.00** Incredible Engineering Blunders:... **12.00noon** Shed and Buried **1.00pm** Combat Dealers **2.00** Repair Shop **3.00** Find It, Fix It... **4.00** Salvage Hunters **5.00** Goblin Works... **6.00** Wheeler Dealers **7.00** Outback Opal Hunters **8.00** Salvage Hunters **10.00** American Pickers **11.00** How Do They Do It? **12.00m't** Wheeler Dealers **1.00am** Cops UK:... **2.00** Fantomworks **3.00** *As 11.00am* **4.00** World's Biggest... **5.00 to 6.00am** How It's Made

SKY ARTS

Freeview 11

130 165 140 147 363

9.00am *See 5.00pm* **10.00** Rita Hayworth **11.00** Mystery of the Lost... **12.00noon** Brunelleschi's Impossible Dome **1.00pm** Tales of the Unexpected **2.00** Sophia Loren **3.00** Book Club **4.00** Music Icons **4.30** Video Killed the Radio Star **5.00** Tales of the Unexpected **6.00** Kirk Douglas **7.00** Landscape Artist... **8.00** Portrait Artist... **9.00** NEW Life & Rhymes **9.40** NEW Kojey Radical's Decipher **10.00** The Seventies **11.00** Soul Power! **12.00m't** Brian Johnson's... **1.00am** Off Camera **2.10 to 3.05am** Kevin Costner

(b/w) black and white (W) Widescreen (HD) High Definition

10 November WEDNESDAY

E4

Freeview 13 (+1 29)

135 235 106 145 146 122 123

6.00 am Hollyoaks (S)
7.00 Ramsay's Kitchen Nightmares USA: A visit to California. (S)
8.00 Baby Daddy (S)
9.00 How I Met Your Mother (S)
10.00 The Big Bang Theory (S)
11.00 The Goldbergs (S)
12.00 noon Brooklyn Nine-Nine (S)
1.00 pm The Big Bang Theory (S)
2.30 Mike & Molly: Double-bill. (S)
3.30 Brooklyn Nine-Nine (S)
4.30 Married at First Sight Australia: The final dates come to an end. (S)

9.00 Young Sheldon

6.00 The Big Bang Theory (S)
7.00 Hollyoaks New episode Leela continues to hide her redundancy. (S)
7.30 Married at First Sight Australia New edition It is the final dinner.(S)
9.00 Young Sheldon New episodes Double-bill, including: The youngster's first day of college is derailed by his new philosophy teacher. (S)
10.00 The Inbetweeners (S)

11.00 Duncanville **New episodes** (S)
12.00 m't Married at First Sight Australia: Dating series. (S)
1.35 am Naked Attraction (S)
2.30 Gogglebox (S)
3.25 Young Sheldon (S)
4.10 The Big Bang Theory (S)
5.25 to 6.00am The Goldbergs (S)

MORE4

Freeview 18 (+1 86)

136 236 147 195 196 124 125

8.55 am Kirstie's House of Craft (S)
9.15 A Place in the Sun (S)
11.05 Escape to the Chateau (S)
12.05 pm Grand Designs (S)
1.10 Four in a Bed: Back-to-back editions, including: The competition begins at Hamlet House in Stratford-upon-Avon. (S)
3.50 Find It, Fix It, Flog It: Double-bill, including: Finding value in a crop sprayer and a fire guard. (S)
5.55 The Great House Giveaway: In Greater Manchester. (S)

6.55 Escape to the Chateau: DIY

6.55 Escape to the Chateau: DIY Wendy and Marcus prepare for a very special visit from the local mayor. (S)
7.55 Grand Designs A home in south Cornwall. (S)
9.00 Britain's Scenic Railways New edition How the Brontë sisters became railway revolutionaries. (S)
10.00 The Great Train Robbery: The Hidden Tapes A look at the planning and execution of the 1963 heist. (S)

11.00 24 Hours in A&E (S)
12.05 am 8 Out of 10 Cats Does Countdown: Comedy quiz. (S)
1.10 Britain's Scenic Railways (S)
2.15 The Great Train Robbery: The Hidden Tapes (S)
3.20 to 3.45am Food Unwrapped Investigates (S)

FILM4

Freeview 14 (+1 46)

313 314 428 429 430 300 301

11.00 am The Furies: Romantic western with Barbara Stanwyck and Walter Huston. (b/w) (S) ★★★ *(1950)*
1.10 pm In Harm's Way: War drama with John Wayne as the admiral who led the counter-offensive against the Japanese after Pearl Harbor. (b/w) (S) ★★★ *(1965)*
4.30 The Hound of the Baskervilles: Hammer horror version of the classic Sherlock Holmes mystery tale, starring Peter Cushing as the detective. (S) ★★★★ *(1959)*

6.15 The Martian

6.15 The Martian Sci-fi drama starring Matt Damon and Jessica Chastain. An astronaut left stranded on Mars has to find a way to survive on meagre resources. (W)(S) ★★★★ *(2015)*
9.00 American Made Fact-based comedy drama starring Tom Cruise. A pilot is recruited to act as a courier for the CIA in the 1980s, while also trafficking cocaine. (S) ★★★ *(2017)*

11.15 Mary Magdalene: Drama starring Rooney Mara. In 33AD, a woman named Mary begins to follow Jesus of Nazareth, causing conflict. (S) ★★★★ *(2018)*
1.35 to 3.55am Nebraska: Comedy starring Bruce Dern and Will Forte. (b/w) (S) ★★★★ *(2013)*

HGTV

Freeview 43

158 258 286 290 166

6.00 am Teleshopping
7.00 Homes Under the Hammer (S)
8.00 The Great Interior Design Challenge: From Cumbria.
9.00 A Place in the Sun
10.00 Escape to the Country (S)
12.00 noon Farmhouse Fixer
1.00 pm Sarah Beeny's Renovate Don't Relocate: A large family home. (S)
2.00 A Place in the Sun (S)
3.00 Building the Dream
4.00 DIY SOS: The Big Build
5.00 Homes Under the Hammer (S)

10.00 Home Town

6.00 A Place in the Sun A home in the Almería Province. (S)
7.00 Escape to the Country Double-bill. A rural retreat in West Sussex; and a home in Worcestershire. (S)
9.00 DIY SOS: The Big Build A bungalow in Ottery St Mary, east Devon, is converted into a four-bedroom home.
10.00 Home Town New edition A couple moves to Mississippi in search of a slower pace of life and a historic home. (S)

11.00 Fixer Upper: Chip and Joanna help homebuyers in Waco, Texas. (S)
12.00 m't Farmhouse Fixer
1.00 am DIY SOS: The Big Build
2.00 Homes Under the Hammer (S)
3.00 Selling Houses with Amanda Lamb: From the Wirral.
4.00 to 6.00am Teleshopping

PICK

Freeview 35

159 259 156 144 145

6.00 am Teleshopping
7.00 Highway Patrol (S)
8.00 Motorway Patrol (S)
9.00 Police Force: Australia (S)
10.00 Police Ten 7 (S)
11.00 Highway Cops (S)
12.00 noon Nothing to Declare (S)
1.00 pm Border Patrol
2.00 Border Security: Canada's Front Line: Double-bill. (S)
3.00 Nothing to Declare (S)
4.00 Stargate Atlantis (S4, ep3) (S)
5.00 The Librarians (S3, ep4) (S)

9.00 S.W.A.T

6PM – 11PM

6.00 Quantum Leap Sam suffers sexual harassment. (S2, ep4)
7.00 Star Trek: Deep Space Nine 1 of 2. Worf and Garak are taken prisoner. (S5, ep14) (S)
8.00 NCIS: Los Angeles Callen, Sam, Kensi and Deeks take an off-the-books rescue mission. (S9, ep14) (S)
9.00 S.W.A.T Jessica is forced to implement departmental budget cuts. (S2, ep4) (S)
10.00 Fringe Olivia is subjected to an experiment. (S3, ep5)

11.00 Murders That Shocked the Nation: The case of John Straffen. (S)
12.00 m't Britain's Most Evil Killers (S)
1.00 am Banged Up Abroad (S)
2.00 Nothing to Declare (S)
3.00 Border Patrol
4.00 Motorway Patrol (S)
5.00 to 6.00am Police Force: Australia

QUEST RED

Freeview 39 (+1 70)

149 249 170 169 170

6.00am SYttD: Atlanta **7.00** SYttD: UK **8.00** My Cat from Hell **9.00** AC Philadelphia **10.00** Hoarding: Buried... **11.00** *See 12.00m't* **1.00pm** Grave Secrets **2.00** Disappeared **3.00** Gone **4.00** SYttD: Atlanta **5.00** SYttD: Bridesmaids **7.00** Long Lost Family **8.00** My 600lb Life: Where... **9.00** Long Lost Family: What... **10.00** Obsessive Compulsive Cleaners **11.00** FBI Files **12.00m't** Forensic Detectives **1.00am** Murder on CCTV **2.00** Murder Comes to Town **3.00** FBI Files **3.50** AC Houston **4.40** Meet the Penguins **5.30 to 6.00am** Curvy Brides

FOOD NETWORK

Freeview 42

140 240 285 148 149

6.00am HB's Food Tour of Britain **7.00** James Martin **8.00** Giada **10.00** Farmhouse Rules **11.00** Girl Meets Farm **12.00noon** River Cottage **1.00pm** Jamie **3.00** *See 7.00pm* **4.00** *See 8.00pm* **5.00** Barefoot Contessa **6.00** James Martin **7.00** Great British Bake Off **8.00** HB's Home for Christmas **9.00** Jamie's Family Christmas **9.30** Naked Chef **10.00** James Martin **11.00** Holiday Gingerbread Showdown **12.00m't** Mystery Diners **1.00am** Restaurant:... **2.00** Jamie's Quick & Easy Food **3.00 to 6.00am** Teleshopping

CBS JUSTICE

Freeview 40

148 192 137

6.00am Teleshopping **9.00** Diagnosis Murder **11.00** The Fugitive **12.00noon** Perry Mason **1.05pm** Walker, Texas Ranger **2.05** CSI: Miami (S6, ep15) **3.00** NCIS (S9, ep20) **4.00** NCIS: Los Angeles (S1, ep7) **5.00** The Fugitive **6.00** Perry Mason (S4, ep6) **7.05** Scorpion (S3, ep16) **8.00** Walker, Texas Ranger (S6, ep7) **9.00** NCIS (S8, ep8) **10.00** NCIS: Los Angeles (S1, ep8) **11.00** Scorpion **12.00m't** CSI: Miami (S6, ep15) **1.00am** NCIS **2.00** Scorpion **2.55** Walker, Texas Ranger **3.50** Matlock **4.40** JAG **5.25 to 6.00am** Bondi Rescue

CBS REALITY

Freeview 66

146 246 148 201 135 136

6.00am Teleshopping **9.00** Judge Judy: Back-to-back editions. **7.00pm** Medical Detectives: Double-bill. **8.00** Evidence of Evil: Exploring startling criminal cases of the past two decades. **9.00** It Takes a Killer: Double-bill. **10.00** Donal MacIntyre's Released to Kill: The remains of a body is found in the back of a blazing car. **11.00** Cold Justice **12.00m't** Voice of a Serial Killer **1.00am** It Takes a Killer **2.00** Donal MacIntyre's Released to Kill **3.00** Celebrity Damage Control **3.45** Unsolved Mysteries **5.10 to 6.00am** Bondi Rescue

GREAT! movies

Freeview 33 (+1 60)

321 322 425 302

6.00am Teleshopping **9.00** Deadly Pursuit ★★ *(2015)* **11.00** Deadly Honeymoon ★ *(2010)* **1.00pm** Secret Liaison ★★ *(2013)* **3.00** Girlfriends of Christmas Past ★★ *(2016)* **4.50** I'll Be Next Door For Christmas ★★ *(2018)* **7.00** Here Comes the Boom ★★★ *(2012)* **9.00** The Hunter's Prayer: Action thriller starring Sam Worthington. ★★ *(2017)* **10.55** All the King's Men: Political drama starring Sean Penn. ★★ *(2005)* **1.40am** The Winter Soldier ★★ *(2016)* **3.55 to 6.00am** Bridge to Terabithia ★★★★ *(2007)*

GREAT! movies christmas

Freeview 51

319 320 424 303 304

6.00am Christmas on Chestnut Street ★★★ **8.00** A Christmas Cruise ★★ **10.00** The Town That Banned Christmas ★★ **12.00noon** Alone For Christmas ★★ *(2013)* **2.00pm** Beaus Of Holly ★★ *(2020)* **4.00** A Christmas Star ★★ *(2015)* **6.00** Wish For Christmas ★★ *(2016)* **8.00** I Saw Mommy Kissing Santa Claus ★★ *(2001)* **10.00** On Strike for Christmas ★★ *(2010)* **12.00m't** Holiday Road Trip ★★ **2.00am** The Boy Who Saved Christmas ★★ **4.00 to 6.00am** The Least Of These – A Christmas Story ★★

GREAT! tv

Freeview 49

157 257 189 220 142 143

6.00am Charlie's Angels **7.00** Crazy Like a Fox **8.00** Hart to Hart **9.00** Sue Thomas: F.B.Eye **10.00** Starsky & Hutch **11.00** T.J. Hooker **12.00noon** Crazy Like a Fox **1.00pm** Hart to Hart **2.00** Sue Thomas: F.B.Eye **3.00** Castle (S4, ep20) **4.00** Murder, She Wrote **6.00** Sue Thomas: F.B.Eye: A deaf girl reports a kidnapping. (S2, ep1) **7.00** M*A*S*H **9.00** Classic Who Wants to Be a Millionaire?: Back-to-back editions. **1.00am** M*A*S*H **3.00** Charlie's Angels **3.45** Starsky & Hutch **4.30** T.J. Hooker **5.15 to 6.00am** Sue Thomas: F.B.Eye

PARAMOUNT NET.

Freeview 32

150 187 150 132

6.00am Shop **9.00** Entertainment News **9.05** Criminals: Caught on Camera **9.35** Traffic Cops: On the Edge **10.35** Traffic Cops: Under Attack **11.35** Trucking Hell **12.35** FILM Apache Territory ★ *(1958)* **2.10** FILM The Gunfighter (b/w) *(1950)* **4.00** Trucking Hell **5.00** Traffic Cops **7.00** Police Interceptors **9.00** FILM On Deadly Ground *(1994)* **11.05** FILM Once Upon a Time in London *(2019)* **1.20am** Frontline Police 24/7 **3.10** Michael McIntyre's Big Show **4.50** Entertainment News **5.00 to 6.00am** Teleshopping

CHALLENGE

Freeview 47

160 160 146

6.00am Teleshopping **7.00** The Chase **10.00** Dale's Supermarket Sweep **11.00** Strike It Lucky **12.00noon** Wheel of Fortune **1.00pm** Catchphrase **2.00** Family Fortunes **3.00** Bruce's Price Is Right **4.00** The Chase: Quiz show hosted by Bradley Walsh. **5.00** Bullseye **6.00** Pointless Celebrities **7.00** Pointless: Quiz show hosted by Alexander Armstrong. **8.00** The Chase: Triple-bill. Quiz show hosted by Bradley Walsh. **11.00** Bullseye: Double-bill. **12.00m't** The Chase **4.00am** Wheel of Fortune **5.00 to 6.00am** Bullseye

DRAMA

Freeview 20 (+1 73)

143 243 130 226 158

6.00am Teleshopping **7.35** A Place to Call Home **8.35** The Bill **9.35** Classic Holby City **10.55** Classic Casualty **12.00noon** The Bill **1.00pm** Classic EastEnders **2.15** Peak Practice **3.15** All Creatures Great and Small **4.20** Pie in the Sky **5.20** As Time Goes By **6.00** Bread **6.40** 'Allo 'Allo! **7.20** Last of the Summer Wine **8.00** The Inspector Lynley Mysteries **10.00** New Tricks: Jack and Strickland break the rules to solve a case. **11.20** Bad Girls **12.25am** Judge John Deed **2.35** New Tricks **4.00 to 6.00am** Teleshopping

DAVE

Freeview 19 (+1 23)

111/112 211 127 227 131

6.00am Teleshop **7.10** Modern Wheels or Classic Steals **8.00** Rick Stein **9.00** Storage Hunters UK **10.00** American Pickers **12.00noon** Top Gear **2.00pm** *See 7.00pm* **3.00** Top Gear **5.00** Rick Stein **6.00** QI XL **7.00** Whose Line Is It Anyway? USA **8.00** Richard Osman's House of Games **8.40** Would I Lie to You? At Christmas **9.20** QI **10.00** NEW Comedians Giving Lectures ***See Highlights*** **10.40** Question Team **11.40** Mock the Week **12.20am** Have I Got a Bit More News for You **1.20** *As 8.40pm* **2.00** QI **2.45** *As 11.40pm* **3.15** Sliced **4.00 to 6.00am** Shop

4SEVEN

Freeview 48

137 143 203 127

9.00am Four in a Bed **9.30** Ramsay's Hotel Hell **10.30** Find It, Fix It, Flog It **11.30** A Place in the Sun **1.30pm** Moneybags **2.30** Come Dine with Me **5.00** Ramsay's Kitchen Nightmares USA **6.00** A Place in the Sun: Double-bill. **7.45** The Great British Bake Off **9.00** 24 Hours in A&E **10.00** Gogglebox **11.05** Extraordinary Extensions **12.10am** George Clarke's Old House, New Home **1.15** 24 Hours in Police Custody **2.20** Escape to the Chateau **3.25** The Secret World of Chocolate **4.20 to 4.50am** Stath Lets Flats

(SL) Signed (S) Subtitles (R) Repeat

SKY & VIRGIN LISTINGS over the page ▶

SKY & VIRGIN

SKY +1 VIRGIN HD +1 FREESAT HD +1 BT HD +1

SKY SHOWCASE

106 206 110 109 340 355

6.00am The Early Rundown
7.00 Kay Burley
8.00 New Kids in the Wild
9.00 Nothing to Declare
10.00 The Flash (S3, ep4)
11.00 NCIS: Los Angeles
1.00pm Hawaii Five-0
2.00 MacGyver
3.00 Modern Family
4.00 The Office (US)
5.00 The Simpsons
5.30 The Fresh Prince of Bel Air: Ashley's career takes off.

9.00 Rob & Romesh vs...

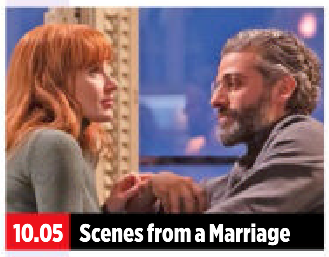
6.00 The Fresh Prince of Bel-Air Will falls out of favour with Nicky.
6.30 The Simpsons
8.00 Portrait Artist of the Year New edition With Kelly Macdonald, Hugh Skinner and Polly Walker. (S8, ep5)
9.00 Rob & Romesh vs Team GB: Part 1 Rob and Romesh try their hand at slalom canoe.
10.00 Brassic New episode Erin's brother Ronnie returns. (S3, ep6)

11.00 Temple
12.00m't The Russell Howard Hour: Topical comedy.
1.00am The Force: North East
2.00 Road Wars
3.00 Hawaii Five-0
4.00 MacGyver **5.00 to 6.00am** The Early Rundown

SKY ATLANTIC

108/109 208 342 357

6.00am The British
7.00 Blue Bloods
9.00 Six Feet Under
11.15 Boardwalk Empire
1.30pm The Sopranos: Double-bill, including: Pussy's loyalty wavers. (S2, ep12)
3.40 Blue Bloods: Double-bill, including: Danny and Baez are caught in the middle of office politics. (S5, ep3)
5.20 True Blood: Eric plans to capture Russell. (S3, ep11)



10.05 Scenes from a Marriage

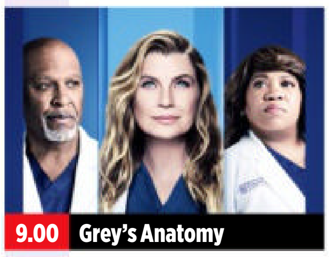
6.25 True Blood Eric puts his plan to kill Russell into effect. (S3, ep12)
7.30 Game of Thrones Daenerys declares her intentions for Westeros. (S8, ep6)
9.00 Dexter: New Blood The former forensic expert finds himself living a new life under a false name. (S1, ep1)
10.05 Scenes from a Marriage Mira and Jonathan reassess their future. (S1, ep5)

11.15 The L Word: Generation Q New episode Angie receives big news that complicates things at home. (S2, ep3)
12.20am Oz: Double-bill.
2.30 Deadwood
3.35 Californication
4.10 to 6.00am Fish Town

SKY WITNESS

107 207 112 111 206 341

6.00am Border Security: Australia's Front Line
6.30 Nothing to Declare
8.00 Border Patrol
9.00 Customs UK
10.00 Law & Order (S14, ep10)
11.00 FBI (S1, ep8)
12.00noon The Rookie (S1, ep14)
1.00pm Blue Bloods: Double-bill.
3.00 Customs UK: Double-bill.
4.00 Paramedics Australia
5.00 Nothing to Declare: Back-to-back editions.



9.00 Grey's Anatomy

6.00 Nothing to Declare
8.00 Blue Bloods Danny and Baez search for a journalist. (S8, ep11)
9.00 NEW **Grey's Anatomy** The city of Seattle celebrates a post-Covid rebirth, but illegal fireworks leads one person to Grey Sloan. (S18, ep1)
10.00 Station 19 Andy and Sullivan's marriage is under strain; and Maya does some soul searching. (S5, ep2)

11.00 The Rookie (S2, ep1)
12.00m't Law & Order: Special Victims Unit (S8, ep8)
1.00am FBI (S3, ep11)
2.00 FBI: Most Wanted
3.00 Road Wars **4.00** Chicago Fire **5.00 to 6.00am** Brit Cops: Rapid Response

GOLD

110/111 210 124 194 343

6.00am Teleshopping
7.30 *See 12.40pm* **8.35** *See 1.20pm* **9.15** Open All Hours
10.00 Last of the Summer Wine
11.20 Blackadder II
12.00noon Dad's Army
12.40pm Ever Decreasing Circles
1.20 Are You Being Served?
2.00 Open All Hours
2.40 The Vicar of Dibley: Merry Christmas
3.55 Blackadder II
4.35 Last of the Summer Wine

11.20 Bottom

6.00 Open All Hours
6.35 Are You Being Served? Job cuts are imminent at the store.
7.15 Dad's Army
8.00 The Good Life Double-bill.
9.20 Mrs Brown's Boys Newlyweds Dermot and Maria argue.
10.00 The Cockfields New episode Esther spends the day with Sue.
10.40 Mrs Brown's Boys The family awaits the fruits of the fraud.

11.20 Bottom: The bachelors hear of a fixed horse race.
12.00m't Peep Show
1.10am Bull
1.50 Mrs Brown's Boys
2.25 Bottom
2.55 Peep Show
4.00 to 6.00am Teleshopping

DISCOVERY

125 225 250 258 376

6.00am Wheeler Dealers
7.00 Deadliest Catch
8.00 Building Off the Grid
9.00 Alaska: The Last Frontier
10.00 Diesel Brothers
11.00 Wheeler Dealers
12.00noon Junkyard Empire
1.00pm Gold Rush: Double-bill.
3.00 Ice Lake Rebels
4.00 Lost Mines: Restored: Alex and Kevin offer to renovate the couple's cabin.
5.00 Wheeler Dealers

9.00 Moonshiners

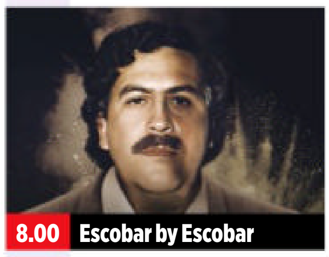
6.00 Fast N' Loud
7.00 Outback Truckers
8.00 Bitchin' Rides A road warrior from Alaska arrives to add some improvements to an already solid build.
9.00 Moonshiners New edition JB leads Mark and Digger to the site of Popcorn's infamous last run.
10.00 Mighty Truckers New edition Exploring the challenges of being a truck driver.

11.00 Gold Rush
12.00m't Moonshiners
1.00am Mighty Truckers
2.00 Deadliest Catch
3.00 Moonshiners
4.00 Fast N' Loud
4.50 Wheeler Dealers
5.40 to 6.00am How It's Made

SKY DOCUMENTARIES

121 278 277 352 367

6.00am FILM Console Wars: (W) *(2020)* **7.40** My Icon
8.00 First Ladies
9.00 Laurence Olivier
10.00 The Directors
11.00 The Seventies
12.00noon The History of Comedy
1.00pm Escobar by Escobar
2.00 FILM The September Issue (W) ★★★ *(2009)*
3.40 My Icon: Moeen Ali
4.00 Laurence Olivier
5.00 The Directors



8.00 Escobar by Escobar

6.00 The Seventies Taking a look back at the Watergate scandal.
7.00 The History of Comedy How writers have found ways to abide by network censors' rules.
8.00 Escobar by Escobar The story of the cursed Escobar empire.
9.00 FILM **The Beatles: Eight Days a Week – The Touring Years** Documentary. (W) ★★★★ *(2016)*

11.00 Catch and Kill: The Podcast Tapes
12.05am Pantani: The Accidental Death of a Cyclist **2.05** Nixon by Nixon: In His Own Words
3.30 PL Legends
4.00 Discovering
5.00 to 6.00am First Ladies

W

109/110 209 125 211 190

6.10am My Dream Home **8.00** Tipping Point **10.00** Inside the Vets **11.00** Inside the Ambulance **1.00pm** Tipping Point **3.00** Property Brothers: Forever Homes **4.00** My Dream Home **6.00** Property Brothers: Forever Homes **7.00** Junior MasterChef Australia
8.30 Inside the Ambulance **9.00** Nurses Down Under **10.00** Plastic Surgery Undressed **11.10** Emily Atack: Adulting **12.10am** One Born Every Minute **1.10** The Shift: Women on the Force **2.10** Renovate My Home: Leave It to Bryan **3.00 to 6.10am** Teleshopping

ALIBI

132 232 126 212 191

6.00am Teleshopping **7.10** Murdoch Mysteries **9.00** Rizzoli & Isles **10.00** Unforgettable **11.00** Hudson & Rex **12.00noon** The Doctor Blake Mysteries **1.00pm** Death in Paradise **2.00** Murdoch Mysteries **4.00** The Good Wife **5.00** Rizzoli & Isles **6.00** Unforgettable (S2, ep5)
7.00 Hudson & Rex (S3, ep8) **8.00** Death in Paradise: An English tourist is strangled. **9.00** Miss Fisher's Murder Mysteries (S3, ep5) **10.15** Evil (S2, ep10) **11.15** The Good Wife **12.15am** Unforgettable **1.10** The Doctor Blake Mysteries **2.10** Carter **4.00 to 6.00am** Teleshopping

SKY COMEDY

114/115 135 123 346 361

6.00am Teleshopping **8.00** The Fresh Prince of Bel Air **9.00** Everybody Hates Chris **10.00** The Mindy Project **11.00** The Office (US) **12.00noon** Parks and Recreation **12.30pm** Sex and the City **3.00** Modern Family **4.00** The Office (US)
5.00 30 Rock **5.30** Fresh Prince of Bel Air **6.30** Sex and the City **9.00** Work in Progress **10.15** Curb Your Enthusiasm **10.55** The Tonight Show Starring Jimmy Fallon **11.45** The Late Late Show... **12.45am** Ballers **2.30** The Mindy Project **3.30** 30 Rock **4.00** Everybody Hates Chris **5.00 to 6.00am** Teleshopping

SYFY

152 252 139 138 229 347

6.00am Marvel's Runaways **7.00** Star Trek: The Next Generation **8.00** Teleshopping **11.00** The Librarians **12.00noon** Stargate Atlantis **1.00pm** Pandora **2.00** Star Trek: Deep Space Nine **3.00** Marvel's Runaways **4.00** Quantum Leap **5.00** Stargate Atlantis **6.00** The Librarians
7.00 Star Trek: The Next Generation **8.00** Quantum Leap **9.00** FILM Armed Response ★ *(2017)* **11.00** Wynonna Earp: Double-bill. **1.00am** Pandora **2.00** Quantum Leap **3.00** Stargate Atlantis **4.00** Star Trek: Deep Space Nine **5.00 to 6.00am** Pandora

SKY HISTORY

123 223 270 271 353 368

6.00am American Pickers **7.00** Treasures Decoded **8.00** Pawn Stars **9.00** Forged in Fire **10.00** American Pickers **11.00** Ancient Aliens **12.00noon** Britain Stands Alone **1.00pm** Greatest Treasure Mysteries **2.00** The UnXplained... **3.00** Counting Cars **4.00** Pawn Stars **5.00** Mountain Men **6.00** American Pickers **7.00** Forged in Fire
8.00 Swamp People **9.00** Al Murray: Why Do the Brits Win Every War? **10.00** Mountain Men **11.30** Forged in Fire **12.30am** Swamp People **1.30** Counting Cars **2.30** Mountain Men **5.00 to 6.00am** *As 1.00pm*

SKY NATURE

124 280 279 335 369

6.00am City Wildlife Rescue **7.00** Monkey Life **8.00** *See 2.00pm to 6.00pm* **12.00noon** Great Blue Wild **1.00pm** Monkey Life **2.00** New Kids in the Wild **3.00** Secrets of Wild Australia **4.00** Dawn to Dusk **5.00** Mysteries of the Mekong **6.00** Great Blue Wild **7.00** Monkey Life
8.00 Tales from Zambia **9.00** Wild Israel **10.00** Great Blue Wild **11.00** Mysteries of the Mekong **12.00m't** Into the Wild: Colombia **1.00am** Ocean Parks **2.00** Tales from Zambia **3.00** Wild Israel **4.00** New Kids in the Wild **5.00 to 6.00am** Secrets of Wild Australia

COMEDY CENTRAL

112/113 132 181 344 359

6.00am Teleshopping **8.00** Impractical Jokers **11.00** My Wife and Kids **1.00pm** Friends: Back-to-back episodes, including: Ross finds himself making a sacrifice for Rachel.
9.00 NEW Rhod Gilbert's Growing Pains: With Martine McCutcheon, Asim Chaudhry and Zoe Lyons. **10.00** Paul Chowdhry: Live Innit: A stand-up performance by the comedian. **11.00** Live at the Apollo **12.00m't** Channel Hopping **1.00am** Baywatch **2.00** South Park **3.40** The Daily Show **4.15** The Middle **5.00 to 6.00am** Teleshopping

SKY MAX

113/114 122 121 345 360

6.00am Grimm **8.00** Send in the Dogs **9.00** Supergirl **10.00** The Flash (S3, ep4) **11.00** NCIS: Los Angeles **1.00pm** Hawaii Five-0 (S6, ep15) **2.00** MacGyver **3.00** Resident Alien **4.00** Supergirl (S3, ep9) **5.00** The Flash (S3, ep4) **6.00** Grimm: Double-bill.
8.00 A League of Their Own: European Road Trip **9.00** Rob & Romesh vs Team GB: Part 1 (S3, ep5) **10.00** Brassic (S3, ep6) **11.00** Temple **12.00m't** The Russell Howard Hour **1.00am** The Force: North East **2.00** Road Wars **3.00** Hawaii Five-0 **4.00** MacGyver **5.00 to 6.00am** Send in the Dogs

TLC

133 233 167 169

6.00am SYttD: UK **7.00** SYttD **8.00** SYttD: Lancashire **9.00** Curvy Brides Boutique **10.00** SYttD: Atlanta **11.00** SYttD: America **12.00noon** SYttD **2.00pm** SYttD: UK **3.00** Sister Wives **4.00** Dr Pimple Popper **5.00** SYttD: Atlanta **6.00** SYttD: UK **7.00** Life After Lockup
8.00 Dr Pimple Popper **9.00** 1000lb Sisters **10.00** Long Island Medium **11.00** Hoarding: Buried Alive **12.00m't** Dr Pimple Popper **1.00am** 1000lb Sisters **2.00** Long Island Medium **3.00** SYttD: Lancashire **4.00** Curvy Brides Boutique **5.00 to 6.00am** SYttD: UK

NAT GEO

129 229 266 268 267 351

8.00am Car S.O.S **11.00** Airport Security: Peru and Brazil **12.00noon** Ultimate Airport Dubai **1.00pm** To Catch a Smuggler **2.00** Air Crash Investigation **4.00** Drain the Oceans **6.00** Lost Treasures of Egypt **7.00** Air Crash Investigation **8.00** NEW Disasters Engineered
9.00 Gordon Ramsay: Uncharted: Double-bill. **11.00** Air Crash Investigation **12.00m't** Narco Wars **1.00am** Seconds from Disaster **2.00** Airport Security: Rome **3.00** Hitler's Last Stand **4.00 to 5.00am** WW2: Hell Under the Sea

SKY CRIME

122 222 137 136 207 348

6.00am Road Wars **7.00** *See 5.00am* **8.00** Border Security **9.00** Nothing to Declare **10.00** Road Wars **11.00** *See 4.00pm* **12.00noon** *See 8.00pm* **1.00pm** Killer Families **2.00** *See 5.00pm* **3.00** *See 6.00pm*
4.00 Killer in My Village **5.00** An Unexpected Killer **6.00** World's Most Evil... **7.00** Murders That Shocked... **8.00** Britain's Most Evil... **9.00** Murder in Amish Country **10.00** Snapped **11.00** *As 8.00pm* **12.00m't** *As 6.00pm* **1.00am** Framed by the Killer **2.00** Snapped **3.00** *As 7.00pm* **4.00** Brit Cops **5.00 to 6.00am** Motorway Patrol

ANIMAL PLANET

162 262 251 259

6.00am Teleshopping **8.00** Crikey! It's the Irwins **9.00** My Cat from Hell **11.00** Lone Star Law **1.00pm** Animal Cribs **2.00** Alaskan Bush People **4.00** Big Cat Tales **6.00** Crikey! It's the Irwins: Double-bill.
8.00 Amanda to the Rescue: Double-bill, including: Amanda Geise rescues a blind boxer dog. **10.00** My Cat from Hell: Double-bill. **12.00m't** Crikey! It's the Irwins **2.00am** Wildest Europe **3.00** Wildest Islands of Indonesia **3.50** The Last Alaskans **4.40** Nature's Strangest Mysteries: Solved **5.00 to 6.00am** Teleshopping

(b/w) black and white (W) Widescreen (HD) High Definition

10 November WEDNESDAY

SKY CINEMA PREMIERE

301 312 401 501 515

6.15am Bobbleheads: The Movie ★★ *(2020)* **7.40** *See 6.00pm* **9.40** *See 11.30pm* **11.15** *See 8.00pm* **1.00pm** Mortal Kombat ★★ *(2021)* **2.50** Snatchers: Comedy horror with Mary Nepi. ★★★ *(2019)* **4.30** The Garden Left Behind: Drama starring Carlie Guevara. ★★★ *(2020)* **6.00** The Last Vermeer: Drama starring Guy Pearce. ★★★★ *(2019)*

8.00 Death in Texas

8.00 Death in Texas: Drama starring Bruce Dern. ★★ *(2020)* **9.50** Critters Attack!: Horror comedy starring Tashiana Washington. ★★ *(2019)* **11.30** Meander: Horror starring Gaia Weiss. ★★★★ *(2021)* **1.10am** *As 2.50pm* **2.55** *As 1.00pm* **4.45 to 6.15am** Dogtanian and the Three Muskehounds ★ *(2021)*

SKY CINEMA ACTION

307 407 507 521

6.00am *See 5.55pm* **8.05** *See 8.00pm* **10.15** Sands of Iwo Jima (b/w) ★★★ *(1949)* **12.15pm** Midway ★★★★ *(2019)* **2.35** Welcome to Sudden Death ★★ *(2020)*
4.10 Rogue Hostage ★★ *(2021)* **5.55** Godzilla ★★★ *(2014)* **8.00** Jurassic Park: With Sam Neill. ★★★★ *(1993)* **10.10** Jurassic World ★★★★ *(2015)* **12.20am** Wonder Woman ★★★ *(2009)* **1.40** *As 10.15am* **3.35** *As 12.15pm* **5.55 to 7.20am** *As 2.35pm*

SKY CINEMA GREATS

304 404 504 518

6.00am *See 1.10pm* **8.30** *See 5.50pm* **10.45** *See 8.00pm* **1.10pm** A Few Good Men ★★★★ *(1992)* **3.40** The Social Network ★★★★ *(2010)* **5.50** The Shining ★★★★★ *(1980)*
8.00 The Last Castle: Thriller starring Robert Redford. ★★★ *(2001)* **10.15** Midnight Express: Fact-based prison drama starring Brad Davis. ★★★★ *(1978)* **12.30am** The Green Mile ★★★★ *(1999)* **3.50 to 6.00am** *As 3.40pm*

SKY CINEMA SCI-FI & HORROR

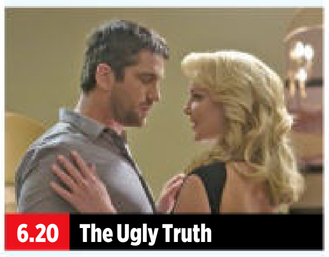
311 411 511 525

6.45am *See 6.15pm* **8.20** *See 8.00pm* **10.05** 2001: A Space Odyssey ★★★★★ *(1968)* **12.40pm** Resident Evil: Vendetta ★★ *(2017)* **2.35** Alien Parasite ★★ *(2019)*
4.25 Aliens Vs Predator – Requiem ★★ *(2007)* **6.15** Lucy ★★★ *(2014)* **8.00** Gravity ★★★★★ *(2013)* **9.45** Synchronic ★★★★ *(2020)* **11.30** Alien Resurrection ★★★★ *(1997)* **1.20am** *As 10.05am* **3.50** *As 12.40pm* **5.35 to 7.20am** *As 2.35pm*

SKY CINEMA COMEDY

308 408 508 522

6.45am *See 4.55pm* **8.20** *See 6.20pm* **10.10** *See 8.00pm* **11.55** Reboot Camp: With David Lipper. ★★★ *(2020)* **1.40pm** *See 9.40pm* **3.15** Caddyshack: With Chevy Chase. ★★★ *(1980)* **4.55** We Broke Up: With William Jackson Harper and Aya Cash. ★★★ *(2021)* **6.20** The Ugly Truth: Starring Katherine Heigl and Gerard Butler. ★★★ *(2009)*



6.20 The Ugly Truth

8.00 Sex Tape: With Cameron Diaz. ★★ *(2014)* **9.40** I Want Candy: With Carmen Electra. ★★★ *(2007)* **11.15** Kill Ben Lyk: With Martyn Ford. ★★ *(2018)* **12.45am** Deep Murder: With Quinn Beswick. ★ *(2019)* **2.15** *As 11.55am* **4.00** *As 3.15pm* **5.45 to 7.30am** The Big Wedding: With Robert De Niro and Katharine Heigl. ★ *(2012)*

SKY CINEMA ANIMATION

305 412 500 514

6.00am *See 8.00pm* **7.20** Luis and the Aliens *(2018)* **8.50** *See 3.10pm* **10.25** *See 4.45pm* **12.00noon** *See 6.20pm* **1.40pm** Curious George: Go West... *(2020)* **3.10** Hotel Transylvania *(2012)* **4.45** Early Man *(2018)* **6.20** Mosley *(2019)*
8.00 Open Season 3 *(2010)* **9.20** Prince of Egypt *(1998)* **11.00** Cleo *(2016)* **12.25am** Moomins and the Winter... *(2017)* **1.50** Zombillenium *(2017)* **3.15** *As 9.20pm* **5.00 to 6.00am** Alpha and Omega 3 *(2014)*

SKY CINEMA HITS

303 403 503 517

6.00am *See 2.55pm* **7.40** *See 4.30pm* **9.40** *See 6.30pm* **11.25** *See 8.15pm* **1.15pm** An American Pickle ★★★ *(2020)* **2.55** Dragon Rider ★★★ *(2020)* **4.30** A Beautiful Day in the Neighborhood ★★★★ *(2019)* **6.30** Grown Ups 2: Comedy sequel. ★ *(2013)*
8.15 The Hangover Part III: Comedy sequel. ★★ *(2013)* **10.00** Man on Fire ★★★ *(2004)* **12.30am** *As 1.15pm* **2.10** The Glorias ★★★ *(2020)* **4.40 to 6.20am** *As 2.55pm*

SKY CINEMA BLOCKBUSTERS

302 402 502 516

6.00am Turbo ★★★ *(2013)* **7.40** Shrek 2 ★★★★ *(2004)* **9.20** The Lord of the Rings: The Fellowship of the Ring ★★★★★ *(2001)* **12.20pm** The Lord of the Rings: The Two Towers ★★★★ *(2002)*
3.20 The Lord of the Rings: The Return of the King ★★★★ *(2003)* **6.40** The Revenant ★★★★★ *(2015)* **9.20** Heat ★★★★★ *(1995)* **12.15am** American Gangster ★★★★ *(2007)* **3.05 to 6.35am** *As 3.20pm*

SKY CINEMA FAMILY

306 406 506 520

6.00am *See 7.15pm* **7.45** *See 9.00pm* **9.25** *See 4.10pm* **11.00** *See 5.40pm* **12.35pm** Marmaduke: Family comedy with the voice of Owen Wilson. ★★ *(2010)* **2.05** *See 10.40pm* **4.10** Beethoven: Canine comedy starring Charles Grodin. ★★★ *(1992)* **5.40** Earth to Echo: Family sci-fi adventure starring Teo Halm and Astro. ★★★ *(2014)*

7.15 My Girl

7.15 My Girl ★★ *(1991)* **9.00** My Girl 2: Comedy drama sequel. ★ *(1994)* **10.40** Pinocchio: Adaptation of the classic tale with Federico Ielapi. Subtitled. ★★★★ *(2019)* **12.50am** *As 12.35pm* **2.25** Little Manhattan: Romantic drama. ★★★ *(2005)* **4.00 to 6.00am** The Water Horse: Children's fantasy adventure. ★★★ *(2007)*

SKY CINEMA DRAMA

310 410 510 524

6.10am The Eight Hundred ★★★★ *(2019)* **8.40** *See 4.15pm* **10.35** *See 6.00pm* **12.35pm** *See 8.00pm*
2.35 The Outside Story ★★★★ *(2020)* **4.15** The Ides of March ★★★★ *(2011)* **6.00** The Imitation Game ★★★★ *(2014)* **8.00** The Impossible: With Naomi Watts. ★★★★ *(2012)* **10.05** Full Metal Jacket ★★★★ *(1987)* **12.15am** The Secrets We Keep ★★★ *(2020)* **2.10** *As 6.10am* **4.50 to 6.30am** *As 2.35pm*

SKY CINEMA THRILLER

309 409 509 523

6.00am Silk Road ★★★ *(2021)* **8.10** *See 3.05pm* **10.00** *See 5.00pm* **11.40** *See 6.40pm* **1.25pm** *See 8.25pm* **3.05** The Comeback Trail ★★ *(2020)* **5.00** Pixie ★★★★ *(2020)*
6.40 The Kid Detective ★★★★ *(2020)* **8.25** Locked In: Crime thriller with Mena Suvari. ★ *(2021)* **10.05** Taxi Driver: Drama starring Robert De Niro. ★★★★★ *(1976)* **12.05am** *As 6.00am* **2.05** Target Number One ★★★ *(2019)* **4.15 to 6.15am** The Spy ★★★ *(2019)*

TCM MOVIES

315 316 415 416 417

6.00am Hollywood's Best Film Directors **6.35** TCM Shorts **7.05** Flat Top ★★★ *(1952)* **8.55** They Were Expendable (b/w) ★★★ *(1945)* **11.50** Cave of Outlaws ★★ *(1951)* **1.30pm** Operation Daybreak ★★★ *(1975)* **4.00** No Man Is An Island *(1962)* **6.40** Sergeant Rutledge ★★★ *(1960)*
9.00 Swordfish ★★★ *(2001)* **11.10** Miami Vice ★★★ *(2006)* **2.00am** Thirty Seconds Over Tokyo ★★★ *(1944)* **4.35** TCM Shorts **5.00 to 6.00am** Hollywood's Best Film Directors

SKY SPORTS MAIN EVENT

401 511 501 420 440

6.00am LIVE Golf The opening day of the Women's Amateur Asia-Pacific at Abu Dhabi Golf Club in the United Arab Emirates. **10.00 The Football Show 11.00 LIVE Ladies European Tour Golf** The opening day of the Aramco Team Series event from Jeddah, the fourth round of the series from Royal Greens Golf & Country Club in Saudi Arabia.
1.30pm LIVE ICC Men's T20 World Cup Coverage of the first semi-final from Sheikh Zayed Stadium, Abu Dhabi. **6.00 Sky Sports News 11.00 NFL Fantasy 12.00m't Total Access 1.00 to 6.00am Sky Sports News**

SKY SPORTS CRICKET

404 514 504 423 443

6.00am Best of ICC WT20 6.30 ICC Men's T20 World Cup Back-to-back highlights. **1.30pm LIVE ICC Men's T20 World Cup** The first semi-final from Sheikh Zayed Stadium, Abu Dhabi. **6.00 Best of ICC WT20**
7.00 The Fletcher Years 8.00 ICC Men's T20 World Cup *See 10.00pm*. **9.00 The Fletcher Years 10.00 ICC Men's T20 World Cup** The first semi-final from Sheikh Zayed Stadium, Abu Dhabi. **11.00 Best of ICC WT20 12.00m't ICC Men's T20 World Cup** The first semi-final from Sheikh Zayed Stadium, Abu Dhabi. **4.30 to 6.00am Best of ICC WT20**

SKY SPORTS ARENA

408 518 508 427 447

6.00am Betfred Super League Highlights 6.30 Women's Super League 6.45 Betfred Super League Highlights 7.00 Fight Night International 10.00 NBA Classic Games: 2012 12.00noon NRL 1.00pm Rugby League Retro 3.00 Betfred Super League Highlights
4.15 Darts Gold 4.45 Grand Slam of Darts 8.00 Fight Night International Jamel Herring v Shakur Stevenson. **9.00 Fight Night International 10.00 NBA Basketball 12.00m't Betfred Super League 1.00am Rugby League Retro 3.00 World Darts Championship 5.00 to 6.00am World Pool Masters**

BT SPORT 1

413 527 408 430

6.00am Ligue 1 7.00 WWE Raw 9.30 PL Reload 9.45 Europa League Goals Reload 10.00 Champions League Magazine 10.30 ESPN FC 11.00 Goals Reload 11.30 Gallagher Premiership Rugby 1.00pm UCL Review 2.00 Europa League Highlights Show 3.00 Ligue 1 4.00 MotoGP Rewind
4.15 UCL Goals Reload 4.30 ESPN FC 5.00 LIVE Women's Hockey *Netherlands v Belgium*. **7.00 Premier League 8.30 DIY Pundit 9.00 WWE NXT 10.45 WWE NXT UK 11.45 WWE Raw 12.45am MotoGP Rewind 1.00 LIVE College Football** Action from college football. **4.00 30 for 30 5.30 to 6.00am The Deal**

SKY SPORTS PREMIER LEAGUE

402 512 502 421 441

6.00am PL Greatest Games 7.00 PL Legends 8.00 Best PL Goals 9.00 PL 100 Club 9.30 PL 100 Club: England's Finest 10.00 The Football Show 12.00noon Gary Neville's Soccerbox 1.00pm Premier League Years
3.00 PL Greatest Games 4.00 Best PL Goals 1999/2000 5.00 PL 100 Club 6.00 PL Legends 7.00 PL World 7.30 Soccer AM: The Best Bits 8.00 Gary Neville's Soccerbox 8.30 PL World 9.00 PL Review 10.00 PL Icons 10.30 PL Retro 12.30am PL Icons 1.00 Premier League Years 3.00 PL Greatest Games 4.00 PL Best Goals 5.30 to 6.00am PL 100 Club

SKY SPORTS GOLF

405 515 505 424 444

6.00am LIVE Golf The Women's Amateur Asia-Pacific. **10.00 Ladies European Tour Golf 11.00 LIVE Ladies European Tour Golf** The Aramco Team Series event from Jeddah.
3.00pm How the 2004 Ryder Cup Was Won 5.00 Chronicles of a Champion Golfer 5.30 Ryder Cup Memories 6.00 PGA Tour Champions 7.00 Legends Tour Golf 8.00 PGA Tour: The Cut 8.30 PGA Tour Champions Learning Centre 9.00 Legends Tour Golf 10.00 PGA Tour: The Cut 10.30 Learning Centre 11.00 Legends Tour Golf 12.00m't PGA Tour Champions 1.00 to 6.00am Highlights

SKY SPORTS MIX

416 520 510 429 449

6.00am LIVE Golf The Women's Amateur Asia-Pacific. **10.00 School of Golf 10.30 Proud To Be... Layla Guscoth 11.00 LIVE Ladies European Tour Golf** The Aramco Team Series event from Jeddah. **3.00pm Chronicles of a Champion Golfer 3.30 My Icon 4.30 Fighting Fit 2020 5.30 Fit In 5**
6.00 NBA Basketball 8.00 NBA Classic Games: 2014 9.00 NBA Basketball 11.00 PL World 11.30 Best Goals 2019/20 12.30am PL Icons 1.00 NFL Bitesize Highlights 2.00 NFL Highlights 3.00 NBA Basketball 5.00 to 6.00am NFL: America's Game

BT SPORT 2

414 528 409 431

6.00am Kite Masters 6.30 MotoGP Films: Jorge Lorenzo 8.00 MotoGP 11.00 MotoGP Chequered Flag 12.00noon Serie A 5.00pm WWE SmackDown 6.00 WWE Raw 7.00 Green Routine: What I Wear 8.00 MotoGP Highlights 9.00 Brothers in Football
10.45 Premier League Reload 11.00 Hockey 12.00m't Sailing – Transat Jacques Vabre Highlights 1.00am Fishing: On The Bank 2.00 Badminton Unlimited 2.30 BT Sport Reload 3.00 DIY Pundit 3.30 Ultra-Trail World Tour 4.00 Extreme E – Electric Odyssey 4.30 to 6.00am Classic MOTD – Thrillers

SKY SPORTS FOOTBALL

403 513 503 422 442

6.00am Highlights 12.00noon Greatest Games 1.00pm Greatest Players 1.30 Football Countdowns 2.00 Football Years 2.30 EFL Play Off Finals C'Ship 05/06 3.30 Greatest Games 4.30 Greatest Players 5.00 Football Countdowns
5.30 Football Years 6.00 EFL Highlights 6.30 World Cup Qualifiers Preview Show 7.00 SPFL Highlights 7.30 EFL Highlights 9.00 SPFL Highlights 9.30 EFL Highlights 10.30 World Cup Qualifiers Preview Show 11.00 EFL Greatest Games 12.00m't EFL Play Off Finals 13/14 3.00 to 6.00am Highlights

SKY SPORTS NFL

407 517 507 426 446

6.00am NFL: America's Game 7.00 NFL Bitesize Highlights 8.00 NFL Highlights 9.00 Inside the Huddle 10.00 NFL Highlights 11.00 NFL Bitesize Highlights 12.00noon Good Morning Football 3.00pm Inside the Huddle 4.00 NFL Highlights 5.00 NFL Highlights
6.00 Inside the Huddle 7.00 NBC's Pro-Football Talk 9.00 Jags All Access: UK 9.30 NFL Bitesize Highlights 10.00 The Super Bowl That Wasn't 11.00 NFL Fantasy 12.00m't Total Access 1.00am NFL Bitesize Highlights 2.00 NFL Highlights 5.00 to 6.00am Inside the Huddle

EUROSPORT

410 521 412 435

6.00am Freestyle Skiing 7.00 Hall of Fame – Torino 2006 8.00 Cyclo-Cross 10.00 Snooker: Scottish Open Final 12.00noon Hall of Fame – Tokyo 2020 1.00pm UCI Track Champions League 2.00 Welsh Open Final 4.00 World Superbikes Round 10 from Spain. **5.00 Freestyle Skiing**
6.00 Hall of Fame – Salt Lake City 2002 7.05 Cyclo-Cross From Ruddervoorde. **9.00 Triathlon: Super League 10.00 Alpine Skiing 11.00 Cyclo-Cross 12.00m't World Superbikes 2.00am FIA WEC 3.00 Motocross World Championship 4.00 to 6.00am Snooker: English Open**

BT SPORT 3

417 529 410 432

6.00am Sailing 7.00 UCL Review 8.00 Europa League Highlights Show 9.00 Goals Reload 9.30 Ultimate Goal 10.30 Fishing 11.30 Extreme E 12.00noon Ligue 1 1.00pm ESPN Classic Boxing 3.00 Fight Night 5.00 Serie A – Full Impact 5.30 Badminton Unlimited 6.00 BT Sport Reload 6.30 PL World 7.00 Ultra-Trail World Tour
7.30 Rugby Union 9.00 Primeira Liga 10.00 Ligue 1 11.00 30 for 30: The Two Escobars 1.00am BT Sport Goals Reload 1.30 Ultimate Goal 2.30 Serie A – Full Impact 3.00 UCL Review 4.00 Europa League Highlights Show 5.00 Goals Reload 5.30 to 6.00am BT Sport Reload

(SL) Signed (S) Subtitles (R) Repeat

THURSDAY HIGHLIGHTS

Nadiya's recipes include a special macaroni cheese

Nadiya's Fast Flavours

● **FOOD / 8.30pm / BBC2**

NEW **Prepare for a rumbling tum** and visual overload as Nadiya Hussain brings us a new series designed to put the va-va-voom into mealtimes. Her gorgeous kitchen is worthy of a show of its own, a riot of colours that complement the decadent dishes she rattles out – such as macaroni cheese in tonight's 'comfort food' opener (with a fun flavour-bomb of evaporated milk and cheesy crisp puffs). There's also beef vindaloo with a flavour hit of fennel, a twist on French toast using custard powder and a drool-worthy blueberry ice cream cake. Yum TV! ★★★★ *RF*

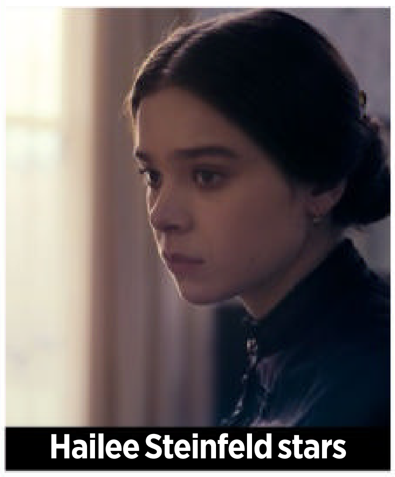
● **See feature, page 18**

Ravenmaster Chris Skaife

Inside the Tower

● **FACTUAL / 8pm / Channel 5**

NEW **An insider's guide to** the Tower of London, where the Beefeaters uphold tradition along with their tourism duties. Legend has it that there must always be six ravens at the Tower or the kingdom will fall. These birds are the responsibility of Ravenmaster Chris Skaife, who has a unique relationship with his flock. The birds roam free during the day but return to be housed at night. In this episode Merlina, the oldest and tamest raven goes missing. Chris puts out an appeal on social media and sightings of her start to flood in... But will Merlina be found? ★★★ *MC*



Hailee Steinfeld stars

Dickinson

● **COMEDY / Apple TV+**

NEW **As the liberty-taking** comedy drama about 19th-century poet Emily Dickinson (Hailee Steinfeld) returns, it sees Emily in her most productive creative period, during the American Civil War. It's the show's final season, so will we see the questions over young Emily's future with Sue (Ella Hunt) resolved? Billy Eichner and Chloe Fineman join the cast as poets Walt Whitman and Sylvia Plath. ★★★ *IM*

Dalgliesh

● **DRAMA / 9pm / Channel 5**

In the second of the self-contained dramas based on PD James' stories, DCI Adam Dalgliesh heads to Dorset to visit his old friend Father Michael after receiving a letter from him asking for help. But when he arrives at the remote religious community where Michael was chaplain, Adam finds he died shortly after writing the letter – and another resident has apparently committed suicide. With the help of a local police sergeant, Adam does a bit of digging into the backgrounds of those involved and it's not long before there's a third death. Bertie Carvel is excellent as the contemplative, 'less is more' detective and this is a worthy successor to *All Creatures Great and Small* in Channel 5's Thursday-night drama slot. Concludes tomorrow. ★★★★ *JP*

Dalgliesh visits a religious community

PICK OF THE DAY

Mary gives some tips on home-grown produce

Mary Berry – Love to Cook

Mary has recipes to brighten up autumn nights!

● **FOOD / 8pm / BBC2**

NEW Dame Mary Berry can always be relied upon to warm up a chilly evening with her recipes and this lovely new show, which sees her swap ideas with fellow cookery lovers, will have you racing to the kitchen to get cracking! In an episode all about home-grown produce, Mary meets a mum whose Staffordshire garden is full of fruit, veg and herbs, while in Wales, she chats to a veteran allotment owner. Back home, Mary shows us how to rustle up treats including chicken casserole and a glorious 'sunshine' vegetable cake. ★★★★ *CC*

● See feature, page 16

Si introduces Dave to an old friend...

Hairy Bikers Go North

● **FOOD / 7pm / BBC2**

LAST ONE **This week, Si and Dave** head to the great city of Newcastle upon Tyne, but before they hit the vibrant food scene, Si takes his best mate to his childhood home and opens up about the happy and sad times he had there. Then it's off to a special artisan bakery in the middle of a housing estate that is providing food, support and employment for the local community. They also visit House of Tides, a Michelin-starred restaurant aiming to improve the lives of its young staff as well as produce amazing food. A fabulous (and lip-smacking) end to a great series. ★★★★ *JL*

Guitar man: Elvis Presley

GI Blues

● **FILM / 3.55pm / Talking Pictures TV**

Hot from his military service in Germany, here's Elvis Presley easing his way back onto Civvy Street and into the 1960s by playing... a soldier on military service in Germany. It's a loose-limbed affair, with Elvis playing the guitar-playing Tulsa, a hothead who makes a bet with a friend that he can win the heart of the icy but gorgeous dancer Lili (Juliet Prowse). There are no prizes for guessing how it all works out but then the plots in most Elvis movies only exist as a bridge between the songs. And here those include *Blue Suede Shoes* and *Wooden Heart* (a duet with a puppet!) so who's complaining? ★★★ *SM*

ALSO ON...

The Trial of Louise Woodward

● **FACTUAL / 9pm / ITV**

NEW Almost 25 years on, this documentary looks at the case of a British nanny accused of murdering an American baby in her care.

Beat the Devil

● **DRAMA / 9pm / Sky Arts/NOW**

NEW Ralph Fiennes plays writer David Hare in an adaptation of David's very personal drama about catching Covid-19 on the day the first lockdown was announced.

THURSDAY 11 November

BBC1

HD Freeview HD 101 Sky HD 115 Virgin TV HD 108 (Scot 101) Freesat HD 106

6.00 Breakfast (S)(HD) **9.15 Morning Live** (S)(HD) **10.00 Expert Witness** (S)(HD) **10.30 Animal Park** A male lion is introduced to eight females at the park. (S)(R)(HD) **10.59 Two Minutes Silence – Remembrance Day** (S)(HD) **11.05 Homes Under the Hammer** (S)(R)(HD)(AD)

12.05 Bargain Hunt From an antiques fair at the Kent County Showground. (S)(HD)(AD)

1.00 BBC News at One (S)(HD) and **Weather**

1.30 BBC Regional News (S) and **Weather**

1.45 Doctors *Chances Are:* A chance decision of Jimmi's has unimaginable consequences for a close neighbour. (S)(HD)(AD)

2.15 The Tournament Quiz show. (S)(HD)

3.00 Escape to the Country A couple hope to move to North Yorkshire. (S)(R)(HD)(AD)

3.45 Clean It, Fix It Creating a space so a mother and daughter can eat together. (S)(HD)

4.30 The Repair Shop A sea cadet's drum and a wooden church pew are restored. (S)(HD)(AD) ● ***Repeated tomorrow at 7.15am on BBC2***

5.15 Pointless Quiz show. (S)(R)(HD)

6.00 BBC News at Six (S)(HD) and **Weather**

6.30 BBC Regional News (S) and **Weather**

7 PM

7.00 The One Show Live topical reports. (S)(HD)

7.35 EastEnders Liam helps Tiffany with a hen party booking and sees an opportunity to make some fast money after finding car keys in one of the drunken girls' coat pocket. Ben worries that Callum is hiding something from him; and Kat grows tired of life at the Slaters and makes a big decision. (S)(HD)(AD)

8 PM

8.00 Sort Your Life Out with Stacey Solomon Stacey encourages members of the Patel family to tidy their environment, as mum Bijal, dad Darshan and their two children are encouraged to recycle, donate and sell items. Home-improvement gurus Dilly Carter, Iwan Carrington and Robert Bent offer tidying and upcycling tips. (S)(HD)(AD)

9 PM

9.00 MasterChef: The Professionals Four more chefs compete, with only two able to proceed to the quarter-final. The Skills Test returns as, under the watchful eyes of Marcus Wareing, Monica Galetti and Gregg Wallace, the first two chefs take on Marcus's test of pan-fried scallops, cauliflower Velouté and a curry butter. (S)(HD)(AD) ● ***Continues tomorrow***

10 PM

10.00 BBC News at Ten (S)(HD)

10.25 BBC Regional News (S) and **Weather**

10.30 Weather (S)(HD)

10.35 Question Time Fiona Bruce presents the topical debate, inviting a panel of politicians and other guests to answer questions from an invited audience on subjects that have made the headlines over the past week. (S)(HD)

11.35 Newscast Political chat, with Adam Fleming, Laura Kuenssberg and Chris Mason. (S)(HD)

12.05 Blankety Blank 6 of 10. Sally Lindsay, Andi Oliver, Chris McCausland, Jimmy Carr, Sophie Ellis-Bextor and Melvin Odoom take part in the game show, hoping to help the contestants win prizes. (S)(R)(HD) **12.40 Weather for the Week Ahead** (S)(HD) **12.45 to 6.00 BBC News** (S)(HD)

BBC2

HD Freeview HD 102 Sky HD 102 Virgin HD TV 102 Freesat HD 102

6.30 Clean It, Fix It (S)(R)(HD) **7.15 The Repair Shop** Family heirlooms. (S)(R)(HD)(AD) **8.00 The Mating Game** (SL)(S)(R)(HD)(AD) **9.00 BBC News at 9** (S)(HD) **10.00 BBC News** (S)(HD)

1.00 Heir Hunters (S)(R)(HD)(AD)

1.45 Eggheads Quiz show. (S)(R)(HD)

2.15 Vintage Antiques Roadshow (S)(R)(HD)

3.00 The Hairy Bikers' Comfort Food *Posh-ish Nosh:* Si King and Dave Myers create a traditional Greek stifado. (S)(R)(HD)(AD)

3.45 The Best Dishes Ever *Game On:* A selection of meals using game. (S)(R)(HD)

4.15 Nature's Weirdest Events 1 of 8. Chris Packham looks at why Spain is under attack from spaceballs. (S)(R)(HD)(AD)

5.15 Flog It! At Rodmarton Manor, an Arts and Crafts house in the Cotswolds. (S)(R)(HD)

6.00 Richard Osman's House of Games Richard Osman asks the questions, as Mehreen Baig, Clare Balding, Jamie Laing and Mike Wozniak keep their eyes on the prize ahead of Friday's final. (S)(HD)

6.30 Strictly: It Takes Two Janette Manrara chats to two couples; and Vicky Gill examines what the couples will be wearing. (S)(HD)

7.00 The Hairy Bikers Go North The bikers explore Tyne & Wear and the city of Newcastle Upon Tyne, where Si King has spent most of his life, and they cook a roast – a porchetta with all the trimmings, including Yorkshire puddings and a spiced apple sauce. **Last in the series** (S)(HD)(AD) ***See Highlights***

8.00 Mary Berry – Love to Cook NEW 1 of 6. The culinary expert offers tips for delicious meals, including noodle soup. (S)(HD)(AD) ***See feature, pages 16-17, and Highlights***

8.30 Nadiya's Fast Flavours NEW 1 of 6. Nadiya Hussain rustles up recipes for comfort foods, including macaroni cheese. (S)(HD)(AD) ***See feature, pages 18-19, and Highlights***

9.00 Surgeons: At the Edge of Life NEW 1 of 6. As the medical documentary returns, cameras focus on Addenbrooke's head and neck surgeon, Ekpemi Irune. She takes on a case where a cancerous tumour in the face and neck is growing so fast it is threatening her 60-year-old patient Chris's life. (S)(HD)

10.00 Mock the Week Dara O Briain and Hugh Dennis poke fun at world events in the company of Angela Barnes, Ed Byrne, Sarah Keyworth, Glenn Moore and Ahir Shah. (S)(HD)

10.30 Newsnight (S)(HD)

11.10 Weather (S)(HD)

11.15 Frankie Boyle's New World Order 3 of 7. *As Monday*. The comedian tries to make sense of the modern world. (S)(R)(HD)

11.50 Blair & Brown: The New Labour Revolution 4 of 5. Taking a look at how Tony Blair stood beside America. (SL)(S)(R)(AD)

12.50 Strictly Come Dancing The contest's halfway point. (SL)(S)(R)(HD)(AD) **2.20 to 3.05 Strictly Come Dancing: The Results** (SL)(S)(R)(HD)(AD)

ITV

HD Freeview HD 103 Sky HD 103 Virgin TV HD 113 Freesat HD 111

6.00 Good Morning Britain News, current affairs and lifestyle features. (S)(HD) **9.00 Lorraine** Entertainment and fashion. (S)(HD) **10.00 This Morning** Celebrity interviews, showbiz, topical discussion, competitions and more. (S)(HD)

12.30 Loose Women Topical debate. (S)(HD)

1.30 ITV News (S)(HD) and **Weather** including **Local News** (S)(HD) and **Weather**

2.00 Dickinson's Real Deal The dealers den descends on Telford, where Alison Chapman decides diamonds are her best friend; and Tony Geering is in a gambling mood. (S)(HD)

3.00 Lingo Saskia and Georgina, Dheeraj and Johnny, and Irene and Davey try to work out words that appear in the Lingo grids. (S)(HD)

4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (S)(HD)

5.00 The Chase Bradley Walsh presents as Craig, David, Lilly and Alan pit their wits against the Chaser in the hope of winning a potential prize pot worth thousands of pounds. (S)(HD)

6.00 Local News (S)(HD) and **Weather**

6.30 ITV News (S)(HD) and **Weather**

7.00 Emmerdale Jai suspends Ben; and Bernice is proud, but it remains to be seen whether she should be. (S)(HD)(AD) ● ***Continues at 8.00pm***

7.30 Tonight *Searching for Patient Zero: Britain's AIDS Tragedy:* Paul Brand sets out to trace the first reported case of AIDS in the UK. (S)(HD) ● ***Repeated at 3.15am***

8.00 Emmerdale Liv tries to talk to Aaron; and Al explains things to Chas. (S)(HD)(AD)

8.30 The Martin Lewis Money Show: Live The expert answers the financial questions that matter most, and offers tips and tricks for making finances go further. (S)(HD)

9.00 The Trial of Louise Woodward NEW One-off documentary about the courtroom battle over Louise Woodward, a British nanny accused of murdering an American baby in her care. Nearly 25 years later, this programme revisits the trial, which continues to divide medical and legal opinion today. (S)(HD)(AD)

10.00 ITV News at Ten (S)(HD) and **Weather** including **Local News** (S)(HD) and **Weather**

10.45 Fearless: The Women Fighting Putin This Exposure strand tells the dramatic stories of three leading women activists in Russia who have decided to stay and take a stand in opposition to President Vladimir Putin – and who pay a heavy price for it. (S)(HD)

11.45 Sitting on a Fortune *As Sunday*. Game show hosted by Gary Lineker in which six hopefuls answer questions to secure a chance of taking away up to £100,000. (S)(R)(HD)

12.35 SPORT **1990 World Cup – England v Cameroon – ITV Football Classics** The quarter-final. (S)(R)(HD) **1.25 Teleshopping** (HD) **3.00 FYI Extra** (HD) **3.15 Tonight** (R)(HD) **3.40 Wild China with Ray Mears** (SL)(S)(R)(HD)(AD) **4.05 Unwind With ITV** (HD) **5.05 to 6.00 Tipping Point** (SL)(S)(R)(HD)

ITV+1 *Freeview 34, Sky 203, Virgin 114, Freesat 112*

CHANNEL 4

HD Freeview HD 104 Sky HD 138 Virgin TV HD 104/141

6.05 Countdown (S)(R)(HD) **6.45 The Big Bang Theory** (S)(R)(HD) **7.10 The Big Bang Theory** (S)(R)(HD) **7.35 The King of Queens** (S)(R) **8.00 The King of Queens** (S)(R) **8.30 The King of Queens** (S)(R) **9.00 Frasier** (S)(R) **9.30 Frasier** (S)(R) **10.00 Frasier** (S)(R) **10.30 Ramsay's Kitchen Nightmares USA** At a restaurant in New Jersey. (S)(R) **11.25 Channel 4 News Summary** (S)(HD) **11.30 Find It, Fix It, Flog It** (S)(R)(HD)

12.30 Steph's Packed Lunch (S)(HD)

2.10 Countdown With Alastair Campbell. (S)(HD)

3.00 Moneybags Quiz show. (S)(HD)

4.00 A Place in the Sun Don and Margaret seek a bolthole to escape the British winters on Portugal's western Algarve. (S)(HD)

5.00 Four in a Bed The final visit of the week is to Crossroads House in Carlisle. (S)(HD)

5.30 Come Dine with Me Make-up artist Sophie takes her turn as host. (S)(HD)

6.00 The Simpsons *Moms I'd Like to Forget:* Marge gets back in touch with three friends she fell out with years ago. (S)(R)(HD)

6.30 Hollyoaks Fergus has shocking news for Darren that stops him in his tracks. (S)(R)(HD) ● ***The next episode follows on E4***

7.00 Channel 4 News (S)(HD) and **Weather**

8.00 Handmade: Britain's Best Woodworker 4 of 8. Mel Giedroyc presents the quarter-final, as the five remaining woodworkers take on animal sculptures. They must chainsaw and carve their way through a colossal big build as they try to uncover an animal within the wood in two days. (S)(HD)

9.00 Taskmaster *A Couple of Ethels:* 8 of 10. Greg Davies sets the tasks, while Alex Horne offers the contenders some moral support as Alan Davies, Desiree Burch, Guz Khan, Morgana Robinson and Victoria Coren Mitchell compete to be Taskmaster Champion. (S)(HD)

10.00 Complaints Welcome 5 of 6. Tom Allen, Jessica Knappett and Munya Chawawa assemble a 'complaints committee' of viewers with plenty to say about the television shows getting the nation talking each week. (S)(HD)

11.05 Unapologetic NEW ★★★★ DJ and presenter Yinka Bokinni and social media star Zeze Millz invite black people to talk freely about everything and anything, offering views on current issues. (S)(HD)

12.05 Gogglebox (S)(R)(HD) **1.00 Rape: Who's on Trial?** (S)(R)(HD) **2.15 Murder Island** (S)(R)(HD) **3.10 Undercover Boss USA** (S)(R)(HD) **4.00 Couples Come Dine with Me** (S)(R)(HD) **4.50 Building the Dream** (S)(R)(HD) **5.45 to 6.05 Kirstie's House of Craft** (S)(R)(HD)

CHANNEL 4+1 *Freeview 15, Sky 204, Virgin 142, Freesat 121*

CHANNEL 5

HD Freeview HD 105 Sky HD 105 Virgin HD 105 Freesat HD 105

6.00 to 9.15 Milkshake! 9.15 Jeremy Vine (S)(HD) **11.15** FILM **The Christmas Bunny** Family drama starring Sophie Bolen. A lonely foster child finds an injured rabbit on Christmas Eve and is determined to nurse it back to health. (W) (S)(HD) ★★ *(2010)* ***See Films, pages 31-35***

12.45 Friends *The One with the Routine.* (S6, ep10) (S)(R)(HD) followed by **5 News at Lunchtime**

1.15 Home and Away Mia and Ari share news. (S)(HD)(AD) ● ***Repeated at 6.00pm on 5STAR***

1.45 Neighbours Mick Allsop shows up to his first day at Lassiters; and Roxy's plan backfires. (S)(HD)(AD) ● ***Repeated at 6.00pm***

2.20 Unlocking Christmas FILM PREMIERE Drama starring Taylor Cole. When a key and a holiday riddle arrive on their doorsteps, Kate and Kevin embark on a festive adventure. (W)(S)(HD) ★★ *(2020)* ***See Films, pages 31-35***

4.00 Bargain-Loving Brits in the Sun 6 of 6. Bambi and Johnny hit the road for a coastal camping mini-break near Marbella. (S)(R)(HD)

5.00 5 News (S)(HD)

6.00 Neighbours *As 1.45pm.* (S)(R)(HD)(AD)

6.30 Eggheads Quiz show. (S)(HD)

7 PM

7.00 Carol Klein's Great British Gardens 5 of 8. Carol visits outstanding gardens across the UK and meets the people who look after them. (S)(HD) followed by **5 News**

8 PM

8.00 Inside the Tower of London NEW ★★★★ 1 of 5. Return of the documentary series that goes behind the scenes at one of the nation's most historic and best-loved attractions. The tower's oldest raven goes missing; and in April a special gun salute is organised to mark the death of Prince Philip. (S)(HD) ***See Highlights*** followed by **5 News**

9 PM

9.00 Dalgliesh 3 of 6. Dalgliesh is invited to Dorset by his old friend Father Michael – only to discover that he died a few days ago. Father Michael lived in a home for the disabled, and when Dalgliesh learns that another resident wheeled himself off a cliff, he wonders if the deaths might be connected. (S)(HD)(AD) ***See Highlights*** ● ***Continues tomorrow***

10 PM

10.00 999: Critical Condition 7 of 8. Dr Sanjeev Nayak treats a woman with a life-threatening aneurysm that could burst at any time; and Michael's life is also on a knife edge after collapsing with a cardiac arrest. The trauma doctors must assess his head injury and also remove a clot in his artery. (S)(R)(HD)

11.05 A Good Day to Die Hard FILM Action thriller starring Bruce Willis. John McClane travels to Moscow after his son ends up on trail for murder. (W)(S)(HD) ★★ *(2013)* ***See Films, pages 31-35*** including **Access**

1.00 The 21.co.uk Live Casino Show (S)(HD) **3.00 Entertainment News on 5** (S)(HD) **3.10 Our New Puppy** (S)(R)(HD) **4.00 Britain by Boat** (S)(R)(HD) **4.45 Wildlife SOS** (SL)(S)(R) **5.10 House Doctor** (SL)(S)(R) **5.35 to 6.00 Milkshake!** (R)

CHANNEL 5+1 *Freeview 45, Sky 205, Virgin 155, Freesat 128*

ON DEMAND

britbox
CREATED BY BBC & ITV

POLITICAL DRAMA

Roadkill BRITBOX

The private life of MP Peter Laurence (Hugh Laurie) is falling apart. Shamelessly untroubled by guilt, he seeks to further his own agenda while others plot to bring him down... ***All episodes available from today***

YOU MIGHT ALSO LIKE...

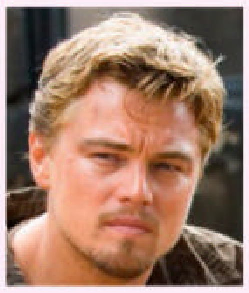
House AMAZON PRIME

Hugh Laurie plays troubled but brilliant Dr Gregory House who, despite his dependence on pain medication, successfully treats medical mysteries. Also stars Jesse Spencer and Olivia Wilde. ***All episodes available now***

ITV VARIATIONS

ANGLIA No variations
BORDER No variations
CENTRAL No variations
CHANNEL No variations
GRANADA No variations
LONDON No variations
MERIDIAN No variations
TYNE TEES No variations
WEST No variations
WESTCOUNTRY No variations
YORKSHIRE No variations

ON THIS DAY 1974



Leonardo DiCaprio, 47 today, was born in Los Angeles. Watch the Oscar-winner, alongside Brad Pitt, in the 2019 movie *Once Upon a Time in Hollywood* on Netflix.

(SL) Signed (S) Subtitles (R) Repeat

FREEVIEW

SKY +1 VIRGIN HD +1 FREESAT HD +1 BT HD +1

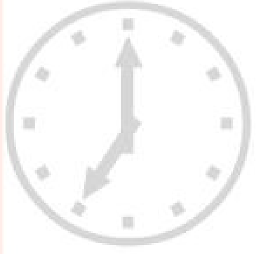
6PM – 11PM

BBC4

Freeview 9/24 (HD 106)

116 107 107 107

BBC4 programmes begin at 7pm



9.00 The Eiger Sanction

7.00 Great British Railway Journeys In Truro. (S)
7.30 The Joy of Painting A mountain scene. (S)
8.00 Dan Cruickshank's Monuments of Remembrance A look at the stories behind World War One cemeteries and memorials. (S)
9.00 FILM **The Eiger Sanction** Action thriller starring Clint Eastwood and George Kennedy. (W)(S) ★★ *(1975)*

11.05 FILM Paths of Glory: Drama. (b/w) (W)(S) ★★★★★ *(1957)*
12.30 am Museums in Quarantine (S)
1.00 Great British Railway Journeys (S)
1.30 Dan Cruickshank's Monuments of Remembrance (S)
2.30 to 3.30am WWI: The Last Tommies (SL)(S)

ITV2

Freeview 6 (+1 28)

118 218 115 176 116 113 114

6.00 am Love Bites (S)
7.00 The Ellen DeGeneres Show (S)
8.00 Emmerdale (SL)(S)
8.30 Coronation Street (SL)(S)
9.30 Supermarket Sweep (S)
10.30 Dress to Impress (S)
11.30 Love Bites (S)
12.30 pm Emmerdale (S)
1.00 Coronation Street: Double-bill. (S)
2.00 The Ellen DeGeneres Show (S)
3.00 Dress to Impress (S)
4.00 Love Bites (S)
5.00 You've Been Framed! Gold (S)

10.00 The Emily Atack Show

6.00 Celebrity Catchphrase (S)
7.00 Superstore Double-bill. (S)
8.00 Bob's Burgers Double-bill. Bob becomes addicted to an arcade game; and the family causes chaos. (S)
9.00 Hell's Kitchen New edition The chefs create dishes that look and taste good. (S)
10.00 The Emily Atack Show New edition Comedy sketches. **Last in the series** (S)
10.45 Family Guy Peter's hair suddenly turns white. (S)

11.15 Family Guy (S)
11.45 American Dad! (S)
12.40 am Bad Boy Chiller Crew (S)
1.20 Bob's Burgers (S)
2.10 Superstore (S)
3.00 FYI Extra
3.15 Unwind With ITV
3.30 to 6.00am Teleshopping

ITV3

Freeview 10 (+1 58)

119 219 117 177 174 115 116

6.00 am Classic Coronation Street (S)
7.00 Classic Emmerdale (S)
8.05 Man About the House (S)
8.40 That's My Boy (S)
9.15 Inspector Morse (S)
11.35 Heartbeat (S)
1.45 pm Classic Emmerdale (S)
2.50 Classic Coronation Street (S)
3.50 Agatha Christie's Poirot: Double-bill. A woman fears her husband is planning to kill her; and the sleuth investigates when a wealthy banker disappears. (S)

8.00 Vera

6.00 Heartbeat Double-bill. A tractor thief strikes; and the arrival of Lord Ashfordly's new wife leads to excitement. (S)
8.00 Vera The detective investigates a suspicious fire that rips through a coastal holiday park. (S)
10.00 Scott & Bailey The investigation into Joe Bevan progresses as the body count rises and the team faces a huge challenge. (S)

11.05 Little Boy Blue: Mercer and his associates are tried for their roles in the killing of Rhys Jones. (S)
12.05 am Tina & Bobby: Fact-based drama starring Lorne MacFadyen and Michelle Keegan. (S)
2.00 Man About the House (S)
2.30 to 6.00am Teleshopping

ITV4

Freeview 25

120 220 118 178 175 117 118

6.00 am The Protectors (S)
6.25 The Saint (S)
7.20 Casebook of Sherlock Holmes (S)
8.20 Dempsey and Makepeace (S)
9.25 The Professionals (S)
10.30 Minder (S)
11.35 The Saint (S)
12.40 pm Extreme Salvage Squad (S)
1.40 Casebook of Sherlock Holmes (S)
2.45 Dempsey and Makepeace (S)
3.50 The Professionals (S)
4.50 Minder: Arthur's is conned into buying a dodgy greyhound. (S)

11.10 Fury

6.00 Giant Lobster Hunters (S)
7.00 The Chase Celebrity Special Featuring *I'm a Celebrity* contestants (S)
8.00 Heathrow: Britain's Busiest Airport Double-bill. Border force officer Kat has to make a decision; and Virgin Atlantic have problems with their punctuality record. (S)
9.00 FILM **RoboCop 3** Sci-fi action sequel starring Robert Burke and Nancy Allen. (W) ★★ *(1992)*

11.10 FILM Fury: World War Two drama starring Brad Pitt and Shia LaBeouf. (W)(S) ★★★ *(2014)*
1.50 am The Saint: The thief encounters a deposed king who is now a crooked gambler. (S)
2.45 Unwind With ITV
3.00 to 6.00am Teleshopping

ITVBE

Freeview 27

131 119 179 120 119

7.00 am Real Housewives of Cheshire (S)
8.00 Buying and Selling (S)
9.00 LittleBe
12.00 noon Be Beautiful (S)
12.10 pm The Real Housewives of Orange County: Reality series. (S)
1.10 Real Housewives of Cheshire (S)
2.10 The Only Way Is Essexmas 2010: Christmas edition. (S)
3.10 Million Dollar Listing: NYC (S)
4.05 The Real Housewives of New York City: Reality series. (S)
5.00 The Real Housewives of Atlanta (S)

9.00 Vanderpump Rules

6.00 Making It Home with Kortney & Kenny New edition Reality series. (S)
7.00 Buying and Selling A single mother seeks advice. (S)
8.00 Dinner Date Calvin from Manchester seeks love with three blind dates. (S)
9.00 Vanderpump Rules New edition Lisa throws a party for TomTom. (S)
10.00 Love Island: Australia New edition Sophie Monk hosts from Byron Bay. (S)

11.05 Don't Be Tardy: Double-bill: The family puts on a gambling-themed extravaganza for Kimmie's 40th birthday; and Kim struggles after Brielle finally moves out. (S)
12.05 am The Only Way Is Essex (S)
12.50 Unwind With ITV
1.00 to 7.00am Teleshopping

6PM – 11PM

5STAR

Freeview 31

128 228 151 186 131 141

6.00am Teleshopping
8.00 Entertainment News on 5
8.10 Rich Kids Go Skint
9.00 Rich Holiday, Poor Holiday
10.00 Filthy House SOS
11.00 The Nightmare Neighbour Next Door
12.00noon Traffic Cops
2.00pm Police Interceptor: Back-to-back editions.
5.00 Nightmare Tenants, Slum Landlords: Stavros and Emily try to get their house back.

6.00 Home and Away (S)
7.00 Nightmare Builders Next Door (S)
8.00 Filthy House SOS New edition A woman struggles with depression. (S)
9.00 NEW **Filthy Garden SOS** Diarmuid Gavin and his team spruce up backyards. (S)
10.00 The Act New episode A dental emergency for Gypsy brings unwanted attention. (S1, ep2) (S)

11.05 Ambulance: Code Red
12.05am Porn Stars: Our Secret World
1.05 Wentworth: The Final Sentence
3.10 Last Man Standing
3.55 Entertainment News on 5
4.00 to 6.00am Teleshopping

5USA

Freeview 21

141 241 153 185 129 130

6.00am Teleshopping
9.00 Murder, She Wrote
10.00 NCIS
12.00noon Law & Order
1.00pm Law & Order: Back-to-back episodes, including: A man on a singles cruise kills two fellow passengers. (S7, ep23); the murder of a delivery man causes trouble. (S8, ep1); and Briscoe and Green investigate the execution-style killing of a businessman. (S13, ep6)

6.00 NCIS Triple-bill, including: Tony becomes obsessed with finding a murder victim's sister. (S7, ep21); and the agents track down a serial killer. (S7, ep22) (S)
9.00 Crossing Lines New episode A heist in the Hague traps one of the team. (S1, ep7) (S)
10.00 Law & Order: Special Victims Unit The team unravels a plot. (S20, ep4) (S)

11.00 Law & Order: Special Victims Unit: Triple-bill, including: The team investigates the murder of a feminist. (S20, ep5)
1.50am NCIS
3.35 Criminals: Caught on Camera
3.55 Entertainment News on 5
4.00 to 6.00am Teleshopping

YESTERDAY

Freeview 26

155 255 129 200 159

6.00am Hidden Traces
8.00 Forbidden History
9.00 Bangers and Cash
10.00 Inside Central Station
11.00 Secrets of the London Underground: Euston.
12.00noon Great British Railway Journeys: Four editions.
2.00pm Abandoned Engineering
4.00 World War Weird
5.00 Narrow Escapes of World War Two: An African-American battalion that fought the Nazis.

6.00 Great British Railway Journeys Double-bill.
7.00 Abandoned Engineering
8.00 Hornby: A Model World A new version of the iconic *Spitfire*.
9.00 Secrets of the Transport Museum The Napier-Railton meets an old rival. (S)
10.00 The Architecture The Railways Built How the railways changed Margate and Ramsgate.

11.00 Porridge: Triple-bill. Harris accidentally drops stolen pills into Fletcher's midday cuppa; Fletcher finds three is a crowd; and the inmates stage a mock trial to bring a thief to justice.
1.00am Hidden Traces
3.00 to 6.00am Teleshopping

REALLY

Freeview 17

142 128 160

6.00am Fantasy Homes by the Sea
7.00 Teleshopping
8.00 Homes Under the Hammer
10.00 Antiques Road Trip
12.00noon Money for Nothing
1.00pm A Place in the Sun
2.00 Animal Cops Miami
4.00 Pit Bulls & Parolees: Tia and the twins are devastated by Chong's cancer diagnosis.
5.00 The Great British Bake Off: Contestants face patisserie challenges in the semi-final.

6.00 Money for Nothing From Altrincham.
7.00 Antiques Road Trip Double-bill. Mark Stacey and Thomas Plant compete. (S)
9.00 Paranormal Nightshift New edition Ghostly intruders guard an old building. (S)
10.00 Hotel Paranormal New edition A romantic getaway soon turns into a night of terror. (S)

11.00 Ghost Adventures: Double-bill, including: The team is locked into Riddle House, Florida.
1.00am Kindred Spirits
2.00 Teleshopping
4.00 to 6.00am Animal Cops Miami: Double-bill.

TALKING PICTURES

Freeview 81

328 445 306

6.00am FILM Dr Syn *(1937)*
7.35 Look at Life
7.50 FILM Scarlet Street *(1945)*
9.55 FILM The Battle of the Sexes (b/w) ★★★ *(1960)*
11.35 FILM Bundle of Joy *(1956)*
1.30pm FILM Love Story: Romantic drama with Margaret Lockwood. (b/w) ★★ *(1944)*
3.40 Look at Life
3.55 FILM GI Blues: Musical comedy with Elvis Presley. ★★★ *(1960)* ***See Highlights***

6.00 Interpol Calling
6.30 Glimpses: War Time London
6.40 FILM **Mystery Junction** Crime drama starring Sydney Tafler. (b/w) (S) ★★ *(1951)*
8.00 Justice
9.00 A Song for Europe Parody of the national song contest in which a gay icon gets her chance to present the campest show on Earth. (S)

11.05 FILM LadyHawke: Fantasy adventure starring Matthew Broderick. ★★★★ *(1985)*
1.35am FILM Red Line 7000: Racing drama. ★★★ *(1965)*
3.45 FILM The Mysterious Mr Davis (b/w) ★★ *(1939)*
5.00 to 6.00am Burke's Law (b/w)

QUEST

Freeview 12 (HD 114 +1 69)

144 244 169 213 172 168

8.00am Find It, Fix It, Flog It **9.00** Wheeler Dealers **10.00** Chasing Classic Cars **11.00** Incredible Engineering Blunders: Fixed **12.00noon** Shed and Buried **1.00pm** Combat Dealers **2.00** The Repair Shop **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Goblin Works Mod Shop **6.00** Wheeler Dealers
7.00 Outback Opal Hunters **8.00** Salvage Hunters **9.00** Wheeler Dealers **10.00** Motor Pickers **11.00** How Do They Do It? **12.00m't** Wheeler Dealers **1.00am** Cops UK: Bodycam Squad **2.00 to 3.00am** Fantomworks

SKY ARTS

Freeview 11

130 165 140 147 363

9.00am *See 5.00pm* **10.00** Sophia Loren **11.00** Mystery of the Lost Paintings **12.00noon** Brunelleschi's Impossible Dome **1.00pm** Tales of the... **2.00** Kirk Douglas **3.00** Book Club **4.00** Music Icons **4.30** Video Killed the Radio Star **5.00** Tales of the Unexpected **6.00** Bette Davis
7.00 Portrait Artist of the Year **8.00** Glenn Close **9.00** Beat the Devil **10.00** Matt Damon **11.15** Brian Johnson's... **12.15am** Classic Albums **1.15** Video Killed the Radio Star **1.45** Song for Nature... **3.45** Anton Bruckner... **5.00 to 6.00am** Mystery of...

(b/w) black and white (W) Widescreen (HD) High Definition

11 November THURSDAY

E4

Freeview 13 (+1 29)

135 235 106 145 146 122 123

6.00 am Hollyoaks (S)
7.00 Ramsay's Kitchen Nightmares USA: A visit to Florida. (S)
8.00 Baby Daddy (S)
9.00 How I Met Your Mother (S)
10.00 The Big Bang Theory (S)
11.00 The Goldbergs (S)
12.00 noon Brooklyn Nine-Nine (S)
1.00 The Big Bang Theory (S)
2.30 Mike & Molly: Double-bill. (S)
3.30 Brooklyn Nine-Nine (S)
4.30 Married at First Sight Australia: The final dinner party is held. (S)

7.30 Married at First Sight Australia

6.00 The Big Bang Theory (S)
7.00 Hollyoaks New episode Fergus has an idea. (S)
7.30 Married at First Sight Australia New edition The couples prepare for the vow renewals. (S)
9.15 First Dates Australia New edition Celebrity gossip guru Richard Reid is ready to meet Mr Right. (S)
10.20 Naked Attraction A rugby player who is shy with women seeks romance. (S)

11.25 Naked Attraction: With a divorced woman from Northampton. (S)
12.25 am Married at First Sight Australia
2.15 Rick and Morty (S)
2.40 Robot Chicken **New episode** (S)
3.05 Gogglebox (S)
4.00 The Big Bang Theory (S)
5.10 to 6.00am The Goldbergs (S)

MORE4

Freeview 18 (+1 86)

136 236 147 195 196 124 125

8.55 am Kirstie's House of Craft (S)
9.15 A Place in the Sun (S)
11.05 Escape to the Chateau (S)
12.05 pm Grand Designs: A couple who had a house built in six days. (S)
1.10 Four in a Bed: Back-to-back editions, including: The week begins at Glenferndale B&B. (S)
3.50 Find It, Fix It, Flog It (S)
5.55 The Great House Giveaway: Annie and Sherri-Leigh buy a house in the Welsh Valleys and have six months to renovate it. (S)

9.00 The Good Fight

6.55 Escape to the Chateau: DIY Wendy and Marcus give the barn a makeover. (S)
7.55 Grand Designs A couple plan a black-clad private hideaway in Essex. (S)
9.00 The Good Fight New episode A questionable client arrives asking for Carmen. (S5, ep3) (S)
10.10 8 Out of 10 Cats Does Countdown With Bec Hill, Lucy Beaumont and Joe Wilkinson. (S)

11.15 999: On the Front Line: A man is stabbed at the entrance to a block of flats. (S)
12.20 am 24 Hours in A&E(S)
1.25 8 Out of 10 Cats Does Countdown
2.25 The Good Fight (S)
3.30 to 3.55am Food Unwrapped Investigates (S)

FILM4

Freeview 14 (+1 46)

313 314 428 429 430 300 301

11.00 am Heaven Knows, Mr Allison: Romantic wartime drama starring Deborah Kerr. (S) ★★★★ *(1957)*
1.10 pm Winchester '73: Western starring James Stewart, Shelley Winters and Dan Duryea. (b/w) (S) ★★★★ *(1950)*
3.00 The Far Country: Western starring James Stewart, Ruth Roman and Corinne Calvet. (S) ★★★ *(1954)*
4.55 The Great Sioux Massacre: Western starring Philip Carey and Joseph Cotten. (S) ★★ *(1965)*

9.00 Mechanic: Resurrection

7.00 Eye in the Sky Thriller starring Helen Mirren and Alan Rickman. A mission to wipe out a terrorist cell is complicated when a girl enters the blast radius of a planned drone strike. (W)(S) ★★★★ *(2015)*
9.00 Mechanic: Resurrection Action starring Jason Statham and Jessica Alba. Hitman Arthur Bishop is blackmailed into three killings. (S) ★★ *(2016)*

11.00 The Bank Job: Thriller inspired by the unsolved robbery of a Baker Street bank, starring Jason Statham. (S) ★★★ *(2008)*
1.15 to 3.35am **PREMIERE** Corpus Christi: Drama with Bartosz Bielenia and Eliza Rycembel. Subtitled. ★★★★ *(2019)*

HGTV

Freeview 43

158 258 286 290 166

6.00 am Teleshopping
7.00 Homes Under the Hammer (S)
8.00 The Great Interior Design Challenge
9.00 A Place in the Sun
10.00 Escape to the Country (S)
12.00 noon Farmhouse Fixer
1.00 pm Sarah Beeny's Renovate Don't Relocate: In London's East End. (S)
2.00 A Place in the Sun (S)
3.00 Great Interior Design Challenge: Transforming bedrooms.
4.00 DIY SOS: The Big Build
5.00 Homes Under the Hammer (S)

10.00 Christina on the Coast

6.00 A Place in the Sun A woman who has her heart set on moving to Majorca. (S)
7.00 Escape to the Country Double-bill, including: Two retirees search for a perfect home in North Yorkshire. (S)
9.00 Flip or Flop New editions Double-bill, including: A house in Laguna Hills.
10.00 Christina on the Coast New editions Double-bill, including: Christina Anstead helps her lifelong friend. (S)

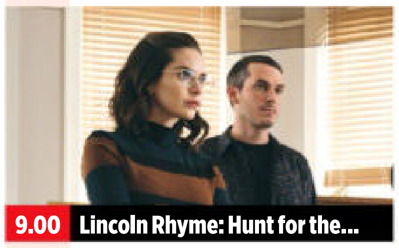
11.00 Fixer Upper: In Waco, Texas. (S)
12.00 m't Farmhouse Fixer: A historical house from 1873 is transformed into a vibrant, modern home.
1.00 am DIY SOS: The Big Build
2.00 Homes Under the Hammer (S)
3.00 Selling Houses with Amanda Lamb
4.00 to 6.00am Teleshopping

PICK

Freeview 35

159 259 156 144 145

6.00 am Teleshopping
7.00 Highway Patrol (S)
8.00 Motorway Patrol (S)
9.00 Police Force: Australia (S)
10.00 Police Ten 7 (S)
11.00 Highway Cops (S)
12.00 noon Nothing to Declare (S)
1.00 Border Patrol New Zealand
2.00 Border Security: Canada's Front Line: Documentary. (S)
3.00 Nothing to Declare (S)
4.00 Stargate Atlantis (S4, ep4) (S)
5.00 The Librarians (S3, ep5) (S)



9.00 Lincoln Rhyme: Hunt for the...

6.00 Quantum Leap (S2, ep5)
7.00 Star Trek: Deep Space Nine Cardassia joins forces with the Dominion. (S5, ep15) (S)
8.00 NCIS: Los Angeles New episode Granger's daughter is taken out of witness protection. (S9, ep15) (S)
9.00 Lincoln Rhyme: Hunt for the Bone Collector New episode A killer live-streams their murders. (S1, ep2) (S)
10.00 Fringe New edition Peter dismays Walter. (S3, ep6)

11.00 Murders That Shocked the Nation: Gordon Cummins. (S)
12.00 m't Britain's Most Evil Killers (S)
1.00 am Banged Up Abroad (S)
2.00 Nothing to Declare (S)
3.00 Border Patrol
4.00 Motorway Patrol (S)
5.00 to 6.00am Police Force: Australia

QUEST RED

Freeview 39 (+1 70)

149 249 170 169 170

6.00am SYttD: Atlanta **7.00** SYttD: UK **8.00** My Cat from Hell **9.00** Animal Cops... **10.00** Hoarding: Buried Alive **11.00** Forensic Detectives **1.00pm** Southern Fried Homicide **2.00** Disappeared **3.00** Happily Never After **4.00** SYttD: Atlanta
5.00 SYttD: Bridesmaids **7.00** Long Lost Family **8.00** My 600lb Life:... **9.00** Fog of Murder **10.00** Bloodline Detectives **11.00** FBI Files **12.00m't** Forensic Detectives **1.00am** Murder on CCTV **2.00** Murder Comes to Town **3.00** FBI Files **3.50** Animal Cops... **4.40** Meet the Penguins **5.30 to 6.00am** SYttD: Canada

CBS JUSTICE

Freeview 40

148 192 137

6.00am Teleshopping **9.00** Diagnosis Murder **11.00** The Fugitive **12.00noon** Perry Mason **1.05pm** Walker, Texas Ranger **2.05** CSI: Miami (S6, ep16) **3.00** NCIS (S9, ep21) **4.00** NCIS: Los Angeles (S1, ep8)
5.00 The Fugitive **6.00** Perry Mason (S4, ep7) **7.05** Scorpion (S3, ep17) **8.00** Walker, Texas Ranger (S6, ep8) **9.00** NCIS (S8, ep9) **10.00** NCIS: Los Angeles (S1, ep9) **11.00** Scorpion **12.00m't** CSI: Miami (S6, ep16) **1.00am** NCIS (S8, ep9) **2.00** Scorpion **2.55** Walker, Texas Ranger **3.50** Matlock **4.40** JAG **5.25 to 6.00am** Bondi Rescue

GREAT! movies

Freeview 33 (+1 60)

321 322 425 302

6.00am Teleshopping **9.00** Under Fire *(2016)* **10.50** GREAT! Movie News Extra **11.00** Presumed Guilty *(2016)* **12.50pm** GREAT! Movie News Extra **1.00** Next Stop Murder ★★ *(2010)* **2.50** GREAT! Movie News Extra
3.00 A Husband for Christmas ★★ *(2016)* **4.50** Lucky Christmas ★★ *(2011)* **6.40** GREAT! Movie News Extra **6.50** The Bounty Hunter ★★★ *(2010)* **9.00** Planet of the Apes ★★ *(2001)* **11.25** Awake ★★★ *(2007)* **1.10am** Extortion ★★ *(2016)* **3.25** Marie Antoinette ★★★★ *(2006)* **5.50 to 6.00am** GREAT! Movie News Extra

GREAT! tv

Freeview 49

157 257 189 220 142 143

6.00am Charlie's Angels **7.00** Crazy Like a Fox **8.00** Hart to Hart **9.00** Sue Thomas: F.B.Eye **10.00** Starsky & Hutch **11.00** T.J. Hooker **12.00noon** Crazy Like a Fox **1.00pm** Hart to Hart **2.00** Sue Thomas: F.B.Eye **3.00** Castle **4.00** Murder, She Wrote
6.00 Sue Thomas: F.B.Eye: A series of shootings by a sniper baffles the team. **7.00** M*A*S*H: Back-to-back episodes. **9.00** Classic Who Wants to Be a Millionaire?: Back-to-back editions. **1.00am** M*A*S*H **3.00** Charlie's Angels **3.45** Starsky & Hutch **4.30** T.J. Hooker **5.15 to 6.00am** Sue Thomas: F.B.Eye

CHALLENGE

Freeview 47

160 160 146

6.00am Teleshopping **7.00** The Chase **10.00** Dale's Supermarket Sweep **10.50** Strike It Lucky **12.00noon** Wheel of Fortune **1.00pm** Catchphrase **2.00** Family Fortunes **3.00** Bruce's Price Is Right **4.00** The Chase **5.00** Bullseye **6.00** Pointless Celebrities. A famous voices edition of the quiz show.
7.00 Pointless: Quiz hosted by Alexander Armstrong. **8.00** The Chase: Triple-bill. **11.00** Bullseye: Double-bill. Darts-based quiz show. **12.00m't** The Chase **4.00am** Wheel of Fortune **5.00 to 6.00am** Bullseye

DAVE

Freeview 19 (+1 23)

111/112 211 127 227 131

6.00am Teleshopping **7.10** Modern Wheels or Classic Steals **8.00** Rick Stein's Mediterranean Escapes **9.00** Storage Hunters UK **10.00** American Pickers **12.00noon** Top Gear **2.00pm** Whose Line Is It Anyway? USA **3.00** Top Gear **5.00** Rick Stein's Far Eastern Odyssey **6.00** QI XL
7.00 Whose Line Is It Anyway? USA **8.00** Richard Osman's House of Games **8.40** Would I Lie to You? **9.20** QI **10.00** Not Going Out **12.00m't** Mock the Week **12.40am** Have I Got a Bit More News for You **1.40** Would I Lie to You? **2.30** QI **3.00** Sliced **4.00 to 6.00am** Teleshopping

FOOD NETWORK

Freeview 42

140 240 285 148 149

6.00am ...Food Tour of Britain **7.00** *See 10.00pm* **8.00** ...Southern Kitchen **10.00** Farmhouse Rules **11.00** Girl Meets Farm **12.00noon** River Cottage Spring **1.00pm** Jamie Does... **2.00** ...Ultimate Christmas **3.00** *See 7.00pm*
4.00 *See 8.00pm* **5.00** Barefoot Contessa **6.00** *See 10.00pm* **7.00** Great British Bake Off **8.00** Hairy Bikers Home for Christmas **9.00** ...Easy Asian Christmas **10.00** Home Comforts at Christmas **11.00** Holiday Gingerbread... **12.00m't** Mystery Diners **1.00am** Restaurant: Impossible **2.00 to 3.00am** Jamie's Quick & Easy...

CBS REALITY

Freeview 66

146 246 148 201 135 136

6.00am Teleshopping **9.00** Judge Judy: Back-to-back editions. **7.00pm** Medical Detectives: Back-to-back editions, including: A professor helps detectives; using orange fibres to solve a crime; and a serial killer brought to justice by samples of carpet fibres found on the clothes of his victims.
11.00 Cold Justice **12.00m't** Voice of a Serial Killer: The murder of Kirby Smith in 2004. **1.00am** Medical Detectives **3.00** Celebrity Damage Control **3.45** Unsolved Mysteries **5.10 to 6.00am** Bondi Rescue

GREAT! movies christmas

Freeview 51

319 320 424 303 304

6.00am A Christmas Melody ★★ *(2015)* **8.00** Cancel Christmas ★★ *(2010)* **10.00** Christmas Lodge ★★ *(2011)* **12.00noon** All Good Things ★★ *(2018)*
2.00pm A Beauty & The Beast Christmas ★★ *(2019)* **4.00** A Puppy for Christmas ★ *(2016)* **6.00** Christmas with Tucker ★★ *(2013)* **8.00** A Christmas Wedding: Romantic comedy. ★ *(2006)* **10.00** Christmas Angel ★★ *(2012)* **12.00m't** A Royal Christmas Ball ★★ *(2017)* **2.00am** My First Miracle ★★ *(2015)* **4.00 to 6.00am** Deck the Halls ★★★ *(2005)*

PARAMOUNT NET.

Freeview 32

150 187 150 132

6.00am Teleshopping **9.00** Criminals: Caught on Camera **9.35** Traffic Cops **11.35** Trucking Hell **12.35** **FILM** Decision at Sundown ★★★ *(1957)* **2.15** **FILM** The Gunfight at Dodge City ★★★ *(1958)* **4.00** Trucking Hell **5.00** Traffic Cops
7.00 Police Interceptors **8.00** Traffic Cops **9.00** Ultimate Police Interceptors **10.00** Doomsday: Caught on Camera **11.00** WWE – Raw Highlights **12.00m't** WWE – NXT UK **1.00am** Frontline Police 24/7 **3.00** Michael McIntyre's Big... **5.00 to 6.00am** Teleshopping

DRAMA

Freeview 20 (+1 73)

143 243 130 226 158

6.00am Teleshopping **7.35** A Place to Call Home **8.35** The Bill **9.35** Classic Holby City **10.55** Classic Casualty **12.00noon** The Bill **1.00pm** Classic EastEnders **2.15** Peak Practice **3.15** All Creatures Great and Small
4.20 Pie in the Sky **5.20** As Time Goes By **6.00** Bread **6.40** 'Allo 'Allo! **7.20** Last of the Summer Wine: The trio help a friend. **8.00** Zen: Detective drama. **10.00** New Tricks: Brian enters an addiction centre. **11.20** Bad Girls **12.25am** Judge John Deed **2.35** New Tricks **4.00 to 6.00am** Teleshopping

4SEVEN

Freeview 48

137 143 203 127

9.00am Four in a Bed **9.30** Ramsay's Hotel Hell **10.30** Find It, Fix It, Flog It **11.30** A Place in the Sun **1.30pm** Moneybags **2.30** Come Dine with Me **5.00** Ramsay's Kitchen Nightmares USA **6.00** A Place in the Sun
7.00 George Clarke's Old House, New Home **8.00** Escape to the Chateau **9.00** 999: On the Front Line **10.00** 24 Hours in A&E **11.05** Taskmaster **12.10am** Handmade: Britain's Best... **1.15** The Yorkshire Dales and the Lakes **2.15** As 7.00pm **3.20** George Clarke's Amazing... **4.20 to 4.50am** A Place in the Sun

(SL) Signed (S) Subtitles (R) Repeat

SKY & VIRGIN LISTINGS over the page ▶

SKY & VIRGIN

SKY +1 VIRGIN HD +1 FREESAT HD +1 BT HD +1

6PM – 11PM

SKY SHOWCASE

106 206 110 109 340 355

6.00am The Early Rundown
7.00 Kay Burley
8.00 New Kids in the Wild
9.00 Nothing to Declare
10.00 The Flash (S3, ep5)
11.00 NCIS: Los Angeles
1.00pm Hawaii Five-0
2.00 MacGyver
3.00 Modern Family
4.00 The Office (US)
5.00 The Simpson
5.30 The Fresh Prince of Bel Air: Double-bill.

10.00 The Russell Howard Hour

6.30 The Simpsons

8.00 Football's Funniest Moments A look back at laugh-out-loud incidents from the world of Premier League football.

9.00 Temple New episode Daniel gets a lifeline as he and Gubby perform an operation at the foreign embassy. (S2, ep3)

10.00 The Russell Howard Hour New edition Topical comedy show.

11.00 COBRA: Cyberwar
12.00m't The Deirdre O'Kane Show: With Des Bishop.
1.00am Road Wars
2.00 Brit Cops: War on Crime
3.00 Hawaii Five-0
4.00 MacGyver **5.00 to 6.00am** The Early Rundown

SKY ATLANTIC

108/109 208 342 357

6.00am The British
7.00 Blue Bloods
9.00 Six Feet Under
11.15 Boardwalk Empire
1.30pm The Sopranos
3.45 Blue Bloods: Double-bill. Frank has to deal with a political scandal. (S5, ep5); and Frank and Danny work together. (S5, ep6)
5.45 True Blood: Bill and Eric try to regain the trust of their neighbours. (S4, ep1)

10.05 Penny Dreadful: City...

6.50 True Blood Double-bill, including: Eric loses his memory. (S4, ep3)

9.00 Succession The US drama following the Roy family continues. (S3, ep4)

10.05 Penny Dreadful: City of Angels Molly wrestles with her guilt over Diego's confession. Meanwhile, Dottie and Lewis confront Brian for lying. (S1, ep7)

11.10 Penny Dreadful: City of Angels: Rio implores Mateo to forget his old family and embrace her. (S1, ep8)
12.20am Oz: Double-bill.
2.30 Deadwood
3.35 Californication
4.10 to 6.00am Fish Town

SKY WITNESS

107 207 112 111 206 341

6.00am Nothing to Declare
8.00 Border Patrol
9.00 Customs UK
10.00 Law & Order (S14, ep11)
11.00 FBI
12.00noon The Rookie: A prison bus crashes, giving inmates a chance to flee. (S1, ep15)
1.00pm Blue Bloods
3.00 Customs UK: Double-bill.
4.00 Paramedics Australia
5.00 Nothing to Declare: Back-to-back editions.

9.00 FBI

6.00 Nothing to Declare

8.00 Blue Bloods Erin enlists Danny to find out who shot Anthony. (S8, ep12)

9.00 FBI New episode The team races against the clock to save two doctors. (S3, ep12)

10.00 FBI: Most Wanted New episode The team members struggle with handling a young man who accidentally shot a cop. (S2, ep12)

11.00 The Rookie
12.00m't Law & Order: Special Victims Unit
1.00am The Resident
2.00 Blue Bloods
3.00 Chicago Fire **4.00** 9-1-1: Lone Star **5.00 to 6.00am** Brit Cops: Rapid Response

GOLD

110/111 210 124 194 343

6.00am Teleshopping
7.30 Ever Decreasing Circles
8.40 Are You Being Served?
9.20 Open All Hours
10.00 Last of the Summer Wine
11.20 Blackadder II
12.00noon Dad's Army
12.40pm Ever Decreasing Circles
1.20 Are You Being Served?
2.00 Open All Hours
2.40 The Good Life
4.00 Blackadder II
4.40 Last of the Summer Wine

8.00 The Good Life

6.00 Open All Hours

6.40 Are You Being Served?

7.20 Dad's Army

8.00 The Good Life Double-bill. Tom and Barbara get creative; and Tom discovers oil in his garden.

9.20 Mrs Brown's Boys The family awaits the fruits of the fraud.

10.00 The Cockfields New episode Sue tries to plan for Christmas.

10.40 Mrs Brown's Boys Agnes throws a party.

11.20 Bottom: Flatmates Richie and Eddie go camping.
12.00m't Peep Show
1.10am Bull
1.50 Mrs Brown's Boys
2.35 Bottom
3.05 Peep Show
4.00 to 6.00am Teleshopping

DISCOVERY

125 225 250 258 376

6.00am Wheeler Dealers
7.00 Deadliest Catch
8.00 Building Off the Grid
9.00 Alaska: The Last Frontier
10.00 Diesel Brothers
11.00 Wheeler Dealers
12.00noon Junkyard Empire
1.00pm Gold Rush
3.00 Ice Lake Rebels
4.00 Lost Mines: Restored: A mine's machine shop.
5.00 Wheeler Dealers: Mike buys a Porsche Boxster.

9.00 Naked and Afraid

6.00 Fast N' Loud Revved Up Chevrolet Camaro.

7.00 Outback Truckers

8.00 Bitchin' Rides A Pontiac Tempest.

9.00 Naked and Afraid New editions Double-bill. Two all-star survivalists attempt to survive in the Chihuanhuan Desert; and Deep in the jungle of Ecuador, all-stars Suzanne and Wes fight the elements.

11.00 Combat Dealers: Bruce Crompton buys a rare Sherman tank.
12.00m't Naked and Afraid
4.00am Fast N' Loud: A 1972 Pontiac Formula 400.
4.50 Wheeler Dealers
5.40 to 6.00am How It's Made

SKY DOCUMENTARIES

121 278 277 352 367

6.00am The Amazing Johnathan (W) *(2019)* **7.40** My Icon: Rachel Yankey **8.00** First Ladies: Lady Bird Johnson.
9.00 Discovering...
10.00 The Directors
11.00 The Seventies
12.00noon Hollywood Couples
1.00pm Escobar by Escobar
2.00 The Amazing Johnathan
3.40 My Icon **4.00** Discovering...
5.00 The Directors: Robert Wise.

8.00 First Ladies

6.00 The Seventies

7.00 Hollywood Couples Exploring the relationship between Judy Garland and Vincente Minnelli.

8.00 Escobar by Escobar Examining the story behind the cursed Escobar empire.

9.00 Catch and Kill: The Podcast Tapes Double-bill.

10.00 I Am Patrick Swayze A tribute to the American actor.

12.00m't FILM Steve McQueen: The Lost Movie (W) *(2021)*
2.00am Paycheck to Paycheck
3.30 PL Legends: Robert Pires
4.00 Discovering: Ernest Borgnine
5.00 to 6.00am First Ladies

W

109/110 209 125 211 190

6.10am My Dream Home **8.00** Tipping Point **10.00** Inside the Vets **11.00** Inside the Ambulance **1.00pm** Tipping Point **3.00** Property Brothers: Forever Homes **4.00** My Dream Home **6.00** Property Brothers: Forever Homes **7.00** Junior MasterChef Australia
8.30 Inside the Ambulance: Wonder Women: One-off. **10.00** Killer Women with Piers Morgan: Double-bill. **12.00m't** One Born Every Minute **1.00am** The Shift: Women on the Force **2.00** Renovate My Home: Leave It to Bryan **3.00 to 6.10am** Teleshopping

ALIBI

132 232 126 212 191

6.00am Teleshopping **7.10** Murdoch Mysteries **9.00** Rizzoli & Isles **10.00** Unforgettable **11.00** Hudson & Rex **12.00noon** The Doctor Blake Mysteries **1.00pm** Death in Paradise **2.00** Murdoch Mysteries **4.00** The Good Wife **5.00** Rizzoli & Isles
6.00 Unforgettable (S2, ep6) **7.00** Hudson & Rex (S3, ep9) **8.00** Death in Paradise (S2, ep7) **9.00** Good Cop: Sav targets a couple of muggers. (S1, ep4) **10.20** Harrow (S3, ep7) **11.20** The Good Wife **12.20am** Good Cop **1.40** The Doctor Blake Mysteries **2.35** Carter **4.00 to 6.00am** Teleshopping

SKY COMEDY

114/115 135 123 346 361

6.00am Teleshopping **8.00** The Fresh Prince of Bel Air **9.00** Everybody Hates Chris **10.00** The Mindy Project **11.00** The Office (US) **12.00noon** Parks and Recreation **12.30pm** Sex and the City **3.00** Modern Family **4.00** The Office (US)
5.00 30 Rock **5.30** The Fresh Prince of Bel Air **6.30** Sex and the City **9.00** NEW Sort Of **10.00** Insecure **10.35** The Tonight Show Starring Jimmy Fallon **11.35** The Late Late Show **12.35am** Ballers **2.30** The Mindy Project **3.30** 30 Rock **4.00** Everybody Hates Chris **5.00 to 6.00am** Teleshopping

SYFY

152 252 139 138 229 347

6.00am Marvel's Runaways **7.00** Star Trek: The Next Generation **8.00** Teleshopping **11.00** The Librarians **12.00noon** Stargate Atlantis **1.00pm** Pandora **2.00** Star Trek: Deep Space Nine
3.00 Marvel's Runaways **4.00** Quantum Leap **5.00** Stargate Atlantis **6.00** The Librarians (S4, ep7) **7.00** Star Trek: The Next Generation (S5, ep7) **8.00** Quantum Leap (S5, ep5) **9.00** FILM Escape Plan ★★★ *(2013)* **12.00m't** Trickster **1.00am** Pandora **2.00** Quantum Leap **3.00** Stargate Atlantis **4.00** Star Trek: Deep Space Nine **5.00 to 6.00am** Pandora

SKY HISTORY

123 223 270 271 353 368

6.00am American Pickers **7.00** Counting Cars **8.00** Pawn Stars **9.00** Forged in Fire **10.00** American Pickers **11.00** Swamp People **12.00noon** Christmas Truce **1.00pm** World's Greatest Treasure Mysteries **2.00** The UnXplained... **3.00** Counting Cars **4.00** Pawn Stars **5.00** Mountain Men **6.00** American Pickers **7.00** Forged in Fire
8.00 Pawn Stars **9.00** Forged in Fire **10.00** Man vs History **11.00** Salvage Kings **12.00m't** Vikings **1.00am** Pawn Stars **2.00** Counting Cars **3.00** Salvage Kings **4.00** Mountain Men **5.00 to 6.00am** World's Greatest...

SKY NATURE

124 280 279 335 369

6.00am City Wildlife Rescue **7.00** *See 1.00pm* **8.00** *See 2.00pm* **9.00** *See 3.00pm* **10.00** *See 4.00pm* **11.00** *See 5.00pm* **12.00noon** *See 6.00pm* **1.00pm** Monkey Life **2.00** New Kids in the Wild **3.00** Secrets of Wild Australia **4.00** Colombia's Wild Coast **5.00** Mysteries of the Mekong **6.00** Great Blue Wild
7.00 Monkey Life **8.00** Perpetual Planet:... **9.00** Ocean Parks **10.00** *As 6.00pm* **11.00** *As 5.00pm* **12.00m't** Hope for Wildlife **1.00am** Borneo... **2.00** *As 8.00pm* **3.00** *As 9.00pm* **4.00** *As 2.00pm* **5.00 to 6.00am** *As 3.00pm*

COMEDY CENTRAL

112/113 132 181 344 359

6.00am Teleshopping **8.00** Impractical Jokers **11.00** My Wife and Kids **1.00pm** Friends
9.00 Live at the Apollo: With Jason Manford and Russell Howard. **10.00** Rhod Gilbert's Growing Pains: With Martine McCutcheon, Asim Chaudhry and Zoe Lyons. **11.00** Michael McIntyre's Big Show: The comedian's entertainment show, with Emeli Sandé and Joe Lycett. **12.00m't** Channel Hopping with Jon Richardson **1.00am** Baywatch **2.00** South Park **3.40** The Daily Show **4.15** The Middle **5.00 to 6.00am** Teleshopping

SKY MAX

113/114 122 121 345 360

6.00am Grimm **8.00** Send in the Dogs **9.00** Supergirl (S3, ep9) **10.00** The Flash (S3, ep5) **11.00** NCIS: Los Angeles **1.00pm** Hawaii Five-0 (S6, ep16) **2.00** MacGyver **3.00** Resident Alien
4.00 Supergirl (S3, ep10) **5.00** The Flash (S3, ep5) **6.00** Grimm **8.00** Football's Funniest Moments **9.00** Temple (S2, ep3) **10.00** The Russell Howard Hour (S5, ep9) **11.00** COBRA: Cyberwar **12.00m't** The Deirdre O'Kane Show **1.00am** Road Wars **2.00** Brit Cops: War on Crime **3.00** Hawaii Five-0 (S6, ep16) **4.00** MacGyver **5.00 to 6.00am** Send in the Dogs

TLC

133 233 167 169

6.00am SYttD: UK **7.00** SYttD **8.00** SYttD Lancashire **9.00** Curvy Brides Boutique **10.00** SYttD: Atlanta **11.00** SYttD: America **12.00noon** SYttD **2.00pm** SYttD: UK **3.00** Sister Wives **4.00** Dr Pimple Popper
5.00 SYttD: Atlanta **6.00** SYttD: UK: Back-to-back editions. **8.00** The Bad Skin Clinic **9.00** Dr. Pimple Popper: Pop Ups **10.00** My 600lb Life **12.00m't** The Bad Skin Clinic **1.00am** Dr. Pimple Popper: Pop Ups **2.00** SYttD **3.00** SYttD: Lancashire **4.00** Curvy Brides Boutique **5.00 to 6.00am** Say Yes to the Dress: UK

NAT GEO

129 229 266 268 267 351

8.00am World War I Apocalypse **1.00pm** 1917: One Year, Two Revolutions **2.00** 1917: The Forgotten D-Day **3.00** World War I Apocalypse **8.00** Wicked Tuna **9.00** Ice Road Rescue: Bjoern joins forces with a rival company to rescue a truck that crashed into a cliff face.
10.00 Alaska State Troopers: The officers face some of their most dangerous challenges. **11.00** Air Crash Investigation **12.00m't** Narco Wars **1.00am** Seconds from Disaster **2.00** Airport Security: First Class **3.00** Hitler's Last Stand **4.00 to 5.00am** WW2: Hell Under the Sea

SKY CRIME

122 222 137 136 207 348

6.00am Road Wars **7.00** Motorway Patrol **8.00** Border Security:... **9.00** Nothing to Declare **10.00** Road Wars **11.00** *See 4.00pm* **12.00noon** *See 8.00pm* **1.00pm** Killer Families
2.00 An Unexpected Killer **3.00** World's Most Evil... **4.00** Killer in My Village **6.00** *As 4.00pm* **7.00** Murders That Shocked the Nation **8.00** Britain's Most Evil Killers **9.00** Mark of a Serial Killer **10.00** Snapped **11.00** *As 8.00pm* **12.00m't** *As 3.00pm* **1.00am** Charmed to Death **2.00** Snapped **3.00** *As 7.00pm* **4.00** Brit Cops:... **5.00 to 6.00am** Motorway Patrol

ANIMAL PLANET

162 262 251 259

6.00am Teleshopping **8.00** Crikey! It's the Irwins **9.00** My Cat from Hell **11.00** Lone Star Law: Double-bill. **1.00pm** Animal Cribs **2.00** Alaskan Bush People **4.00** Big Cat Tales
6.00 Crikey! It's the Irwins: Double-bill. **8.00** Animal Cops Houston: Double-bill. Removing birds from a live crime scene; and saving a trapped dog. **10.00** My Cat from Hell: Double-bill. **12.00m't** Crikey! It's the Irwins **2.00am** Wildest Islands of Indonesia **3.50** The Last Alaskans **4.40** Nature's Strangest Mysteries: Solved **5.00 to 6.00am** Teleshopping

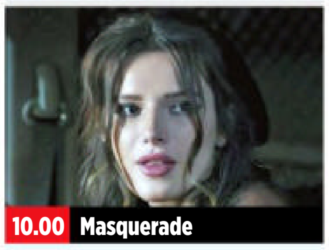
(b/w) black and white (W) Widescreen (HD) High Definition

11 November THURSDAY

SKY CINEMA PREMIERE

301 312 401 501 515

6.15am *See 4.50am* **7.45** *See 6.20pm* **9.25** *See 10.00pm* **11.00** The Garden Left Behind: Drama starring Carlie Guevara. ★★★ *(2020)* **12.45pm** *See 8.00pm* **2.35** The Last Vermeer: Drama starring Guy Pearce. ★★★★ *(2019)* **4.35** Death in Texas: Drama starring Bruce Dern. ★★ *(2020)* **6.20** Meander: Horror starring Gaia Weiss. ★★★★ *(2020)*



10.00 **Masquerade**

8.00 Mortal Kombat: Fantasy starring Lewis Tan. ★★ *(2021)* **10.00** Masquerade: Horror starring Bella Thorne. ★★ *(2021)* **11.30** Gully: Crime drama starring Kelvin Harrison Jr. ★★ *(2019)* **1.05am** *As 11.00am* **2.50** *As 2.35pm* **4.50 to 6.20am** Dogtanian and the Three Muskehounds: Animated adventure. ★ *(2021)*

SKY CINEMA ACTION

307 407 507 521

7.20am *See 6.15pm* **9.05** *See 8.00pm* **11.05** Sniper: Assassin's End ★★ *(2020)* **12.50pm** Redemption Day ★★ *(2021)* **2.35** Cliffhanger ★★★ *(1993)* **4.35** Take Back ★★ *(2021)* **6.15** Salt ★★★ *(2010)* **8.00** Edge of Tomorrow: With Tom Cruise. ★★★★ *(2014)* **10.00** Bad Boys for Life: With Will Smith. ★★★ *(2020)* **12.10am** Desperado ★★★ *(1995)* **2.00** *As 11.05am* **3.40** *As 12.50pm* **5.25 to 6.00am** Sky Cinema Preview

SKY CINEMA GREATS

304 404 504 518

6.00am *See 5.15pm* **8.00** *See 11.35pm* **10.50** *See 7.15pm* **12.55pm** *See 9.15pm* **3.20** Love Story ★★★★ *(1970)* **5.15** Sunset Boulevard (b/w) ★★★★★ *(1950)* **7.15** The Way We Were: Romantic drama. ★★★ *(1973)* **9.15** Zulu: Historical drama with Michael Caine. ★★★★ *(1963)* **11.35** Once Upon a Time in the West: Western. ★★★★★ *(1968)* **2.25am** Carlito's Way ★★★★ *(1993)* **5.00 to 7.00am** *As 3.20pm*

SKY CINEMA SCI-FI & HORROR

311 411 511 525

7.20am *See 6.15pm* **9.00** *See 8.00pm* **10.55** *See 1.00am* **12.45pm** Behind You ★★ *(2020)* **2.15** Psycho (b/w) ★★★★★ *(1960)* **4.15** Outlander ★★★ *(2008)* **6.15** Cabin Fever ★★★ *(2002)* **8.00** Sorority Row ★★ *(2009)* **9.45** Willy's Wonderland: With Nicolas Cage. ★★★★ *(2021)* **11.20** Hunter Hunter ★★★★ *(2020)* **1.00am** LX 2048 ★★★ *(2020)* **2.55** *As 12.45pm* **4.35 to 6.35am** Constantine ★★★ *(2005)*

SKY CINEMA COMEDY

308 408 508 522

7.30am *See 4.30pm* **9.15** *See 6.10pm* **11.15** *See 8.00pm* **1.05pm** *See 9.40pm* **2.45** Little Monsters: With Josh Gad. ★★★★ *(2019)* **4.30** Little Shop of Horrors: With Rick Moranis. ★★★ *(1986)* **6.10** Barb & Star Go to Vista Del Mar: With Kristen Wiig. ★★★ *(2021)* **8.00** Breaking News in Yuba County: With Allison Janney. ★★ *(2021)*

6.10 **Barb & Star Go to Vista...**

9.40 Downhill: With Julia Louis-Dreyfus and Will Ferrell. ★★★ *(2020)* **11.10** *As 2.45pm* **12.50am** How to Fake a War: With Katherine Parkinson and Jay Pharoah. ★★★ *(2019)* **2.25** We're No Angels: With Robert De Niro. ★★ *(1989)* **4.25 to 6.20am** Save Yourselves!: With Sunita Mani. ★★★ *(2020)*

SKY CINEMA ANIMATION

305 412 500 514

6.00am *See 7.40pm* **7.30** *See 1.35pm* **9.00** *See 3.05pm* **10.35** Surf's Up **12.05pm** *See 6.10pm* **1.35** Madagascar **3.05** Hotel Transylvania 2 **4.40** Happy Halloween, Scooby-Doo! **6.10** Extinct **7.40** Open Season: Scared Silly **9.10** The Road to El Dorado **10.45** Mune: Guardian of the Moon **12.15am** Elf: Buddy's Musical Christmas **1.05** DC Super Hero Girls: Intergalactic Games **2.30** *As 9.10pm* **4.05 to 6.00am** Weathering With You

SKY CINEMA HITS

303 403 503 517

6.20am *See 3.55am* **8.20** *See 9.35pm* **10.20** *See 6.15pm* **12.05pm** *See 8.00pm* **1.40** Le Mans '66 ★★★★ *(2019)* **4.15** Finding the Way Back ★★★★ *(2020)* **6.15** The Craft: Legacy ★★★★ *(2020)* **8.00** Attack the Block: Sci-fi comedy thriller. ★★★★ *(2011)* **9.35** Run Hide Fight: Crime drama starring Isabel May. ★ *(2020)* **11.25** *As 1.40pm* **2.00am** *As 4.15pm* **3.55 to 6.00am** The Man from U.N.C.L.E ★★★ *(2015)*

SKY CINEMA BLOCKBUSTERS

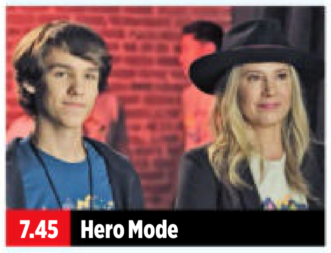
302 402 502 516

6.35am Goosebumps ★★★ *(2015)* **8.30** Mission: Impossible ★★★ *(1996)* **10.25** Mission: Impossible II ★★★ *(2000)* **12.35pm** Mission: Impossible III ★★★★ *(2005)* **2.45** Jack Reacher ★★★ *(2012)* **5.10** Minority Report ★★★★ *(2002)* **7.45** Mad Max: Fury Road ★★★★★ *(2015)* **9.45** The Wolf of Wall Street: Drama starring Leonardo DiCaprio. ★★★★ *(2013)* **12.45am** *As 2.45pm* **3.00** *As 8.30am* **4.55 to 7.05am** *As 10.25am*

SKY CINEMA FAMILY

306 406 506 520

6.00am *See 11.25pm* **8.00** *See 2.35pm* **9.40** *See 4.20pm* **11.15** *See 6.00pm* **1.00pm** *See 7.45pm* **2.35** Charlotte's Web: Drama. ★★★ *(2006)* **4.20** Diary of a Wimpy Kid: Comedy. ★★★ *(2010)* **6.00** Paddington 2: Comedy with the voice of Ben Whishaw. ★★★★★ *(2017)* **7.45** Hero Mode: Comedy starring Chris Carpenter. ★★ *(2021)*



7.45 **Hero Mode**

9.20 The Runaways: Drama starring Mark Addy. ★★★ *(2019)* **11.25** Annie: Musical remake starring Quvenzhané Wallis and Jamie Foxx. ★★★ *(2014)* **1.25am** See Spot Run: Comedy starring David Arquette. ★★ *(2001)* **3.10** Racing Stripes: Comedy adventure. ★★ *(2004)* **5.00 to 6.00am** Sky Cinema Preview

SKY CINEMA DRAMA

310 410 510 524

6.30am *See 4.35pm* **8.10** *See 12.10am* **10.20** *See 6.15pm* **12.05pm** *See 8.00pm* **2.35** Little Fish ★★★★ *(2020)* **4.35** Fear and Loathing in Aspen ★★★★ *(2020)* **6.15** Along Came Polly ★★★ *(2003)* **8.00** As Good As It Gets ★★★★ *(1997)* **10.20** Little Fish ★★★★ *(2020)* **12.10am** Entrapment ★★★ *(1999)* **2.20** All These Small Moments ★★★ *(2018)* **4.00 to 6.00am** The Lost Husband ★★★ *(2020)*

SKY CINEMA THRILLER

309 409 509 523

6.15am *See 2.00pm* **7.50** *See 5.55pm* **10.10** *See 10.15pm* **12.20pm** The Burnt Orange Heresy ★★★★ *(2019)* **2.00** Last Moment of Clarity *(2021)* **3.35** Shutter Island ★★★★ *(2010)* **5.55** Angels & Demons ★★ *(2009)* **8.15** No Sudden Move: Crime drama. ★★★★ *(2021)* **10.15** Knives Out: Comedy crime thriller starring Daniel Craig. ★★★★★ *(2019)* **12.25am** *As 3.35pm* **2.45** Filth ★★★★ *(2013)* **4.25 to 6.10am** *As 12.20pm*

TCM MOVIES

315 316 415 416 417

6.00am Off Set **6.15** Stage to Thunder Rock *(1964)* **8.00** Four Horsemen of the Apocalypse *(1961)* **11.15** Strangers on a Train (b/w) *(1951)* **1.30pm** Hitler – The Last Ten Days *(1973)* **3.45** Mystery Submarine *(1950)* **5.25** Ambush at Tomahawk Gap *(1953)* **7.00** Off Set **7.15** Flat Top *(1952)* **9.00** Maximum Risk *(1996)* **11.10** The Infiltrator *(2016)* **1.50am** Mars Attacks! *(1996)* **3.50** Off Set **4.00** Close Up **5.00 to 6.00am** Hollywood's Best Film Directors

SKY SPORTS MAIN EVENT

401 511 501 420 440

6.00am LIVE **Golf** Day two of the Women's Amateur Asia-Pacific. **8.00** LIVE **European Tour Golf** Day one of the Aviv Dubai Championship. **1.00pm Sky Sports News 1.30** LIVE **ICC Men's T20 World Cup** The second semi-final from Dubai. **6.00** LIVE **PGA Tour Golf** The Vivint Houston Open. **7.30** LIVE **World Cup Qualifier** *Republic of Ireland v Portugal*. **10.00 The F1 Show 11.00 Blood, Sweat & Tears... 11.30 Sky Sports News 12.30am** LIVE **NFL** *Miami Dolphins v Baltimore Ravens*. **4.30 to 6.00am** LIVE **NBA Basketball** *LA Clippers v Miami Heat*.

SKY SPORTS CRICKET

404 514 504 423 443

6.00am ICC Men's T20 World Cup 10.30 Best of ICC WT20 11.00 ICC Men's T20 World Cup 12.00noon Best of ICC WT20 12.30pm ICC Men's T20 World Cup The first semi-final from Sheikh Zayed Stadium, Abu Dhabi. **1.30** LIVE **ICC Men's T20 World Cup** The second semi-final from Dubai International Cricket Stadium. **6.00 Best of ICC WT20 7.00 ICC Men's T20 World Cup** Back-to-back highlights. **11.00 Best of ICC WT20 12.00m't ICC Men's T20 World Cup** The second semi-final at Dubai International Cricket Stadium. **4.30 to 6.00am Best of ICC WT20**

SKY SPORTS ARENA

408 518 508 427 447

6.00am Highlights 9.00 Grand Slam of Darts 12.15pm Darts Gold 12.30 British Basketball 3.00 Betfred Super League Hlts 4.15 Fight Night International 5.15 Loma: Reloaded 5.45 NBA GameTime 6.15 NBA Heatcheck 6.45 Grand Slam of Darts 10.00 NBA Heatcheck 10.30 NBA Action 11.00 Blood, Sweat & Tears... 11.30 TNT Pre-Game Show 12.00m't LIVE **NBA Basketball** *Philadelphia 76ers v Toronto Raptors*. **2.30am NBA: The Way We Ball: Toronto 3.00 NBA Action 3.30 to 6.00am** LIVE **NBA Basketball** *Los Angeles Clippers v Miami Heat*.

BT SPORT 1

413 527 408 430

6.00am MotoGP Highlights 7.00 PL Reload 7.15 WWE NXT 9.00 ESPN FC 9.30 Ligue 1 10.30 DIY Pundit 11.00 Women's Hockey 12.00noon Green Routine: What I Wear 12.30pm Extreme E 1.00 Badminton 3.00 MotoGP Rewind 3.15 PL Reload 3.30 Premier League World 4.00 ESPN FC 4.30 DIY Pundit 5.00 WWE SmackDown 6.30 WWE Raw 9.00 WWE NXT 10.00 WWE 11.00 30 for 30: No Mas 12.30am MotoGP Highlights 1.30 Sailing – Transat Jacques Vabre 2.30 Badminton Unlimited 3.00 Badminton 5.00 to 6.00am Imperfect: The Roy Halladay Story

SKY SPORTS PREMIER LEAGUE

402 512 502 421 441

6.00am PL Greatest Games 7.00 PL Legends 8.00 Best PL Goals 9.00 PL 100 Club 10.00 The Football Show 12.00noon Gary Neville's Soccerbox 1.00pm Premier League Years 3.00 PL Greatest Games 4.00 PL Best Goals 05/06 5.00 PL 100 Club 6.00 PL Legends 6.30 Inside the WSL 7.00 Premier League World 7.30 One2Eleven 7.40 LIVE **World Cup Qualifier** *Greece v Spain:* (kick-off **7.45**). **9.45 PL Greatest Games 10.00 Inside the WSL 10.30 PL Retro 12.30am PL Icons 1.00 Premier League Years 3.00 PL Greatest Games 4.00 PL Best Goals 5.30 to 6.00am PL 100 Club**

SKY SPORTS GOLF

405 515 505 424 444

6.00am LIVE **Golf** Day two of the Women's Amateur Asia-Pacific. **8.00** LIVE **European Tour Golf** Day one of the Aviv Dubai Championship. **1.00pm** LIVE **Ladies European Tour Golf** Day two of the Aramco Team Series event from Jeddah. **3.00** LIVE **LPGA Tour Golf** Day one of the Pelican Women's Championship. **6.00** LIVE **PGA Tour Golf** Day one of the Vivint Houston Open. **9.00 European Tour Golf 10.00 Golf's Greatest Holes 10.30 Chronicles of a Champion Golfer 11.00 European Tour Golf 12.00m't to 6.00am Highlights**

SKY SPORTS MIX

416 520 510 429 449

6.00am LIVE **Golf** Day two of the Women's Amateur Asia-Pacific. **10.00 School of Golf 10.30 My Icon 11.00** LIVE **Ladies European Tour Golf** Day two of the Aramco Team Series event from Jeddah. **3.00pm School of Golf 3.30 My Icon 4.30 Fighting Fit 2020 5.30 Fit In 5 6.00 Betfred Super League Highlights 6.15 Women's Super League 6.30 Betfred Super League Highlights 7.00 Rugby League Retro 9.00 World Grand Prix Darts 1.00am Betfred Super League Highlights 2.00 Rugby League Retro 4.00 to 6.00am World Darts Championship**

BT SPORT 2

414 528 409 431

6.00am Serie A – Full Impact 6.30 Champions League Magazine 7.00 Ultimate Goal 8.00 Goals Reload 8.30 Badminton Unlimited 9.00 Sailing 10.00 Fishing: On The Bank 11.00 Primeira Liga 12.00noon Ligue 1 7.00pm BT Sport Films 8.30 PL World 9.00 PL Reload 9.15 Goals Reload 9.30 Ultimate Goal 10.30 DIY Pundit 11.00 Serie A – Full Impact 11.30 Champions League Magazine 12.00m't Green Routine: Playing Against The Clock 1.00am ESPN Classic Boxing 2.30 Serie A – Full Impact 3.00 UEFA Champions League Magazine 3.30 to 6.00am Highlights

SKY SPORTS FOOTBALL

403 513 503 422 442

6.00am Highlights 11.00 EFL Cup Retro 16 12.00noon Greatest Games 1.00pm Greatest Players 1.30 Football Countdowns 2.00 EFL Play Off Finals C'Ship 06/07 4.00 One2Eleven 4.25 World Cup Qualifiers Preview Show 4.55 LIVE **World Cup Qualifier** *Georgia v Sweden:* (kick-off **5.00**). **7.00 Bundesliga Weekly 7.30** LIVE **World Cup Qualifier** *Republic of Ireland v Portugal:* (kick-off **7.45**). **10.15 Bundesliga Weekly 10.45 World Cup Qualifier Highlights 11.15 Greatest Games 12.00m't EFL Play Off Finals 14/15 3.00 to 6.00am Highlights**

SKY SPORTS NFL

407 517 507 426 446

6.00am NFL: America's Game 7.00 NFL Highlights 9.00 NFL: America's Game 10.00 Pick Your Team: Vikings 11.00 NFL Bitesize Highlights 12.00noon Good Morning Football 3.00pm Pick Your Team: Seahawks 4.00 Inside the Huddle 5.00 Jags All Access: UK 5.30 Super Bowl Gameday 2018 6.00 NFL Bitesize Highlights 7.00 NBC's Pro-Football Talk 9.00 NFL Overtime 10.00 NFL Fantasy 11.00 NFL Overtime 12.00m't NFL Bitesize Highlights 12.30am LIVE **NFL** *Miami Dolphins v Baltimore Ravens*. **4.30 to 6.00am Highlights**

EUROSPORT

410 521 412 435

6.00am Snowboarding 7.00 Hall of Fame 8.00 Cyclo-Cross 10.00 The Cycling Show 10.35 Cyclo-Cross 12.35pm LIVE **Cyclo-Cross** The Superprestige series meeting in Niel, Belgium. **1.35 Cyclo-Cross 1.55** LIVE **Cyclo-Cross** More from Belgium. **3.15 The Cycling Show 3.45 Cycling: Tour of Flanders 4.00 World Superbikes 5.00 Snowboarding 6.00 Hall of Fame 7.00 Cyclo-Cross 9.10 Sports Spotlight 10.45 Cycling: Tour of Flanders 11.00 Cyclo-Cross 12.00m't World Superbikes 2.00am Le Mans 24 Hours 3.00 Motocross World Champs 4.00 to 6.00am Snooker: UK Championship**

BT SPORT 3

417 529 410 432

6.00am Rugby Union 7.30 BT Sport Reload 8.00 Fight Night 10.00 UCL Magazine 10.30 Serie A – Full Impact 11.00 MotoGP 12.00noon PL: Best Goals 2009/12 3.00pm BT Sport Films: Two Tribes 4.30 State of Play: The Player 5.00 Hockey 6.00 Fishing: On The Bank 7.00 BT Sport Reload 7.15 Goals Reload 7.30 UCL Magazine 8.00 DIY Pundit 8.30 Serie A – Full Impact 9.00 UFC Fight Camp 9.30 UFC 12.30am Goals Reload 1.00 UCL Review 2.00 Europa League Highlights Show 3.00 Ultimate Goal 4.00 MotoGP Highlights 5.00 Badminton Unlimited 5.30 to 6.00am Serie A – Full Impact

FRIDAY HIGHLIGHTS

Susan's final grand day out is in the West Country

Susan Calman's Grand Day Out

● **TRAVELOGUE / 8pm / Channel 5**

LAST ONE **Popping out for** a bit of Cheddar doesn't usually involve a hard hat and a torch, but Susan isn't after any old cheese – she's in the West Country, in Cheddar itself, on a mission to try cave-aged cheese. Her travels around Somerset include a visit to Wells to meet a street of singing vicars and she embraces her inner daredevil with a spot of abseiling. 'It's like *Mission: Impossible* but slightly slower,' she shouts from the cliff face, before ending her travels in a kite buggy on Weston-super-Mare beach. ★★★ *JL*

Can Kane and Mount score again tonight?

ENGLAND v ALBANIA

World Cup Qualifier

● **FOOTBALL / 7pm / ITV**

LIVE **England's lead** at the top of Group I was cut to three points when Hungary held them to a draw last month, while Poland defeated Albania to move into second place. But England remain in a commanding position, and now need four points from tonight's match (k-o 7.45pm) and Monday's game against San Marino to guarantee a place in the finals. The Three Lions comfortably defeated Albania 2-0 in March, with Harry Kane and Mason Mount providing the goals. Also today, Scotland face Moldova (Sky Sports Main Event, k-o 5pm). ★★★★ *RMC*

GREAT SAVINGS!
Subscribe TODAY!
6 issues for £1
Visit magazinesdirect.com/tvt21

Red Notice

● **FILM / Netflix**

PREMIERE **With Netflix's biggest** film budget to date, this starry action romp is full of epic thrills and spills, clever twists and plenty of laughs. Dwayne 'The Rock' Johnson heads the cast as an FBI Special Agent on the trail of an elusive, super-smart thief (Gal Gadot), who is the subject of a 'red notice' alert as one of the world's most wanted criminals. But the only way he can prevent her from stealing some priceless Fabergé eggs is to enlist the help of a wily, wise-cracking conman (Ryan Reynolds). Who will come out on top? ★★★★ *CC*

It's beginning to look as if crime really does pay!

PICK OF THE DAY

Nicola Adams talks about her road to victory

Lioness: The Nicola Adams Story

How the boxing champion made Olympic history

● DOCUMENTARY / Amazon Prime Video

NEW Nicola Adams OBE made history at London 2012 as the world's first female boxer to become Olympic champion. In this candid and at times heartbreaking film, she shares her story, from the setbacks and sexism she faced to the domestic violence she witnessed growing up. With contributions from her girlfriend, Ella Baig, friends, coaches and fellow boxers, it's hugely inspiring as Nicola shares previously unseen footage and reveals what drove her to glory in the toughest of sports. ★★★★★ *TL*

● See feature, page 22

George Clooney doesn't let the dust settle...

Up in the Air

● FILM / 11.55pm (times vary, not Scotland & NI) / BBC1 / BBC iPlayer

This grown-up drama stars George Clooney as a commitment-phobic executive who flies around the US firing people – a corporate-downsizing axe-man. Into his life come two different women: a sexy, confident fellow traveller (Vera Farmiga) and an emotionally volatile youngster (Anna Kendrick), shadowing him to learn the job. Each offers him something, but his life of solitude seems to have become a habit. A beautifully and cleverly crafted film that is sad but still an utter joy. ★★★★ *NP*

Michael Keaton plays a doctor caught up in an opioid case

Dopesick

● DRAMA / Disney+

NEW **Purdue Pharma claimed** OxyContin would reduce painkiller addiction when it introduced the 'wonder drug' painkiller to the US market in the 1990s but it actually triggered an opioid epidemic still raging today. This powerful drama tells that story, from the boardroom of Purdue to a Virginia mining community torn apart by opioid addiction, in an indictment of the greed of a company that earned billions as it ruined lives. Michael Keaton stars as an honest doctor tormented by regret after being deceived by Purdue. ★★★★ *SMA*

ALSO ON...

Home Sweet Home Alone

● FILM / Disney+

NEW A remake of the Macaulay Culkin *Home Alone* franchise, part of a bumper crop of new offerings, including *Shang-Chi and the Legend of the Ten Rings*, to mark Disney+ Day.

Bublé at the BBC

● MUSIC / 7pm / BBC4

Another chance to see this one-off concert and interview with the singer presented by Claudia Winkleman.

PICTURES BY GETTY

FRIDAY 12 November

BBC1

HD **Freeview HD 101** Sky HD 115 Virgin TV HD 108 (Scot 101) Freesat HD 106

6.00 Breakfast (S)(HD) **9.15 Morning Live** (S)(HD) **10.00 Dom Digs In** (S)(R)(HD)(AD) **10.45 Expert Witness** DNA helps solve a 50-year-old murder case. **Last in the series** (S)(HD) **11.15 Homes Under the Hammer** (S)(R)(HD)(AD)

12.15 Bargain Hunt Eric Knowles hosts from Long Marston in Warwickshire. (S)(HD)(AD)

1.00 BBC News at One (S)(HD) and **Weather**

1.30 BBC Regional News (S) and **Weather**

1.45 The Tournament Quiz show. (S)(HD)

2.30 Garden Rescue (S)(R)(HD)(AD)

3.00 Escape to the Country Jonnie Irwin helps a couple with a budget of £450,000 search for a property in Shropshire. (S)(R)(HD)(AD)

3.45 Clean It, Fix It The team helps couple Steven and Sue, who love their bungalow, but Steven's mobility issues have left Sue taking on more of the workload. (S)(HD)

4.30 The Repair Shop Jay Blades presents as the team restores a soldier's trunk, a Persian tea set and a pair of roller skates. (S)(HD)(AD)

5.15 Pointless Quiz show. (S)(R)(HD)

6.00 BBC News at Six (S)(HD) and **Weather**

6.30 BBC Regional News (S) and **Weather**

7.00 The One Show Live topical reports. (S)(HD)

7.35 Question of Sport Olympic trampolining medallist Bryony Page, Wales rugby union international Scott Quinnell, Dundee midfielder Charlie Adam and *Top Gear* presenter Chris Harris join team captains Ugo Monye and Sam Quek on the quiz. (S)(HD)

8.05 EastEnders Tiffany has second thoughts about her date; Stacey and Jean struggle to find common ground; and Patrick provides much-needed support for Vi. (S)(HD)(AD)

8.30 MasterChef: The Professionals Chefs compete in the first quarter-final, initially tasked with creating a dish using preserved and tinned food. They must then cook for three of the UK's most discerning restaurant critics, Jimi Famurewa, William Sitwell and Tracy Macleod. (S)(HD)(AD)

9.30 Have I Got News for You 6 of 10. Victoria Coren Mitchell hosts, with comedian Maisie Adam and journalist Helen Lewis joining team captains Paul Merton and Ian Hislop. (S)(HD)

10.00 BBC News at Ten (S)(HD)

10.25 BBC Regional News (S) and **Weather**

10.30 Weather (S)(HD)

10.35 The Graham Norton Show The host is joined by Lady Gaga, who discusses starring in Ridley Scott's *House of Gucci*. Will Smith, Josh Gad and Nadiya Hussain also guest, and Rod Stewart performs his new single. (S)(HD)

11.25 In My Skin
NEW 1 of 5. Return of the comedy drama series. (S)(HD) ● ***Full series available on BBC iPlayer***

11.55 Up in the Air
FILM Comedy drama starring George Clooney and Vera Farmiga. (W)(S)(HD)(AD) ★★★★ *(2009)* ***See Films, pages 31-35, and Highlights***

1.40 Weather for the Week Ahead (S)(HD) **1.45 to 6.00 BBC News** (S)(HD)

BBC2

HD **Freeview HD 102** Sky HD 102 Virgin HD TV 102 Freesat HD 102

6.30 Clean It, Fix It (SL)(S)(R)(HD) **7.15 The Repair Shop** A sea cadet's drum and a wooden church pew are restored. (SL)(S)(R)(AD) **8.00 Animals with Cameras** (SL)(S)(R)(HD)(AD) **9.00 BBC News at 9** (S)(HD) **10.00 BBC News** (S)(HD)

12.15 Politics UK Jo Coburn hosts. (S)(HD)

1.00 Fixing Up Christmas
FILM Festive romance starring Marshall Williams and Natalie Dreyfuss. Party planner Holly must persuade architect Theo that a festive event will help to build his business. (W) (S)(HD) ★ *(2021)* ***See Films, pages 31-35***

2.25 Best Bakes Ever (S)(R)(HD)

3.10 Operation Snow Tiger (S)(R)(HD)(AD)

4.15 Nature's Weirdest Events Chris Packham finds out what poisoned a scientist and reveals why chimps take part in rituals. (S)(R)(HD)(AD)

5.15 Flog It! From Somerset. (S)(R)(HD)

6.00 Richard Osman's House of Games Mehreen Baig, Clare Balding, Jamie Laing and Mike Wozniak take part in the final challenges before the winner is announced. (S)(HD)

6.30 Strictly: It Takes Two Rylan is on hand with more *Strictly* exclusives and is joined by a star-studded Friday Panel. (S)(HD)

7.00 Celebrity Antiques Road Trip Danny Dyer and daughter Dani join Natasha Raskin Sharp and Philip Serrell on an antiques hunt in Essex that features pirates, a raft race, sunken treasure and a Chinese banquet. (S)(HD)

8.00 Your Garden Made Perfect 2 of 6. Neil and Clare have a garden with a stunning view of rural Cheshire, but they cannot decide how to turn the space into somewhere to benefit all their family, so two designers each come up with a plan, pitching it to the couple through the use of virtual reality technology. (S)(R)(HD)

9.00 The Hidden Wilds of the Motorway One-off documentary in which author and naturalist Helen Macdonald embarks on a clockwise loop around London's orbital motorway – searching for wildness and natural beauty within sight and sound of the M25. Helen encounters the remarkable people, plants and animals living above, beside and beneath the motorway, and delves into the history of the UK's longest bypass. (S)(R)(HD)

10.30 Newsnight (S)(HD)

11.00 Weather (S)(HD)

11.05 Inside the Care Crisis with Ed Balls *As Monday*. 1 of 2. Documentary in which the former MP examines the elderly care sector by living and working alongside the staff and residents of St Cecilia's care home in Scarborough, North Yorkshire. (S)(R)(HD)(AD)

12.05 Panorama *Online Pimps Exposed:* Online pimps who traffic women for sex. (SL)(S)(R)(HD) **12.35 to 1.35 Doctor Who: Flux** *War of the Sontarans:* 2 of 6. The Sontarans launch an attack during the Crimean War. (SL)(S)(R)(HD)(AD)

ITV

HD **Freeview HD 103** Sky HD 103 Virgin TV HD 113 Freesat HD 111

6.00 Good Morning Britain (S)(HD) **9.00 Lorraine** Entertainment and fashion news. (S)(HD) **10.00 This Morning** Daily magazine with a mix of celebrity chat, showbusiness news, lifestyle features, topical discussion, health and beauty advice. Including **Local Weather** (S)(HD)

12.30 Loose Women Topical debate. (S)(HD)

1.30 ITV News (S)(HD) and **Weather** including **Local News** (S)(HD) and **Weather**

2.00 Dickinson's Real Deal David Dickinson visits Aerospace Bristol and sets up the den beneath the wings of Concorde. (S)(HD)

3.00 Lingo Adil Ray hosts the game show, as Chele and Harry, Jeena and Reuben, and Jordan and Greg try to work out words that appear in the Lingo grids and Puzzlewords. (S)(HD)

4.00 Tipping Point Quiz in which contestants drop tokens down a choice of four chutes in the hope of winning £10,000. (S)(HD)

5.00 The Chase Bradley Walsh presents as contestants answer general knowledge questions and work as a team to take on one of the Chasers and secure a prize. (S)(HD)

6.00 Local News (S)(HD) and **Weather**

6.30 ITV News (S)(HD) and **Weather**

7.00 World Cup Live
SPORT *England v Albania:* Mark Pougatch presents all the action from the Group I qualifier at Wembley Stadium (kick-off **7.45**). England's draw with Hungary here last time out means they still need to claim another four points to guarantee qualification for next year's finals in Qatar, and their opponents are also pushing to qualify. However, March's reverse fixture in Tirana saw the Three Lions record a 2-0 win thanks to goals by Harry Kane and Mason Mount. With analysis from Ian Wright, Roy Keane and Jermain Defoe, commentary by Sam Matterface and Lee Dixon, and reports from Gabriel Clarke. (S)(HD) ***See Highlights***

10.00 ITV News at Ten (S)(HD) and **Weather** including **Local News** (S)(HD) and **Weather**

10.45 World Cup Qualifier Highlights
SPORT Mark Pougatch presents action from the latest fixtures, including: England v Albania at Wembley Stadium; Northern Ireland v Lithuania at Windsor Park; Moldova v Scotland at Zimbru Stadium; and Italy v Switzerland at Stadio Olimpico. With analysis from John Collins, Ian Wright and Lee Dixon. (S)(HD)

11.55 Moneyball Vicky, Tarbir and Beth answer questions to try to bank money by dropping a ball onto an amount of cash. (S)(R)(HD)(AD)

12.45 Teleshopping (HD) **3.00 FYI Extra** (HD) **3.15 Rolling in It** Game show. (SL)(S)(R)(HD)(AD) **4.05 Unwind With ITV** (HD) **5.05 to 6.00 Lingo** Quiz show hosted by Adil Ray. (SL)(S)(R)(HD)

ITV+1 *Freeview 34, Sky 203, Virgin 114, Freesat 112*

CHANNEL 4

HD **Freeview HD 104** **Sky HD 138** **Virgin TV HD 104/141**

6.05 Countdown (S)(R)(HD) **6.45 The Big Bang Theory** (S)(R)(HD) **7.10 The Big Bang Theory** (S)(R)(HD) **7.35 The King of Queens** (S)(R) **8.00 The King of Queens** (S)(R)(HD) **8.30 The King of Queens** (S)(R) **9.00 Frasier** (S)(R) **9.30 Frasier** (S)(R) **10.00 Frasier** (S)(R) **10.30 Ramsay's Kitchen Nightmares USA** (S)(R) **11.25 Channel 4 News Summary** (S)(HD) **11.30 Find It, Fix It, Flog It** In Northamptonshire. (S)(R)(HD)

12.30 Steph's Packed Lunch (S)(HD)

2.10 Countdown With Alastair Campbell. (S)(HD)

3.00 Moneybags Quiz with Craig Charles. (S)(HD)

4.00 A Place in the Sun A couple seek a holiday home in Puerto de Mazarró, Spain. (S)(HD)

5.00 Four in a Bed *Payment Day:* The B&B owners meet for the last time. (S)(HD)

5.30 Come Dine with Me *West Midlands:* Club owner Phil hosts a glitzy night. (S)(HD)

6.00 The Simpsons *Flaming Moe:* Moe decides to turn his tavern into a gay bar. Featuring the voice of Kristen Wiig. (S)(R)(HD)

6.30 Hollyoaks Fergus has a suggestion that may work for both himself and Warren; and Nate decides to offer DeMarcus a job. (S)(R)(HD) ● ***The next episode follows on E4***

7.00 Channel 4 News (S)(HD) and **Weather**

8.00 The Great British Bake Off: An Extra Slice 8 of 10. Jo Brand and *Bake Off* judge Prue Leith are joined by fans of the show to reflect on the week's events, with an interview with the week's eliminated baker; and Tom Allen looks at the questionable creations brought along to the studio. (S)(HD)

9.00 Gogglebox The armchair critics share their opinions on what they have been watching, with cameras capturing their instant reactions and the lively discussions that are prompted by the week's biggest and best shows. (S)(HD)

10.00 The Last Leg Adam Hills, Josh Widdicombe and Alex Brooker are joined by guests Jodie Whittaker and Darren Harriott for a light-hearted review of the past seven days. (S)(HD)

11.05 The Big Narstie Show (S)(HD) **11.55 Stath Lets Flats** *As Tuesday.* (S)(R)(HD) **12.25 FILM Assassination Nation** Comedy thriller. (W)(S)(HD) ★★★★ *(2018)* ***See Films, pages 31-35*** **2.15 Taskmaster** (S)(R)(HD) **3.10 Come Dine with Me** (S)(R)(HD) **3.35 Come Dine with Me** (S)(R)(HD) **4.05 Come Dine with Me** (S)(R)(HD) **4.30 Come Dine with Me** (S)(R)(HD) **5.00 Come Dine with Me** (S)(R)(HD) **5.25 Food Unwrapped Investigates** (S)(R)(HD) **5.55 to 6.10 Kirstie's Fill Your House for Free** (S)(R)(HD)

CHANNEL 4+1 *Freeview 15, Sky 204, Virgin 142, Freesat 121*

CHANNEL 5

HD **Freeview HD 105** **Sky HD 105** **Virgin HD 105** **Freesat HD 105**

6.00 to 9.15 Milkshake! 9.15 Jeremy Vine (S)(HD) **11.15 FILM A Date by Christmas Eve** Festive romantic comedy starring Vanessa Lengies. (W)(S)(HD) ★★ *(2019)* ***See Films, pages 31-35***

12.45 Friends *The One with the Apothecary Table:* Joey finally dates Janine. (S6, ep11) (S)(R)(HD) followed by **5 News at Lunchtime**

1.15 Home and Away Felicity is accused of stalking Mackenzie and Tane; and Theo causes tension between Chloe and Ryder. (S)(R)(HD)(AD) ● ***Repeated at 6.00pm on 5STAR***

1.45 Neighbours Terese turns up at the conference, dismayed to find she has to work with Paul. (S)(HD)(AD) ● ***Repeated at 6.00pm***

2.20 A Chance for Christmas
FILM PREMIERE Romance with Tori Anderson. A social media influencer lands the opportunity of a lifetime – and finds love. (W)(S)(HD) ★★ *(2021)* ***See Films, pages 31-35***

4.00 Bargain-Loving Brits in the Sun 2 of 8. DJ Graham faces a dilemma when he is offered his old job back. (S)(R)(HD)

5.00 5 News (S)(HD)

6.00 Neighbours *As 1.45pm.* (S)(R)(HD)(AD)

6.30 Eggheads Quiz show. (S)(HD)

7.00 M&S vs Waitrose: Which Is Better Value? Documentary examining the ongoing rivalry between the supermarkets. Marks & Spencer has always had a special place in the nation's heart, with almost 1,000 stores and a reputation for quality stretching back 135 years, but Waitrose has proved a fierce rival. (S)(R)(HD) followed by **5 News**

8.00 Susan Calman's Grand Day Susan heads for the West Country and travels from Bath to Cheddar, before meandering through the medieval city of Wells and ending her road trip in Weston-super-Mare. Along the way she meets a Jane Austen aficionado and takes in Cheddar Gorge. **Last in the series** (S)(HD) ***See Highlights*** followed by **5 News**

9.00 Dalgliesh 4 of 6. Wilfred announces that he will transfer the Grange to the Ridgewell Trust and hold a vote on whether he will carry on as spiritual adviser and, despite Eric and Helen's plot, the majority of the Grange vote for him to stay, ensuring the Lourdes trips will continue; and Grace's post-mortem deems her death to be non-suspicious. (S)(HD)

10.00 1973: Britain's Biggest 70s Hits 4 of 10. A selection of popular songs in Britain during 1973, including tracks by David Bowie, Slade, 10cc and the Carpenters. Andy Scott from the Sweet recalls their chart toppers; and author Daryl Easlea shines the spotlight on Slade's success. With contributions from Gary Numan, Suzi Quatro and Merrill Osmond. (S)(HD)

11.30 Greatest 70s Singer Songwriters Featuring Paul McCartney. (S)(HD) **12.30 Wonderful World of Chocolate** (S)(R) **12.55 Entertainment News on 5** (S)(HD) **1.00 The 21.co.uk Live Casino Show** (S)(HD) **3.00 Entertainment News on 5** (S)(HD) **3.10 The Highland Midwife** (S)(R)(HD) **4.00 Britain by Boat** (S)(R)(HD) **4.45 Wildlife SOS** (SL)(S)(R) **5.10 House Doctor** (SL)(S)(R)(HD) **5.35 Thomas & Friends** (S)(R)(HD) **5.45 to 6.00 Paw Patrol** (S)(R)(HD)

CHANNEL 5+1 *Freeview 45, Sky 205, Virgin 155, Freesat 128*

7 PM

8 PM

9 PM

10 PM

ON DEMAND

COMEDY DRAMA

NEW **The Shrink Next Door**
APPLE TV+

A seemingly normal dynamic between a psychiatrist, Dr Ike Herschkopf (Paul Rudd), and his patient, Marty (Will Ferrell) becomes an exploitative relationship filled with manipulation and dysfunction. ***First three episodes available from today, then weekly***

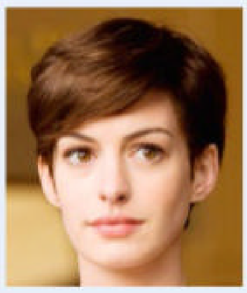
YOU MIGHT ALSO LIKE...

Living with Yourself NETFLIX
A man (Paul Rudd) is replaced by a better version of himself in this 2019 dark comedy. With Aisling Bee. ***All episodes available now***

ITV VARIATIONS

ANGLIA No variations
BORDER No variations
CENTRAL No variations
CHANNEL No variations
GRANADA No variations
LONDON No variations
MERIDIAN No variations
TYNE TEES No variations
WEST No variations
WESTCOUNTRY No variations
YORKSHIRE No variations

ON THIS DAY 1982



Anne Hathaway, 39 today, was born in New York. Watch Anne, alongside Octavia Spencer and Stanley Tucci, in last year's fantasy remake *The Witches* on NOW.

(SL) Signed (S) Subtitles (R) Repeat

FREEVIEW

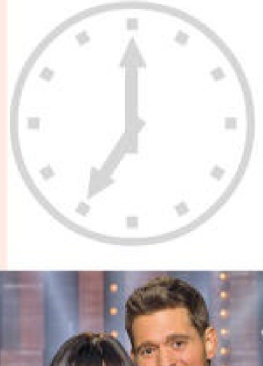
SKY +1 VIRGIN HD +1 FREESAT HD +1 BT HD +1

BBC4

Freeview 9/24 (HD 106)

116 107 107 107

BBC4 programmes begin at 7pm



7.00 Bublé at the BBC

6PM – 11PM

7.00 Bublé at the BBC Claudia Winkleman presents the singer in concert. (S)
8.00 TOTP: 1991 Double-bill. With Rozalla, Seal and Tina Turner; and with M-People and Michael Jackson. (S)
9.00 NEW **Keith Jarrett: The Art of Improvisation** Profile of the jazz pianist. (S)
10.30 NEW **Jazz Voice – From the London Jazz Festival** A selection of jazz classics from the world of film. (S)

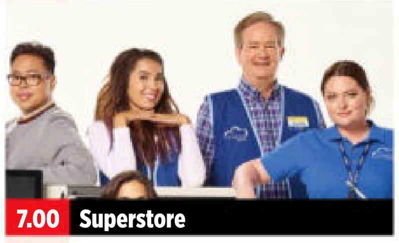
12.40 am The Old Grey Whistle Test: A 1977 performance by Manhattan Transfer, introduced by Bob Harris from the BBC TV Theatre in London's Shepherd's Bush. (S)
1.25 TOTP: 1991: Double-bill. (S)
2.25 to 3.25am Bublé at the BBC: Singer Michael Bublé performs. (S)

ITV2

Freeview 6 (+1 28)

118 218 115 176 116 113 114

6.00 am Love Bites (S)
7.00 The Ellen DeGeneres Show (S)
8.00 Emmerdale (SL)(S)
9.00 You've Been Framed! Gold (S)
9.30 Supermarket Sweep (S)
10.30 Dress to Impress (S)
11.30 Love Bites (S)
12.30 pm Emmerdale (S)
1.30 You've Been Framed! Gold (S)
2.00 The Ellen DeGeneres Show (S)
3.00 Dress to Impress (S)
4.00 Love Bites: Dating show. (S)
5.00 You've Been Framed! Gold (S)



7.00 Superstore

6.00 Catchphrase Celebrity Special Emily Atack, Brenda Edwards and Martin Kemp compete for charity. (S)
7.00 Superstore Double-bill, including: Staff are asked to take all purchases straight to customers' cars. (S)
8.00 Bob's Burgers Double-bill.
9.00 Hell's Kitchen **New edition** The final four compete in the programme's first-ever beach barbecue. (S)
10.00 Family Guy Double-bill. (S)

11.00 Family Guy (S)
11.25 American Dad! (S)
12.20 am Bob's Burgers (S)
1.20 Superstore (S)
2.10 Crossing Swords (S)
3.00 Totally Bonkers Guinness World Records (S)
3.30 to 6.00am Teleshopping

ITV3

Freeview 10 (+1 58)

119 219 117 177 174 115 116

6.00 am Classic Coronation Street (S)
7.00 Classic Emmerdale (S)
8.05 Man About the House (S)
8.40 That's My Boy (S)
9.15 Inspector Morse (S)
11.35 Heartbeat (S)
12.40 pm Heartbeat (S)
1.45 Classic Emmerdale (S)
2.50 Classic Coronation Street (S)
3.50 Agatha Christie's Poirot: Double-bill. The sleuth considers retirement; and plans for a new submarine are stolen. (S)

10.00 Scott & Bailey

6.00 Heartbeat Double-bill. Tragedy hits the village; and a magistrate does his best to protect a young troublemaker. (S)
8.00 Doc Martin Double-bill. Mark's stag night ends in disaster when he has an allergic reaction to a snake bite; and Mark investigates his fiancée's past. (S)
10.00 Scott & Bailey The detective duo investigate the death of a care home resident. (S)

11.05 Scott & Bailey: The warring detectives are forced to reunite when Gill is abducted. (S)
12.05 am Tina & Bobby: Tina learns Bobby is having an affair. (S)
1.05 Agatha Christie's Poirot (S)
2.10 Unwind With ITV
2.30 to 6.00am Teleshopping

ITV4

Freeview 25

120 220 118 178 175 117 118

6.00 am The Protectors **6.25** The Saint
7.20 The Casebook of Sherlock Holmes
8.15 Dempsey and Makepeace (S)
9.20 The Professionals (S)
10.25 Minder (S)
11.30 The Saint (S)
12.35 pm The Protectors (S)
1.10 World of Sport (S)
1.30 LIVE ITV Racing: Live from Cheltenham: The first day. (S)
4.00 World of Sport (S)
4.20 River Monsters (S)
4.50 Minder (S)

9.00 Cobra

6.00 Giant Lobster Hunters (S)
7.00 The Chase Celebrity Special With Perry Fenwick, Jenny Eclair, Ore Oduba and Richard Madeley. (S)
8.00 Made in Britain Behind the scenes at the Bombay Sapphire distillery. (S)
9.00 FILM **Cobra** Crime thriller starring Sylvester Stallone as a cop on the trail of a serial killer. (W)(S) ★ *(1986)*
10.50 All Elite Wrestling: Dynamite Recent action. (S)

12.55 am Auto Mundial: News and reviews from the world of cars. (S)
1.25 Minder: Arthur takes over a steam-cleaning business. (SL)(S)
2.25 The Protectors: Holidaymakers are held hostage in Austria. (S)
2.50 Unwind With ITV
3.00 to 6.00am Teleshopping

ITVBE

Freeview 27

131 119 179 120 119

7.00 am The Real Housewives of Cheshire: Reality series. (S)
8.00 Buying and Selling (S)
9.00 LittleBe
12.00 noon Best Cake Wins (S)
12.30 pm The Real Housewives of Orange County (S)
1.25 The Real Housewives of Cheshire
2.25 The Only Way Is Essex (S)
3.10 Million Dollar Listing: NYC (S)
4.05 The Real Housewives of New York City: Reality series. (S)
5.00 The Real Housewives of Atlanta (S)

7.00 Buying and Selling

6.00 Making It Home with Kortney & Kenny **New edition** Transforming a cottage in Tennessee. (S)
7.00 Buying and Selling A couple who want to leave the suburbs behind. (S)
8.00 Dinner Date Helen from Essex looks for love. (S)
9.00 Botched A personal trainer wants a scar removed. (S)
10.00 Love Island: Australia **New edition** One boy is dumped from the Villa. (S)

11.05 Atlanta Plastic: A woman calls on Dr Jones for a complete body makeover, hoping that he will change her 'poodle face' body. (S)
12.05 am The Only Way Is Essex: Lauren's break-up is painful. (S)
12.50 Unwind With ITV
1.00 to 7.00am Teleshopping

5STAR

Freeview 31

128 228 151 186 131 141

6.00am Teleshopping
8.00 Entertainment News on 5
8.10 Rich Kids Go Skint
9.00 Rich Holiday, Poor Holiday
10.00 Filthy House SOS
11.00 Nightmare Tenants, Slum Landlords
12.00noon Traffic Cops
2.00pm Police Interceptors
5.00 Nightmare Tenants, Slum Landlords: Including a woman's prolonged battle with her negligent landlord.

6PM – 11PM

6.00 Home and Away (S)
6.30 Home and Away **New episode** (S)
7.00 Call the Bailiffs: Time to Pay Up (S)
8.00 Nightmare Tenants, Slum Landlords (S)
9.00 Psycho Pussies 2: Mad Cat Attacks! (S)
10.00 FILM **The Full Monty** Comedy starring Robert Carlyle. A group of unemployed men turn to stripping to make ends meet. (S) ★★★★★ *(1997)*

11.55 FILM Airplane II – The Sequel: Comedy sequel starring Robert Hays, Lloyd Bridges and Julie Hagerty. ★★★ *(1982)*
1.40am Wentworth: The Final Sentence: Double-bill.
3.35 Last Man Standing
4.00 to 6.00am Teleshopping

5USA

Freeview 21

141 241 153 185 129 130

6.00am Teleshopping
9.00 Murder, She Wrote
10.00 NCIS
12.00noon Law & Order: Back-to-back episodes, including: McCoy tries to prosecute a pilot accused of murdering her married lover. (S8, ep3); a defence lawyer is killed. (S13, ep7); a restaurant is the scene of a shooting. (S8, ep12); and a serial killer has an unusual defence. (S8, ep13)

6.00 NCIS Triple-bill, including: Gibbs is held captive in Mexico. (S7, ep24); and the team gets close to tracking down a Mexican drug kingpin. (S8, ep1) (S)
9.00 FILM **Patriot Games** Action thriller starring Harrison Ford. Jack Ryan becomes the target of an IRA man after foiling an assassination attempt. (S) ★★★ *(1992)*

11.20 Law & Order: Special Victims Unit: A family is murdered while sleeping. (S20, ep7)
12.20am L.A.'s Finest: Double-bill, including: The LAPD team races to rescue one of its own.
2.15 NCIS: Double-bill.
4.00 to 6.00am Teleshopping

YESTERDAY

Freeview 26

155 255 129 200 159

6.00am Mountain: Life at the Extreme **7.10** War Factories
8.00 Forbidden History
9.00 Bangers and Cash
10.00 Inside Glasgow Central Station **11.00** Secrets of the London Underground
12.00noon Great British Railway Journeys: Four editions.
2.00pm Abandoned Engineering
4.00 World War Weird
5.00 Narrow Escapes of World War Two: Robert Laycock.

6.00 Great British Railway Journeys Double-bill; including: A visit to an iron bridge. (S)
7.00 Abandoned Engineering An abandoned prison beneath the water.
8.00 Great British Railway Journeys Double-bill.
9.00 Porridge Triple-bill. A midday cuppa causes a stir; Fletcher finds three is a crowd; and the inmates stage a mock trial. (S)

11.00 Open All Hours: Triple-bill, including: Arkwright offers Nurse Gladys Emmanuel the use of his washing machine.
1.00am Mountain: Life at the Extreme: Life on the Andes.
2.00 War Factories
3.00 to 6.00am Teleshopping

REALLY

Freeview 17

142 128 160

6.00am Fantasy Homes by the Sea
7.00 Teleshopping
8.00 Homes Under the Hammer
10.00 Antiques Road Trip
12.00noon Money for Nothing
1.00pm A Place in the Sun
2.00 Animal Cops Miami
4.00 Pit Bulls & Parolees: Zach Randolph contacts Tia about a dog rescued from a drainpipe.
5.00 The Great British Bake Off: The Final: The last three bakers compete to be the 2017 winner.

6.00 Money for Nothing Anthony Devine revamps an armchair.
7.00 Antiques Road Trip Double-bill, including: Thomas Plant and Mark Stacey take a trip across East Anglia. (S)
9.00 These Woods Are Haunted **New edition** A neighbour issues a warning. (S)
10.00 Help! My House Is Haunted **New edition** Reports of a spirit that throws stones. (S)

11.00 Ghost Adventures: Double-bill, including: The team of ghost hunters visit an abandoned hospital in New Jersey.
1.00am Kindred Spirits
2.00 Teleshopping
4.00 to 6.00am Animal Cops Miami: Double-bill.

TALKING PICTURES

Freeview 81

328 445 306

6.00am FILM Not Wanted on Voyage (b/w) ★★ *(1957)* **7.40** Scales of Justice **8.15** FILM The Fabulous Dorseys: Musical biopic. (b/w) ★★ *(1947)*
10.00 FILM Fanny by Gaslight (b/w) ★★★ *(1944)* **12.10pm** FILM The Singer Not the Song ★★ *(1960)* **2.50** FILM The Spanish Gardener: Drama starring Dirk Bogarde. ★★★ *(1956)* **4.50** Look at Life
5.00 Upstairs, Downstairs

6.00 FILM **Mr Hobbs Takes a Vacation** Family comedy with James Stewart. (S) ★★ *(1962)*
8.20 Sunday Night at the London Palladium A classic variety show from 1957. (b/w)
9.00 Cellar Club with Caroline Munro (S)
9.05 FILM **Death Dream** Horror starring Richard Backus, John Marley and Lynn Carlin. ★★ *(1974)*

11.00 Cellar Club... **11.05** FILM The Atomic Brain (b/w) *(1963)*
12.25am Cellar Club... **12.30** FILM Terror *(1978)* **2.10** Cellar Club... **2.15** FILM Yesterday's Hero *(1979)* **4.05** Talking Pictures... **5.00** Turn of Fate
5.30 to 6.00am Hey, Jeannie!

QUEST

Freeview 12 (HD 114 +1 69)

144 244 169 213 172 168

6.00am *See 11.00pm* **6.20** Scrap Kings **7.10** Repair Shop **8.00** *See 3.00pm* **9.00** Wheeler Dealers **10.00** Chasing Classic Cars **11.00** Incredible Engineering Blunders:... **12.00noon** Shed and Buried **1.00pm** Combat Dealers **2.00** Repair Shop **3.00** Find It, Fix It... **4.00** Salvage Hunters **5.00** Goblin Works... **6.00** Wheeler Dealers **7.00** Outback Opal Hunters **8.00** Salvage Hunters **9.00** Sydney Harbour Force **10.00** Outback Truckers **11.00** How Do They Do It? **12.00m't** Wheeler Dealers **1.00am** Cops UK:... **2.00** Fantomworks **3.00 to 4.00am** *As 11.00am*

SKY ARTS

Freeview 11

130 165 140 147 363

7.15am FILM Jesus Christ Superstar: Live *(2018)* **9.00** *See 5.00pm* **10.00** Kirk Douglas **11.00** The Art of Architecture **12.00noon** My Greatest Shot **1.00pm** *See 5.00pm* **2.00** Bette Davis **3.00** Landscape Artist of the Year **4.00** Music Icons **4.30** Video Killed the Radio Star **5.00** Tales of the Unexpected **6.00** Clark Gable **7.00** Video Killed the Radio Star **8.00** Johnny Cash – Behind Prison Walls **9.00** Cum on Feel the Noize **11.00** Bad Company Live at Red Rocks **12.35 to 2.20am** Kiss Rocks Vegas

(b/w) black and white (W) Widescreen (HD) High Definition

E4

Freeview 13 (+1 29)

135 235 106 145 146 122 123

6.00 am Hollyoaks (S)

7.00 Ramsay's Kitchen Nightmares USA: The chef helps a Mexican restaurant in California. (S)

8.00 Baby Daddy (S)

9.00 How I Met Your Mother (S)

10.00 The Big Bang Theory (S)

11.00 The Goldbergs (S)

12.00 noon Brooklyn Nine-Nine (S)

1.00 The Big Bang Theory (S)

2.30 Mike & Molly: Double-bill. (S)

3.30 Brooklyn Nine-Nine (S)

4.30 Married at First Sight Australia (S)

9.00 Pitch Perfect 3

MORE4

Freeview 18 (+1 86)

136 236 147 195 196 124 125

8.55 am Food Unwrapped (S)

9.15 A Place in the Sun: Double-bill, including: Looking for a second home on the Costa Tropical. (S)

11.05 Escape to the Chateau (S)

12.05 pm Grand Designs (S)

1.10 Four in a Bed: Back-to-back editions, including: From Gloucestershire; in Cornwall; from Blackpool; and in Dorset. (S)

3.50 Find It, Fix It, Flog It: Double-bill.

5.55 The Great House Giveaway: A bungalow in Anglesey. (S)

9.15 A Place in the Sun

FILM4

Freeview 14 (+1 46)

313 314 428 429 430 300 301

11.00 am Attack!: Anti-war drama starring Jack Palance and Eddie Albert. (b/w) (S) ★★★★ *(1956)*

1.15 pm A Day to Remember: Comedy with Stanley Holloway and James Hayter. (b/w) (S) ★★ *(1953)*

3.05 Timberjack: Action drama starring Sterling Hayden. (S) ★★ *(1954)*

4.55 Carry On Spying: James Bond spoof starring Kenneth Williams. A spycatcher and his trainees try to retrieve a secret formula. (b/w) (S) ★★★★ *(1964)*

9.00 Taken 3

HGTV

Freeview 43

158 258 286 290 166

6.00 am Teleshopping

7.00 Homes Under the Hammer (S)

8.00 *See 3.00pm*

9.00 A Place in the Sun

10.00 Escape to the Country (S)

12.00 noon Farmhouse Fixer

1.00 pm Sarah Beeny's Renovate Don't Relocate: A Kent home. (S)

2.00 A Place in the Sun (S)

3.00 The Great Interior Design Challenge: From Kent.

4.00 DIY SOS: The Big Build (S)

5.00 Homes Under the Hammer (S)

7.00 Escape to the Country

PICK

Freeview 35

159 259 156 144 145

6.00 am Teleshopping

7.00 Highway Patrol (S)

8.00 Motorway Patrol (S)

9.00 Police Force: Australia (S)

10.00 Police Ten 7 (S)

11.00 Highway Cops (S)

12.00 noon Nothing to Declare (S)

1.00 Border Patrol (S)

2.00 Border Security: Canada's Front Line: Double-bill. (S)

3.00 Nothing to Declare (S)

4.00 Stargate Atlantis (S4, ep5) (S)

5.00 The Librarians (S3, ep6) (S)

10.00 Fringe

6PM – 11PM

6.15 **Extreme Cake Makers** (S)

6.30 **The Big Bang Theory** (S)

7.00 **Hollyoaks** **New episode** (S)

7.30 **Married at First Sight Australia** **New edition** The last three couples walk down the aisle. (S)

9.00 FILM **Pitch Perfect 3** Comedy sequel starring Anna Kendrick. The Bellas reunite for one last singing competition at an overseas tour. (W)(S) ★★★ *(2017)*

10.50 **Naked Attraction** (S)

6.55 **Escape to the Chateau: DIY** Ben and Billie work on their riverside glamping area. (S)

7.55 **Grand Designs** A bricklayer in Bolton begins work on an ambitious state-of-the-art wooden home. (S)

9.00 **Valley of Tears** **New episodes** Double-bill. Avinoam attempts to lead his fellow soldiers to safety. (S1, ep3); and Marco leads the 87th in a rebellion. Subtitled. (S1, ep4)

6.40 **Sahara** Adventure starring Matthew McConaughey as an explorer on a treasure hunt in West Africa for a Confederate battleship that no one else believes exists.(S) ★★★ *(2005)*

9.00 **Taken 3** Action thriller sequel starring Liam Neeson. Ex-CIA agent Bryan Mills fights to clear his own name after being framed for his ex-wife's murder. (W)(S) ★★ *(2015)*

6.00 **A Place in the Sun** A property in Benidorm. (S)

7.00 **Escape to the Country** Double-bill. A home and a business in North Yorkshire; and a property in Dorset. (S)

9.00 **Farmhouse Fixer** An outdated farmhouse is transformed into a functional family home.

10.00 **My Lottery Dream Home** Double-bill. A home in Cape Cod; and a lucky couple look for a new home in Orlando.

6.00 **Quantum Leap** (S2, ep6)

7.00 **Star Trek: Deep Space Nine** A secret from Bashir's past comes to light. (S5, ep16) (S)

8.00 **NCIS: Los Angeles** Callen leaves no stone unturned when authorities apprehend his father. (S9, ep16) (S)

9.00 **Killer Neighbours** A fence is unable to keep a feud under control. (S1, ep9) (S)

10.00 **Fringe** **New episode** Olivia investigates the case of a serial kidnapper. (S3, ep7)

11.55 Married at First Sight Australia (S)

1.25 am Gogglebox: The critics share their opinions on TV from April 2016, including *Britain's Got Talent* and *University Challenge*. (S)

2.30 First Dates (S)

3.25 The Big Bang Theory (S)

5.00 to 6.00am The Goldbergs (S)

11.05 24 Hours in A&E: Double-bill. A cyclist has severely damaged his ankle after coming off his bike; and the team treats a man injured in a collapsed garage incident. (S)

1.15 am 8 Out of 10 Cats Does Countdown: With Holly Walsh. (S)

3.20 to 3.45am Father Ted (S)

11.15 Come to Daddy: Comedy thriller starring Elijah Wood. A man in his thirties travels to a remote cabin to reconnect with his estranged father. (S) ★★★ *(2019)*

1.05 to 3.00am PREMIERE Chained for Life: Comedy drama starring Jess Weixler. (S) ★★ *(2018)*

11.00 Fixer Upper (S)

12.00 m't Farmhouse Fixer: An outdated farmhouse is transformed.

1.00 am DIY SOS: The Big Build (S)

2.00 Homes Under the Hammer (S)

3.00 Selling Houses with Amanda Lamb: From Frome, Somerset.

4.00 to 6.00am Teleshopping

11.00 NCIS: Los Angeles: The team uncovers a killer. (S9, ep17) (S)

12.00 m't Britain's Most Evil Killers (S)

1.00 am Banged Up Abroad (S)

2.00 Nothing to Declare (S)

3.00 Border Patrol

4.00 Motorway Patrol (S)

5.00 to 6.00am Police Force: Australia

QUEST RED

Freeview 39 (+1 70)

149 249 170 169 170

6.00am SYttD: Atlanta **7.00** SYttD: UK **8.00** My Cat from Hell **9.00** AC Philadelphia **10.00** Hoarding: Buried... **11.00** *See 12.00m't* **1.00pm** Southern Fried Homicide **2.00** Disappeared **3.00** Happily Never After **4.00** SYttD: Atlanta **5.00** SYttD: Bridesmaids **6.00** SYttD **7.00** Long Lost Family **8.00** My 600lb Life: Where Are They Now? **9.00** Evil Lives Here **10.00** Crimes Gone Viral **11.00** FBI Files **12.00m't** Forensic Detectives **1.00am** Murder on CCTV **2.00** Murder Comes to... **3.00** FBI Files **3.50** AC Houston **4.40** Meet the Penguins **5.30 to 6.00am** SYttD: Canada

CBS JUSTICE

Freeview 40

148 192 137

6.00am Teleshopping **9.00** Diagnosis Murder **11.00** The Fugitive **12.00noon** Perry Mason **1.05pm** Walker, Texas Ranger **2.05** CSI: Miami (S6, ep17) **3.00** NCIS (S9, ep22) **4.00** NCIS: Los Angeles (S1, ep9) **5.00** The Fugitive **6.00** Perry Mason (S4, ep8) **7.05** Scorpion (S3, ep18) **8.00** Walker, Texas Ranger (S6, ep9) **9.00** NCIS (S8, ep10) **10.00** NCIS: Los Angeles (S1, ep10) **11.00** Scorpion **12.00m't** CSI: Miami (S6, ep17) **1.00am** NCIS **2.00** Scorpion **2.55** Walker, Texas Ranger **3.50** Matlock **4.40** JAG **5.25 to 6.00am** Bondi Rescue

GREAT! movies

Freeview 33 (+1 60)

321 322 425 302

6.00am Teleshopping **9.00** Inspired to Kill ★★ *(2017)* **11.00** Gone: Finding My Daughter ★★ *(2018)* **1.00pm** Another Man's Wife ★★ *(2011)* **3.00** Love Always, Santa ★★ *(2016)* **4.50** The Christmas Candle ★★ *(2013)* **7.05** 10 Things I Hate About You: Comedy starring Heath Ledger. ★★★ *(1999)* **9.00** Kingdom of Heaven: Historical epic starring Orlando Bloom. ★★★ *(2005)* **11.55** Elizabeth: The Golden Age: Historical drama. ★★★ *(2007)* **2.05am** Momentum ★★★ *(2015)* **4.00 to 6.00am** The Heist ★★★ *(2008)*

GREAT! tv

Freeview 49

157 257 189 220 142 143

6.00am Charlie's Angels **7.00** Crazy Like a Fox **8.00** Hart to Hart **9.00** Sue Thomas: F.B.Eye **10.00** Starsky & Hutch **11.00** T.J. Hooker **12.00noon** Crazy Like a Fox **1.00pm** Hart to Hart **2.00** Sue Thomas: F.B.Eye **3.00** Castle (S4, ep22) **4.00** Murder, She Wrote **6.00** Sue Thomas: F.B.Eye: A team of suicide bombers arrive in Washington. (S2, ep3) **7.00** M*A*S*H: Back-to-back episodes. **9.00** Who Wants to Be a Millionaire? **1.00am** M*A*S*H **3.00** Charlie's Angels **3.45** Starsky & Hutch **4.30** T.J. Hooker **5.15 to 6.00am** Sue Thomas: F.B.Eye

CHALLENGE

Freeview 47

160 160 146

6.00am Teleshopping **7.00** The Chase **10.00** Dale's Supermarket Sweep **11.00** Strike It Lucky **12.00noon** Wheel of Fortune **1.00pm** Catchphrase **2.00** Family Fortunes **3.00** Bruce's Price Is Right **4.00** The Chase **5.00** Bullseye **6.00** Pointless Celebrities: A special 1980s edition, with contestants including Samantha Fox and Carol Decker. **7.00** Pointless **8.00** The Chase: Triple-bill. Quiz show hosted by Bradley Walsh. **11.00** Bullseye **12.00m't** The Chase **4.00am** Wheel of Fortune **5.00 to 6.00am** Bullseye

DAVE

Freeview 19 (+1 23)

111/112 211 127 227 131

6.00am Teleshop **7.10** Modern Wheels or Classic Steals **8.00** *See 5.00pm* **9.00** Storage Hunters UK **10.00** American Pickers **12.00noon** Top Gear **2.00pm** *See 7.00pm* **3.00** Top Gear **5.00** Rick Stein's Far Eastern Odyssey **6.00** QI XL **7.00** Whose Line Is It Anyway? USA **8.00** Richard Osman's House of Games **8.40** Would I Lie to You? The Unseen Bits **9.20** QI **10.00** Red Dwarf **12.00m't** Mock the Week **12.40am** Have I Got a Bit More Old News for You **1.40** *As 8.40pm* **2.25** QI **3.00** Sliced **4.00 to 6.00am** Teleshopping

FOOD NETWORK

Freeview 42

140 240 285 148 149

6.00am Hairy Bikers **7.00** James Martin **8.00** Trisha **9.00** Tia Mowry **9.30** Baked in Vermont **10.00** Farmhouse Rules **11.00** Girl Meets Farm **12.00noon** River Cottage **1.00pm** Jamie **3.00** Great British Bake Off **4.00** *See 8.00pm* **5.00** Barefoot Contessa **6.00** James Martin **7.00** Great British Bake-Off 2015 Christmas **8.00** HB's Home for Christmas **9.00** Rick Stein **10.00** James Martin **11.00** Gingerbread Showdown **12.00m't** Mystery Diners **1.00am** Restaurant:... **2.00** Friday Night Feast **3.00 to 6.00am** Teleshopping

CBS REALITY

Freeview 66

146 246 148 201 135 136

6.00am Teleshopping **9.00** Judge Judy: Back-to-back editions. **7.00pm** Medical Detectives: Back-to-back episodes, including: A series of robberies in Florida leads to murder; and when an unreliable, drugged up prostitute witnesses an attack on a helpless girl, and an unidentified body is found, police wonder if the cases are connected. **11.00** Cold Justice **12.00m't** Voice of a Serial Killer **1.00am** Medical Detectives **3.00** Celebrity Damage Control **3.45** Unsolved Mysteries **5.10 to 6.00am** Bondi Rescue

GREAT! movies christmas

Freeview 51

319 320 424 303 304

6.00am Christmas Mail *(2010)* **8.00** Runaway Christmas Bride ★★ *(2017)* **10.00** The Case for Christmas ★★ *(2011)* **12.00noon** Beverly Hills Christmas ★★ *(2015)* **2.00pm** The Christmas Shepherd ★★ *(2014)* **4.00** Lucky Christmas ★★ *(2011)* **6.00** Dashing Through the Snow ★★ *(2015)* **8.00** Love Strikes Twice ★★ *(2017)* **10.00** A Christmas Eve Miracle ★★ *(2015)* **12.00m't** Silver Bells ★★ *(2013)* **2.00am** I'll Be Next Door For Christmas ★★ *(2018)* **4.00 to 6.00am** Santa with Muscles ★ *(1996)*

PARAMOUNT NET.

Freeview 32

150 187 150 132

6.00am Teleshopping **9.00** Entertainment News on 5 **9.10** Traffic Cops: On the Edge **10.10** Traffic Cops **11.10** Trucking Hell **12.15pm** FILM The Cimarron Kid ★★ *(1951)* **2.05** FILM Flaming Star ★★★ *(1960)* **4.00** Trucking Hell **5.00** Traffic Cops **7.00** Police Interceptors **8.00** Traffic Cops **9.00** Police Interceptors **10.00** Police Hour of Duty **11.00** Fights, Camera, Action! **12.00m't** Beware: Boozed Up Britain **12.55am** Frontline Police 24/7 **2.55** Michael McIntyre's Big Show **5.00 to 6.00am** Teleshopping

DRAMA

Freeview 20 (+1 73)

143 243 130 226 158

6.00am Teleshopping **7.35** A Place to Call Home **8.35** The Bill **9.35** Classic Holby City **10.55** Classic Casualty **12.00noon** The Bill **1.00pm** Classic EastEnders **2.15** Peak Practice **3.15** All Creatures Great and Small **4.20** Pie in the Sky **5.20** Just Good Friends **6.00** Bread **6.40** 'Allo 'Allo **7.20** Last of the Summer Wine **8.00** Father Brown **9.00** Miss Scarlet and the Duke: Eliza finds out what really happened to her father. **10.10** New Tricks **11.35** Bad Girls **12.40am** Judge John Deed **2.45** New Tricks **4.00 to 6.00am** Teleshopping

4SEVEN

Freeview 48

137 143 203 127

9.00am Four in a Bed **9.30** Ramsay's Kitchen Nightmares USA **10.30** Find It, Fix It, Flog It **11.30** A Place in the Sun **1.30pm** Moneybags **2.30** Come Dine with Me **5.00** Ramsay's Kitchen Nightmares USA **6.00** A Place in the Sun **7.00** The Yorkshire Dales and the Lakes: Season... **8.00** Kirstie and Phil's Love It or List It **9.00** George Clarke's Old House, New Home **10.00** Extraordinary Extensions **11.05** Gogglebox **1.15am** Great British Bake Off **2.35** Great British Bake Off: An Extra Slice **3.40 to 4.40am** Complaints Welcome

(SL) Signed (S) Subtitles (R) Repeat

SKY & VIRGIN LISTINGS over the page ▶

SKY & VIRGIN

SKY +1 VIRGIN HD +1 FREESAT HD +1 BT HD +1

SKY SHOWCASE

106 206 110 109 340 355

6.00 am The Early Rundown
7.00 Kay Burley
8.00 New Kids in the Wild
9.00 Nothing to Declare
10.00 The Flash (S3, ep6)
11.00 NCIS: Los Angeles
1.00 pm Hawaii Five-0
2.00 MacGyver
3.00 Modern Family
4.00 The Office (US)
5.00 The Simpsons
5.30 The Fresh Prince of Bel Air: Will falls for a girl.

10.00 The Late Late Show with...

6.00 The Fresh Prince of Bel-Air Comedy.
6.30 The Simpsons
8.00 Young Rock New episode Dwayne focuses on his football career. (S1, ep10)
8.30 Mr Mayor New episode The staff are divided. (S1, ep8)
9.00 COBRA: Cyberwar New episode Rachel is dismayed. (S2, ep5)
10.00 The Late Late Show with James Corden: Best of the Week

11.00 Formula 1: Qualifying for the 2021 Sao Paulo Grand Prix.
12.45 am The Force: North East
1.45 Road Wars
2.15 Brit Cops: War on Crime
3.10 Hawaii Five-0
4.05 MacGyver
5.00 to 6.00am Motorway Patrol

SKY ATLANTIC

108/109 208 342 357

6.00 am The British
7.00 Blue Bloods
9.00 Six Feet Under
11.15 Boardwalk Empire
1.30 pm The Sopranos
3.45 Blue Bloods: Double-bill, including: Frank faces a public backlash after an officer's body camera malfunctions. (S5, ep8)
5.45 True Blood: Bill discovers he has a connection to the Bellefleur family. (S4, ep4)

9.00 Your Honor

6.50 True Blood Double-bill, including: Bill gets personally involved in the necromancy crisis sweeping through Bon Temps. (S4, ep5)
9.00 Your Honor Jimmy puts pressure on Michael over Carlo's trial. (S1, ep8)
10.05 Dexter: New Blood Crime drama set 10 years after the disappearance of the forensic expert turned serial killer. (S1, ep1)

11.10 The L Word: Generation Q: Angie receives some big news. (S2, ep3)
12.20 am Oz: Double-bill.
2.30 Deadwood
3.35 Californication
4.10 to 6.00am Fish Town: Double-bill. Documentary.

SKY WITNESS

107 207 112 111 206 341

6.00 am Nothing to Declare
8.00 Border Patrol
9.00 Customs UK
10.00 Law & Order (S14, ep12)
11.00 FBI (S1, ep10)
12.00 noon The Rookie
1.00 pm Blue Bloods
3.00 Customs UK: Double-bill, including: Officers board a yacht off Cornwall.
4.00 Paramedics Australia: The work of ambulance crews.
5.00 Nothing to Declare

9.00 The Resident

6.00 Nothing to Declare
8.00 Blue Bloods Danny and Baez try to prevent an outbreak of violence. (S8, ep14)
9.00 The Resident Nic is forced to face her trauma when the man who attacked her is admitted. (S4, ep8)
10.00 9-1-1: Lone Star Owen, Michelle and the crew tackle a rattlesnake infestation at the home of a young family. (S1, ep8)

11.00 The Rookie (S2, ep3)
12.00 m't Law & Order: Special Victims Unit (S8, ep10)
1.00 am Departure **2.00** For Life **3.00** Chicago Fire
4.00 Road Wars
5.00 to 6.00am Brit Cops: Rapid Response

GOLD

110/111 210 124 194 343

6.00 am Teleshopping
7.30 Ever Decreasing Circles
8.40 Are You Being Served?
9.20 Open All Hours
10.00 Last of the Summer Wine
11.20 Blackadder The Third
12.00 noon Dad's Army
12.40 pm Ever Decreasing Circles
1.20 Are You Being Served?
2.00 Open All Hours
2.40 The Good Life: Double-bill.
4.00 Blackadder The Third
4.40 Last of the Summer Wine

11.20 Inside No 9

6.00 Open All Hours
6.40 Are You Being Served? The staff organise a cabaret.
7.20 Dad's Army
8.00 The Good Life Double-bill, including: Tom finds oil in his garden.
9.20 Not Going Out Lee and Tim host a dinner.
10.00 The Cockfields New episode Simon and Esther decide to keep their news a secret.
10.40 Bottom Richie and Eddie go camping.

11.20 Inside No 9: The Stakeout.
12.00 m't Upstart Crow
12.40 am Peep Show
1.50 Bob Monkhouse: Million Joke Man
2.55 Upstart Crow
3.25 Inside No 9
4.00 to 6.00am Teleshopping

DISCOVERY

125 225 250 258 376

6.00 am Wheeler Dealers
7.00 Deadliest Catch
8.00 Building Off the Grid
9.00 Alaska: The Last Frontier
10.00 Diesel Brothers
11.00 Wheeler Dealers
12.00 noon Junkyard Empire
1.00 pm Gold Rush: Double-bill.
3.00 Ice Lake Rebels
4.00 Lost Mines: Restored
5.00 Wheeler Dealers: Mike finds a Morris Minor for the bargain price of £2,400.

9.00 The Alaska Triangle

6.00 Fast N' Loud Revved Up Boxer George Foreman takes off with Rich's Mustang.
7.00 Outback Truckers Steve Grahame takes deserted back roads.
8.00 Gold Rush The miners hope to strike it rich.
9.00 The Alaska Triangle New edition A secret government facility.
10.00 Paranormal Declassified New edition Unsolved cattle mutilations.

11.00 Combat Dealers
12.00 m't The Alaska Triangle
1.00 am Paranormal Declassified
2.00 Wheeler Dealers
3.00 Gold Rush
4.00 Gold Rush: White Water
4.50 The Alaska Triangle
5.40 to 6.00am How It's Made

SKY DOCUMENTARIES

121 278 277 352 367

6.00 am *See 2.00pm*
7.40 My Icon: Deta Hedman
8.00 First Ladies
9.00 Discovering: Albert Finney
10.00 The Directors
11.00 The Seventies
12.00 noon Hollywood Couples
1.00 pm Escobar by Escobar
2.00 FILM Baby God: Documentary. (W) *(2020)*
3.40 My Icon: Chris Hughton
4.00 Discovering: Albert Finney
5.00 The Directors

7.00 Hollywood Couples

6.00 The Seventies Taking a look at American popular music.
7.00 Hollywood Couples The romance between Ingrid Bergman and Roberto Rossellini.
8.00 Escobar by Escobar The story of the cursed Escobar empire.
9.00 Bright Lights: Starring Carrie Fisher and Debbie Reynolds The mother and daughter relationship.
10.45 100 Foot Wave

12.00 m't FILM Disgraced: The 2003 murder of basketball star Patrick Dennehy. (W)
2.00 am FILM Breslin and Hamill: Deadline Artists: Documentary. (W) *(2018)*
4.00 Discovering: Albert Finney
5.00 to 6.00am First Ladies

W

109/110 209 125 211 190

6.10am My Dream Home **8.00** Tipping Point **10.00** Inside the Vets **11.00** Inside the Ambulance **1.00pm** Tipping Point **3.00** Property Brothers: Forever Homes **4.00** My Dream Home **6.05** MasterChef Junior USA Celebrity Showdown
8.00 Inside the Ambulance **8.30** Nurses Down Under: Inside Sydney's busiest hospitals. **9.30** Catherine Tate Show **11.20** Inside the Ambulance **11.50** One Born Every Minute **12.50am** The Shift: Women on the Force **1.50** Renovate My Home: Leave It to Bryan **3.00 to 6.10am** Teleshopping

ALIBI

132 232 126 212 191

6.00am Teleshopping **7.10** Murdoch Mysteries **9.00** Rizzoli & Isles **10.00** Unforgettable **11.00** Hudson & Rex **12.00noon** The Doctor Blake Mysteries **1.00pm** Death in Paradise **2.00** Murdoch Mysteries **4.00** The Good Wife **5.00** Rizzoli & Isles
6.00 Unforgettable **7.00** Hudson & Rex **8.00** Death in Paradise: The host of a charity fundraiser is shot. **9.00** The Inspector Alleyn Mysteries: A barrister dies of cyanide poisoning. **11.10** The Good Wife **12.05am** Unforgettable **1.05** The Doctor Blake Mysteries **2.15** Carter **4.00 to 6.00am** Teleshopping

SKY COMEDY

114/115 135 123 346 361

6.00am Teleshopping **8.00** The Fresh Prince of Bel Air **9.00** Everybody Hates Chris **10.00** The Mindy Project **11.00** The Office (US) **12.00noon** Parks and Recreation **12.30pm** Sex and the City **3.00** Modern Family **4.00** The Office (US)
5.00 30 Rock **5.30** Fresh Prince of Bel Air **6.30** Saturday Night Live **8.00** Young Rock **8.30** Mr Mayor **9.00** Yonderland **10.00** The Late Late Show... **11.00** The Tonight Show... **11.50** The Late Late Show... **12.40am** Ballers **2.30** The Mindy Project **3.30** 30 Rock **4.00** Everybody Hates Chris **5.00 to 6.00am** Teleshopping

SYFY

152 252 139 138 229 347

6.00am Marvel's Runaways **7.00** Star Trek: The Next Generation **8.00** Teleshopping **11.00** The Librarians **12.00noon** Stargate Atlantis **1.00pm** Pandora **2.00** Star Trek: Deep Space Nine
3.00 Marvel's Runaways **4.00** Quantum Leap **5.00** Stargate Atlantis **6.00** The Librarians (S4, ep8) **7.00** Star Trek: The Next Generation (S5, ep8) **8.00** Quantum Leap (S5, ep6) **9.00** V: Double-bill. **11.00** Wynonna Earp **12.00m't** Trickster **1.00am** Pandora **2.00** Quantum Leap **3.00** Stargate Atlantis **4.00** Star Trek: Deep Space Nine **5.00 to 6.00am** Pandora

SKY HISTORY

123 223 270 271 353 368

6.00am American Pickers **7.00** Counting Cars **8.00** Pawn Stars **9.00** Forged in Fire **10.00** *See 6.00pm* **11.00** Pawn Stars **12.00noon** Colditz – The Legend
1.00pm World's Greatest Treasure Mysteries **2.00** UnXplained... **3.00** Counting Cars **4.00** Pawn Stars **5.00** Mountain Men **6.00** American Pickers **7.00** Forged in Fire **8.00** WWII's Most Daring Raids **9.00** Vikings **10.00** Dog the Bounty Hunter:... **11.00** Deadliest Warrior **12.00m't** How the Nazis Lost the War **1.00am** *As 8.00pm* **2.00** Counting Cars **3.00** *As 11.00pm* **4.00** Mountain Men **5.00 to 6.00am** *As 1.00pm*

SKY NATURE

124 280 279 335 369

6.00am City Wildlife Rescue **7.00** Monkey Life **8.00** *See 2.00pm* **9.00** *See 3.00pm* **10.00** *See 4.00pm* **11.00** *See 11.00pm* **12.00noon** Great Blue Wild **1.00pm** Monkey Life **2.00** New Kids in the Wild **3.00** Secrets of Wild Australia **4.00** Colombia's Wild Coast **5.00** *See 11.00pm*
6.00 Great Blue Wild **7.00** Monkey Life **8.00** Hope for Wildlife **9.00** Shark... **9.55** Shark...: Diving Deeper **10.10** Great Blue Wild **11.00** Mysteries of... **12.00m't** Deadly Hunters **1.00am** Attack and Defend **2.00** *As 8.00pm* **3.00** Shark... **4.00** *As 2.00pm* **5.00 to 6.00am** *As 3.00pm*

COMEDY CENTRAL

112/113 132 181 344 359

6.00am Teleshopping **8.00** Impractical Jokers **11.00** My Wife and Kids **1.00pm** Friends: Back-to-back episodes, including: Joey's snoring exasperates Chandler; and Ross and Rachel reminisce.
9.00 Lee Evans – Monsters: The stand-up star's 2014 performance at the National Indoor Arena in Birmingham. **10.00** Al Murray: One Man, One Guvnor Uncut **11.00** Paul Chowdhry: Live Innit **12.00m't** Roast Battle **1.00am** Channel Hopping **2.00** South Park **3.40** The Daily Show **4.15** The Middle **5.00 to 6.00am** Teleshopping

SKY MAX

113/114 122 121 345 360

6.00am Grimm **8.00** Send in the Dogs **9.00** Supergirl (S3, ep10) **10.00** The Flash (S3, ep6) **11.00** NCIS: Los Angeles **1.00pm** Hawaii Five-0 (S6, ep17) **2.00** MacGyver **3.00** Resident Alien **4.00** Supergirl (S3, ep11) **5.00** The Flash (S3, ep6) **6.00** Grimm
8.00 Flintoff's Road to Nowhere **9.00** COBRA: Cyberwar (S2, ep5) **10.00** The Deirdre O'Kane Show (S1, ep4) **11.00** Rob & Romesh vs Team GB: Part 1 **12.00m't** The Force: North East **1.00am** Road Wars **2.00** Brit Cops: War on Crime **3.00** Hawaii Five-0 **4.00** MacGyver **5.00 to 6.00am** Send in the Dogs

TLC

133 233 167 169

6.00am SYttD: UK **7.00** Say Yes to the Dress **8.00** SYttD: Lancashire **9.00** Curvy Brides Boutique **10.00** SYttD: Atlanta **11.00** SYttD: America **12.00noon** Say Yes to the Dress **2.00pm** SYttD: UK **3.00** Sister Wives **4.00** Dr Pimple Popper **5.00** SYttD: Atlanta **6.00** SYttD: UK **7.00** SYttD: In Sickness and in Health
8.00 1000lb Sisters **9.00** Dr Pimple Popper **10.00** Welcome to Plathville **11.00** Dr Pimple Popper **12.00m't** 1000lb Sisters **1.00am** Dr Pimple Popper **2.00** *As 10.00pm* **3.00** SYttD: Lancashire **4.00** *As 9.00am* **5.00 to 6.00am** SYttD: UK

NAT GEO

129 229 266 268 267 351

8.00am Car S.O.S **11.00** Airport Security: Brazil **12.00noon** Ultimate Airport Dubai **1.00pm** To Catch a Smuggler **2.00** Air Crash Investigation **4.00** Pacific Shockwave: Drain the Ocean
5.00 Drain the Oceans **6.00** Lost Treasures of Egypt **7.00** Air Crash Investigation **8.00** Food Factory: Double-bill. **9.00** To Catch a Smuggler **10.00** Banged Up Abroad **11.00** Air Crash Investigation **12.00m't** Narco Wars **1.00am** Disasters Engineered **2.00** Airport Security: First Class **3.00** Hitler's Last Stand **4.00 to 5.00am** WW2: Hell Under the Sea

SKY CRIME

122 222 137 136 207 348

6.00am Road Wars **7.00** Motorway Patrol **8.00** Border Security:... **9.00** Nothing to Declare **10.00** Road Wars **11.00** Killer in My Village **12.00noon** *See 8.00pm* **1.00pm** Killer Families **2.00** Unexpected Killer
3.00 *See 6.00pm* **4.00** Killer in My Village **5.00** In Ice Cold Blood **6.00** World's Most Evil Killers **7.00** Murders That Shocked the Nation **8.00** Britain's Most Evil Killers **9.00** Charmed to Death **10.00** Disappearance of William Tyrrell **11.45** *As 6.00pm* **12.40am** *As 2.00pm* **1.35** *As 4.00pm* **2.30** *As 7.00pm* **3.30** Brit Cops:... **4.30 to 6.00am** *As 7.00am*

ANIMAL PLANET

162 262 251 259

6.00am Teleshopping **8.00** Crikey! It's the Irwins **9.00** My Cat from Hell **11.00** Lone Star Law **1.00pm** Animal Cribs **2.00** Alaskan Bush People **4.00** Big Cat Tales **6.00** Crikey! It's the Irwins: Double-bill.
8.00 Whale Wars: Captain Watson's Story: The story of Sea Shepherd founder Captain Paul Watson. **10.00** My Cat from Hell: Double-bill. **12.00m't** Crikey! It's the Irwins: Double-bill. **2.00am** Wildest Islands of Indonesia **3.50** Alaskan Bush People **4.40** How Do Animals Do That **5.00 to 6.00am** Teleshopping

(b/w) black and white (W) Widescreen (HD) High Definition

SKY CINEMA PREMIERE

301 312 401 501 515

6.20am Death in Texas ★★ *(2020)* **8.05** Dogtanian and the Three Muskehounds ★ *(2021)* **9.35** *See 8.00pm* **11.25** *See 11.50pm* **1.25pm** Snatchers: Comedy horror. ★★★ *(2019)* **3.10** *See 10.00pm* **5.00** Meander: Horror starring Gaia Weiss. ★★★★ *(2021)* **6.35** Masquerade: Horror starring Alyvia Alyn Lind and Bella Thorne. ★★ *(2021)*

8.00 The Colour Room

8.00 The Colour Room: Period drama with Phoebe Dynevor. ★★★★ *(2021)* **10.00** Mortal Kombat: Fantasy adventure starring Lewis Tan. ★★ *(2021)* **11.50** The Last Vermeer: Drama starring Guy Pearce and Claes Bang. ★★★★ *(2019)* **1.50am** *As 6.20am* **3.35** *As 6.35pm* **5.05 to 6.45am** Critters Attack!: Horror comedy. ★★ *(2019)*

SKY CINEMA ACTION

307 407 507 521

6.00am *See 6.05pm* **8.00** *See 8.00pm* **10.15** Fall of a Kingdom ★★★ *(2019)* **12.25pm** Unstoppable ★★★ *(2018)* **2.25** Transporter 2 ★★★ *(2005)* **3.55** Mission: Impossible III ★★★★ *(2005)* **6.05** Vanguard: With Jackie Chan. ★★ *(2020)* **8.00** The Next Three Days: Starring Russell Crowe. ★★★★ *(2010)* **10.15** Escape Plan ★★★ *(2013)* **12.15am** 48 Hrs ★★★★ *(1982)* **1.55** *As 10.15am* **4.05 to 6.05am** *As 12.25pm*

SKY CINEMA GREATS

304 404 504 518

7.00am *See 4.35pm* **10.35** Flatliners ★★ *(1990)* **12.45pm** *See 8.00pm* **2.30** Crash ★★★★ *(2004)* **4.35** JFK ★★★★ *(1991)* **8.00** The Big Heat: Crime drama with Glenn Ford. (b/w) ★★★★ *(1953)* **9.35** Blade Runner: Sci-fi thriller with Harrison Ford. *(1982)* **11.35** The Girl with the Dragon Tattoo: Thriller with Daniel Craig and Rooney Mara. ★★★★ *(2011)* **2.25am** *As 2.30pm* **4.30 to 6.00am** Locke ★★★★ *(2013)*

SKY CINEMA SCI-FI & HORROR

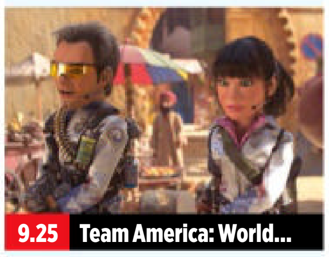
311 411 511 525

6.35am *See 5.55pm* **8.45** *See 8.00pm* **10.45** 12 Hour Shift ★★★ *(2020)* **12.20pm** Archive ★★★ *(2020)* **2.20** Portal ★★★ *(2021)* **3.55** Honeydew ★★★ *(2020)* **5.55** The Invisible Man ★★★★ *(2020)* **8.00** The Conjuring: The Devil Made Me Do It: Horror sequel. ★★★ *(2021)* **10.00** Captive State ★★★ *(2019)* **11.55** You Should Have Left ★★ *(2020)* **1.35am** *As 10.45am* **3.10** *As 12.20pm* **5.10 to 6.40am** *As 2.20pm*

SKY CINEMA COMEDY

308 408 508 522

6.20am *See 4.20pm* **8.00** *See 6.00pm* **10.00** *See 8.00pm* **11.25** Jack and Jill: With Adam Sandler. ★ *(2011)* **1.00pm** *See 9.25pm* **2.40** Save Yourselves!: Starring Sunita Mani. ★★★ *(2020)* **4.20** Jackie Chan's The Tuxedo: With Jackie Chan. ★★ *(2002)* **6.00** Meet the Fockers: Comedy sequel starring Robert De Niro, Ben Stiller and Dustin Hoffman. ★★★ *(2004)*



9.25 Team America: World...

8.00 The Brothers Grimsby: With Sacha Baron Cohen. ★★ *(2016)* **9.25** Team America: World Police: With Trey Parker. ★★★★ *(2004)* **11.05** We're No Angels: With Robert De Niro. ★★ *(1989)* **12.55am** *As 11.25am* **2.30** King Ralph: With John Goodman. ★ *(1991)* **4.10 to 6.00am** Playing with Fire: With John Cena. ★★ *(2019)*

SKY CINEMA ANIMATION

305 412 500 514

6.00am *See 7.45pm* **7.35** *See 1.40pm* **9.05** *See 3.10pm* **10.35** *See 4.40pm* **12.10pm** *See 6.15pm* **1.40** Maya the Bee *(2014)* **3.10** Maya the Bee 3 *(2021)* **4.40** Dragon Rider *(2020)* **6.15** Fantastic Mr Fox *(2009)* **7.45** Shrek *(2001)* **9.20** Spirit: Stallion of the Cimarron *(2002)* **10.50** Wild Thornberrys *(2002)* **12.20am** Riverdance *(2021)* **1.55** Louis & Luca and the Snow... *(2013)* **3.15** *As 9.20pm* **4.45 to 6.00am** Snow Queen's Revenge *(1997)*

SKY CINEMA HITS

310 403 503 517

6.00am Turbo ★★★ *(2013)* **7.45** *See 6.10pm* **9.40** Motherless Brooklyn ★★★★ *(2019)* **12.10pm** Antebellum ★★ *(2019)* **2.10** Gunpowder Milkshake ★★★ *(2021)* **4.10** Where'd You Go, Bernadette ★★★ *(2019)* **6.10** The Witches ★★★ *(2020)* **8.00** Wonder Woman 1984: Fantasy starring Gal Gadot. ★★★★ *(2020)* **10.30** Gunpowder Milkshake ★★★ *(2021)* **12.30am** *As 9.40am* **3.00** *As 12.10pm* **4.50 to 6.30am** *As 6.00am*

SKY CINEMA BLOCKBUSTERS

302 402 502 516

7.05am Coraline ★★★★ *(2009)* **8.50** The Boxtrolls ★★★★ *(2014)* **10.30** Ben-Hur ★★★★ *(1959)* **2.15pm** Superman ★★★ *(1978)* **4.40** Superman II ★★★ *(1980)* **6.50** Forrest Gump: Drama starring Tom Hanks. ★★★★ *(1994)* **9.15** Titanic: Drama starring Kate Winslet and Leonardo DiCaprio. ★★★ *(1997)* **12.30am** Lucy: Sci-fi. ★★★ *(2014)* **2.05** *As 7.05am* **3.50** *As 8.50am* **5.30 to 7.55am** *As 2.15pm*

SKY CINEMA FAMILY

306 406 506 520

6.00am A Little Princess: Family drama with Liesel Matthews. ★★★★ *(1995)* **7.40** Annie: Musical. ★★★ *(1982)* **9.50** *See 5.45pm* **12.00noon** *See 8.00pm* **1.45pm** *See 9.40pm* **4.00** Jumanji: Fantasy adventure starring Robin Williams. ★★★★ *(1995)* **5.45** The Mortal Instruments: City of Bones: Fantasy starring Lily Collins. ★★★ *(2013)*

9.40 Stardust

8.00 A-X-L: Fantasy starring Alex Neustaedter and Becky G. *(2018)* **9.40** Stardust: Fantasy starring Claire Danes, Charlie Cox and Michelle Pfeiffer. ★★★★ *(2007)* **11.50** *As 4.00pm* **1.35am** *As 7.40am* **3.50** Paper Planes: Family drama starring Ed Oxenbould. ★★★ *(2014)* **5.30 to 6.00am** Sky Cinema Preview

SKY CINEMA CHRISTMAS

303 410 510 524

6.00am In Search of Santa ★★ *(2004)* **7.35** Holiday Inn (b/w) *(1942)* **9.30** Tom & Jerry: Santa's Little Helpers *(2014)* **10.00** How The Grinch Stole Christmas *(2000)* **12.00noon** *See 9.00pm* **2.20pm** This Christmas *(2007)* **4.25** The Holiday *(2006)* **6.45** It's a Wonderful Life (b/w) *(1946)* **9.00** Die Hard ★★★★★ *(1988)* **11.20** *As 4.25pm* **1.40am** Black Christmas *(2019)* **3.25** *As 2.20pm* **5.30 to 7.00am** *As 6.00am*

SKY CINEMA THRILLER

309 409 509 523

6.10am *See 4.15pm* **8.50** *See 6.55pm* **10.55** *See 11.30pm* **12.30pm** No Sudden Move ★★★★ *(2021)* **2.30** The Quarry ★★★ *(2020)* **4.15** Zero Dark Thirty ★★★★ *(2012)* **6.55** Lone Survivor ★★★★ *(2013)* **9.00** Tenet: Action thriller starring John David Washington. ★★★★ *(2020)* **11.30** Unhinged ★★★ *(2020)* **1.05am** Killer Joe ★★★★ *(2011)* **2.55** Traffic ★★★ *(2000)* **5.30 to 6.00am** Sky Cinema Preview

TCM MOVIES

315 316 415 416 417

6.00am Off Set **6.15** Sergeant Rutledge *(1960)* **8.30** Where Eagles Dare *(1968)* **11.50** A Day of Fury *(1956)* **1.30pm** Battle of the Bulge ★★★ *(1965)* **4.55** Meet Me in St Louis ★★★★ *(1944)* **7.25** Off Set **7.50** The Kid from Broken Gun *(1952)* **9.00** Full Metal Jacket ★★★★ *(1987)* **11.30** Gunfight at High Noon *(1964)* **1.15am** The Revengers ★ *(1972)* **3.30** Close Up **5.00** Hollywood's Best Directors **5.30** Off Set **5.40 to 8.25am** Thirty Seconds Over Tokyo ★★★ *(1944)*

SKY SPORTS MAIN EVENT

401 511 501 420 440

6.00am LIVE **Golf** Women's Amateur Asia-Pacific. **8.00** LIVE **European Tour Golf** Aviv Dubai Championship. **1.00pm** LIVE **Ladies European Tour Golf** Aramco Team Series event from Jeddah. **3.00** LIVE **LPGA Tour Golf** The Pelican Women's Championship. **4.30** LIVE **World Cup Qualifier** *Moldova v Scotland*. **7.00** LIVE **Formula 1** Sao Paulo GP qualifying. **8.30** LIVE **World Cup Qualifier** *Northern Ireland v Lithuania*. **10.15 Blood, Sweat & Tears... 10.45 My Icon 11.00 NFL Fantasy 12.00m't Total Access 1.00 to 6.00am Sky Sports News**

SKY SPORTS CRICKET

404 514 504 423 443

6.00am How the 2009 ICC World Twenty20 Was Won 8.00 How the 2010 ICC World T20 Was Won 10.00 How the 2012 ICC World T20 Was Won A look back at the tournament in Sri Lanka. **12.00noon ICC Men's T20 World Cup** Alternating back-to-back highlights of the semi-finals. **1.00am How the 2014 ICC World T20 Was Won 3.00 ICC 2016 World T20 Final 4.00 Best of ICC WT20 4.15 Best of ICC WT20 4.30 to 8.00am** LIVE **Women's Big Bash League** *Hobart Hurricanes v Adelaide Strikers:* The T20 match from Great Barrier Reef Arena, Mackay.

SKY SPORTS ARENA

408 518 508 427 447

6.00am Inside the NBA 7.00 The Rugby Championship 9.30 British and Irish Lions Tour South Africa v British & Irish Lions. **11.00 Grand Slam of Darts 1.00pm Boxxer Series 4.00 NBA Action 4.30 NBA Heatcheck 5.00 NBA Basketball** Philadelphia 76ers v Toronto Raptors. **7.00** LIVE **British Basketball** *Manchester Giants v Cheshire Phoenix:* From National Basketball Performance Centre (tip-off **7.00**). **9.30 NBA Basketball 11.30 NBA Action 12.00m't Grand Slam of Darts 2.00am Betfred Super League Hlts 3.00 to 6.00am Boxxer Series**

BT SPORT 1

413 527 408 430

6.00am Highlights 7.00 WWE Raw 8.00 WWE NXT 9.00 ESPN FC 9.30 PL: Best Goals 2012/14 11.30 PL World 12.00noon Champions League Magazine 12.30pm UEFA Documentaries 1.00 PL: Best Goals 2014/15 2.00 BT Sport Reload 2.30 DIY Pundit 3.00 WWE NXT 4.45 BT Sport Reload 5.00 DIY Pundit 5.30 ESPN FC 6.00 Boxing 7.00 LIVE **Fight Night** Bouts from the Prospects II. **11.00 WWE NXT UK 12.00m't WWE NXT 1.00am** LIVE **WWE Friday Night SmackDown 3.00 Sammy Sosa 4.00 UFC Fight Flashback 5.00 UFC Fight Camp 5.30 to 7.15am** LIVE **V8 Supercars Championship**

SKY SPORTS PREMIER LEAGUE

402 512 502 421 441

6.00am PL Greatest Games 7.00 PL Legends 8.00 Best PL Goals 9.00 PL 100 Club 9.30 PL 100 Club: Harry Kane 10.00 The Football Show 12.00noon Gary Neville's Soccerbox 1.00pm PL Years 3.00 PL Greatest Games 4.00 PL Best Goals 09/10 5.00 PL 100 Club 6.00 PL Legends 6.30 Inside the WSL 7.00 PL World 7.30 One2Eleven 7.40 LIVE **World Cup Qualifier** *Italy v Switzerland:* (kick-off **7.45**). **9.45 Soccer AM 10.15 PL Greatest Games 10.30 PL Retro 12.30am PL Icons 1.00 Premier League Years 3.00 PL Greatest Games 4.00 PL Best Goals 5.30 to 6.00am PL 100 Club**

SKY SPORTS GOLF

405 515 505 424 444

6.00am LIVE **Golf** Day three of the Women's Amateur Asia-Pacific. **8.00** LIVE **European Tour Golf** Day two of the Aviv Dubai Championship. **1.00pm** LIVE **Ladies European Tour Golf** Day three of the Aramco Team Series event from Jeddah. **3.00** LIVE **LPGA Tour Golf** Day two of the Pelican Women's Championship. **6.00** LIVE **PGA Tour Golf** Day two of the Vivint Houston Open. **9.00 European Tour Golf 10.00 Ladies European Tour Golf 1.00am European Tour Golf 2.00 Chronicles of a Champion Golfer 3.00 to 6.00am Highlights**

SKY SPORTS MIX

416 520 510 429 449

6.00am LIVE **Golf** The Women's Amateur Asia-Pacific. **10.00 School of Golf 10.30 My Icon 11.00** LIVE **Ladies European Tour Golf** The Aramco Team Series event from Jeddah. **3.00pm School of Golf 3.30 My Icon 4.30 Fighting Fit 2020 5.30 Fit In 5 6.00 Spirit of Yachting 6.30 Inside the WSL 7.00** LIVE **British Basketball** *Manchester Giants v Cheshire Phoenix*. **9.30 NBA Action 10.00 My Icon 10.15 Blood, Sweat & Tears... 10.45 Fight Night 12.50am My Icon 1.00 Ladies European Tour Golf 4.00 School of Golf 4.30 to 6.00am British and Irish Lions Tour**

BT SPORT 2

414 528 409 431

6.00am Ultra-Trail World Tour 6.30 Green Routine: What I Wear 7.00 MotoGP 8.00 LIVE **MotoGP** Day one of the Grand Prix of Valencia. **3.15pm Green Routine: Playing Against The Clock 4.15 What I Wore 4.30 Ultimate Goal 5.30 Shoulder to Shoulder 7.00 MotoGP: ICYMI 7.15** LIVE **Premiership Rugby Cup** *Gloucester v Bath:* (kick-off **7.45**). **10.00 UEFA Champions League Magazine 10.30 UFC Live 11.00** LIVE **College Football** *South Florida Bulls v Cincinnati Bearcats:* (k-off **11.00**). **2.30am UFC Fight Camp 3.00 BT Sport Reload 3.15 MotoGP: ICYMI 3.30 to 6.00am MotoGP Rewind**

SKY SPORTS FOOTBALL

403 513 503 422 442

6.00am Highlights 11.00 EFL Cup Final 17 12.00noon Greatest Games 1.00pm Greatest Players 1.30 Football Countdowns 2.00 Bundesliga Weekly 2.30 World Cup Qualifier Highlights 3.00 EFL Play Off Finals C'Ship 07/08 4.00 World Cup Qualifier Highlights 4.30 LIVE **World Cup Qualifier** *Moldova v Scotland:* (kick-off **5.00**). **7.30** LIVE **World Cup Qualifier** *Northern Ireland v Lithuania:* (kick-off **7.45**). **10.15 World Cup Qualifier Highlights 11.45 Greatest Games 12.00m't EFL Play Off Finals 15/16 3.00 to 6.00am Highlights**

SKY SPORTS NFL

407 517 507 426 446

6.00am NFL: America's Game 7.00 NFL Highlights 8.00 NFL Overtime 9.00 Jags All Access: UK 9.30 Super Bowl LIV Gameday 2019 10.00 NFL Highlights 11.00 NFL Bitesize Highlights 12.00noon Good Morning Football 3.00pm NFL Bitesize Highlights 4.00 NFL Highlights 5.00 NFL Overtime 6.00 NFL Highlights Miami Dolphins v Baltimore Ravens. **7.00 NBC's Pro-Football Talk 9.00 NFL Highlights 10.00 NFL Overtime 11.00 NFL Fantasy 12.00m't Total Access 1.00am NFL Bitesize 2.00 NFL Highlights 4.00 NFL Overtime 5.00 to 6.00am NFL Highlights**

EUROSPORT

410 521 412 435

6.00am Alpine Skiing 7.00 LIVE **Figure Skating: Grand Prix** From Japan. **8.45 Ski Jumping 10.00** LIVE **Figure Skating: Grand Prix** From Japan. **11.30 Figure Skating: Grand Prix 1.00pm** LIVE **World Sambo Championships** Day one from Uzbekistan. **3.00 World Superbikes Extra 4.00 World Superbikes 5.00 Alpine Skiing 6.00 Hall of Fame 7.05 Cyclo-Cross 9.00 World Sambo Championships 11.00 Cyclo-Cross 12.00m't World Superbikes 2.00am FIA World Endurance Champs 3.00 Motocross World Champs 4.00 to 6.00am Snooker: World Championship**

BT SPORT 3

417 529 410 432

6.00am Hockey 7.00 Fishing: On The Bank 8.00 Sailing 9.00 Badminton Unlimited 9.30 BT Sport Reload 10.00 Ultimate Goal 11.00 Serie A – Full Impact 11.30 World Rallycross Championship 12.30pm Badminton 2.30 Badminton Unlimited 3.00 Sailing 4.00 Europa League Goals Reload 5.00 Champions League Goals Reload 5.45 UEFA Champions League Goals Reload 6.00 Ashes Classics: 2010/11 8.00 30 For 30: Lance 12.00m't UFC Fight Camp 12.30am LIVE **CFL** *Toronto Argonauts v Hamilton Tiger-Cats*. **3.30 to 6.30am** LIVE **CFL** *BC Lions v Calgary Stampeders*.

TV Times Classified

Struggle to get in and out of your old bath? NO WORRIES!

BATH OUT – SHOWER IN – IN JUST ONE DAY!*

27 YEARS AQUABILITY

Designed to fit in the same space as your old bath, our Shower Module's unique construction enables it to be **FITTED IN JUST ONE DAY*** with **NO MESS, NO FUSS** and **NO RE-TILING either!**

- **Hygienic easy clean tile effect panels – no re-tiling or mouldy grout!**
- **Easy access lower step**
- **Optional seat & grab rail**
- **Slip resistant floor**
- **Built-in shelving**

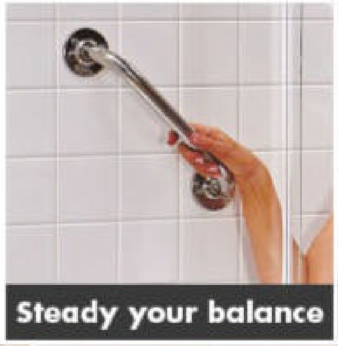
SALE UP TO 20% OFF**

FITTED IN JUST ONE DAY*

FITS IN THE SAME SPACE AS YOUR OLD BATH

Sit in comfort

Step in safely



Steady your balance

Thermostatic control

*Time based on straightforward fitting. **Not in conjunction with any other offer.

FOR MORE DETAILS AND FREE BROCHURE

FREEPHONE 0800 316 0110 ASK FOR EXT. 80371

U.K. MADE

Lines open 24 hours 7 days a week.

Visit www.aquability.com

or return coupon to FREEPOST RRGY-AHAX-AHSX, Aquability UK Ltd, Farnborough, GU14 0NR.

For more information and a FREE colour brochure return this coupon to **FREEPOST RRGY-AHAX-AHSX, Aquability UK Ltd, Farnborough, GU14 0NR.** 80371

Name ____________________ Tel ____________________

Address ____________________

____________________ Postcode ____________________

Email ____________________

Aquability will not pass on information to third parties

AQUABILITY EASY, SAFE BATHING

Wave Goodbye to Bathing Difficulties For Good!

The Simplicity Walk-in Shower Bath from Nationwide Mobility.

Whilst we may be getting wiser as time goes by, our advancing years might also mean that some simple tasks are becoming more difficult. Bathing is a prime example of how a previously relaxing and pleasurable past-time can turn into an arduous and even dangerous activity in later life. But it needn't be so! A walk-in bath from Nationwide Mobility can transform your bathroom, and your life, in just a day* to make bathing a simple - and safe - pleasure once again.

SALE UP TO 20% OFF**

FITTED IN ONE DAY!*

- Easy to use handset to remain in control
- Strong reinforced bath shell on a robust steel frame
- Optional powered Safety Seat
- Pop-up waste control
- 100% water tight seal
- Thermostatically controlled taps
- Fits in the same space as your old bath

FOR A **FREE** COLOUR BROCHURE CALL NOW ON

0800 316 9798 ASK FOR EXT. 64474

www.nationwide-mobility.co.uk

Lines are open 24 hours 7 days a week. Or write to Freepost Nationwide Mobility.

*Based on a straightforward fitting. **Not in conjunction with any other offer.

Nationwide Mobility

TV Times Classified

Special Offer
20% OFF†
FITTED IN JUST 1 HOUR

INDEPENDENT BATHING IN THE COMFORT OF YOUR OWN BATH

Easy to transfer in and out

Safely lowers & lifts

Enjoy full depth bathing

For a brochure

Call **0800 028 2802**

visit **www.aqualift.uk.com**

Which? Trusted trader Approved Installation Service

REVIEWS.io We're rated Excellent!

AquaLift BATHLIFTS

†Applies to deluxe model only. Cannot be used in conjunction with any other offer. Offer ends 22/12/21. TVT02/11/21q

Stannah Stairlifts

A name you can trust, at a price you can afford

- ✓ Comprehensive range for all types of stairs
- ✓ Wide choice of fabrics, colours and trims
- ✓ 2 year warranty and 2 free services on all new products
- ✓ 14 day satisfaction guarantee for complete peace of mind
- ✓ Buy direct from a British family-run company
- ✓ 150 years of lift expertise

150 YEARS

Call for a free no-obligation quote

0800 077 8746

stannah.co.uk

Stannah

Keep on being you

All About Space

NEW ISSUE ON SALE NOW!

3 FREE DIGITAL BOOKS
All About Space
OCEAN
IS THERE LIFE ON VENUS?

Print and digital subscriptions available at

www.magazinesdirect.com

MATURE CHAT

35p PER MINUTE

FLIRT WITH LADIES AT HOME

Experienced Ladies

CHEAPEST LIVE CHAT

0982 505 2028

OR TEXT ME NOW 07441 926 240

Service by LiveLines UK Ltd. Call cost 35p per minute + network access charges apply. We may send promo msgs, call Helpline: 03332002321 to opt out. Calls recorded. 18+ only. PO6538 NN2 7YN. Payments@livelinesuk.com. For entertainment purposes only.

Clairvoyants-Psychics-Mediums

Internationally Acclaimed

Caring Personal Guidance For You

BEST AFFORDABLE CONSULTATION

45p Per Minute

Top Featured Psychics

Call Our Specialist Team of Talented Psychics, Mediums, and Clairvoyants

Call Today

0904 007 3221

Text Questions To 07441 908 897

Cheaper Credit Card 01604 922761

Service by LiveLines UK Ltd. Call cost 45p per minute + network access charges apply. We may send promo msgs, call Helpline: 03332002321 to opt out. Calls recorded. 18+ only. PO6538 NN2 7YN. Payments@livelinesuk.com. For entertainment purposes only.

Acorn Stairlifts

Regain the freedom of your home

"Don't be another one wishing you'd done it sooner. With an Acorn Stairlift you can carry on living safely and independently in the home you love."

Harry Gration MBE

NEXT DAY INSTALL

Keeping you safe in the home you love

It is more important than ever for people to remain mobile and independent in their own homes, and we are here to help.

- NEXT DAY installation available
- Stay in the home you love
- For straight and curved stairs
- FREE Survey and quote
- 365-day local service
- New or reconditioned

Our customers love us! ★★★★★ Trustpilot

CALL ACORN NOW ON FREEPHONE

0800 326 5705

FOR YOUR FREE BROCHURE & QUOTATION

43
20
11
1
33
2

Chat MAG Bingo.COM

New members
Deposit £10
Play with
£40

Join in the fun!

chatmagbingo.com

New players only. Valid until further notice. Minimum deposit £10. 200% Bingo Bonus [BB] max £20 + 100% Game Bonus [GB] max £10. Wagering requirements [WR]: 4x (dep+BB); 50x (dep+GB). WR vary by game. GB valid on selected games only. GB wins cap: £100 + initial bonus. UK: deposit balance can be withdrawn at any time. Country restrictions apply. 18+. Full T&C apply. See chatmagbingo.com/#tnc

SAFER. BETTER. TOGETHER.
Playing responsibly within limits

18+
BeGambleAware.org

BUY ONE GET ONE FREE!

Duo Fruit Trees

SAVE AT LEAST £29.99!

Two Varieties Of Fruit On One Tree So You Can 'Grow Your Own' Regardless Of Space!

Buy any tree and select any other one

COMPLETELY FREE!

THERE IS NO LIMIT TO THE NUMBER YOU CAN BUY!

BUY ONE GET ONE
FREE!
DUO FRUIT TREES
1.2m Tall Bare-Root Trees
£29.99 +P&P
SAVE £29.99!

These specially grafted 'Duo' Fruit Tree varieties allow you to grow up to eight different varieties of fruit from just four trees! They are perfect if you love the idea of picking your own home-grown, tree-fresh fruit but have limited space – because each has two different varieties of fruit growing on the same tree! Each tree is meticulously 'double-grafted' together onto 'dwarfing' rootstock by highly skilled nurserymen – which means they will remain compact in your garden and are happy growing in large pots on your patio. They are already trained into a V-shape, so can be grown against a wall too! Choose any two of these simply delicious varieties, supplied as 1.2m tall bare-root trees.

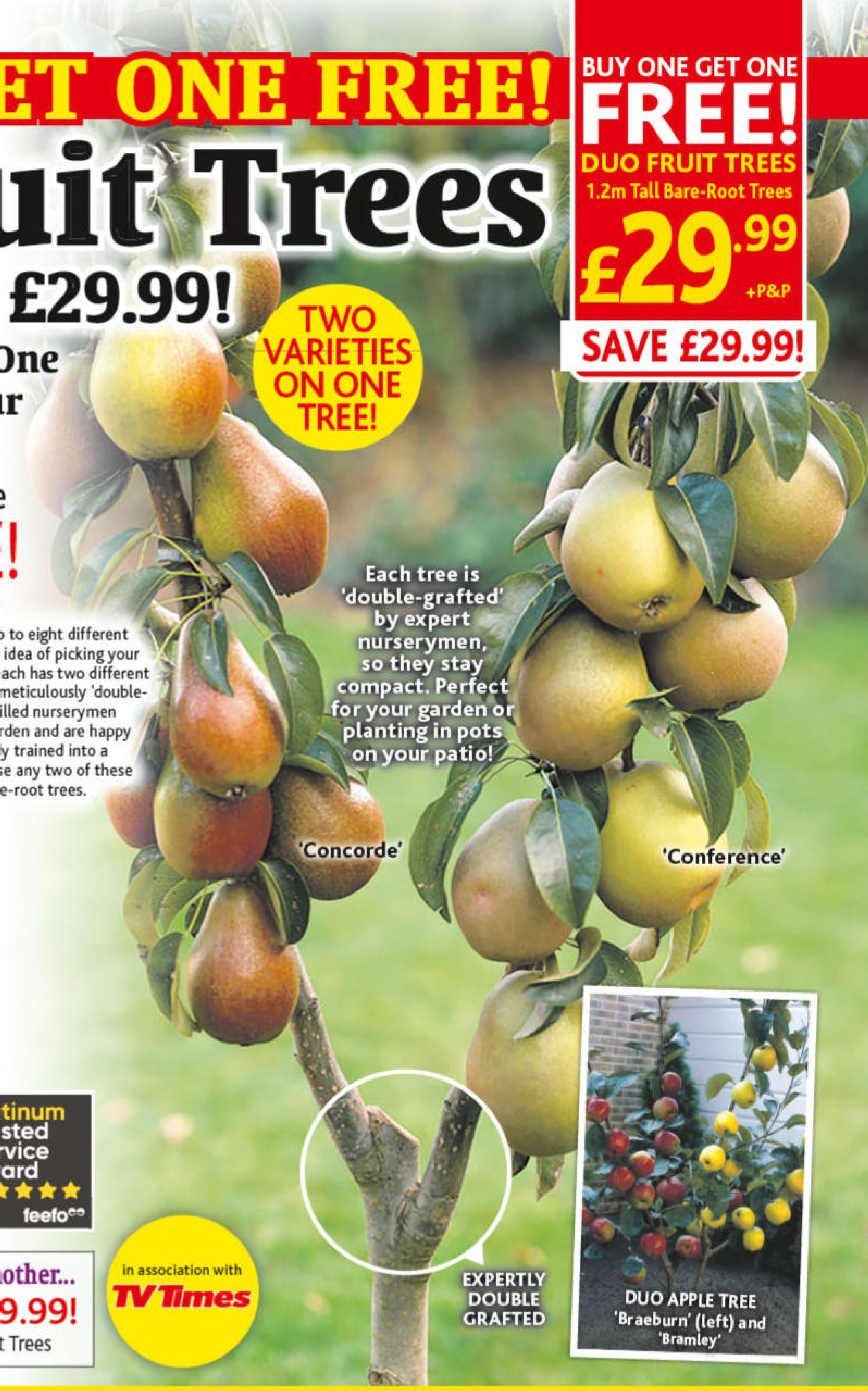
- Pear 'Concorde'/'Conference'
- Apple 'Bramley'/'Braeburn'
- Plum 'Victoria'/'Czar'
- Cherry 'Stella'/'Sunburst'
- **BUY ANY TREE, GET ONE FREE!**

Victoria
Czar
DUO PLUM TREE

Platinum Trusted Service Award ★★★★★ 2021 feefo

Buy Any 'Duo' Tree For £29.99 And Select Another...
COMPLETELY FREE • SAVE £29.99!
Choose from the trees listed above • 1.2m Bare-Root Trees

in association with TV Times


TWO VARIETIES ON ONE TREE!
Each tree is 'double-grafted' by expert nurserymen, so they stay compact. Perfect for your garden or planting in pots on your patio!
'Concorde'
'Conference'
EXPERTLY DOUBLE GRAFTED
DUO APPLE TREE 'Braeburn' (left) and 'Bramley'

3 EASY WAYS TO ORDER NOW!

☎ **0844 502 0050** USE CODE TVT271
Calls cost 5p per min plus your network's access charge.

www.YouGarden.com/TVT271

✉ or by post using coupon below to: Offer TVT271 YouGarden, PO Box 1468, Peterborough, PE1 9XL

EXTRA BONUS OFFER

Tree Planting Kit

FOR 2 TREES

Plant your trees with ease with this kit – containing 2 tantalised tree stakes and 2 rubber ties.
Item Code 150051
ONLY £6.99

Offer available while stocks last. © YouGarden Ltd 2021

PLEASE SEND TO: **Offer TVT271, YouGarden, PO Box 1468, Peterborough, PE1 9XL**

YOUR ORDER DETAILS

Item	Description	Price	Qty	Subtotal
300064	Duo Fruit Trees 1.2m Tall Bare-Root Trees **Duo Pear** 'Conference' / 'Concorde'	£29.99		
300063	**Duo Apple** 'Braeburn' / 'Bramley'	£29.99		
300065	**Duo Cherry** 'Stella' / 'Sunburst'	£29.99		
300066	**Duo Plum** 'Victoria' / 'Czar'	£29.99		
300165	**Duo Peach & Apricot** 'Redhaven'/'Early Orange'	£29.99		
150051	**Tree Planting Kit** - All you need to plant 2 trees	£6.99		
100046	Blooming Fast Organic Fish, Blood & Bone - 1.5kg Tub	£7.99		
JOIN THE YOUGARDEN CLUB - Get £20.00 FREE vouchers & SAVE 10% on EVERY ITEM you order!				
820005	Renewal Subscription Membership*: SAVE £15.00!	£5.00		
820001	1 Year Membership: SAVE £10.00!	£10.00		
DON'T FORGET: Deduct 10% (10p in every £1) if you joined the YouGarden Club:				
			Add PP&I	£7.99
			TOTAL ORDER VALUE	

BUY 1 GET 1 FREE!

*We'll automatically renew your membership every year, so you can keep saving - AND the price will NEVER go up... GUARANTEED! Full details at YouGarden.com/Club. Offer subject to availability and in the event that this offer is oversubscribed, we reserve the right to send suitable substitutes. Orders despatched within 7 working days. Delivery to UK only and a £6.00 surcharge will apply to the following postcode areas: AB, DD8-11, GY, HS, IM, IV, JE, KA27-28, KW, PA20-80, PH19-50, TR21-25 & ZE. Following Brexit there are a number of changes that prevent us from trading in N. Ireland. For further details please visit www.yougarden.com for full terms & conditions.

YOUR PAYMENT DETAILS I enclose a cheque/Postal Order payable to YouGarden (name & address on back) for £ ____

Or charge my Visa / Mastercard / Maestro card:
Card No. ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐ Issue No. ☐☐
Start Date ☐☐☐☐ Exp Date ☐☐☐☐

DELIVERY DETAILS

Mr/Mrs/Ms/Miss ____ Initial ____ Surname ____
Address ____
Postcode ____
Email ____
Tel ____

My DOUBLE GUARANTEE to you!

1 If you're not totally happy with your order, return it within 30 days and we'll replace or refund in full.
2 Should any hardy plants fail to thrive thereafter, we'll replace free of charge. You just pay the P&P.

Peter McDermott, Head Gardener
Peter

Platinum Trusted Service Award ★★★★★ 2021 feefo

If you do not wish to receive catalogues & offers from us, please tick here ☐. We think you'd enjoy some of the latest products and selected offers by post from other trusted retailers, charities, finance, travel, FMCG and utility companies. If you do not wish to receive these, please tick here ☐. Full details at YouGarden.com/Privacy. © YouGarden 2021.

AD CODE TVT271

you garden
gardening for everyone

TV Times Puzzles

YOU CAN SEND YOUR CROSSWORD ANSWER BY:

☎ **PHONE 0900 100 0503*** 65p per min

TEXT TVTCROSSC with your answer, name, door number and postcode to 64343** £1 per text

POSTCARD Send your answer, name and address to: *TV Times* Crossword Week 45, PO Box 502, Leics, LE94 0AB

ANSWERS

CROSSWORD SOLUTION NO 41
The answer was Big Narstie
Across: 1 Face 3 Paterson 9 Leonard 10 Linus 11 Carol 12 Hester 14 Tobey 16 Kevin 17 Martha 20 Ideal 23 Askey 24 Johnson 25 Bergerac 26 Gear
Down: 1 Felicity 2 Choir 5 Ellis 6 & 15 Down Sanjeev Bhaskar 7 Nash 8 Hayley 13 One-liner 16 Knight 18 Thyme 19 & 4 Down Adjoa Andoh 21 Elsie 22 Barb

SUDOKU SOLUTION

8	6	1	9	7	2	4	5	3
2	5	4	3	6	1	9	7	8
7	3	9	5	4	8	6	1	2
1	9	5	7	3	6	2	8	4
4	8	3	1	2	9	7	6	5
6	7	2	4	8	5	1	3	9
3	1	7	2	5	4	8	9	6
9	2	8	6	1	3	5	4	7
5	4	6	8	9	7	3	2	1

TV LINKS
They are all TV stars who have had dogs as on-screen sidekicks: Bob Carolgees, Bernie Winters, Paul O'Grady, Monty Don

RULES Usual *TV Times* rules apply (see below). Phone and text closing date: 19 Nov. Post closing date: 22 Nov. Full name and address details must be included or the entry will be void. *Calls cost 65p per min plus your telephone company's network access charge and last approx two mins. **Texts cost £1 per text, plus network charges. When you enter by text, you may, in future, get SMS marketing messages from Future Plc and *TV Times*. If you do want to receive them, please end your text with FUTUREOPTIN. Phone lines open from 2 Nov. Service provider: Spoke 0333 202 3390.

COMPETITION RULES

Competitions are open to UK/Channel Islands/Isle of Man residents, except employees of Future Plc, their families, agents and anyone connected with the competitions. Prizes are as stated. No cash alternative. No responsibility accepted for postal entries lost, delayed or damaged or for any phone network problems. Prizes allocated to correct entries drawn at random from postal and phone entries. Winners will be notified by post after the closing date. Editor's decision is final. For a full list of prizewinners, send an SAE, stating what you require, to: *TV Times* Prizewinner List Week 45, 161 Marsh Wall, London E14 9AP. A full list of rules can be obtained from the same address. Future Plc, publisher of *TV Times*, will collect your personal information solely to process your entry. Entry implies acceptance of the rules.

GREAT SAVINGS!
Subscribe TODAY!
6 issues for £1
magazinesdirect.com/tvt21

recycle
When you have finished with this magazine please recycle it.

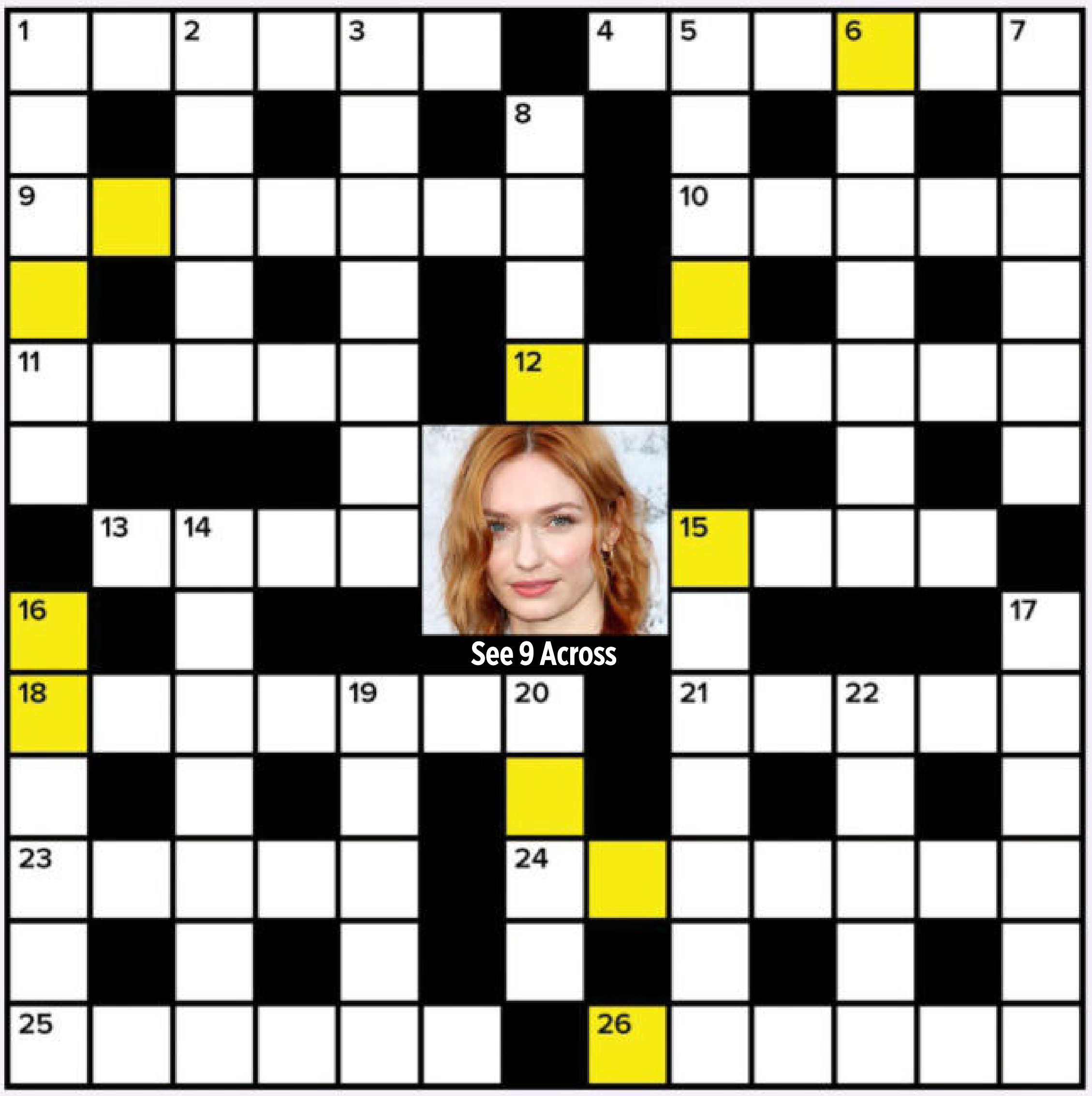
FUTURE
Connectors. Creators. Experience Makers.

Future plc is a public company quoted on the London Stock Exchange (symbol: FUTR)
www.futureplc.com

Chief executive **Zillah Byng-Thorne**
Non-executive chairman **Richard Huntingford**
Chief financial officer **Penny Ladkin-Brand**
Tel +44 (0)1225 442 244

CROSSWORD

You can WIN £100! Rearrange the letters in the yellow squares to spell out the name of a British actor (7,4)


See 9 Across

ACROSS

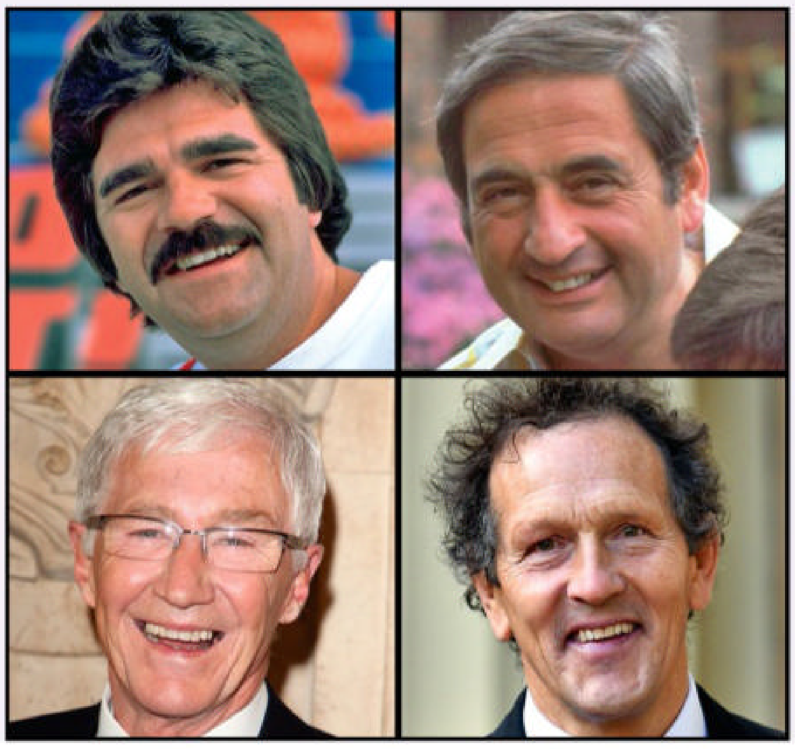
1 Pictures, we hear, of Will Smith's fresh role in Bel-Air in the 1990s (6)
4 Monty Python's flying entertainment is feature of Piccadilly (6)
9 Real one represented by Ms Tomlinson in *The War of the Worlds* (7)
10 Duck! It's slapstick comic Charlie! (5)
11 Reality television star Ms Roberts makes a deletion? Only half! (5)
12 Wee task carried out describing link in classic game show (7)
13 & 15 Across & 20 Down *The Bill* affected with ennui in sitcom starring Rowan Atkinson (4,4,4)
15 See 13 Across
18 Workers' high-rise building associated with mob in *Wacky Races* (7)
21 Mr Francis, AKA Keith Lemon, has winter transport failing to start (5)
23 Actor and baker Jane appearing as that woman (5)
24 Stranger Zooey Deschanel sitcom (3,4)
25 Student failing to start a job for Arthur Daley (6)
26 Man on board with David Hasselhoff's Rider (6)

DOWN

1 Help out an evil character played by Connor McIntyre in *Coronation Street* (6)
2 Film legend Ms Dunne – a bit of a siren, evidently (5)
3 Is adolescent able to find setting for TV sitcom *dinnerladies*? (7)
5 Home help gets up for *MasterChef* narrator, Ms Fisher (5)
6 Clubs detest gold location of Dick Strawbridge's escape in C4 show (7)
7 Indian actor and *Celebrity Big Brother* winner Shilpa gets unusually testy about height (6)
8 Boast about Ashley, who played Sandra Bennet in *Heroes* (4)
14 Topless roofer identifies Teri from *Desperate Housewives* (7)
15 Unqualified success for Alec on *Saturday Night Live* (7)
16 & 17 Down Ma, teach model about *The Wombles'* cook (6,6)
17 See 16 Down
19 Some reclaim Riesling for *Acorn Antiques* star Celia (5)
20 See 13 Across
22 Sounds as though I make music when finishing cake in *The Great British Bake Off* (5)

TV LINKS

Can you work out what links the celebrities pictured below?
Answers on the left of this page



SUDOKU

8			9		2			
		4		6		9	7	
	3		5				1	
1		5		3				4
	8		1		9		6	
6				8		1		9
	1				4		9	
	2	8		1		5		
			8		7			1

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. *Answers on the left of this page*

PHOTOS: GETTY, PA IMAGES

What you're watching...

Very moving

The episode of BBC1's *Who Do You Think You Are?* with Dame Judi Dench was excellent. It was very moving to see her find out more about her father's war record and fascinating to hear of her connections to Shakespeare.

Noreen Coldwell, Oxspring, South Yorkshire

Hidden gem

I found ITV's *Bling* utterly fascinating. What made the show were the experts. Between them, they managed to cover everything anyone would want to know about the subject. This daytime show deserves the larger audience of an evening slot.

Nancie Rutherford, Sevenoaks

Fun times

It was good to see former *I'm a Celebrity…* camp mates Beverley Callard and Jordan North reunite for *Beverley and Jordan: Destination Wedding* on ITV. They make a great team and clearly had lots of fun sampling wine!

Mrs Giblin, Vale of Glamorgan

£25 WINNER

Enchanté, Madame!

The first episode of Channel 5's *The Madame Blanc Mysteries* was wonderful. Sally Lindsay is brilliant in the lead role and the rest of the cast is equally fab. A highlight for me was the French person speaking slowly and loudly in French to the English person – it was very funny. Loved it!

Jan Parry, Petersfield

Perfect host

What a delight Channel 5's *Iceland with Alexander Armstrong* was. I always look forward to a travelogue and this didn't disappoint. Alexander was the perfect host, with his warmth and humour. I would love to see him present more series on other countries.

Benjamin Carpenter, Harlow

Well worth it

The second series of Netflix's sci-fi drama *Another Life* has been a long time coming but it has been well worth the wait. The conclusion was perfect, leaving things open for a third series….

Luke Russell, Wakefield

Can't wait...

ITV's *Emmerdale* excelled itself with its survival-week episodes. The action scenes and suspense were brilliant, and the acting incredible. I can't wait for the fallout…

Frances Fineberg, Watford

Excellent: *The Trick*

Fantastic job

I found BBC1's *The Trick* very hard to watch but it was a fabulous drama. Jason Watkins did a fantastic job as Professor Phil Jones.

Russell Pointon, Stoke-on-Trent

TV TURN-OFF

Strictly

Why has *Strictly Come Dancing* become 'Carry on Screaming'? Instead of applause or cheers, we now suffer constant screaming during and at the end of a dance. Please could enthusiasm be curbed to within comfortable limits?!

Irene Clarke, Milton Keynes

PHOTOS: BBC, CHANNEL 5

Write to **TV Times,**
161 Marsh Wall,
London E14 9AP.
Or email: **tvtimes_letters@futurenet.com**
(Please include an address).
We reserve the right to edit your letters.

We pay **£25** for our favourite letter and **£10** for other letters published

FACEBOOK
facebook.com/tvtimesmagazine
TWITTER
@tvtimesmagazine

Contact us

For magazine inquiries call
0330 390 3715
or email **tvtimes@futurenet.com**

SUBSCRIPTION RATES (1 YEAR):
UK £114.25, Europe €360.44,
USA (priority mail) $469.89,
Rest of World £307.94.

Email help@magazinesdirect.com

If you require any other issue/s of Future Plc magazines, these are available for purchase online at magazinesdirect.com or call +44(0)330 333 1113

INTERNATIONAL LICENSING AND SYNDICATION
TV Times is available for licensing and syndication.
To find out more, contact us at licensing@futurenet.com or view our available content at futurecontenthub.com.

HEAD OF PRINT LICENSING
Rachel Shaw
licensing@futurenet.com

***TV Times* repro by Rhapsody Media.**
Printed by Walstead UK Limited.

Recycle We are committed to only using magazine paper which is derived from responsibly managed, certified forestry and chlorine-free manufacture. The paper in this magazine was sourced and produced from sustainable managed forests, conforming to strict environmental and socioeconomic standards. The manufacturing paper mill and printer hold full FSC and PEFC certification and accreditation.

ipso. Regulated **Editorial Complaints** We work hard to achieve the highest standards of editorial content, and we are committed to complying with the Editors' Code of Practice (https://www.ipso.co.uk/IPSO/cop.html) as enforced by IPSO. If you have a complaint about our editorial content, you can email us at tvtimes@futurenet.com or write to The Editor, 161 Marsh Wall, London E14 9AP. Please provide details of the material you are complaining about and explain your complaint by reference to the Editors' Code. We will endeavour to acknowledge your complaint within 5 working days and we aim to correct substantial errors as soon as possible.

★ Your Stars

6-12 NOVEMBER 2021 *with Sally Morgan*

Phone now for weekly, monthly, compatibility and tarot readings

ARIES *(21 March-19 April)*
If you're considering booking a skiing holiday to enjoy an amazing break, allow extra time when you return.
Call... 09058 170 399*

TAURUS *(20 April-20 May)*
If you're single, seize the opportunities on offer. Giving yourself attention fills your heart and lightens your spirit.
Call... 09058 170 400*

GEMINI *(21 May-20 June)*
You may be ready to immerse yourself in a project that will require lots of your precious time and energy. Go for it!
Call... 09058 170 401*

CANCER *(21 June-22 July)*
You're more in touch with your dreams than most. Don't doubt your ability to achieve some amazingly creative ideas.
Call... 09058 170 402*

LEO *(23 July-22 August)*
A new interest may appear through the process of helping others. Your actions trigger a self-awareness message.
Call... 09058 170 403*

VIRGO *(23 August-22 September)*
A brief encounter could change your life this week, while it's time to contact long-distant family members.
Call... 09058 170 404*

LIBRA *(23 September-23 October)*
Your optimistic mindset makes you ready to tackle any challenge. You develop a new way of understanding.
Call... 09058 170 405*

SCORPIO *(24 October-22 November)*
The full moon moving into Taurus heightens your practical side, which will shine when a neighbour asks for help.
Call... 09058 170 406*

SAGITTARIUS *(23 November-21 December)*
Mercury enters your fire sign, so get involved with small groups of people. You like to communicate with others.
Call... 09058 170 407*

CAPRICORN *(22 December-20 January)*
Great news comes when someone you're fond of announces they're getting married or will be a parent.
Call... 09058 170 408*

AQUARIUS *(21 January-18 February)*
The frosty mornings are melted by your beaming smile. Make the most of this attention, and go online and mingle.
Call... 09058 170 409*

PISCES *(19 February-20 March)*
You may be feeling anxious, as you've taken on a bit too much. Delegate and your week will become easier.
Call... 09058 170 410*

***STARLINES cost 80p per minute plus your telephone company's network access charge and last approx 4 mins. Callers must be 18+. You must have the bill payer's permission. Updated every Thursday. SP Spoke: 0333 202 3390.**

Next week in TV Times

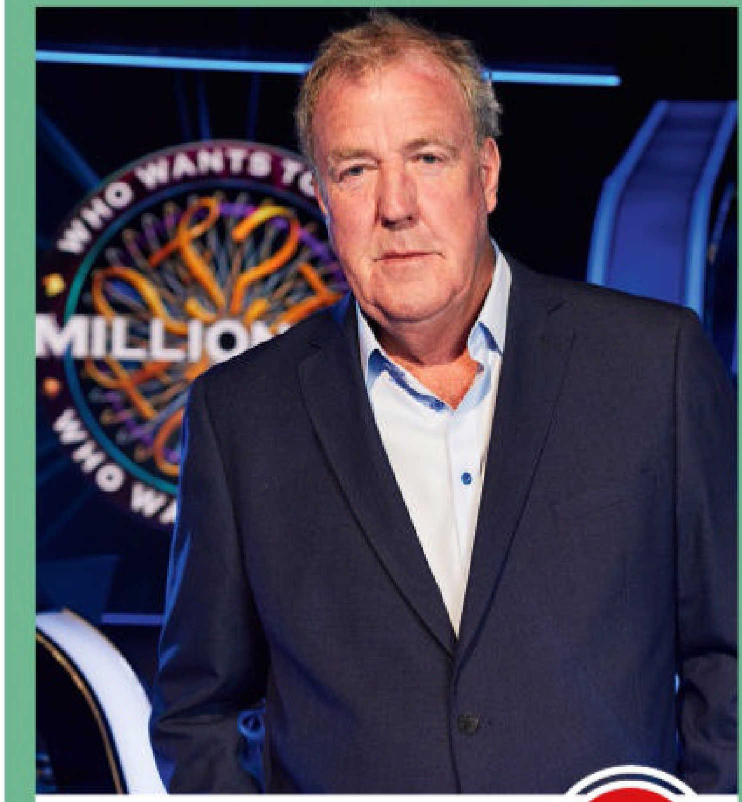
ON SALE Tuesday 9 Nov

Children in Need BBC1

The big plans in place for Pudsey's 2021 appeal!

The Wheel BBC1

Michael McIntyre reveals all about the return of his star-spangled game show with a twisty-turny theme



Who Wants to Be a Millionaire? ITV

Jeremy Clarkson's off his farm and ready to give away some serious money

Lost and Found in Scotland C4

Alan Cumming and Miriam Margolyes on their three-part travelogue

Tick, Tick... Boom! Netflix

We preview *Hamilton* creator Lin-Manuel Miranda's latest musical

On the cover in...1975

8 – 14 November

Hollywood's most famous couple, Elizabeth Taylor and Richard Burton, were in London for the *Evening News* British Film Awards. The pair were even more newsworthy than usual, having secretly remarried the previous month, only 16 months after ending their first 10-year marriage.

'It's difficult for either of us to believe we are divorced,' said Richard at the time. 'Sometimes I think we'll have to get remarried.'

And they did – in a private ceremony at a remote village in Botswana, 50 miles from Victoria Falls, on 10 October 1975.

'The separation was inevitable,' said Elizabeth. 'It had to happen to make what we have got now.'

Sadly, the couple's second marriage didn't last and they divorced the following year. Richard died on 5 August 1984, aged 58, while Elizabeth passed away on 23 March 2011, aged 79.

Also that week...

- **Warren Clarke** and Corrie's Liz Dawn starred in comedy drama *Greenhill Pals* about World War One veterans returning to the Somme.
- **Founding** member of the Goons Michael Bentine hosted magazine series *Arts Bazaar*.
- **Eamonn Andrews** (left), armed with his big red book, was back to surprise more famous names as the 16th series of *This Is Your Life* got underway.

TVTimes
Grampian
NOV 8-14
ELIZABETH TAYLOR
RICHARD BURTON
AND
A NIGHT OF STARS
SEE PAGE 2

WORDS: JUDY EWENS. PHOTOS: BBC, C4, ITV, NETFLIX

HSL
Comfort Experts

PROUD WINNERS OF

THE QUEEN'S AWARDS FOR ENTERPRISE: INNOVATION 2021

Comfort that goes beyond sitting

HSL's range of sofas and chairs are **designed with CleverComfort™** not only to ensure key areas of your body are fully supported, but to improve your overall posture and wellbeing - allowing you to live a more comfortable life.

HANDMADE IN BRITAIN

MOON
ESTABLISHED 1837

'Excellent'
★★★★★
Trustpilot

STORES NATIONWIDE

Pop in at your leisure, book a **FREE Home Visit** or request a **FREE Catalogue**

Call **01924 507050** | Visit **hslchairs.com**

Quote: **TVT21**

Best Buy
Which?
Wi-fi Routers February 2021

Superfast Fibre Deal

New lower price

£24.99/month

£0 set up fee.

Available until 4th November.

24 month contract. Annual price changes and terms apply.

Why choose anyone else? Join BT today.

bt.com | 0800 121 7408 | In-store

BT

The monthly price shown including all out of bundle charges and add-ons will increase from March 2022 every year by the Consumer Price Index rate of inflation published in January that year plus 3.9%. See bt.com/prices for details.
Fibre Essential: 95% UK coverage. Superfast Fibre price from month 25 currently £32.99 a month. Average 36Mbps based on speed available to at least 50% of customers at peak time (8-10pm). Your actual speed will be dependent on your location, phone line, home wiring, wi-fi connection and time of day. Check your speed at bt.com/speed. Compatible line required otherwise £49.99 connection charge may apply. BT retains ownership of all equipment. Payment by direct debit. Terms apply.